

```
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  "properties": {  
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    "description": {  
      "type": "string",  
      "description": "Brief description of the resource"  
    },  
    "category": {  
      "type": "string",  
      "enum": [  
        "anxiety",  
        "depression",  
        "stress_management",  
        "self_care",  
        "relationships",  
        "sleep",  
        "general_wellness",  
        "crisis_support"  
      ],  
      "description": "Resource category"  
    },  
    "type": {  
      "type": "string",  
      "enum": [  
        "article",  
        "video",  
        "podcast",  
        "external_link",  
        "guide",  
        "worksheet"  
      ],  
      "description": "Type of resource"  
    },  
    "url": {  
      "type": "string",  
      "description": "URL of the resource"  
    }  
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}
```