PARTICIPANT RECRUITMENT

Stage 1 – Selection of islands

Regions:

- 1. North
- 2. Central
- 3. South

North

HDh Atoll - 13 islands

HA Atoll -14 islands

Central

ADh Atoll - 10 islands

South

S Atoll - 5 islands

Th Atoll - 13 islands

Selection is based on:

1. Population density of the atoll:

- a. Highest populated atoll with a regional hospital
- b. Highest populated atoll with an atoll hospital

2. Type of healthcare facility in the island:

- a. Regional hospital
- b. Atoll hospital
- c. Island healthcare facilities

Stage 2 – Selection of participants

All patients willing to participate from 5 atolls diagnosed with:

- 1. Hypertension
- 2. Chronic heart failure
- **3.** Chronic obstructive pulmonary disease
- 4. Diabetes
- **5.** Asthma