

```
<!DOCTYPE html>

<html>

<head>

  <title>Book a Session</title>

  <link rel="stylesheet" href="styles.css">

</head>

<body>


<nav> ...same nav... </nav>


<div class="container">

  <h2>Book an Appointment</h2>

  <p>Select a professional and session type.</p>


  <label>Choose Therapist:</label><br>

  <select>

    <option>Dr. Smith – Therapist</option>

    <option>Dr. Patel – Psychologist</option>

    <option>Dr. Ahmed – Counsellor</option>

  </select>


  <br><br>

  <label>Session Type:</label><br>

  <select>

    <option>Online</option>

    <option>In Person</option>

    <option>Anonymous Chat</option>

  </select>
```


<button class="btn">Book Now</button>

</div>

<footer>© 2025 Cloud 7</footer>

</body>

</html>