

# RECIPE GUIDE

LEWIS BRITTON

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## Author's Notes

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Note that these recipes do not include methods as the ingredient lists are written in such a way that encourages the methods become intuitive.

Also, I have elected to negate mention of salt and pepper in recipes as these are often subject to personal taste and method. My beta tends to be adding a teaspoon of salt at the initiation point of cooking, followed by intervals of half-teaspoons of salt with the addition of each new ingredient over 100g. For recipes which require plain black pepper, my beta calls for one teaspoon near the end of cooking. And remember, salt beta + pepper beta makes you a cooking AlphaChad.

Finally, note that I always use a combination of fresh tomatoes and tomato passata in dishes which call for a 'tomatoey' sauce. That is only because passata is the cheapest and esiest to buy and store in larger quantities. It can be replaced by chopped tomatoes, crushed tomatoes, etc. Or, for the best results, San Marzano tomatoes.

# Western

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## Seared Scallops

### Scallops

- 1 tsp Olive Oil
- 1 tsp Butter
- 3 Large Scallops
- 50ml White Wine
- 50ml Double Cream
- Lemon Juice

### Fennel

- 1 tsp Olive Oil
- 1 Bulb of Fennel

### Pea Purée

- 90g Garden Peas
- 1 tsp Butter
- Lemon Juice
- Lemon Zest

### Serving

- Horseraddish Sauce
- Fresh Samphire

## Salmon En Croûte

### Salmon Mousse

- 1 Fillet of Salmon
- 150g Soft Cheese
- 50g of Crème Fraîche
- Lemon Juice
- Lemon Zest
- Fresh Watercress
- Fresh Dill
- Black Pepper

### Leeks

- 1 tsp Olive Oil
- 1 tsp Butter
- 1 Leek
- White Wine
- Black Pepper

### Pastry & Filling

- The *Leeks*
- 8cm Salmon Fillet
- The *Salmon Mousse*
- Samphire
- 200g of Puff Pastry
- 1 Egg Yolk (For Brushing)

### Potatoes

- 375g Baby Potatoes
- 1 tbsp Olive Oil
- Fresh Watercress

### **Vegetables**

- 1 tsp Olive Oil (For Frying)
- Tenderstem Broccoli
- Asparagus
- Lemon Zest

## **Fish Mixed Grill**

### **Fish**

- 1 tbsp Olive Oil
- 1 Trout Fillet
- 1 Sea Bass Fillet
- Raw King Prawns

### **Mashed Potatoes**

- 375g Charlotte Potatoes
- 1 tbsp Olive Oil
- 150ml Milk
- Coarse Black Pepper

### **Vegetables**

- 1 tsp Olive Oil
- Asparagus

### **Sauce**

- 1 tsp Olive Oil
- 2 Cloves Garlic
- $\frac{1}{2}$  Red Onion
- 150ml Fish Stock
- 150ml Crème Fraîche
- Fresh Parsley
- Lemon Zest



## Beef Burger

### Patty

- 1 tsp Olive Oil (For Frying)
- 1 tsp Olive Oil (To Mix In)
- 250g 12% Fat Ground Beef

### Special Sauce

- 2 tbsp Mayonnaise
- 1 tbsp Ketchup
- Red Onion
- Gherkin

### Assembly

- Bun of Choice
- The *Special Sauce*
- Lettuce Leaves
- Beef Tomato
- The *Patty*
- Mature Cheddar Cheese
- Red Onion (Grilled)

## BBQ Mixed Grill

### Meat & Fish

- 1 Ribeye Steak
  - Flaked Salt
  - Coarse Black Pepper
  - 1 tsp Olive Oil
  - 1 tsp Butter
  - 2 Cloves Garlic
  - Fresh Rosemary
- 1 Chicken Breast
  - 1 tsp Olive Oil
  - 1 tsp Paprika
  - 1 tsp Cumin
  - 1 tsp Oregano
- 2 Pork Sausages
  - 1 tsp Olive Oil
- 1 Fillet of Salmon
  - 1 tsp Olive Oil
  - 1 tsp Paprika
  - 1 tsp Coriander Powder
  - $\frac{1}{2}$  tsp Chilli Powder

### Potato Salad

- 375g Charlotte Potatoes
- 1 Hard Boiled Egg
- $\frac{1}{2}$  Red Onion
- 1 Stick of Celery
- Spring Onion
- Fresh Chives or Dill
- 2 tbsp Mayonnaise
- 1 tbsp Crème Fraîche
- 1 tsp Dijon Mustard
- 1 tsp Celery Seeds
- Flaked Salt
- Coarse Black Pepper

### **Mac & Cheese**

- 2 tsp Olive Oil
- 1 tsp Butter
- $\frac{1}{2}$  Red Onion
- 15g Flour
- 300ml Milk
- 1 tsp Dijon Mustard
- 30g Mature Cheddar Cheese
- 30g Gruyère Cheese
- 30g Parmigiano Reggiano
- 1 tsp Worcestershire Sauce
- Coarse Black Pepper
- 70g Conchiglie Pasta
- Water (For Boiling Pasta)
- 10g Parmigiano Reggiano (For Topping)

### **Coleslaw**

- Green and/or Red Cabbage
- $\frac{1}{2}$  Red Onion
- 1 Carrot
- 2 tbsp Mayonnaise
- 1 tbsp Crème Fraîche
- 1 tsp Dijon Mustard
- 1 tsp Celery Seeds
- Flaked Salt
- Coarse Black Pepper

### **Vegetable Skewers**

- 1 tsp Olive Oil
- $\frac{1}{2}$  Red Onion
- $\frac{1}{2}$  Yellow Pepper
- 1 Courgette

## Beef In Peppercorn Sauce

- 2 tsp Olive Oil
- 2 Cloves of Garlic
- $\frac{1}{2}$  Red Onion
- 100g Chestnut Mushrooms
- Whole Peppercorns
- 150ml Beef Stock
- 50g Crème Fraîche
- Pastrami Deli Beef

## Beef Stroganoff

- 2 tsp Olive Oil
- 3 Cloves Garlic
- $\frac{1}{2}$  Red Onion
- 4 Escallion Shallots
- 100g Chestnut Mushrooms
- 1 Fillet Steak
- 1 tsp Paprika
- 150ml Beef Stock
- 150g Sour Cream
- 1 tsp Lemon Juice
- Fresh Parsley

## **Boeuf Bourguignon (Beef Burgundy)**

- 2 tsp Olive Oil
- 2 Cloves Garlic
- $\frac{1}{2}$  Red Onion
- 4 Escallion Shallots
- 2 Carrots
- 100g Chestnut Mushrooms
- 1 Steak of Choice
- 30g Flour
- 1 Bay Leaf
- 2 tsp Thyme
- 350ml Beef Stock
- 350ml Red Wine of Choice
- 1 tbsp Tomato Purée
- Fresh Parsley

## **Venison Steak**

### **Venison**

- 1 tsp Olive Oil
- 1 Venison Steak

### **Porcini Mushroom Sauce**

- 1 tsp Olive Oil
- 2 Cloves Garlic
- $\frac{1}{2}$  Red Onion
- 150ml Vegetable Stock
- 150g Crème Fraîche
- 100g Porcini Mushrooms
- Fresh Parsley

### **Potatoes**

- 375g Ruby Gem Potatoes
- 1 tsp Olive Oil

### **Vegetables**

- 1 tsp Olive Oil
- Asparagus
- Baby Chantenmay Carrots

## Venison Ragù

- 1 tbsp Olive Oil
- 2 Cloves Garlic
- $\frac{1}{2}$  Red Onion
- 4 Escallion Shallots
- 1 Carrot
- 250g Minced Venison
- 15g Flour
- 1 Bay Leaf
- 2 tsp Thyme
- 200ml Beef Stock
- 200ml Red Wine of Choice
- 1 tbsp Tomato Purée
- Fresh Parsley



## Chicken Pot Pie

- 2 tsp Olive Oil
- $\frac{1}{2}$  Red Onion
- 1 Carrot
- 1 Stick of Celery
- 2 Chicken Breasts
- 30g Flour
- 1 Bay Leaf
- 2 tsp Thyme
- 350ml Chicken Stock
- 350ml White Wine of Choice
- 50g Garden Peas
- 50g Crème Fraîche
- Fresh Parsley
- Puff Pastry (To Top)

## **Chicken in White Wine**

### **Casserole**

- 2 tsp Olive Oil
- 2 Cloves Garlic
- $\frac{1}{2}$  Red Onion
- 2 Carrots
- 2 Chicken Breasts
- 30g Flour
- 1 Bay Leaf
- 2 tsp Thyme
- 350ml Chicken Stock
- 350ml White Wine of Choice
- Fresh Parsley

### **Last Minute Stuff**

- 1 tsp Olive Oil
- 100g Chestnut Mushrooms
- 1 Leek

## **Chicken in Red Wine**

### **Casserole**

- 2 tsp Olive Oil
- 2 Cloves Garlic
- $\frac{1}{2}$  Red Onion
- 2 Carrots
- 2 Chicken Breasts
- 30g Flour
- 1 Bay Leaf
- 2 tsp Thyme
- 350ml Chicken Stock
- 350ml Red Wine of Choice
- 1 tbsp Tomato Purée
- Fresh Parsley

### **Last Minute Stuff**

- 1 tsp Olive Oil
- 100g Chestnut Mushrooms
- Pearl Onions

# My Favourite Christmas Dinner

*Unlike other recipes, this serves 2.*

## Chicken

- A Chicken
- 1 tbsp Olive Oil

## Meaty Trimmings

- 6 Pork Sausages
- 6 Rashers Thin Belly Bacon
- Pork, Sage & Onion Stuffing
- Pork & Chestnut Stuffing

## Roast Vegetables

- 6 Maris Piper Potatoes
- 4 Parsnips
- 6 (w/o Parsnips) / 8 (w/ Parsnips) tbsp Rapeseed Oil

## Actual Vegetables

- 1 tsp Olive Oil
- 3 Cloves Garlic
- 1 Red Onion
- 500g Brussels Sprouts
- 4 Carrots
- Chestnuts
- 4 Rashers Thin Belly Bacon
- 2 tsp Sage
- 2 tsp Rosemary
- 2 tsp Thyme
- 60g Parmigiano Reggiano

## Essential Condiments

- Cranberry Sauce
- Horseradish Sauce

### **Essential Savoury Snacks**

- Smoked Trout
- Smoked Salmon
- Salmon Terrines
- King Prawns
- Crab Pate
- Chicken Liver Pate
- Brie
- Goat's Cheese
- Blue Stilton
- Shropshire Blue
- Cheese Crackers
- Olive Crackers
- Dry Roasted Peanuts
- Honey Roasted Peanuts

### **Essential Sweet Snacks**

- Brandy Butter
- Thick Brandy Cream
- Mince Pies
- Iced Fruit Cake
- Stollen
- Mincemeat Fudge
- Mincemeat Truffles
- Carrot Cake Truffles
- Orange Truffles
- Mint Truffles
- Caramelized Pecans
- Chocolate Orange Florentines
- Fruit Jellies
- Fruit Pastilles
- Wine Gums
- Jelly Babies
- Green & Blacks 25 Mini Assortment

- Celebrations Drum
- Heroes Drum
- Quality Street Drum
- Terry's Chocolate Orange Segsations
- Lindor Coconut Truffles
- Reese's Mini Cups

#### **Essential Alcoholic Accompaniments**

- Bristol Cream Sherry
- Pale Cream Sherry
- Port
- Gin & Tonic w/ Clementine
- Disarrono Liqueur

## South American

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### Chile Con Carne

- 1 tbsp Rapeseed Oil
- 3 Cloves Garlic
- $\frac{1}{2}$  Red Onion
- $\frac{1}{2}$  Red Pepper
- 2 Tomatoes
- 250g 5% Fat Ground Beef
- 1 Can Red Kidney Beans
- 2 tsp Cumin
- 2 tsp Paprika
- 2 tsp Oregano
- $\frac{1}{2}$  tsp Chilli Powder
- 1 tbsp Tomato Purée
- 150ml Beef Stock
- 150ml Passata
- 30g 70% Cocoa Chocolate
- 50ml Milk
- Fresh Coriander

## Thicc Chile Con Carne

- 1 tbsp Olive Oil
- 3 Cloves Garlic
- $\frac{1}{2}$  Red Onion
- 4 Escallion Shallots
- $\frac{1}{2}$  Red Pepper
- 2 Tomatoes
- 250g Beef Steak
- 1 Can Red Kidney Beans
- 15g Flour
- 2 tsp Cumin
- 2 tsp Paprika
- 2 tsp Oregano
- $\frac{1}{2}$  tsp Chilli Powder
- 200ml Beef Stock
- 200ml Passata
- 1 tbsp Tomato Purée
- 30g 70% Cocoa Chocolate
- Fresh Coriander



## **Carne Asada Tacos**

### **Steak**

- Thin Rump Steak
- 2 Cloves Garlic
- Ginger
- 1 tbsp Olive Oil
- 2 tbsp Soy Sauce
- 1 tsp Cumin
- Fresh Coriander
- Lime Juice
- Lime Zest

### **Pico De Gallo**

- 1 Red Onion
- 2 Tomatoes
- 1 tbsp Tomato Purée
- 1 tsp Chipotle Chilli Paste
- 1 tsp Cumin
- Fresh Coriander
- Lime Juice

### **Garlic Aioli**

- 2 tbsp Mayonnaise
- 2 Cloves Garlic
- Lemon Juice
- Lemon Zest
- Coarse Black Pepper

## **Cheesy Beef Burrito**

### **Beef**

- 2 tsp Rapeseed Oil
- 2 Cloves Garlic
- 250g 5% Fat Ground Beef
- 2 tsp Cumin
- 2 tsp Paprika
- 2 tsp Oregano
- $\frac{1}{2}$  tsp Chilli Powder
- 15g Sour Cream
- 30g Cheddar Cheese

### **The Rest**

- 1 tsp Rapeseed Oil
- $\frac{1}{2}$  Red Onion
- $\frac{1}{2}$  Red Pepper
- Iceberg Lettuce
- Burrito Tortilla

## **Lime Chicken Tacos**

### **Chicken**

- 1 tsp Olive Oil
- 1 tbsp Tomato Purée
- 1 tsp Chipotle Chilli Paste
- Lime Juice
- Fresh Coriander
- 2 tsp Cumin
- 2 tsp Paprika
- 2 tsp Oregano
- $\frac{1}{2}$  tsp Chilli Powder
- 2 Chicken Breasts

### **Pico De Gallo**

- 1 Red Onion
- 2 Tomatoes
- 1 tbsp Tomato Purée
- 1 tsp Chipotle Chilli Paste
- 1 tsp Cumin
- Fresh Coriander
- Lime Juice

### **Avocado Cream**

- 1 Avocado
- 2 Cloves Garlic
- 1 tsp Crème Fraîche
- Lime Juice
- Fresh Coriander

## **Prawn Tacos**

### **Prawns**

- 1 tsp Olive Oil
- 1 tbsp Tomato Purée
- 1 tsp Chipotle Chilli Paste
- Fresh Coriander
- Lime Juice
- 2 tsp Cumin
- 2 tsp Paprika
- 2 tsp Oregano
- 
- $\frac{1}{2}$  tsp Chilli Powder
- King Prawns
- Sour Cream

### **Pico De Gallo**

- 1 Red Onion
- 2 Tomatoes
- 1 tbsp Tomato Purée
- 1 tsp Chipotle Chilli Paste
- 1 tsp Cumin
- Fresh Coriander
- Lime Juice

### **Guacamole**

- 1 Avocado
- 1 Clove Garlic
- 1 Red Chilli
- Lime Juice
- Fresh Coriander

## Mediterranean

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### Seared Sea Bass

#### Sea Bass

- 1 tsp Olive Oil
- 1 Sea Bass Fillet

#### Chorizo Potatoes

- 1 tsp Olive Oil
- 80g Smoked Chorizo
- 2 Cloves Garlic
- 375g Ruby Gem Potatoes
- 1 tsp Paprika
- 1 tsp Coriander Powder

#### Vegetables

- 1 tsp Olive Oil
- $\frac{1}{2}$  Red Onion
- $\frac{1}{2}$  Yellow Pepper
- 1 Courgette
- Semi-Dried Tomatoes
- Pitted Kalamata Olives
- 1 tsp Oregano

#### Red Pepper Sauce (Optional)

- 1 tsp Olive Oil
- $\frac{1}{2}$  Red Onion
- $\frac{1}{2}$  Red Pepper
- $\frac{1}{2}$  Yellow Pepper
- 2 Cloves Garlic
- 1 tbsp Tomato Purée
- 1 tsp Paprika

## **Seared Salmon**

### **Salmon**

- 1 tsp Olive Oil
- 1 tsp Butter
- 1 Salmon Fillet
- Fresh Dill

### **Potatoes**

- 375g Ruby Gem Potatoes
- 1 tsp Olive Oil
- Fresh Watercress

### **Vegetables**

- 1 tsp Olive Oil
- 1 Clove Garlic
- 1 Shallot
- Green Beans
- Multi-Coloured Plum Tomatoes
- 1 Red Chilli
- Lemon Zest

## **Tuna Steak**

### **Tuna**

- 1 tsp Olive Oil
- 1 Yellofin Tuna Steak
- Fresh Thyme

### **Tomato Sauce**

- 1 tsp Olive Oil
- 1 Red Onion
- 2 Cloves Garlic
- 1 Red Chilli
- 300ml Passata or Chopped Tomatoes
- 2 tsp Paprika
- 2 tsp Oregano
- $\frac{1}{2}$  tsp Chilli Powder
- Fresh Basil

## **Salmon Fritters**

### **Salmon Fritters**

- 1 Salmon Fillet
- 70g Crème Fraîche
- Lemon Juice
- Lemon Zest
- Fresh Watercress
- Fresh Dill

### **Prawns**

- 1 tsp Olive Oil
- 2 Cloves Garlic
- King Prawns
- 1 tsp Chilli Flakes

### **Extras**

- Dill Mustard Sauce
- Fresh Watercress
- Lemon Wedge



## Tapas Selection

### Prawns

- 1 tsp Olive Oil
- 80g Smoked Chorizo
- 1 Shallot
- 3 Cloves Garlic
- King Prawns
- 2 tsp Paprika
- 1 tsp Chilli Flakes
- Fresh Flat Leaf Parsley

### Lamb

- 1 tsp Olive Oil
- 125g Minced Lamb
- 2 Cloves Garlic
- 2 tsp Cumin
- 2 tsp Paprika
- Fresh Coriander

### Potato Salad

- 300g Charlotte Potatoes
- 80g Smoked Chorizo
- 2 tbsp Mayonnaise
- 1 tbsp Sour Cream
- 1 tsp Paprika
- Fresh Coriander

## Seafood Paella

### Paella

- 1 tsp Olive Oil
- 50g Smoked Chorizo
- $\frac{1}{2}$  Red Onion
- $\frac{1}{2}$  Red Pepper
- 2 Tomatoes
- 3 Cloves of Garlic
- Chicken Breast (Optional)
- 4 tsp Smoked Paprika
- 4 tsp Oregano
- 90g Any Suitable Rice
- 25ml White Wine
- 360ml Chicken or Fish Stock
- 1 tbsp Tomato Purée
- 1g Saffron
- 30g Garden Peas
- Lemon Juice
- Lemon Zest
- Fresh Flat Leaf Parsley

### Optional Seafood

- Peeled & Unpeeled King Prawns
- Mussels
- Squid Rings

## Bolognese

### Ragu

- 2 tsp Olive Oil
- 3 Cloves Garlic
- $\frac{1}{2}$  White Onion
- $\frac{1}{2}$  Red Pepper
- 2 Tomatoes
- 1 Carrot
- 1 Stick Celery
- 250g 5% Fat Ground Beef
- 4 tsp Oregano
- 2 tsp Rosemary
- 1 tbsp Tomato Purée
- 150ml Beef Stock
- 150ml Passata
- 1 tsp Balsamic Vinegar
- 50ml Milk
- 30g Parmigiano Reggiano
- Fresh Basil

### Pasta

- 90g Conchiglioni
- Water (To Boil)

# Lasagne

## Ragu

- 2 tbsp Olive Oil
- 12 Cloves Garlic
- 2 White Onions
- 2 Red Peppers
- 8 Tomatoes
- 4 Carrot
- 4 Stick Celery
- 1kg 5% Fat Ground Beef
- 16 tsp Oregano
- 8 tsp Rosemary
- 4 tbsp Tomato Purée
- 600ml Beef Stock
- 600ml Passata
- 4 tsp Balsamic Vinegar
- 200ml Milk
- 120g Parmigiano Reggiano
- Fresh Basil

## Béchamel Sauce

- 50g Butter
- 50g Flour
- 750ml Milk
- 60g Parmigiano Reggiano
- Black Pepper

## Layering Her Up

- 12 Lasagne Sheets
- 120g Cheddar Cheese
- 60g Parmigiano Reggiano

## Italian Sausage Rigatoni

### Sauce

- 2 tsp Olive Oil
- 3 Cloves Garlic
- $\frac{1}{2}$  Red Onion
- $\frac{1}{2}$  Red Pepper
- 2 Tomatoes
- 2 Italian Sausages or 250g Pork Mince
- 2 tsp Oregano
- 2 tsp Sage
- $\frac{1}{2}$  tsp Chilli Powder
- 1 tbsp Tomato Purée
- 150ml Passata
- 150g Crème Fraîche
- 100g Porcini Mushrooms
- 30g Parmigiano Reggiano
- Fresh Basil

### Pasta

- 90g Rigatoni
- Water (To Boil)

## **Pasta Puttanesca**

### **Sauce**

- 2 tsp Olive Oil
- 3 Cloves Garlic
- $\frac{1}{2}$  Red Onion
- 2 Tomatoes
- 300ml Passata
- 1 tbsp Tomato Purée
- Multi-Coloured Cherry Tomatoes
- Kalamata Olives
- Anchovies
- Capers
- Fresh Parsley

### **Pasta**

- 90g Linguine
- Water (To Boil)

## Neapolitan Style Pizza

### Dough

- 170ml Water
- 7g Instant Yeast
- 260g Double Zero Flour
- 4g Sea Salt

### Anchovy & Olive Topping

- 200g Passata
- 1 Mozzarella Ball
- Anchovies
- Kalamata Olives
- Basil Pesto
- Pecorino Romano

### Prawn Topping

- 200g Passata
- 1 Mozzarella Ball
- Prawns (Marinade, Don't Cook)
  - 1 tsp Olive Oil
  - 3 Cloves Garlic
  - King Prawns
  - Fresh Flat Leaf Parsley
- Basil Pesto
- Pecorino Romano

### Spicy Meat Topping

- 200g Passata
- 1 Mozzarella Ball
- 80g Smoked Chorizo
- Spicy Chicken
  - 1 tsp Olive Oil
  - 1 tsp Paprika
  - 1 tsp Oregano

- $\frac{1}{2}$  tsp Chilli Powder
  - 1 Chicken Breast
- Nduja Chilli Paste or Ndjua Pesto



## **Tomato Bruschetta**

### **Tomatoes**

- $\frac{1}{2}$  Red Onion
- Red & Yellow Plum Tomatoes
- Red & Purple Salad Tomatoes
- 3 Cloves Garlic
- 1 tbsp Olive Oil
- 1 tbsp Balsamic Vinegar
- Fresh Basil

### **Bruschetta**

- $\frac{1}{2}$  Ciabatta Loaf
- 1 tsp Olive Oil
- 3 Cloves Garlic
- Fresh Rosemary

## Vegetarian Halloumi Bake

- 1 tbsp Coconut Oil
- 300g Charlotte Potatoes
- 1 tsp Rosemary
- 2 Aubergines
- 2 Beef Tomatoes
- 250g Cooked Puy Lentils
- 250g Halloumi
- Anchovies (To Top)
- Basil Pesto (To Top)

# Oriental

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## Sushi

### Rice

- 250g Sushi Rice
- 500ml Water
- 3 tbsp Rice Wine or Rice Wine Vinegar
- 1 tbsp Caster Sugar
- 1 tsp Salt

### Assembly

- 4 Nori Sheets
- The *Rice*
- Sesame Seeds
- Cucumber
- Spring Onion
- Fish of Choice
- Dressing of Choice

## Garlic & Chilli Beef

### Paste

- 2 tbsp Soy Sauce
- 1 tbsp Oyster Sauce
- 1 tbsp Teriyaki Sauce
- 3 Cloves Garlic
- Ginger
- 1 Red Chilli
- Fresh Coriander

### Beef

- 2 tsp Rapeseed Oil
- $\frac{1}{2}$  Red Onion
- $\frac{1}{2}$  Red Pepper
- Magetout (Halved)
- 250g 5% Fat Minced Beef
- 15g Cornflour
- The *Paste*
- 200ml Beef Stock
- 2 tsp Sesame Seeds

### Noodles

- 1 Nest Egg Noodles
- 100g Beansprouts
- 1 tsp Sesame Oil

## Beef Rendang Curry

### Paste

- 3 Cloves Garlic
- Ginger
- 2 Green Chillies
- 2 Shallots
- 2 Lemongrass Roots
- Fresh Coriander Roots or Stems
- $\frac{1}{2}$  tsp Coriander Powder
- $\frac{1}{2}$  tsp Cumin
- $\frac{1}{2}$  tsp Turmeric
- 1 tsp Fish Sauce
- 1 tsp Lime Juice

### Sauce

- 1 tbsp Sesame Oil
- The *Paste*
- Red Pepper
- Red Chilli
- 250g Braising Beef of Choice
- 50g Creamed Coconut
- 400ml Water
- 1 Star Anise
- $\frac{1}{2}$  tsp Cinnamon
- 15g Desiccated Coconut

## Salt & Chilli Chicken Curry

### Chicken

- 2 tbsp Rapeseed Oil
- 2 Chicken Breasts
- 1 Egg
- 2 tbsp Cornflour
- 1 tsp Chilli Powder
- 1 tsp Coriander Powder
- 1 Red Chilli
- Spring Onion

### Curry Sauce

- 3 tbsp Rapeseed Oil
- 1 tbsp Butter
- 1 White Onion
- 1 Carrot
- 3 Cloves Garlic
- Ginger
- 2 tbsp Curry Powder
- 2 tsp Five Spice
- 2 tsp Chilli Powder
- 2 tsp Turmeric
- 1 tsp Cumin
- 1 tsp Sugar
- 1 tbsp Soy Sauce
- 1 tsp Fish Sauce
- 400ml Vegetable Stock
- 30g Cornflour

## Chicken Panang Curry

### Paste

- 3 Cloves of Garlic
- 2" Piece of Ginger
- 2 Red Chillies
- 2 Shallots
- 2 Fresh Lemongrass Roots
- 6 Kaffir Lime Leaves
- Fresh Coriander Roots or Stems
- $\frac{1}{2}$  a tsp of Coriander Powder
- $\frac{1}{2}$  a tsp of Cumin
- $\frac{1}{2}$  a tsp of Turmeric
- Rapeseed Oil
- 1 tbsp of Fish Sauce
- Juice of Half a Lime

Food precess, blend, pestle and mortar, or finely chop:

### Sauce

- Rapeseed Oil
- The *Paste*
- $\frac{1}{2}$  a Red Onion
- $\frac{1}{2}$  a Red Pepper
- Tenderstem Broccoli
- 2 Chicken Thighs
- 400ml of Coconut Milk or 200g Creamed Coconut and 400ml Water
- Soy Sauce
- Fish Sauce
- Kaffir Lime Leaves
- $\frac{1}{2}$  a tsp of Cinnamon
- 1 tsp of Palm Sugar

Fry the paste in rapeseed oil until the ingredients are cooked and the bitterness is gone. Add the coconut milk (or creamed coconut and water) to the sauce and simmer for a few minutes. Add the soy sauce and the fish sauce to taste, Kaffir lime leaves, cinnamon, and palm sugar to the sauce and continue to simmer.

Fry the red onion and red pepper in rapeseed oil until they're charred. Fry the chicken in rapeseed oil until it's browned. Add the red onion, red pepper, and chicken to the sauce and continue to simmer until the sauce starts to thicken and darken from the char of the vegetables and meat. Add the broccoli to the sauce and continue to simmer until the broccoli is cooked.

### **Rice**

- 90g Thai Jasmine Rice
- 180ml Water



## Thai Red Curry

### Paste

- 3 Cloves Garlic
- Ginger
- 2 Red Chillies
- 2 Shallots
- 2 Lemongrass Roots
- Fresh Coriander Roots or Stems
- $\frac{1}{2}$  tsp Coriander Powder
- $\frac{1}{2}$  tsp Cumin
- $\frac{1}{2}$  tsp Turmeric
- 1 tsp Fish Sauce
- 1 tsp Lime Juice

### Sauce

- 1 tbsp Rapeseed Oil
- The *Paste*
- Red Pepper
- Mangetout or Sugarsnap Peas
- 2 Chicken Thighs
- 1 tsp Fish Sauce
- 50g Creamed Coconut
- 400ml Water
- 15g Cornflour (Optional)

### Rice

- 90g Thai Jasmine Rice
- 180ml Water

## Thai Green Curry

### Paste

- 3 Cloves Garlic
- Ginger
- 2 Green Chillies
- 2 Shallots
- 2 Lemongrass Roots
- Fresh Coriander Roots or Stems
- $\frac{1}{2}$  tsp Coriander Powder
- $\frac{1}{2}$  tsp Cumin
- $\frac{1}{2}$  tsp Turmeric
- 1 tsp Fish Sauce
- 1 tsp Lime Juice

### Sauce

- 1 tbsp Rapeseed Oil
- The *Paste*
- Yellow Pepper
- Mangetout or Sugarsnap Peas
- 2 Chicken Thighs
- 1 tsp Fish Sauce
- 50g Creamed Coconut
- 400ml Water
- 15g Cornflour (Optional)

### Rice

- 90g Thai Jasmine Rice
- 180ml Water

## Poached Salmon

- 1 tbsp Rapeseed Oil
- 3 Cloves Garlic
- Ginger
- 2 tbsp Soy Sauce
- 1 tbsp Oyster Sauce
- 1 tbsp Teriyaki Sauce
- 1 tsp Fish Sauce
- 1 Red Chilli
- Spring Onion
- Fresh Coriander
- 150ml Fish Stock
- 2 Salmon Fillets

## **Korean Sea Bass**

### **Sea Bass & Vegetables**

- 1 tbsp Rapeseed Oil
- 1 Sea Bass Fillet
- Tenderstem Broccoli

### **Potatoes**

- 300g Baby Potatoes
- 1 tbsp Sesame Oil
- 2 tbsp Soy Sauce
- 1 tbsp Oyster Sauce
- 1 tbsp Teriyaki Sauce
- 2 tbsp Honey
- 2 Cloves Garlic
- Ginger
- Spring Onion
- Fresh Coriander
- 2 tsp Sesame Seeds
- 50ml Water

## **Fish Cakes**

### **Salmon, Chilli & Ginger**

- 1 Salmon Fillet
- 2 Cloves Garlic
- Ginger
- 1 Red Chilli
- Spring Onion
- Egg Yolk
- 2 tbsp Breadcrumbs
- 1 tsp Soy Sauce

### **Tuna**

- 1 Tin Tuna
- 2 Cloves Garlic
- Ginger
- 1 Red Chilli
- Spring Onion
- Egg Yolk
- 2 tbsp Breadcrumbs
- 1 tsp Soy Sauce

### **Fish Cake Crust (Optional)**

- 1 tsp Rapeseed Oil
- Plain Flour
- Eggs
- Breadcrumbs

### **Sweet Potato Fries**

- Rapeseed Oil
- 1 Sweet Potato
- 1 tsp Paprika
- 1 tsp Coriander Powder

### **Asparagus**

- 1 tsp Rapeseed Oil
- Asparagus
- 1 Shallot
- 1 Clove Garlic
- Lemon Zest

## Middle Eastern

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### Prawn Bhuna

#### Curry

- 1 tbsp Rapeseed Oil
- 4 Cloves Garlic
- Ginger
- $\frac{1}{2}$  White Onion
- 2 Tomatoes
- 1 tbsp Tomato Purée
- 2 tsp Garam Masala
- 2 tsp Coriander Powder
- 2 tsp Cumin
- 2 tsp Turmeric
- $\frac{1}{2}$  tsp Chilli Powder
- 150ml Water
- 150ml Passata
- King Prawns
- Fresh Coriander

#### Rice

- 125g Basmati Rice
- 250ml Water
- 1 tsp Coriander Powder
- 1 tsp Cumin
- 1 tsp Turmeric

## Chicken Tikka Garam Masala

### Curry

- 1 tbsp Rapeseed Oil
- 4 Cloves Garlic
- Ginger
- $\frac{1}{2}$  White Onion
- 2 Tomatoes
- 1 tbsp Tomato Purée
- 2 Chicken Breasts
- 2 tsp Garam Masala
- 2 tsp Coriander Powder
- 2 tsp Cumin
- 1 tsp Paprika
- $\frac{1}{2}$  tsp Chilli Powder
- $\frac{1}{2}$  tsp Cinnamon
- 150ml Passata
- 150ml Double Cream or Crème Fraîche
- 1 tsp Lemon Juice
- Fresh Coriander

### Rice

- 125g Basmati Rice
- 250ml Water
- 1 tsp Coriander Powder
- 1 tsp Cumin
- 1 tsp Turmeric



## Dahl

- 1 tbsp Rapeseed Oil
- 4 Cloves of Garlic
- Ginger
- $\frac{1}{2}$  White Onion
- 2 Tomatoes
- 1 tbsp Tomato Purée
- 1 Can Green Lentils or Chickpeas
- 2 tsp Garam Masala
- 2 tsp Coriander Powder
- 2 tsp Cumin
- 2 tsp Turmeric
- 100ml Passata
- 100ml Coconut Milk
- 1 tsp Lemon Juice
- 80g Spinach

## Sandwiches

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### Roast Beef & Onion

-

## Chicken Caesar Club

-

## Chicken Salad

-

## Christmas Dinner

-

## Salmon, Egg & Avocado

-

## Prawn Salad

-

## Red Pepper, Houmous & Goat's Cheese

-



## Desserts & Sweets

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### Trifle

#### Raspberry & Black Cherry

- 1 Panettone
- 340g Black Cherry Conserve
- 200ml Disaronno
- 1 Can Raspberries in Syrup
- 500g Vanilla Custard
- 300ml Whipping Cream
- 70% Dark Chocolate

#### Tropical Fruit

- 1 Madeira Cake
- 340g Strawberry Conserve
- 500ml Sherry
- 200ml Pear Juice
- 200g Pears
- 200g Mango
- 200g Pineapple
- 500g Vanilla Custard
- 300ml Whipping Cream

#### Apple & Blackberry

- 1 Madeira Cake
- 340g Blackberry Conserve
- 500ml Sherry
- 400g Pink Lady Apples
- 120g Light Brown Caster Sugar
- 1 tsp Vanilla Extract
- 1 tsp Cinnamon
- 500g Vanilla Custard
- 300ml Whipping Cream

## Apple & Rhubarb Crumble

### Filling

- 400g Pink Lady Apples
- 400g Rhubarb
- 120g Light Brown Caster Sugar
- 1 tsp Vanilla Extract
- 1 tsp Cinnamon
- Fresh Ginger

### Topping

- 120g Flour
- 80g Oats
- 100g Unsalted Butter
- 50g Demerara Sugar
- 50g Flaked Almonds
- 2 tsp Cinnamon

## **Strawberry Eton Mess**

### **Base**

- 600ml Double Cream
- 200g Fresh Strawberries
- 100g Meringue

### **Strawberry Compote**

- 200g Fresh Strawberries
- 2 tsp Demerara Sugar

## Christmas Sweets

### Eggnog

- 240ml Milk
- 2 Egg Yolks
- $\frac{1}{2}$  tsp Vanilla Extract
- $\frac{1}{2}$  tsp Cinnamon
- $\frac{1}{2}$  tsp Nutmeg
- 50g Caster Sugar
- 120ml Double Cream

### Florentines

- 50g Butter
- 100g Caster Sugar
- 100g Muscovado Sugar
- 50g Crème Fraîche
- $\frac{1}{4}$  tsp Bicarbonate of Soda
- 1 tsp Vanilla Extract
- 150g Flaked Almonds
- 50g Cherries
- 50g Dark Chocolate

### Percy Pig Fudge

- 200g Condensed Milk
- 300g White Chocolate
- 50g Percy Pig Sauce
- Red Food Colouring
- 60g Mini Marshmallows
- Sprinkles (To Top)
- Percy Pigs (To Top)

# Cookies

125g Cookies — 18 Mins — 180 Degrees

| CupcakeJemma               | Nigella Lawson                        | My OGs                            | My Final Recipe              |
|----------------------------|---------------------------------------|-----------------------------------|------------------------------|
| 190g Cold Unsalted Butter  | 150g Cold Unsalted Butter             | 115g Cold Unsalted Butter         | 125g Cold Unsalted Butter    |
| 135g Light Muscovado Sugar | 125g Light Muscovado Sugar            | 165g Light Muscovado Sugar        | 175g Light Muscovado Sugar   |
| 135g Caster Sugar          | 100g Brown Caster Sugar               | 100g Brown Caster Sugar           | 100g Brown Caster Sugar      |
| 1 Egg                      | 2 tsp Vanilla Extract                 | 2 tsp Orange Oil                  | 2 tsp Orange Oil             |
| 1 Egg Yolk                 | 1 Egg                                 | 1 Egg                             | 1 Egg                        |
| 415g Strong Flour          | 300g Strong Flour                     | 155g Strong Flour                 | 300g Strong Flour            |
| 1 tsp Salt                 | $\frac{1}{2}$ tsp Salt                | 1 tsp Salt                        | 1 tsp Salt                   |
| 2 tsp Baking Powder        | $\frac{1}{2}$ tsp Bicarbonate of Soda | $\frac{1}{2}$ a tsp Baking Powder | 1 tsp of Bicarbonate of Soda |
| 300g Milk Chocolate        | 200g Milk Chocolate                   | 100g Milk Chocolate               | 200g Milk Chocolate          |
|                            |                                       | 100g Dark Chocolate               |                              |

## Fudge

| Classic                    | Mint Chocolate             | Salted Caramel                         | Chocolate Orange           | Lemon Cheesecake           | Lime & Pistachio                    |
|----------------------------|----------------------------|--|----------------------------|----------------------------|-------------------------------------|
| 80g of Condensed Milk      | 80g of Condensed Milk      | 80g of Condensed Milk                  | 80g of Condensed Milk      | 80g of Condensed Milk      | 80g of Condensed Milk               |
| 30g of Unsalted Butter     | 30g of Unsalted Butter     | 30g of Unsalted Butter                 | 30g of Unsalted Butter     | 30g of Unsalted Butter     | 30g of Unsalted Butter              |
| 100g of Brown Caster Sugar | 100g of Brown Caster Sugar | 100g of Brown Caster Sugar             | 100g of Brown Caster Sugar | 100g of Brown Caster Sugar | 100g of Brown Caster Sugar          |
| 50g of White Chocolate     | 50g of Milk Chocolate      | 50g of Milk Chocolate                  | 50g of Milk Chocolate      | 50g of White Chocolate     | 50g of White Chocolate              |
|                            | 3 tsp of Mint Oil          | 3 tsp of Salted Caramel Himalayan Salt | 3 tsp of Orange Oil        | 3 tsp of Lemon Oil         | Juice of 3 Limes<br>Zest of 3 Limes |

## Truffles

**Uncoated:** Dark 200/90 — Milk 200/65 — White 200/40 **Coated:** Dark 150/70 — Milk 150/50 — White 150/30

| Signature                                |                                 |  |  |
|--|---------------------------------|--|--|
| Coconut Almond                           | Carrot Cake                     | Salted Caramel                               | 90% Cocoa                              |
| 110g of Coconut Almond Butter            | 150g of White Chocolate         | 150g of Milk Chocolate                       | 200g of 90% Dark Chocolate             |
| 50g of Gluten Free Oats                  | 30ml of Double Cream            | 50ml of Double Cream                         | 120ml of Double Cream                  |
| 15g of Honey                             | 70g of Carrot                   | 1 tsp of Salted Caramel                      | Cocoa Powder                           |
| 50g of Dark Chocolate                    | $\frac{1}{2}$ a tsp of Cinnamon | Himalayan Salt                               |  |
| Almonds                                  | $\frac{1}{2}$ a tsp of Nutmeg   | 50g of Dark Chocolate                        |  |
| Gold Glitter                             | $\frac{1}{4}$ a tsp of Ginger   | Gold Glitter                                 |  |
|  | 50g of White Chocolate          |  |  |
|  | Cinnamon                        |  |  |
| Classics                                 |                                 |  |  |
| Chocolate Orange                         | Mint Chocolate                  | White Mocha                                  | Matcha Latte                           |
| 150g of Milk Chocolate                   | 150g of Dark Chocolate          | 150g of White Chocolate                      | 200g of White Chocolate                |
| 50ml of Double Cream                     | 50ml of Double Cream            | 20ml of Freshly Brewed Coffee                | 50ml of Double Cream                   |
|  |                                 |  |  |
| 2 tsp of Orange Oil                      | 2 tsp of Mint Oil               | 50g of White Chocolate                       | 2 tbsp of Matcha Green Tea             |
| 50g of Dark Chocolate                    | 50g of Dark Chocolate           | Fresh Coffee                                 | Matcha Green Tea                       |
| Desserts                                 |                                 |  |  |
| Lemon Cheesecake                         | Lime & Pistachio                | Cherry Bakewell                              | Chocolate Peanut Butter                |
| 200g of White Chocolate                  | 200g of White Chocolate         | 150g of White Chocolate                      | 150g of Icing Sugar                    |
| 50ml of Double Cream                     | 30g of Desiccated Coconut       | 30ml of Double Cream                         | 90g of Peanut Butter                   |
| 2 tsp of Lemon Oil                       | 20ml of Lime Juice              | 30g of Dried Cherries                        | 50g of Milk Chocolate                  |
| Digestive Biscuits                       | 10ml of Double Cream            | 2 tsp of Cherry Flavouring                   |  |
|  | Desiccated Coconut              | $\frac{1}{2}$ a tsp of Almond Flavouring     |  |
|  |                                 |  |  |
|  | Pistachios                      | 50g of Dark Chocolate                        |  |
|  |                                 | Flaked Almonds                               |  |
| Romantic                                 |                                 |  |  |
| Rose & Lychee                            | Dark Cherry                     | Prosecco & Strawberry                        | Grapefruit Gin                         |
| 200g of Dark Chocolate                   | 150g of Dark Chocolate          | 150g of White Chocolate                      | 200g of Dark Chocolate                 |
| 90ml of Double Cream                     | 50ml of Double Cream            | 30ml of Prosecco                             | 40ml of Double Cream                   |
| 1 tsp of Rosewater                       | 30g of Dried Cherries           | $\frac{1}{2}$ a tsp of Strawberry Flavouring | 30ml of Gin                            |
|  |                                 |  |  |
| $\frac{1}{2}$ a tsp of Lychee Flavouring | 2 tsp Cherry Flavouring         | 50g of White Chocolate                       | Juice of $\frac{1}{4}$ of a Grapefruit |
| Cocoa Powder                             | 50g of Dark Chocolate           | Red Food Colouring                           | Zest of 1 Grapefruit                   |
| Icing Sugar                              |                                 | Pink Glitter                                 | Cocoa Powder                           |
| Seasonal                                 |                                 |  |  |
| Mince Pie & Brandy Butter                | Gingerbread                     | Spiced Eggnog                                | Candy Cane Cream                       |
| 100g of White Chocolate                  | 150g of Ginger Biscuits         | 150g of White Chocolate                      | 250g of Icing Sugar                    |
| 50g of Mincemeat                         | 75g of Cream Cheese             | 20ml of Double Cream                         | 1 Egg White                            |
| 20g of Brandy Cream                      | 50g of Dark Chocolate           | $\frac{1}{2}$ a tsp of Cinnamon              | $\frac{1}{2}$ a tsp of Mint Oil        |
| 50g of White Chocolate                   | Ginger Biscuits                 | $\frac{1}{2}$ a tsp of Nutmeg                | 50g of White Chocolate                 |
| Icing Sugar                              |                                 | 50g of White Chocolate                       | Green & Red Food Colouring             |
|  |                                 | Nutmeg                                       | White Chocolate Drizzle                |

## Truffle Cakes

| 90% Cocoa                       | Salted Caramel          | Chocolate Orange        |
|---------------------------------|-------------------------|-------------------------|
| 50g of 90% Cocoa Chocolate      | 50g of Milk Chocolate   | 50g of Milk Chocolate   |
| 50ml of Double Cream            | 50ml of Double Cream    | 50ml of Double Cream    |
| 25g of Gluten Free Oats         | 25g of Gluten Free Oats | 25g of Gluten Free Oats |
| 25g of 90% Cocoa Dark Chocolate | 1 tsp of Salted Caramel | 1 tsp of Orange Oil     |
|                                 | Himalayan Salt          | 25g of Dark Chocolate   |
|                                 | 25g of Dark Chocolate   |                         |



## Fruit Jellies

| <b>Blackcurrant</b>        | <b>Strawberry</b>        | <b>Orange</b>            | <b>Apple</b>             | <b>Lemon</b>             | <b>Pineapple</b>         |
|----------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 25g of Dried<br>Gelatine   | 25g of Dried<br>Gelatine | 25g of Dried<br>Gelatine | 25g of Dried<br>Gelatine | 25g of Dried<br>Gelatine | 25g of Dried<br>Gelatine |
| 100ml of Hot Wa-<br>ter    | 100ml of Hot Wa-<br>ter  | 100ml of Hot Wa-<br>ter  | 100ml of Hot Wa-<br>ter  | 100ml of Hot Wa-<br>ter  | 100ml of Hot Wa-<br>ter  |
| 200g of Caster<br>Sugar    | 200g of Caster<br>Sugar  | 200g of Caster<br>Sugar  | 200g of Caster<br>Sugar  | 200g of Caster<br>Sugar  | 200g of Caster<br>Sugar  |
| 100ml of Water             | 100ml of Water           | 100ml of Water           | 100ml of Water           | 100ml of Water           | 100ml of Water           |
| 100g of Glucose<br>Syrup   | 100g of Glucose<br>Syrup | 100g of Glucose<br>Syrup | 100g of Glucose<br>Syrup | 100g of Glucose<br>Syrup | 100g of Glucose<br>Syrup |
| 2 tsp of Lemon<br>Juice    | 2 tsp of Lemon<br>Juice  | 2 tsp of Lemon<br>Juice  | 2 tsp of Lemon<br>Juice  | 2 tsp of Lemon<br>Juice  | 2 tsp of Lemon<br>Juice  |
| Blackcurrant<br>Flavouring | Strawberry<br>Flavouring | Orange Flavour-<br>ing   | Apple Flavouring         | Lemon Flavour-<br>ing    | Pineapple<br>Flavouring  |
| Purple Colouring           | Red Colouring            | Orange Colour-<br>ing    | Green Colouring          | Yellow Colouring         |                          |
| Caster Sugar to<br>Coat    | Caster Sugar to<br>Coat  | Caster Sugar to<br>Coat  | Caster Sugar to<br>Coat  | Caster Sugar to<br>Coat  | Caster Sugar to<br>Coat  |

## Blue Sky

| Candy Floss                     | Blueberry                     | Pineapple                     |
|---------------------------------|-------------------------------|-------------------------------|
| 400g of Caster Sugar            | 400g of Caster Sugar          | 400g of Caster Sugar          |
| 250g of Glucose Syrup           | 250g of Glucose Syrup         | 250g of Glucose Syrup         |
| 240ml of Water                  | 240ml of Water                | 240ml of Water                |
| 2 tsp of Candy Floss Flavouring | 2 tsp of Blueberry Flavouring | 2 tsp of Pineapple Flavouring |
| 1 Drop of Blue Colouring        | 1 Drop of Blue Colouring      | 1 Drop of Yellow Colouring    |

## Health & Hills

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### Oat Pots

#### Standard

- 75g Oats
- Water

#### With Extras

- 75g Oats
- 15g Peanut Butter
- 15g Honey
- 15g Chia Seeds
- 15g Desiccated Coconut
- Water

## **Energy Balls**

### **Cacao & Peanut**

- 250g Dates
- 200g Peanuts
- 50g Oats
- 2 tbsp Cacao Powder

### **Goji & Pistachio**

- 250g Dates
- 200g Almonds
- 50g Oats
- 2 tbsp Cacao Powder
- 2 tbsp Goji Berries
- Pistachios (For Coating)

### **Matcha Green Tea**

- 250g Dates
- 200g Almonds
- 50g Oats
- 2 tbsp Cacao Powder
- 2 tbsp Matcha Powder

### **Acai & Blueberry**

- 250g Dates
- 200g Almonds
- 50g Oats
- 2 tbsp Freeze Dried Blueberries
- 2 tbsp Acai Powder

### **Ginger & Lemon**

- 250g Dates
- 200g Cashews
- 50g Oats
- 2 tsp Ginger
- 1 tsp Turmeric

### **Chia & Lemon**

- 250g Dates
- 150g Cashews
- 50g Oats
- 50g Desiccated Coconut
- 25g Chia Seeds
- 2 tsp Lemon Juice
- Desiccated Coconut (For Coating)

## Cocktails

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### Mojito (Short)

- 1 Lime
- 4 Sprigs Mint
- 2 tsp Demarera Sugar
- Ice to Fill Glass
- 50ml White Rum

### Mojito (Long)

- $1\frac{1}{2}$  Limes
- 6 Sprigs Mint
- 3 tsp Demarera Sugar
- Ice to Fill Glass
- 75ml White Rum
- Soda Water to Fill Glass

# Appendices

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## Additional Recipe Titles

- Fillet Steak (truffle mashed potatoes and tenderstem broccoli)
- Venison Burger (ciabatta, goat's cheese, candied apples, horseraddish red cabbage slaw)
- Lamb Burger
- Rack of Lamb (spiced cauliflower)
- Lamb Curry (tagine-made, vegetable couscous)
- Sausage & Pancetta Rice (smoked sausage, borlotti beans)
- Carbonara
- Prosciutto Chicken (stuffed with mushrooms, fontina cheese, black pudding, with sauteed leeks)
- All The Trimmings (bacon sausages, pork and chestnut stuffing, pork sage and onion stuffing, roast potatoes and parsnips, carrots sprouts onions chestnuts, cranberry and portsaue)
- Squid & Prawn Tempura (aioli, sweet chilli sauce)
- Whitebait (dill mayonnaise)
- King Prawn Tortelloni (pasta filled with prawn, mascarpone, red chilli, parsley, chilli)
- Seafood Linguine (baby scallops, king prawns, salmon flakes, garlic and parsley sauce)
- Shellfish Spaghetti (mussels and clams, anchovy olive and parsley sauce)
- Risotto (lobster tail, red onion, sundried tomatoes and saffron)
- Fish & Chips (cod, maris piper chips, tartar sauce, mushy peas)
- Crisp & Flatbreads (crispbreads, flatbreads, kalamata olive tapenade, sundried tomato tapenade)
- Baked Goat's Cheese (sourdough, rocket, balsamic glaze, pickled beetroot)
- Halloumi Fries (paprika, barbeque sauce)
- Macaroni Cheese (cheddar, red leicester, truffle oil, chifferi pasta)
- Falafel Burger (bagel, red cabbage slaw, yoghurt sauce)
- Mediterranean Style Mushroom (portobello mushroom, red pepper, petits pois, blue stilton)
- Meat & Cheese Platter (prosciutto, salami, chorizo, smoked sausage, scamorza, manchego, buratta)
- Crostini Platter (thin ciabatta toast with mozzarella and chilli; mackerel and rocket; tomato and olive with balsamic glaze)

- Pastry Platter (chicken and chorizo; sundried tomato and mozzarella; ricotta and spinach; halloumi and aubergine)
- Salad Platter (creamy coleslaw; chipotle coleslaw; jalapeno and cheddar coleslaw; baby charlotte potato salad with spring onions and shallots)
- Greek Platter (brown rice vine leaf rolls; falafels; lamb koftas)
- Antipasto Platter (manzanilla olives with garlic and herbs; semi-dried tomatoes; grilled artichoke; goat's cheese stuffed cherry peppers; buratta; rocket salad)
- Houmous Platter (traditional; roasted red pepper; caramelised red onion with coriander)
- Mediterranean Dip Platter (tzatziki; taramasalata; beetroot and carrot; babaganoush)
- Spanish & Mexican Dip Platter (guacamole; avocado cream; spicy tomato salsa; aioli; garlic and manchego; sour cream and chive)
- White Chocolate & Strawberry Gateau
- Apple Pie (cinnamon, nutmeg)
- Tarte au Citron
- Cherry Bakewell Tarte (thick marzipan)
- Iced Fruit Cake (candied orange layer, brandy butter)
- Triple Chocolate & Pegan Brownies
- Ginger Tiffin
- Mint Cream Bar
- Passionfruit Crepes (passionfruit and orange liqueur sauce, dark chocolate drizzle)
- Churros & Dulce de Leche
- Peanut Butter Brownie Sundae (dulce de leche, whipped vanilla cream)
- Mint Chocolate Bomb (mint chocolate ganache, mint chocolate chip ice cream)
- Praline Souffle (hazelnut mousse, pistachio crumb, praline ice cream)
- Panna Cota (raspberry crumb)
- Chocolate Orange Torte (chocolate orange ganache, orange and gold glitter jelly, gold leaf, dark chocolate shard, candied orange twist, salted caramel ice cream)
- Banoffee Pie (topped with caramelised banana, dark chocolate shavings)
- Caramelised Lotus Biscoff Cheesecake (Biscoff base, biscoff sauce cream cheese fillings, caramel drizzle, Biscoff biscuit)



## El Cielo Azul Tacos

- Carne Asada (steak, hash brown, pico de gallo, garlic aioli)
- Lime Chicken (chicken, pico de gallo, corn relish)
- Lamb Kofta (minced lamb, red cabbage slaw, garlic aioli)
- Haggis Bob Bon (fried haggis balls, lettuce, whisky sauce)
- Chorizo & Paprika Potato (chorizo, potatoes, chipotle mayo, spring onion)
- Chipotle & Chorizo Mac-Cheese (mac-cheese, chorizo, spring onion)
- Breaded Sole (spiced breaded cod, pico de gallo, chipotle mayo)
- Garlic & Nduja Prawn (king prawns, roquito peppers, nduja chilli, garlic aioli)
- Anchovy & Olive (grilled anchovies, manzanilla olives, garlic aioli)
- Salt & Chilli Potato (fried potatoes, red chilli, spring onion, garlic aioli)
- Huevos Rancheros (scrambled egg, avocado, feta cheese, jalapeno, tomatoes)
- Sweetcorn & Chilli Fritter (corn, jalapeno, sweet chilli sauce)