

# COVID-19: EASY-WEAR EASY-CARE PATIENT GOWN

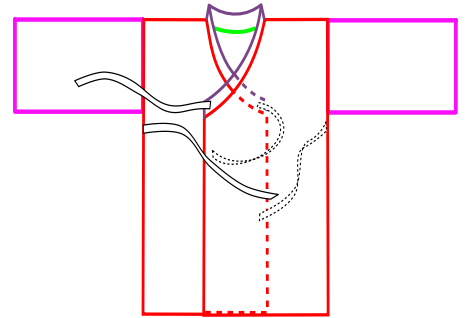
FASHION FREEDOM INITIATIVE (<https://fashionfreedom.eu>), APRIL 9, 2020

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KING SIZED SHEET, FLAT OR FITTED

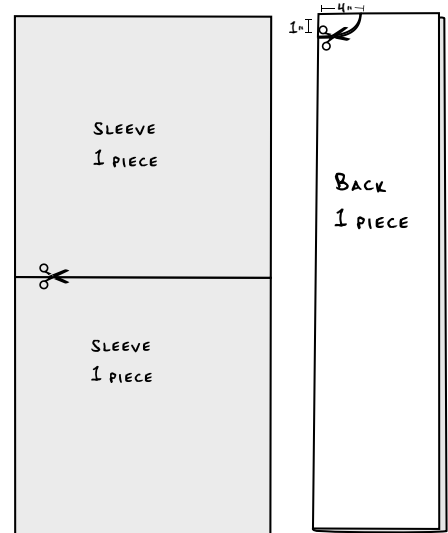
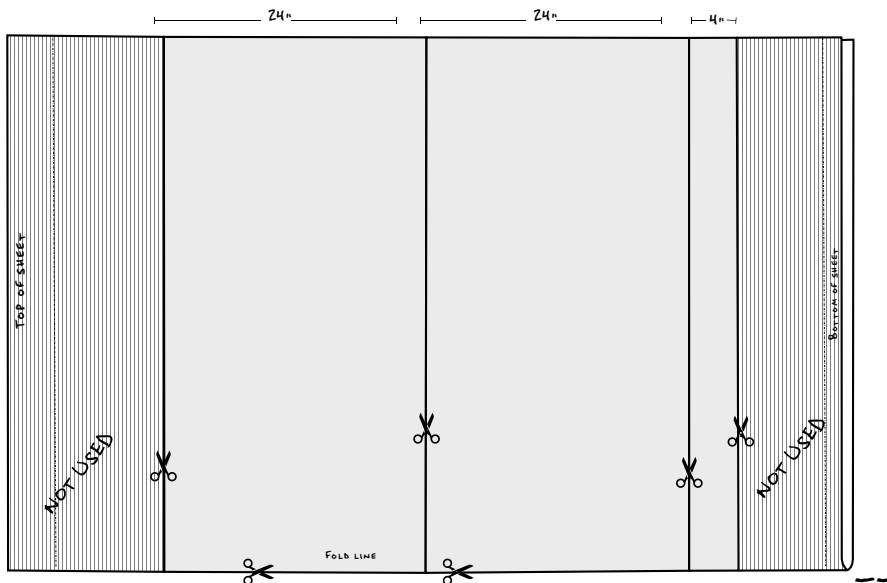
## NOTES:

- CUT WITH SCISSORS, DON'T RIP SHEETS--THE WEFT IS USUALLY SKEWED.
- AVOID USING SHEET HEMS. THEY'RE HEAVY AND DON'T MATCH UP WELL AT SEAMS
- USE LOTS OF PINS. BIG PIECES SLIDE AROUND WHILE SEWING.
- DRAW CURVES, ETC. ON WRONG SIDE OF SHEET.
- ALL SEAM ALLOWANCES ARE  $1/2"$
- ALL HEMS ARE DOUBLE ROLLED  $1/2"$  (TOTAL  $1"$ )
- WRONG SIDE OF FABRIC IS SHOWN IN GRAY



KINGSIZE BEDSHEET, FLAT OR FITTED.

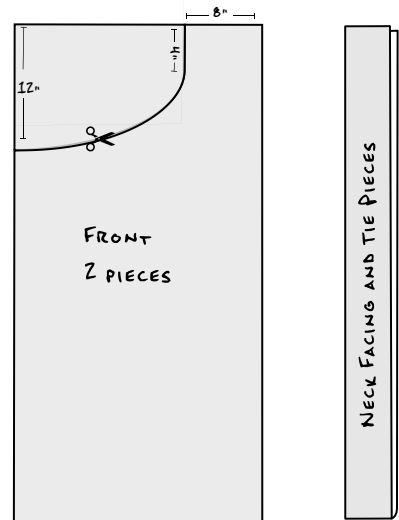
MEASURE SHOULDER TIP TO SHOULDER TIP ACROSS FRONT, ADD 6 INCHES (THIS EXAMPLE: 24")



-TAKE ONE PIECE AND CUT IN HALF CROSSWISE. THESE WILL BE SLEEVES.

-FOLD ONE PIECE AND FOLD LENGTHWISE. MEASURE 4" FROM FOLD ACROSS TOP RIGHT CORNER. SQUARE DOWN 1". DRAW CURVE AND CUT. THIS WILL BE THE BACK.

- TAKE TWO PIECES, MEASURE 8" FROM UPPER RIGHT CORNER. SQUARE DOWN 4". MEASURE 12" FROM UPPER LEFT CORNER. DRAW CURVE AND CUT. THIS WILL BE THE RIGHT FRONT AND LEFT FRONT.

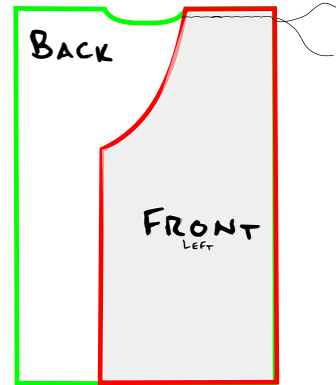
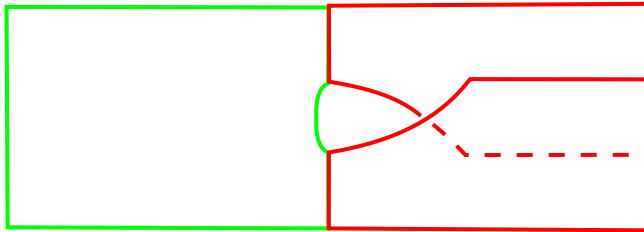


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## 1. BODY

- SEW BACK TO FRONT AT SHOULDER, RIGHT SIDES TOGETHER.
- REPEAT FOR OTHER SIDE.

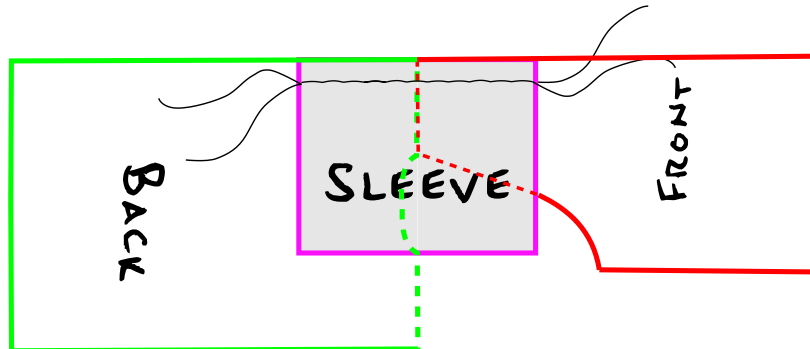
IT WILL LOOK LIKE THIS:



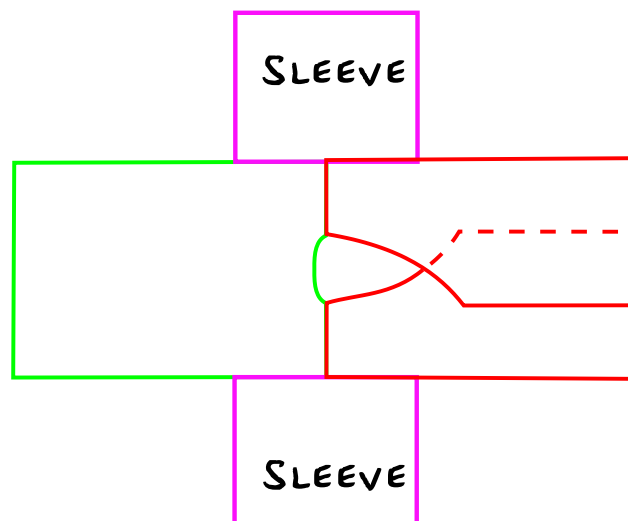
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## 2. SLEEVES

- PIN SLEEVES TO BODY, RIGHT SIDES TOGETHER WITH MIDDLE OF SLEEVE TO SHOULDER SEAM.



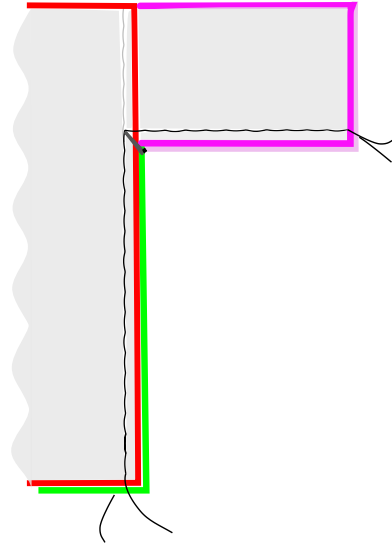
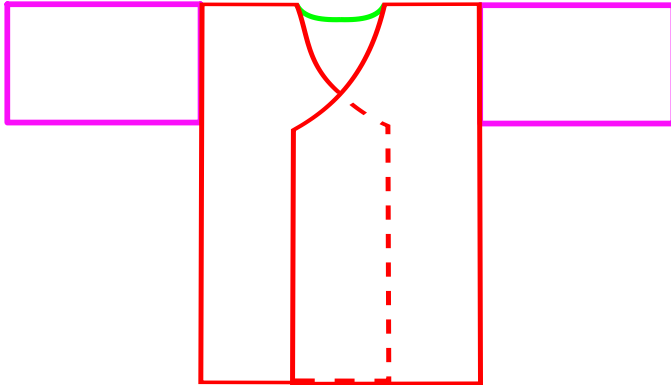
IT WILL LOOK LIKE THIS:



### 3. SIDE SEAMS:

- SEW SIDE SEAMS FROM BODY HEM TO SLEEVE HEM, WITH SLEEVE SEAM ALLOWANCE TOWARDS SLEEVE.
- CLIP THE SEAM ALLOWANCE CLOSE TO THE CORNER.
- TURN GOWN INSIDE OUT AND PRESS SEAMS.

IT WILL LOOK LIKE THIS:

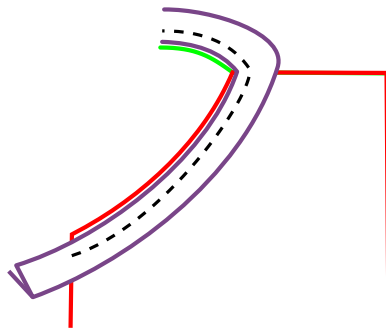


### 4. NECK FACING

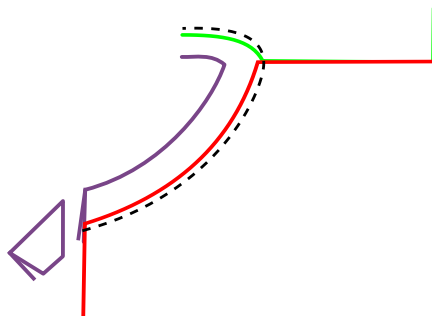
- FOLD NECK FACING IN HALF, WRONG SIDES TOGETHER. IRON.



- SEW NECK FACING TO RIGHT SIDE OF FABRIC AROUND NECK.

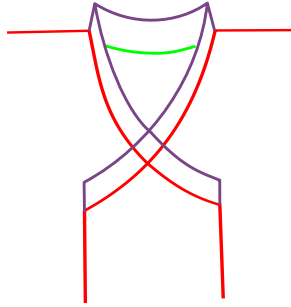


- FOLD FACING UP. IRON. TOPSTITCH CLOSE TO STITCHING.



#### 4. NECK FACING (CONT'D)

IT WILL LOOK LIKE THIS:

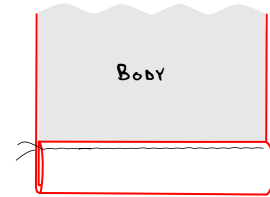


- TRIM THE FACING STRAIGHT WITH FRONT EDGE. KEEP FOR MAKING TIES (STEP 8). (THESE PIECES WILL BE ABOUT 8" LONG.)
- TRIM THE SEAM ALLOWANCE CLOSE TO TOPSTITCHING.

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#### 5. BODY HEM:

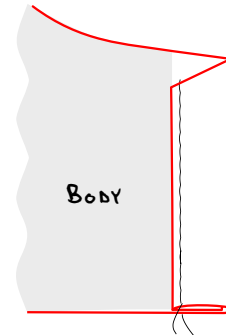
- DOUBLE-FOLD  $1/2$ " (TOTAL 1") ALONG THE BOTTOM EDGE. IRON.
- TOPSTITCH  $3/8$ " AWAY FROM FOLD.



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#### 6. FRONT EDGE HEM:

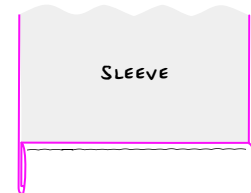
- DOUBLE-FOLD  $1/2$ " (TOTAL 1") ALONG THE FRONT EDGES TOWARDS WRONG SIDE OF FABRIC. IRON.
- TOPSTITCH  $3/8$ " AWAY FROM FOLD.



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#### 7. SLEEVE HEM:

- DOUBLE-FOLD  $1/2$ " (TOTAL 1") ALONG SLEEVE EDGES. IRON.
- TOPSTITCH  $3/8$ " AWAY FROM FOLD.



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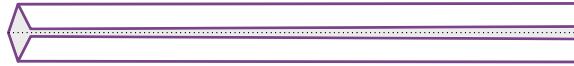
#### 8. TIES:

- OPEN THE FOLD OF THE FOUR SAVED FACING PIECES FROM STEP #4, WRONG SIDE UP.



8. TIES (CONT'D)

- FOLD EDGES TOWARDS MIDDLE FOLD LINE. IRON.



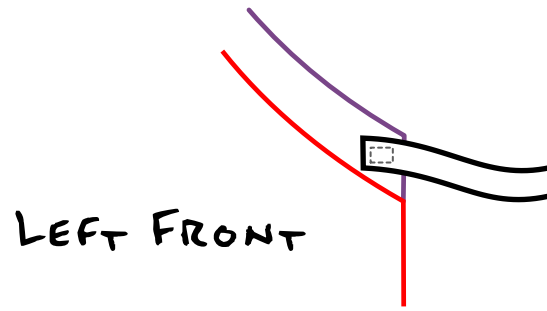
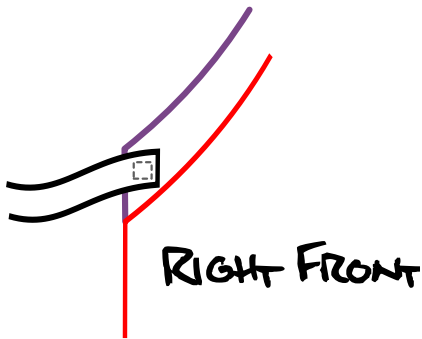
- FOLD ALONG MIDDLE FOLD LINE. IRON.



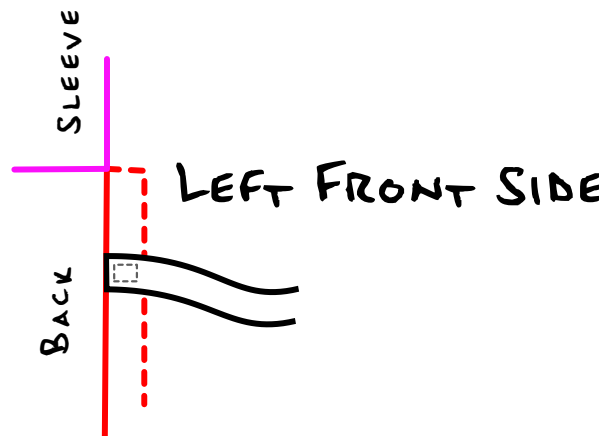
- TOP STITCH DOWN THE MIDDLE OF EACH TIE.



- TACK ONE TIE EACH TO THE RIGHT FRONT FACING. AND TO THE LEFT FRONT FACING.

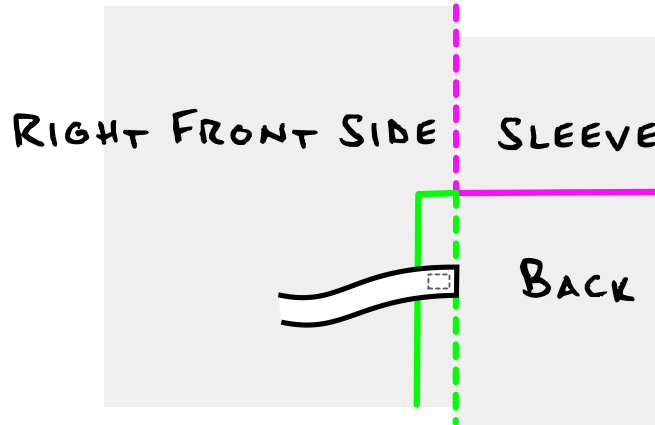


- TACK THE THIRD TIE TO THE LEFT FRONT SIDE SEAM, BELOW THE SLEEVE, ON THE RIGHT SIDE OF THE FABRIC. POSITION THE SEAM ALLOWANCE TO BE UNDER THE TACK AREA.



# 8. TIES (CONT'D)

- TACK THE FINAL TIE TO THE RIGHT FRONT SIDE SEAM, BELOW THE SLEEVE, ON THE **WRONG** SIDE OF THE FABRIC. POSITION THE SEAM ALLOWANCE TO BE UNDER THE TACK AREA. (THIS TIE WILL BE **INSIDE** THE GOWN ON THE RIGHT SIDE.)



----FINAL RESULTS----

