

# FEDERICO PÉREZ

WEB DEVELOPER

FITNESS INSTRUCTOR

## PERSONAL PROFILE

Web programmer and designer, with experience in frontend technologies. Able to adapt to different projects and technical needs, with interest in challenges and continuous learning.

Passionate about sports, personal trainer and fitness instructor with the intention to help, motivate and encourage, to achieve goals and improve physical abilities through training.

## CONTACT INFORMATION

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## EDUCATION

### Universidad Nacional de La Matanza

Web Development Technician

### Century Academy of English Culture

English, intermediate level.

### Interval Escuela de Fitness

- Personal Trainer Instructor
- Functional Training HIIT Instructor
- Workshop Kettlebell
- Core Abd's Workshop
- Corporal composition and fitness capacitation

### Academia de Coaches

- Cross Training capacitation

## TECHNICAL EXPERIENCE

### React Frontend Developer

Mediahaus (01/06/2022 - Present)

Development and maintenance of websites and web applications. Layout of pages and components for web apps with ReactJs and Gatsby.

### Frontend Technical Assistant

Digital House (07/06/2021 - 26/04/23)

The role of technical assistant is responsible for providing information, answering doubts to the students.

### React Frontend Developer

Mercado Libre (01/01/2021 - 10/05/2021)

Development and styling of web components; also developed new functionalities and API's integration with react and node.js.

### Angular Frontend Developer

Mobile Computing (13/01/2020 - 18/12/2020)

Designed and built component-based web applications, layout and styling components, integrations with API's and working on new features.

### Frontend Developer

GlobalLogic (14/01/2019 - 10/01/2020)

Web application maintenance, built web components, layout and styling; also worked on project structure, adding new functionalities and API integrations.

### Frontend Developer & Web Designer

8@ Marketing (01/06/2016 - 11/01/2019)

Web development and design, as well as web site maintenance. Layout and styling of landing pages and mail pieces, also made content updates in CMS's.

## SPORTS EXPERIENCE

### Personal Trainer

Public parks and gyms (01/04/2022 - 01/10/2022)

Workouts design and planning to achieve goals for everyone. Workouts for individual sessions on gyms and grupal sessions without elements on parks.

### Sports Training Instructor

Interval Escuela de Fitness (05/01/2022 - 05/02/2022)

Teacher of: "Personal Trainer and Bodybuilding" course, with the objective of transmitting comprehensive knowledge about anatomy, physiology, biomechanics and training to the students.

### Functional Training Instructor

Club Atlético Estudiantes de Bs. As. (06/12/2021 - 05/02/2022)

To provide students with challenging workouts useful for everyday life and to improve their physical abilities.

### Sports Training Assistant

Interval Escuela de Fitness (02/10/2021 - 18/12/2021)

Assistant for the courses: "Functional training" and "Personal Trainer and Bodybuilding", with the intention of assisting in the training of both teachers and students.