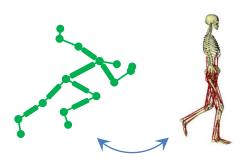


# EMG Based Motion Capture [Project]

# **Recap: Why EMG Based Activation Estimation?**

# wearHEALTH





$$\sum_{i=1}^{N_m} (a_i)^2 \longrightarrow min$$

s.t. 
$$\forall c_j \coloneqq f^*_{j} - f_{j,exp} \approx 0$$

## muscular redundancy

classical stress minimization approach

#### What about ...

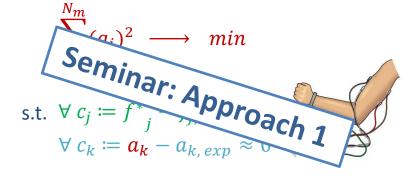
- co-contraction
- fine motor tasks with higher muscle tension
- extreme (fast) movements

activation patterns

(temporal / pathological) muscle fatigue ... ?

neurophysiological redundancy /





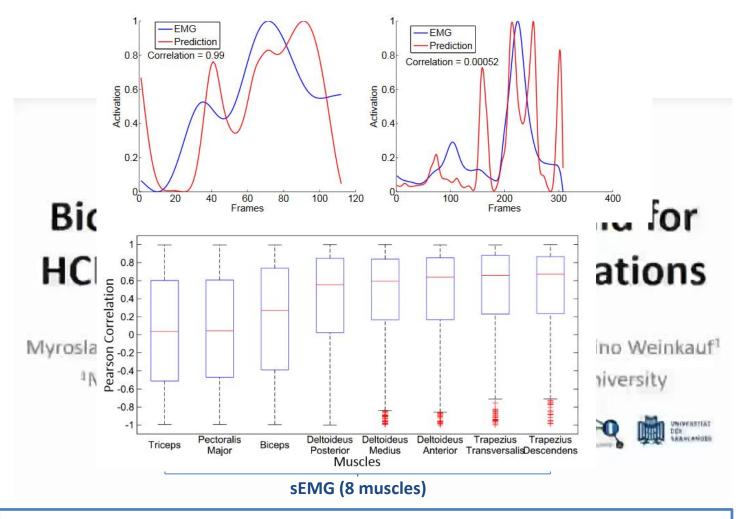
**EMG** informed minimization approach

**Project:** Is **surface EMG** data (sEMG) a **valid estimator** for computed muscle activation **in practice**?

$$\forall c_k \coloneqq \mathbf{a_k} - a_{k, exp} \approx 0$$

# **Project Setting & Motivation – MPI Study**

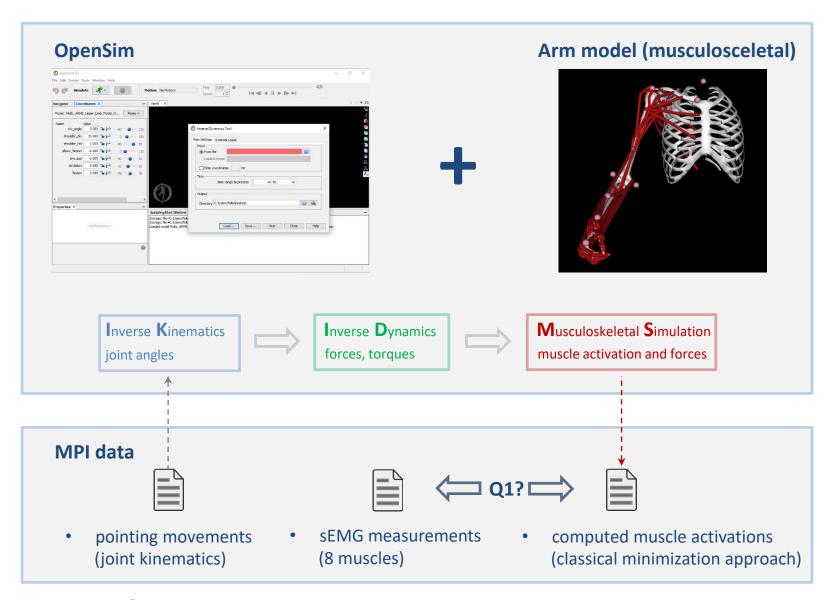
## wearHEALTH



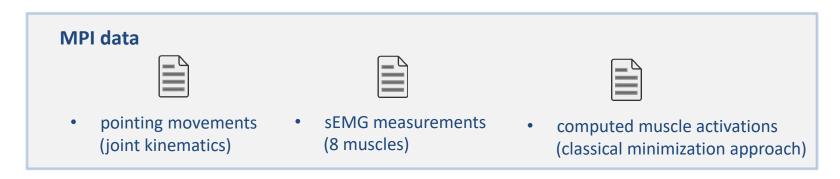
MPI study suggests that sEMG is a useful predictor for muscle activation **Goal** := Verify that, reproduce results!

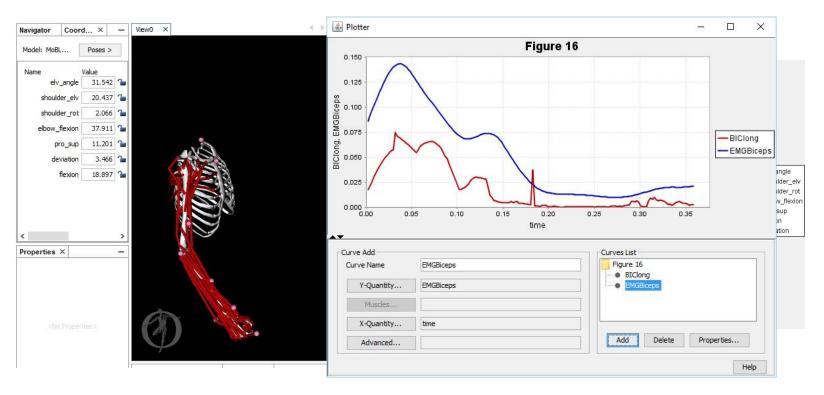
# **Project Plan – Overview**



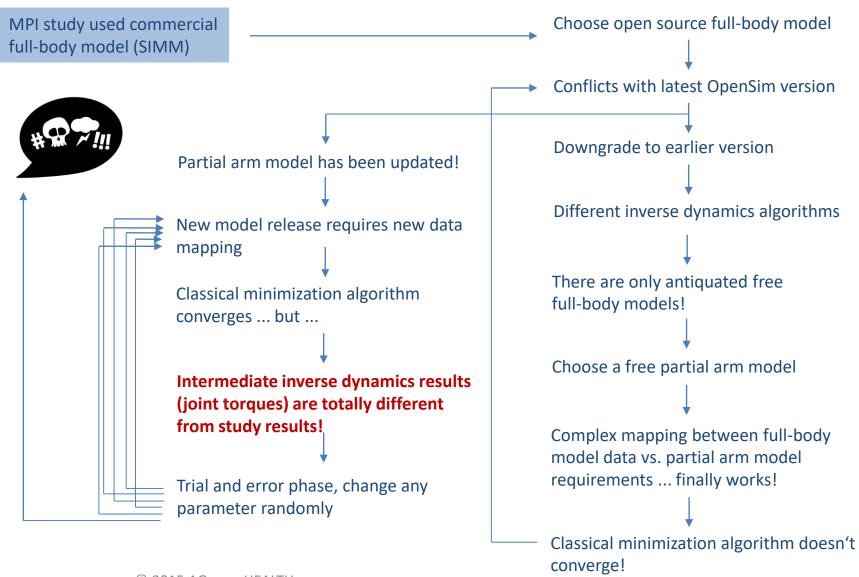


# Project Plan – A Look at the Source Data



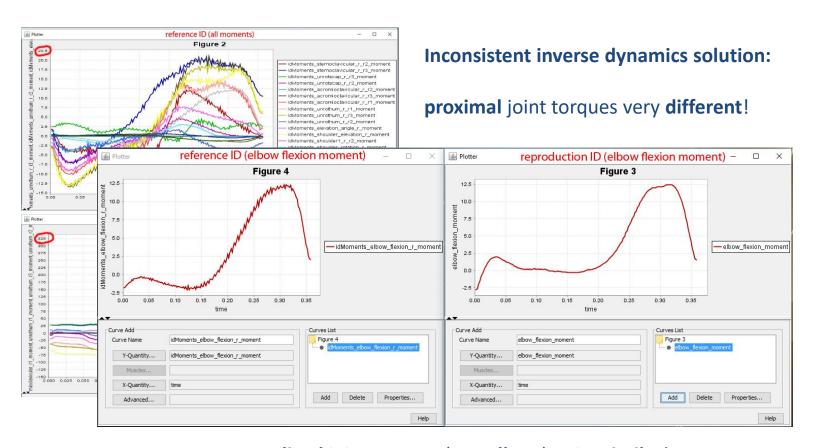


# **Actual Project – "Flowchart"**



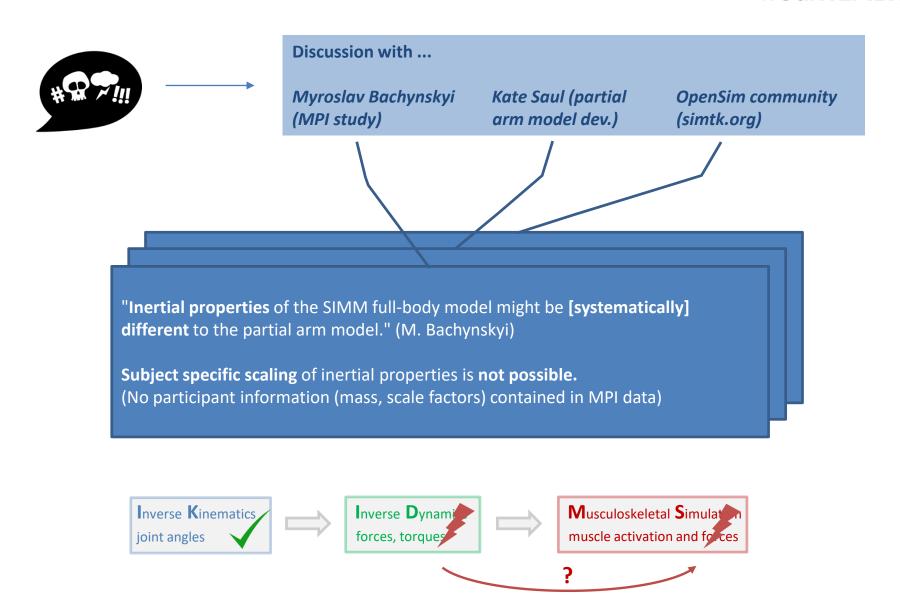
# **Problem: Inconsistent Dynamics**





But: distal joint torques (e.g. elbow) quite similar!

# **Main Problem = Different Models**



# **Workaround: Restrained Movements**



Alternative plan: Consider only elbow movement, restrain all other joints! (1 free and 6 fixed DOFs)

→ Compare only those computed activations vs. sEMG measurements related to elbow joint actuation: biceps, triceps

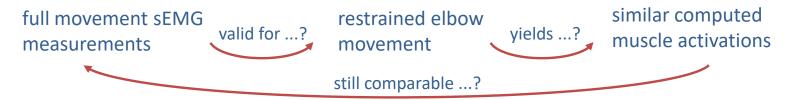
#### **But ...**

Restrained kinematics → different dynamics (elbow torque cannot be considered in isolation) different dynamics → different computed muscle activations (stress minimization approach)

#### ... and ...

elbow actuated by biceps, triceps, *brachialis, pronator teres, anconeus*, ... muscular biceps / triceps actuate elbow, wrist (supination) / shoulder (adduction) redundancy!

#### Thus ...

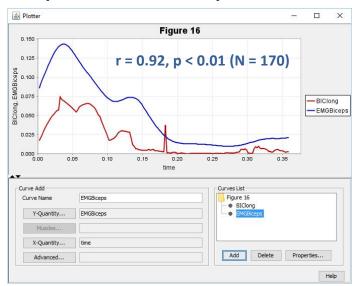


How comparable (w.r.t. study) are results under these restraints / assumptions?

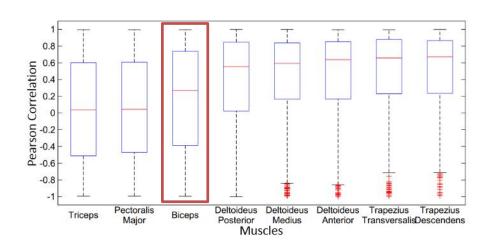
# (Spurious) Results

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## biceps correlation: computed vs. sEMG



#### MPI study: correlations boxplot



Authenticity of correlations "generated" with ...

- different model
   (inertia, internal forces, muscle properties, ...)
- restrained kinematics

But there are also "spurious" correlations contained in the actual study results!

Correlate totally unrelated muscles: e.g. pronator teres vs. deltoid  $\rightarrow$  r = 0.74



# **Project Difficulties and Sources of Error**

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#### marker placement & tracking

- real vs. virtual markers
- tracking accuracy
- repeatability

Motion Capture marker trajectories

#### inverse kinematics

- drift of markers
- joint modelling
- numerical errors

Inverse Kinematics joint angles

#### inverse dynamics

- measure of external forces
- distribution of body mass
- numerical errors

Inverse Dynamics forces, torques

Musculoskeletal Simulation muscle activation and forces

## model scaling

- marker points
- distribution of body mass

## **MTU** modelling

- · tendon slack length, optimal fiber length and maximum isometric force

## generalizability (subject ⇔ model)

- · individual neural drive and activation strategies
- MTU params highly dependent on subject

## (neuro)muscular redundancy

- muscular := several muscles for one joint or muscles spanning multiple joints
- neurophysiological := task-dependent activation strategies or multiple neurons innverating the same muscle
- co-contraction

#### EMG ⇔ muscle activation ⇔ muscle forces

- mapping poorly understood,
- no reliable models

Motion Simulation marker trajectories



Forward Kinematics joint angles



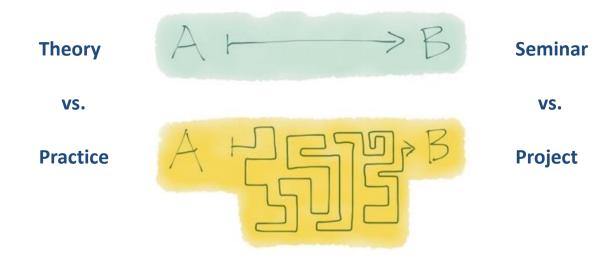
Forward Dynamics forces, torques

Musculoskeletal Modelling muscle activation and forces

#### **EMG** extraction and processing

- surface EMG only (no deeper MTUs)
- characterizing frequency bandwidths
- → generalizability?





# Questions?

# Thanks for your attention!

From Motion Capture to Musculoskeletal Simulation and (not quite) back

# Assuming that sEMG is a valid estimator ...

