



Interested in trying out to compete in 2024/2025 Champion Life-saver U14, U15, U17 & U19?

Competition at Branch & State Championships & potential participation at Aussies (if selected)

- Champion Life-saver is an all-rounder event which provides *“competitors with the opportunity to demonstrate in a competitive manner the physical, lifesaving and knowledge skills required of a lifesaver”*.
- More details are at: (hit link & scroll down) [Champion Lifesavers - https://southcurlcurlslsc.com.au/competitors](https://southcurlcurlslsc.com.au/competitors)
- The club offers personalized and comprehensive training in all areas of Champion Life-saver. Typically training occurs 3 - 4 times a week and aims to improve your life-saver knowledge, fitness and ability as a surf swimmer and board paddler.
- If you are interested in understanding more and potentially becoming a competitor please contact Ben Humel on 0419 446864 before 7.00am or after 5.00pm or email ben@humel.com.au
- Open information morning on Sunday 15th September 2024 at 9.00am in the South Curl Curl hall.