Hello Dear Students,

First of all, welcome back! It is a pleasure to get in touch with you again and I hope all of you are fine and able to return to our school lessons and activities in CEFET-MG.

As you know, our classes and meetings will happen online on two platforms: Microsoft Teams, for online lessons and meetings, and on SIGAA-CEFET-MG, for downloading materials and activities, such as videos, texts, activities, exercises and other resources.

At this new virtual learning practice, it is very important that you keep your schedule well managed: your time for learning, studying, being online with teachers and classmates, but also for relaxing and refreshing your mental activity and body posture and health. Do not forget to eat, drink water and sleep well, and if possible, find some time to get some entertainment once a week or simply rest.

Our communication for solving doubts, explaining activities or contents or any other need you may have, will be online on Microsoft Teams during our English classes set on CEFET-Contagem schedule. These will be on Thursdays from 10 to 10:50 a.m. for T1 and from 11:00 to 11:50 a.m. for T2. You can also access me on my e-mail kacianacefet@gmail.com.

I will be available for any doubts but, please, do not freak out if I do not answer immediately.

I would like to remind you that all this context of Pandemics, virtual meetings for working and studying and relating is something very new for us all. All of us, including teachers that you consider the best ones, are learning about digital tools, virtual learning environments, virtual education and learning as well as patience, time management, limits and empathy. So, I apologize for not being able to know so much about virtual tools in such a short term, but I will try to do my best.

 $oldsymbol{I}$ hope we can do this the best way we can. $oldsymbol{I}$ invite you to do it with me. Together we will be fine.

See you all in my classes.

Best regards,

Kaciana