**Calculate how much time you have left to spend together with a person (friend, family, related).**

Take into account:

People say that their loved ones are the most important thing they have, but the distribution of their time does not prove it, this has to do with the way our brain works, we are programmed to avoid thinking about the time we have left to live, so we have the feeling that we will always have the opportunity to do the things that make us happy.

With a simple calculation and data extracted from the Life Expectancy statistics, it is possible to find out how much time we will spend with our loved ones.

It is obtained by multiplying how many hours we spend together each time we meet, by how many times we meet annually and this in turn multiplied by the number of years we think we have left to live.

**Information we need to know:**

**What is your name?**

**Thomas**

**Gender?**

**M / F**

**How old are you?**

**32**

**Where do you live?**

**Germany**

**SECOND PART – THE OTHER PERSON**

**What is her/his name?**

**Andres**

**Gender ?**

**M / F**

**How old is Andres?**

**36**

**Where does he live?**

**México**

**Third PART**

**What is your relationship with Andres?**

**Friend, Family, couple? Friend**

**Do you go on Holidays together?**

**If yes:**

**How long do you go for?**

**1 to 30 days?**

**If no:**

**How many times do you and Andres see each other?**

**A week % 1 - 7 days – a month % 1 - 30 days – a year % 1 – 60 days? -**

**Year 5 days**

**Each time you see Andres,**

**How many hours do you spend together?**

**From 1 to 24 hours?**

**7 hours**

**Thomas & Andres**

**Thomas, if you carry on seeing Andres with the same frequency as you have done so far, this is the time you have left to spend together.**

**According to my data time left is 48 days 16 hours**

**7 hours \* 1 time a year \* (age – life expectancy of the country)**

Hours \* times we meet per year \* life expectancy %.

24H \* 2 \* 80

According to statistics in the next 40 years we will spend, 520 days watching series 06 years watching television, 08 years on the Internet, 10 years watching screens,

The question is how much time will you spend with the people you care about?

Possible parameters

How often do you meet such a person?

How old are people?

Do you live inside or outside the country?

Average age of life, depends on each country.

Specific questions:

What is your name?

How old are you?

In which province do you live?

What kind of relationship? Friendship, couple, family?

Do you go on holiday together? Yes / no

If yes, how many days from 1 to 30?

And without counting holidays, how many times (a week, a month or a year) do you and XXX see each other?

Each time you see yourself with XXX, how many hours do you spend together?

Min 1 hour to 24 hours

According to the statistics.

Result in days and hours.

XXXX, if you continue to see YYYYY as often as you have so far, this is the time you have left to spend together.

What's the other person's name?

How old is she?

How many times do you see the person per year?

How long.

Things that might be relevant:

In the last 6 years the use of the mobile has tripled.

We consume more audio-visual content than ever before.

And taking into account that the contact we have with people we care about is moving to social networks.

As a result, we spend less and less time with our loved ones and more time watching screens.

Routine

Schedules

Distances (living in different cities)

Lack of time