

## Warm-up

Today, you're going to speak about eating habits and other related issues. Use the questions in exercises 4 (p. 95) and 7 (p. 99) as a starting point in order to prepare the session. Try to use the vocabulary and structures that you have learnt up to now. Remember you should try to provide your classmates with as much information as you can.

This is an **informal conversation**, so act natural (as far as possible): **give reasons**; **make questions**; **ask for clarification**; **explain**; etc.

- 1. Do you have any food allergies?
- 2. Do you think people should rely on food supplements?
- 3. Based on what you heard, would you like to be a food scientist? Why/ Why not?
- 4. What do you think are the benefits of working in the food and drink industry?
- 5. Is there anything about food production that you would rather not know?

## Speaking Card\_ week 1

## **MONOLOGUE: EATING HABITS**

- Please introduce yourself briefly to the other candidates.
- Use at least three of the ideas below. You can also add your own personal ideas.
- Talk about the topic for about 3-3:30 minutes



- Our eating habits have changed over the years. Do you agree?
- Importance of developing healthy eating habits in childhood. (Obesity rates)
- Organic food: a healthy choice or a passing fad?
- Are you what you eat?
- Vegans and vegetarians