

### Properties

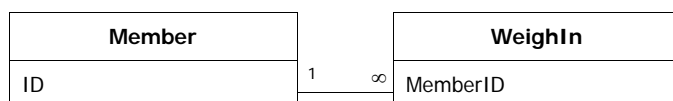
AlternateBackShade:	95	AlternateBackThemeColorIn	1
AlternateBackTint:	100	BackShade:	100
BackTint:	100	DatasheetForeThemeColorIn	0
DatasheetGridlinesThemeCol	3	DateCreated:	2014/07/26 12:59:45 PM
DefaultView:	2	DisplayViewsOnSharePointSi	1
FilterOnLoad:	False	GUID:	{guid {838A2D74-0C39-4983-B9E7-10588B975454}}
HideNewField:	False	LastUpdated:	2014/08/01 07:51:53 PM
NameMap:	Long binary data	OrderByOn:	False
OrderByOnLoad:	True	Orientation:	Left-to-Right
PublishToWeb:	1	ReadOnlyWhenDisconnected	False
RecordCount:	4	ThemeFontIndex:	1
TotalsRow:	False	Updatable:	True

### Columns

Name	Type	Size
ID	Integer	2
First Name	Text	20
Surname	Text	30
Join Date	Date/Time	8
Contact	Long Integer	4
Height(cm)	Double	8
Gender	Text	8
Member Type	Text	10
TrainerID	Integer	2
Weight	Double	8

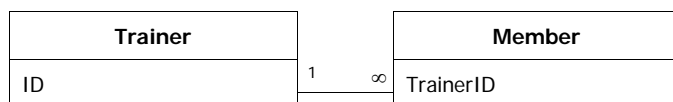
### Relationships

#### MemberWeighIn



Attributes: Enforced  
 RelationshipType: One-To-Many

#### TrainerMember



Attributes: Enforced  
 RelationshipType: One-To-Many

### Table Indexes

Name	Number of Fields
PrimaryKey	1

Table: Member

Page: 2

Clustered:	False
DistinctCount:	4
Foreign:	False
IgnoreNulls:	False
Name:	PrimaryKey
Primary:	True
Required:	True
Unique:	True
Fields:	
ID	Ascending
TrainerID	1
Clustered:	False
DistinctCount:	3
Foreign:	False
IgnoreNulls:	False
Name:	TrainerID
Primary:	False
Required:	False
Unique:	False
Fields:	
TrainerID	Ascending
TrainerMember	1
Clustered:	False
DistinctCount:	3
Foreign:	True
IgnoreNulls:	False
Name:	TrainerMember
Primary:	False
Required:	False
Unique:	False
Fields:	
TrainerID	Ascending

### Properties

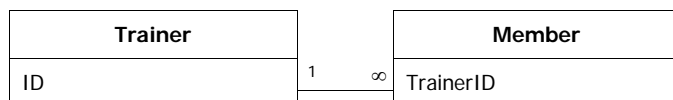
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AlternateBackTint:	100	BackShade:	100
BackTint:	100	DatasheetForeThemeColorIn	0
DatasheetGridlinesThemeCol	3	DateCreated:	2014/07/26 12:57:31 PM
DefaultView:	2	DisplayViewsOnSharePointSi	1
FilterOnLoad:	False	GUID:	{guid {9E0BC935-91DF-4A88-9FEA-BD13F340E944}}
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NameMap:	Long binary data	OrderByOn:	False
OrderByOnLoad:	True	Orientation:	Left-to-Right
PublishToWeb:	1	ReadOnlyWhenDisconnected	False
RecordCount:	3	ThemeFontIndex:	1
TotalsRow:	False	Updatable:	True

### Columns

Name	Type	Size
ID	Integer	2
First Name	Text	20
Surname	Text	30
Class	Text	1
Contact	Long Integer	4
Monthly Salary	Double	8

### Relationships

#### TrainerMember



Attributes: Enforced  
 RelationshipType: One-To-Many

### Table Indexes

Name	Number of Fields
PrimaryKey	1
Clustered:	False
DistinctCount:	3
Foreign:	False
IgnoreNulls:	False
Name:	PrimaryKey
Primary:	True
Required:	True
Unique:	True
Fields:	
ID	Ascending

### Properties

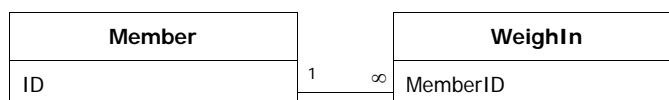
AlternateBackShade:	95	AlternateBackThemeColorIn	1
AlternateBackTint:	100	BackShade:	100
BackTint:	100	DatasheetForeThemeColorIn	0
DatasheetGridlinesThemeCol	3	DateCreated:	2014/07/26 01:02:21 PM
DefaultView:	2	DisplayViewsOnSharePointSi	1
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HideNewField:	False	LastUpdated:	2014/08/06 05:47:03 PM
NameMap:	Long binary data	OrderByOn:	False
OrderByOnLoad:	True	Orientation:	Left-to-Right
PublishToWeb:	1	ReadOnlyWhenDisconnected	False
RecordCount:	2	ThemeFontIndex:	1
TotalsRow:	False	Updatable:	True

### Columns

Name	Type	Size
ID	Long Integer	4
Vo2 max	Double	8
HR max	Double	8
HR rest	Double	8
Weigh date	Date/Time	8
Bmi	Double	8
Bmi status	Text	15
Ideal Bmi	Double	8
MemberID	Integer	2

### Relationships

#### MemberWeighIn



Attributes: Enforced  
 RelationshipType: One-To-Many

### Table Indexes

Name	Number of Fields
MemberID	1
Clustered:	False
DistinctCount:	2
Foreign:	False
IgnoreNulls:	False
Name:	MemberID
Primary:	False
Required:	False
Unique:	False
Fields:	
MemberID	Ascending

Table: WeighIn

Page: 5

MemberWeighIn	1
Clustered:	False
DistinctCount:	2
Foreign:	True
IgnoreNulls:	False
Name:	MemberWeighIn
Primary:	False
Required:	False
Unique:	False
Fields:	
MemberID	Ascending
PrimaryKey	1
Clustered:	False
DistinctCount:	2
Foreign:	False
IgnoreNulls:	False
Name:	PrimaryKey
Primary:	True
Required:	True
Unique:	True
Fields:	
ID	Ascending