Pr@Sensia

Intern Name: Fatima Wajid

Submitted to: Ali Hyder

Date: 17th July 2025

Internship Role: Web Development

Loops (for, while, do-while) & Arrays in JavaScript

Objective

To understand:

- How to **repeat code efficiently** using loops (for, while, do-while)
- How to store and manipulate multiple values using arrays
- Learn array methods for handling data

JavaScript Loops

Loops allow you to run a block of code multiple times until a condition is met.

```
1. for loop
for (let i = 1; i <= 5; i++) {
  console.log("Count:", i);
}</pre>
```

```
2. while loop
let i = 1;
while (i <= 5) {
  console.log("While Count:", i);
  i++;
}

3. do...while loop
let i = 1;
do {
  console.log("Do-While Count:", i);
  i++;
} while (i <= 5);</pre>
```

Use Cases:

- Use for when the number of iterations is known.
- Use while when the condition might change during runtime.
- Use do...while to ensure the code runs at least once.

JavaScript Arrays

Arrays store **ordered collections** of data (indexed starting from 0).

Array Methods

Method	Description	Example	
push()	Adds element to end	fruits.push("mango")	
pop()	Removes last element	fruits.pop()	
shift()	Removes first element	fruits.shift()	

```
Example
  Method
                     Description
unshift()
            Adds element at beginning
                                            fruits.unshift("kiwi")
            Returns number of items
length
                                            fruits.length
includes() Checks if array contains value fruits.includes("apple")
indexOf() Gets index of element
                                            fruits.indexOf("banana")
                                            fruits.join(", ")
join()
            Combines array into a string
Looping through Arrays
let colors = ["red", "blue", "green"];
for (let i = 0; i < colors.length; i++) {
 console.log(colors[i]);
Or using for...of loop:
for (let color of colors) {
 console.log(color);
Mini Task (Day 4)
Create an array of marks and calculate the average using a loop:
let marks = [80, 90, 75, 88, 92];
let sum = 0;
for (let mark of marks) {
 sum += mark;
let average = sum / marks.length;
console.log("Average marks:", average);
```

Conclusion Loops and arrays are fundamental tools for managing data and automating repetitive tasks in JavaScript. Mastering these helps write efficient and scalable code, especially in real-world applications like dashboards, forms, and games.		
Loops and arrays are fundamental tools for managing data and automating repetitive tasks in JavaScript. Mastering these helps write efficient and scalable		
Loops and arrays are fundamental tools for managing data and automating repetitive tasks in JavaScript. Mastering these helps write efficient and scalable		
Loops and arrays are fundamental tools for managing data and automating repetitive tasks in JavaScript. Mastering these helps write efficient and scalable		
Loops and arrays are fundamental tools for managing data and automating repetitive tasks in JavaScript. Mastering these helps write efficient and scalable	Conclusion	
repetitive tasks in JavaScript. Mastering these helps write efficient and scalable	Conclusion	
repetitive tasks in JavaScript. Mastering these helps write efficient and scalable	Loops and arrays ar	re fundamental tools for managing data and automating
code, especially in real-world applications like dashboards, forms, and games.	repetitive tasks in Ja	avaScript. Mastering these helps write efficient and scalable
	code, especially in a	real-world applications like dashboards, forms, and games.