



## SUNSHINE ACTION 耀陽行動 - 2023 Performance

In early 2023, Hong Kong experienced its 5th wave of the pandemic, resulting in economic decline and average death of 50-70 per day in the first month of 2023.

Many families, especially amongst the grassroots and impoverished communities, were severely impacted by economic hardship and the loss of income. Therefore in Jan-Feb, Sunshine Action distributed over **2600** Chinese New Year Fortune Bags.

Following outbreaks in numerous districts, life in Hong Kong has been greatly impacted, with the suspension of schools and the reinforcement of “work from home” policies. With daily cases in the three-digits, the city has been simultaneously battling with the Delta and Omicron variants. Unfortunately, these variants possessed longer incubation periods and higher transmission rates. Therefore, the necessity for daily and pandemic supplies had increased exponentially, especially since pandemic restrictions were tightened and lockdowns further enforced.

Even in such difficult times, Sunshine Action was determined to uphold its mission to “**feed the hungry and warm the abandoned**”. During the peak of the 5<sup>th</sup> wave of outbreaks in Hong Kong in 2023, Sunshine Action continued to donate essential food, protective masks, and other anti-pandemic items to underprivileged families and individuals across Hong Kong.



**Chinese Version:** <https://youtu.be/6Xv52JTXiRI>

2019 年夏天，耀陽行動開始舉辦“耀陽慈善馬拉松”，並不間斷地舉辦了慈善活動超過 3 年。從 2023 年 1 月至 2 月，我們已經包裝並分發了耀陽福袋給 44 個慈善組織和中心。

**English Version:** <https://www.youtube.com/watch?v=ENEu67dFJN8>

**Important Note:** All Sunshine Action programs have involved anti-pandemic items and the following of appropriate restriction rules in order to continue serving the community.



Sunshine Action 耀陽行動 2023

*Thank You*

**42 Charity Org & Centers**

慈善組織 & 中心

**22 Universities & Institutions**

大學和學院

**3'000 Poor families & Cases**

貧困家庭 & 個案



## 2023 Beneficiary Charity Centers & Organizations

Since January 2023, Sunshine Action has supported **long term food support programs** and donated the **Sunshine Fortune Bags** and other items to poor families in general, elderly, handicapped, severely sick, mentally ill, single parents, the homeless and the overseas charity programs.

1. Caritas Jockey Club Integrated Day Services Centre for the Elderly 明愛賽馬會長者日間綜合服務中心
2. Caritas Jockey Club Resource and Support Centre for Carers 明愛賽馬會照顧者資源及支援中心
3. Caritas Lei Muk Shue Elderly Center 明愛梨木樹長者中心
4. Caritas Shatin Elderly Center 明愛沙田長者中心
5. Caritas Shatin Integrated Home Care Team 明愛沙田綜合家居照顧隊
6. Caritas Tsz Wan Shan Integrated Home Care Services –明愛慈雲山綜合家居照顧服務



7. Caritas Yuen Long Elderly Center 明愛元朗長者社區中心
8. Concern Mental Health Alliance 關注精神聯盟
9. Crossroad Foundation 香港十字路會
10. Family Network 家盟 Mentally Ill patients
11. Henry Wanyoike Foundation, Kenya
12. Mending Bridges Empowerment Foundation, Nigeria
13. Moris Maiga, South Africa
14. Morongaw Dlamini, South Africa
15. PHAB 香港傷健協會 Peng Chau Neighbourhood Elderly cum Children/Youth Centre 坪洲長者暨青少年鄰舍中心
16. Ta Ku Ling Kei Lok Com. Assoc. 打鼓嶺耆樂會社
17. Yan Oi Tong Allan Yap Kindergarten 仁愛堂葉德海幼稚園
18. Yan Oi Tong Child Development Fund 兒童發展基金
19. Yan Oi Tong Clarea Au Eldergarten 仁愛堂歐雪明腦伴同行中心
20. Yan Oi Tong Community Center Community Development 社區中心社區發展隊



21. Yan Oi Tong Community Center Service 社區中心服務隊
22. Yan Oi Tong Green life good share Community Development and Support Project 綠欣友里新共享服務隊
23. Yan Oi Tong HK Toi Shan Association Neighbourhood Elderly Centre 仁愛堂香港台山商會長者鄰舍中心(NEC4)
24. Yan Oi Tong Jockey Club Tin Ka Ping Integrated Youth Services Centre 賽馬會田家炳綜合青少年服務中心
25. Yan Oi Tong Lau Wong Fat Kindergarten Cum Nursery 仁愛堂劉皇發幼稚園暨幼兒園
26. Yan Oi Tong Law Tai Chin Care Foundation 仁心向晴照顧者支援計劃(LTCMHP)
27. Yan Oi Tong Love Elderly Card 長者愛心卡計劃
28. Yan Oi Tong Mrs Augusta Cheung Kindergarten Cum Nursery 仁愛堂張慕良夫人幼稚園暨幼兒園
29. Yan Oi Tong Mrs Cheng Ting Kong Kindergarten 仁愛堂鄭丁港夫人幼稚園
30. Yan Oi Tong Ng Kam Yuk Memorial Neighbourhood Elderly Centre 仁愛堂吳金玉紀念長者鄰舍中心(NEC3)
31. Yan Oi Tong Ngan Po Ling Kindergarten 仁愛堂顏寶鈴幼稚園
32. Yan Oi Tong Pang Hung Cheung Kindergarten 仁愛堂彭鴻樟幼稚園

33. Yan Oi Tong Pang Hung Cheung Yuen Long Integrated Home Care Services Centre 彭鴻樟元朗綜合家居照顧服務中心 (ITD)
34. Yan Oi Tong Siu Cheng Suk Ching Community Support Centre 仁愛堂蕭鄭淑貞「仁間有愛」社區支援中心(CSC1)
35. Yan Oi Tong Tin Ka Ping Tuen Mun Integrated Home Care Services Centre 田家炳屯門綜合家居照顧服務中心 (ITBC)
36. Yan Oi Tong Tin Ka Ping Yuen Long Integrated Home Care Services Centre 田家炳元朗綜合家居照顧服務中心 (ITE)
37. Yan Oi Tong Tsing Chuen Wai Rural Community Service Centre, Xin Hing Estate, Tuen Tze Wai 仁愛堂屯子圍新慶村青磚圍鄉郊社區服務中心(NLCDP) (屯新青鄉郊社區服務中心)
38. Yan Oi Tong Tuen Mun Lions Club Integrated Home Care Services Centre 屯門獅子會綜合家居照顧服務中心 (ITA)
39. Yan Oi Tong Woo Chung District Elderly Community Centre 仁愛堂胡忠長者地區中心(DECC)



40. Yan Oi Tong Yu Oi Community Care Service for the Elderly Day Care Unit 仁愛堂 (友愛)長者社區照顧服務日間護理 (CCSVYO)
41. Yan Oi Tong Yuen Long Community Care Service for the Elderly Day Care Unit 仁愛堂 (元朗)長者社區照顧服務日間護理單位 (CCSVYL)
42. Yan Oi Tong Yuen Long Enhanced Home and Community Care Services 仁愛堂元朗改善家居及社區照顧服務單位 (EHCCS)
43. Yaowawit Phuket Thailand
44. YKF Women Centre 燕嘉鳳婦女服務社



## 2023 Selection for the Sunshine Fortune Bags

1. Imperial Topshells in Abalone Sauce 鮑汁海螺片
2. Sunshine Tomato Macaroni 耀陽番茄通心粉
3. Sunshine Tomato & Spinach Pipe Rigate 耀陽番茄菠菜煙斗粉
4. Sunshine Premium Pastas 耀陽菠菜意大利粉
5. Sunshine Sardines in tomato sauce 耀陽番茄汁沙丁魚
6. SunMac Instant Oats 速熟澳洲燕麥
7. Sunshine Mixed Veggies 耀陽蔬菜
8. Canned premium corned beef 高級咸牛肉
9. AAA Jasmine Rice AAA 茉莉香米
10. Canned Imported Tuna 吞拿魚罐頭
11. Green Common-Papaya Double Fungus Soup 木瓜雙耳湯
12. Canned Luncheon Meat 午餐肉
13. Baked Bean in Tomato Sauce 意大利番茄焗豆
14. Canned Corn Soup 高級玉米羹
15. Canned Premium Mushroom 優質蘑菇
16. Premium Vermicelli 特級粉絲
17. St. Honore Biscuits 聖安娜餅乾
18. Premium Protective Masks 口罩 and others anti-pandemic items

Products with Sunshine Action labels mean that they have been purchased in big quantities, and have often been tailor-made so that Sunshine Action could control the quality, production & expiry dates of the products. These products are exclusively for donation only. The products purchased are **not** for commercial purposes.





## SUNSHINE ACTION – Care for the Street-Sleepers & Homeless program

[http:// www.sunshine-action.org/street-sleepers](http://www.sunshine-action.org/street-sleepers)

This has been our longest-running event. In 2023, two dedicated teams had spent 2 – 3 evenings per week running the event all over Kowloon and Hong Kong Island.

Tuesday & Wednesday evenings were covered by small teams of 2-4 adult volunteers driving around the points where there are lower numbers of street sleepers. Friday evenings were usually covered by a bigger team of students in more concentrated areas in Sham Shui Po, Nam Cheong and Cheung Sha Wan.

## Long-term food support program

<https://sunshineactionold.netlify.app/ourwork/longterm.html>



「與貧同行，雪中送炭」  
半年食物及生計改善資助計劃  
“HK Long-Term Food Support Program”  
Supported by Doctor of Excellence

Due to the increasing unemployment rate since the beginning of the pandemic, Sunshine Action has offered long-term food support to low-income/poor individuals for 6-12 months. However, Sunshine Action has continued supporting the individual if they needed further help. These cases are referred by social workers to a team dedicated to helping through delivery. Referrals tend to be cases who suffer from a severe illness or are severely disabled.

Sunshine Action started this program in 2011, with a focus on tailor-made quantity and content according to the needs of beneficiaries.

## The SUNSHINE AMBASSADORS, the University Interns and the students involved in Sunshine Action during 2023 are from: <http://www.sunshine-action.org/ambassadors>

We started cooperating officially from JAN 2023 with the [Hong Kong Outstanding Students' Association](https://www.hkosa.org) 香港傑出學生協會 HKOSA is an youth-led non-profit organisation established in 1987, which provides student leaders with holistic development and peer network. <https://www.hkosa.org>

1. University of Warwick, UK 華威大學
2. Imperial College London, UK 倫敦帝國學院
3. University College London, UK 倫敦大學學院
4. HKU Hong Kong University 香港大學 Master in Public Health
5. HKU Hong Kong University 香港大學 Medicine
6. CUHK Chinese University HK 香港中文大學 Medicine
7. Li Po Chung United World College 香港李寶椿聯合世界書院
8. Yew Chung International School 耀中國際學校
9. GSIS German Swiss International School 德瑞國際學校
10. CDNIS Canadian Int'l School 加拿大國際學校
11. CIS Chinese International School 漢基國際學校





12. St. Joseph' s College 聖若瑟書院
13. Australian Int'l School 香港澳洲國際學校
14. HKIS Hong Kong International School 香港國際學校
15. ESF King George V School 英基英皇佐治五世學校
16. ESF Discovery College 英基智新書院
17. ESF West Island School 英基西島中學
18. DBS Diocesan Boys' School 拔萃男書院
19. ISF Independent School Foundation 弘立書院
20. MKMCF Ma Ko Pan Memorial School 馬可賓紀念中學
21. Christ Church Grammar School, Australia
22. St. John XXIII College, Australia
23. St. Ignatius' College Riverview, Australia



For more information about Sunshine Action, please visit:  
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