

# Our Pricing

We outline our flexible and affordable options to support you on your journey to optimal health and nutrition. We believe that everyone deserves access to personalized nutrition guidance and resources

Monthly

Yearly

Save 50% on Yearly

## Basic Plan

Up to 50% off on Yearly Plan

Get started on your health journey with our Basic Plan. It includes personalized nutrition coaching, access to our app, meal planning assistance, and email support.

**\$49** /month

Choose Plan

## Premium Plan

Up to 50% off on Yearly Plan

Upgrade to our Premium Plan for enhanced features. In addition to the Basic Plan, you'll receive video consultations, priority support, and personalized recipe recommendations.

**\$79** /month

Choose Plan

## Ultimate Plan

Up to 50% off on Yearly Plan

Experience the full benefits of personalized nutrition coaching with our Ultimate Plan. Enjoy all the features of the Premium Plan, along with 24/7 chat support and exclusive workshops.

**\$99** /month

Choose Plan