

# Bike Cleaning Protocol

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## Equipment

- Toothbrush
- Kitchen Paper
- Bucket, Hot Water & Soap
- Sponge
- Degreaser
- Dry Cloth

## Method

- Dust-off calipers, front derallieur, under-saddle with *toothbrush*
- Dust-off frame with *kitchen paper*
- Wash frame with *hot soapy water* and *sponge*
- Spray *degreaser* on wheels and wash with *hot soapy water* and *sponge*
- Spray *degreaser* on cassette, chain and crank and pour over *hot soapy water*
- Air dry
- Use *degreaser* on leftover grease on frame
- Final dry with *dry cloth*