```jsx
import React from "react";
import { Link } from "react-router-dom";
import { createPageUrl } from "@/utils";
import { Button } from "@/components/ui/button";
import { Card, CardContent } from "@/components/ui/card";
import {
 Smile,
 BookOpen,
 Calendar,
 Library,
 Shield,
 Users,
 Video,
 MapPin,
 Clock,
 CheckCircle,
 ArrowRight,
 Sparkles
} from "lucide-react";

export default function Services() {
 const mainServices = [
   {
     icon: Smile,
     title: "Mood Tracking Dashboard",
     description: "Record your daily emotions, stress levels, and
energy. Visualize trends over time to understand patterns and triggers
in your mental health journey.",
     features: [
       "Daily mood logging with custom notes",
       "Stress and energy level tracking",
       "Sleep quality monitoring",
       "Visual charts and trends",
       "Activity correlation insights"
     ],
     color: "from-purple-400 to-purple-600",
     link: "MoodTracking"
   },
   {
     icon: BookOpen,
     title: "Private Journaling",
```

```
      description: "A secure, confidential space for documenting your
thoughts, feelings, and progress. Reflect, process, and track your
emotional growth over time.",
      features: [
        "Unlimited private entries",
        "Mood tagging system",
        "Search and filter by date",
        "Export your journal",
        "Encrypted and secure"
      ],
      color: "from-teal-400 to-teal-600",
      link: "Journal"
    },
    {
      icon: Calendar,
      title: "Professional Sessions",
      description: "Book appointments with licensed mental health
professionals. Choose online or in-person sessions, with options for
anonymity if preferred.",
      features: [
        "Licensed therapists & counselors",
        "Online & in-person options",
        "Anonymous session availability",
        "Flexible scheduling",
        "Session history tracking"
      ],
      color: "from-blue-400 to-blue-600",
      link: "BookSession"
    },
    {
      icon: Library,
      title: "Resource Library",
      description: "Access curated articles, guides, and educational
content on various mental health topics. Learn coping strategies and
self-care techniques.",
      features: [
        "Expert-written articles",
        "Video resources",
        "Self-help guides",
        "Crisis support links",
        "Categorized by topic"
      ],
      color: "from-indigo-400 to-indigo-600",
```

```
      link: "Resources"
    }
 ];

 const sessionTypes = [
    {
      icon: Video,
      title: "Online Sessions",
      description: "Connect with professionals from the comfort of your
home via secure video calls"
    },
    {
      icon: MapPin,
      title: "In-Person Sessions",
      description: "Meet face-to-face at our partner clinics and
wellness centers"
    },
    {
      icon: Shield,
      title: "Anonymous Options",
      description: "Maintain privacy while getting the support you need"
    }
 ];

 const subscriptionTiers = [
    {
      name: "Free",
      price: "£0",
      description: "Perfect for getting started",
      features: [
        "Basic mood tracking",
        "5 journal entries/month",
        "Access to articles",
        "Community support"
      ]
    },
    {
      name: "Basic",
      price: "£9.99/mo",
      description: "For regular self-care",
      features: [
        "Unlimited mood tracking",
        "Unlimited journal entries",
```

```jsx
        "1 professional session/month",
        "Priority resources",
        "Email support"
      ],
      popular: true
    },
    {
      name: "Premium",
      price: "£24.99/mo",
      description: "Complete wellness package",
      features: [
        "All Basic features",
        "4 professional sessions/month",
        "AI-guided assistance",
        "Crisis support access",
        "24/7 chat support",
        "Progress analytics"
      ]
    }
  ];

  return (
    <div className="py-12 px--4">
      <div className="max-w-7xl mx-auto space-y-20">
        {/* Hero Section */}
        <section className="text-center space-y-6">
          <div className="inline-flex items-center gap-2 px-4 py-2
bg-purple-100 rounded-full mb-4">
            <Sparkles className="w-4 h-4 text-purple-600" />
            <span className="text-sm font-semibold
text-purple-600">Comprehensive Mental Wellness Services</span>
          </div>
          <h1 className="text-5xl lg:text-6xl font-bold">
            <span className="bg-gradient-to-r from-purple-600
to-teal-600 bg-clip-text text-transparent">
              Everything You Need
            </span>
            <br />
            <span className="text-gray-800">For Your Mental Health
Journey</span>
          </h1>
          <p className="text-xl text-gray-600 max-w-3xl mx-auto
leading-relaxed">
```

```
            From mood tracking to professional therapy, Cloud 7 provides
a complete suite of tools to support your emotional well-being
          </p>
        </section>

        {/* Main Services */}
        <section className="space-y-12">
          <div className="text-center mb-12">
            <h2 className="text-4xl font-bold text-gray-800 mb-4">Our
Core Services</h2>
            <p className="text-lg text-gray-600">Click on any service to
get started</p>
          </div>

          <div className="grid lg:grid-cols-2 gap-8">
            {mainServices.map((service, index) => (
              <Card
                key={index}
                className="border-none shadow-xl hover:shadow-2xl
transition-all duration-300 hover:-translate-y-1 cursor-pointer group"
              >
                <CardContent className="p-8 space-y-6">
                  <div className="flex items-start justify-between">
                    <div className={`w-16 h-16 bg-gradient-to-br
${service.color} rounded-2xl flex items-center justify-center shadow-lg
group-hover:scale-110 transition-transform duration-300`}>
                      <service.icon className="w-8 h-8 text-white" />
                    </div>
                    <Link to={createPageUrl(service.link)}>
                      <Button variant="ghost"
className="group-hover:bg-purple-50">
                        <ArrowRight className="w-5 h-5 text-purple-600"
/>
```