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IFL Haverford College

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Introduction and Purpose

Intramural Futsal League

Hello and Welcome to the Intramural Futsal League (IFL) at Haverford College. Our goal is to provide a space to all students on campus who are incredibly passionate about, or mildly interested in Soccer/Football. We hope to create a semi-competitive environment where seasoned players can feel like superstars and beginners can feel comfortable learning and testing out their skills. Likewise, we maintain our Instagram account (@ifl_haverford) throughout the season, posting match recaps, interviews, stats, and customized graphics. All players are welcome, and no prior experience is required!

This rulebook defines the rules for IFL throughout the IFL season for all participants. Rules may be subject to change at the discretion of the league commissioners. Questions, comments, and feedback are welcome at any time.

We look forward to a great season and best of luck to all teams!

Sincerely,
Grant DeVries 26' and Kabir Hinduja-Obregon 26'
IFL League Commissioners



IFL Rules

Organization and Leadership

1. Organization

a. The league is organized in a hierarchical format, with the league commissioners managing the overall functions of the league. The commissioners delegate responsibility to referees and other volunteers and/or hired students.

2. Leadership

- a. League Commissioners
 - i. League Commissioners create the rules of the league and have the final say in all disputes over said rules.
 - ii. League Commissioners manage the official IFL Instagram account and distribute all official communications regarding scheduling.
 - iii. League Commissioners have the final say in selecting award winners and managing playoffs.
 - iv. League Commissioners have complete control over all aspects of IFL.

b. Referees

- Referees are selected by the League Commissioners and manage individual matches. Matches may have more than one referee depending on the number of volunteers.
- ii. Referees must follow the rules defined within this rulebook and direction from the League Commissioners.
- iii. Referees select the player of the match for both regular season and playoff matches.

c. Team Captains

- Team Captains are selected by the members of each team. The player selected as the team captain must be communicated to the League Commissioners before the start of the regular season.
- ii. Team Captains generally will not be required to do anything special, however, in the case of a dispute or certain circumstances, they will be the primary point of contact.

Team Formation and Membership

1. Team Formation

a. Any student at Haverford College may create an IFL team following an HC-All email sent at either the beginning of the fall semester or the middle of the spring semester.



- b. Teams must consist of between six (6) and ten (10) players. Teams may not go over or under the limits as this would be unfair to other teams.
- c. Teams must provide the emails for all members of the team to receive official communications, specifically match scheduling.

2. Individual Sign-Ups

- a. Individuals may sign up through a separate form provided by the league commissioners if they do not have a team to play on.
- b. Individual sign-ups will be placed on a team, with other individual sign-ups, created by the League Commissioners. This team will be required to select a Team Captain and coordinate with the other members of the team.

3. Rules on Team Membership

- a. Under no circumstances will a player be allowed to play for more than one team in each season of IFL. Following the first week of regular season matches, a player may not switch teams.
 - i. In rare situations, the League Commissions may delegate an individual as a substitute to a team that has fewer than the required players. However, this player's stats will not be recorded.
- b. Teams may add and/or remove players during the period between the submission of their original team roster and the beginning of playoffs.
 - i. Teams may not add more than five (5) additional members in one season, and no more than two (2) before one match.
 - ii. Exceptions to this rule are at the discretion of the league commissioners.
- c. (Suspended Spring 2025) Varsity soccer players will be allowed to play and join teams provided no more than two (2) varsity soccer players are on any team's roster.

Scheduling and Groups

1. Scheduling

- a. Teams will be provided that week's match schedule a reasonable amount of time before their first match for the week.
- b. All teams will have a game each week of the regular season. Some weeks teams may have two (2) matches. In this case, the team will play on both matchdays of that match week.
- c. Teams may not change match times or days after that week's schedule has been sent out. The schedule is final for the entire season to make sure every team plays every other team in their group once.
 - i. Team Captains may contact the League Commissioners to request a preferred time for a specific match week or on specific match days (or times) each week. All requests will be received on a first-



come, first-serve basis. While every attempt will be made to accommodate such requests, no promises will be made to change that team's schedule.

2. Groups

- a. Once IFL team sign-ups have closed for the season, the League Commissioners will randomly distribute all teams into multiple groups.
 - i. The number of groups will depend on the number of sign-ups, ensuring each group has the same/a similar number of teams.
- b. Teams will only play other teams in their group during the regular season and final group rankings determine who will advance to playoffs.

General Play

- 1. IFL will follow the official FIFA rules for soccer/football with some adaptations. The official rules should be considered the base that these rules adapt.
- 2. Goalkeepers
 - a. Each team must have one Goalkeeper who may use their own goalie gloves. IFL will not provide gloves.
 - b. The penalty box will depend on the field of play and will be communicated to each team at the beginning of the season.
 - c. Goalkeepers are allowed to slide tackle while sweeping and making saves.
 - d. The Goalkeeper may not do overarm throws from the box.
- 3. Aggressive Play
 - a. Slide tackles are not allowed, and the referee will be instructed to not be lenient when calling violations.
 - b. Cards do not carry over between matches, even in playoffs.
 - c. In the case of a red card, the player is suspended from the game and the team must play with four (4), or fewer, players.
- 4. Field of Play
 - a. The match length is 30 minutes with little stoppage time except for egregious circumstances. Each half is fifteen (15) minutes, with a two (2) minute halftime.
 - b. Teams must provide at least four (4) players for a match to start. If a team cannot provide four (4) players by the scheduled match start time, the game is an automatic forfeit.
 - i. Substitutes, provided by the League Commissioners under 1(3)(a)(i), must be agreed to by the opposing team. A team may play with three (3) players if additional substitutes are available at the determination of the League Commissioners.
- 5. Match Forfeit



a. In the case of a forfeit, the forfeiting team will receive a 0-5 loss, while their opponent will receive a 5-0 victory.

6. Team/Player Removal

- a. In the case of repeated egregious behavior beyond standard play without any attempt to correct behavior, at the determination of the League Commissions, teams/players may be banned from playing in that season or the league.
- b. Intentionally forfeiting a match to advance to playoffs or forfeiting numerous matches in any IFL season will, at the determination of the League Commissioners, result in that team's ban from the season.

Playoffs and Awards

1. Advancing to Playoffs

- a. At the end of each regular season, the best-performing teams will advance to playoffs. The number of teams advancing will be communicated at the beginning of the IFL season.
- b. Teams will advance to playoffs based on group rankings. The rankings will be based on the following criteria, with subsequent criteria being used in the case of a tie in the preceding criteria:
 - Total points from wins (3 points) and draws (1 point) during regular season matches
 - ii. Head-to-head record between the tied teams
 - iii. Goal difference
 - iv. Goals scored
 - v. Alternatives agreed upon by the league commissioners
- c. Teams that advance to playoffs will be individually communicated with to coordinate scheduling. Seeding for playoff matches will be based on group ranking at the determination of the League Commissioners.

2. Playoff Matches

- a. Playoff matches may have special aesthetic features to make the event more engaging. These features will be communicated to all teams in advance of the first playoff match.
- b. Timing for playoff matches will be extended with extra time in the case of a tied match at the end of regular time. Extra time will be ten (10) minutes, split into five (5) minute halves, in addition to a one (1) minute halftime.
- c. If, at the end of extra time, the match is still tied, teams will take penalty kicks. Each team has three (3) kicks each, alternating turns, with sudden death following if still tied. Only players on the field at the end of extra time may take penalty kicks.
- d. All other rules are the same from the regular season.

3. Awards



a. Player of the Match

 The Player of the Match is selected by the referees of the match for exceptional performance in either a regular season or playoff match.

b. IFL Champions

i. Winners of the IFL Final.

c. Golden Boot

 Most goals scored during regular season and playoff matches. In the case of a tie, the winner will be determined by the League Commissioners.

d. Golden Lace

 Most assists during regular season and playoff matches. In the case of a tie, the winner will be determined by the League Commissioners.

e. Golden Glove

 This award is not purely based on statistics. Using goals saved, goals allowed, and overall performance, the League Commissioners in consultation with team captains will select the winner.

f. Referee of the Season

 This award will be selected by the League Commissioners for exceptional refereeing throughout regular season and playoff matches.

g. Golden Goat

 This award is not purely based on statistics. Using goals scored, assists, and overall performance, the League Commissioners in consultation with team captains will select the winner.

