A Boolean (logical type)

The Boolean type only has two values: true or false.

The type is commonly used to store yes/no (correct or incorrect) values.

Boolean Example

```
let nameFieldChecked = true;
// yes, name field is checked

let ageFieldChecked = false;
// no, age field is not checked
```

falsy values in JavaScript

In JavaScript there are only six falsy values. Both null and undefined are two of the six falsy values. Here's a full list:

- false
- 0 (zero)
- "" (empty string)
- null
- undefined
- NaN (Not A Number)

Any other value in JavaScript is considered truthy.