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<!DOCTYPE html>

<html>

<head>

  <title>Cloud 7 – Mental Wellness Platform</title>

  <link rel="stylesheet" href="styles.css">

</head>


<body>


<!-- Nav -->

<nav>

  <a href="index.html" class="logo">Cloud 7</a>

  <ul>

    <li><a href="about.html">About Us</a></li>

    <li><a href="services.html">Services</a></li>

    <li><a href="mood.html">Mood Tracking</a></li>

    <li><a href="journal.html">Journal</a></li>

    <li><a href="book.html">Book a Session</a></li>

    <li><a href="resources.html">Resources</a></li>

    <li><a href="contact.html">Support</a></li>

    <li><a href="login.html">Login</a></li>

  </ul>

</nav>


<header>

  <h1>Welcome to Cloud 7</h1>

  <p>Your safe space for emotional healing, goal-setting, and mental well-being.</p>

  <a href="services.html" class="btn">Explore Services</a>
```

</header>

<footer>

© 2025 Cloud 7 – Mental Health Support Platform

</footer>

</body>

</html>