

CAMP

ground rules for

NAVIGATE 2023



1

RESPECT FOR OTHERS:

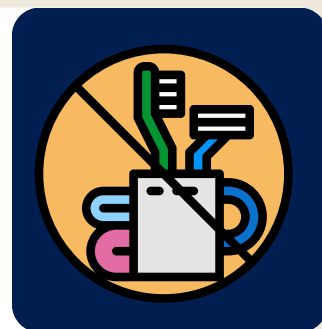
Treat fellow campers, staff, and volunteers with kindness, respect, and consideration. Bullying, discrimination, or any form of disrespectful behavior will not be tolerated.



2

PERSONAL BELONGINGS:

Take responsibility for personal belongings and keep them secure. The camp is not responsible for lost, stolen, or damaged items.



3

ATTENDANCE AND PUNCTUALITY:

Be on time for all camp activities, including meals, sessions, and scheduled programs. Attendance is mandatory unless excused by the camp staff.



4

CELL PHONE AND ELECTRONICS POLICY:

Unless otherwise specified, cell phones and electronics should be left in the designated areas and used only during specified times. We encourage disconnecting from technology to fully engage in the camp experience.



5

CURFEW AND LIGHTS OUT:

Adhere to designated curfew times and be in your assigned sleeping areas during the designated lights-out time. Quiet hours should be respected to ensure a good night's sleep for everyone.

+



6

PERSONAL CONDUCT

Engage in behavior that aligns with Christian values and principles. Use appropriate language, refrain from engaging in harmful activities, and follow the guidance of camp staff.



7

HEALTH AND SAFETY:

Follow all safety instructions and guidelines provided by camp staff. Report any illness, injury, or discomfort promptly to the camp medical personnel. Be aware of emergency procedures and evacuation plans.



8

MEDICATIONS:

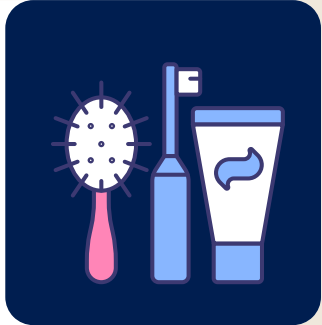
Inform camp staff of any necessary medications and provide proper instructions. Medications should be stored and administered in accordance with camp policies and regulations.



9

PERSONAL HYGIENE:

Maintain personal hygiene by showering regularly, wearing clean clothes, and using appropriate toiletries. Respect shared spaces and keep them clean and tidy.



CAMP

ground rules for

NAVIGATE 2023



10

DIETARY RESTRICTIONS AND ALLERGIES

Inform the camp staff in advance of any dietary restrictions or allergies. Follow the guidelines provided and be mindful of others with different dietary needs.



11

OUTDOOR ACTIVITIES:

Follow safety guidelines and instructions during outdoor activities, such as hiking, swimming, or sports. Wear appropriate clothing and protective gear as required.



12

COMPLIANCE WITH CAMP POLICIES

Adhere to all camp policies and guidelines communicated by the camp staff. Failure to comply may result in disciplinary action, including dismissal from the camp.



13

MODEST DRESS CODE

Unless otherwise specified, cell phones and electronics should be left in the designated areas and used only during specified times. We encourage disconnecting from technology to fully engage in the camp experience.



When packing for a camp, teenagers should consider bringing the following essential items:

Clothing: Pack enough clothes for the duration of the camp, including comfortable outfits for outdoor activities, sleepwear, and extra layers for varying weather conditions. Don't forget to pack socks, underwear, and swimwear if applicable.

Toiletries: Bring personal hygiene items such as toothbrush, toothpaste, soap, shampoo, deodorant, and any other necessary toiletries. Include a towel and washcloth as well.

Bedding: Check with the camp organizers if bedding will be provided or if campers need to bring their own. In case of the latter, pack a sleeping bag or bedding essentials like sheets, blankets, and a pillow.

Footwear: Pack sturdy and comfortable shoes suitable for outdoor activities, such as hiking or sports. Also, bring flip-flops or sandals for showering and casual footwear for relaxation.

Personal Items: Include any necessary medications, prescription glasses or contacts, sunscreen, insect repellent, and a reusable water bottle. It's also a good idea to bring a flashlight or headlamp.

Entertainment: While electronic devices may be limited, consider bringing a book, journal, playing cards, or small games for downtime and relaxation.

Snacks: Pack some non-perishable snacks for between meals, but be mindful of any food restrictions or rules set by the camp.

Miscellaneous: Don't forget items like a backpack or daypack for carrying essentials, a hat for sun protection, and a raincoat or umbrella in case of inclement weather.