**Linear Mixed Models within groups comparisons (Score)**

| Contrast | Group | Estimate | SE | df | Lower CL | Upper CL | T ratio | P value |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| T2 - T1 | Talk | -1.01 | 0.22 | 353.05 | -1.44 | -0.59 | -4.68 | < .001 |
| T2 - T1 | Abb. Workshop | -1.36 | 0.22 | 343.11 | -1.80 | -0.93 | -6.20 | < .001 |
| T2 - T1 | Workshop | -0.81 | 0.20 | 339.69 | -1.19 | -0.43 | -4.15 | < .001 |