

Migraine Data Analysis





Felix M. Schneider

24.11.2022

Project Idea

Introduction

- M-sense:
 - Headache Diary App
 - running for 6 years (2016-2022)
 - Data from 80000 users
- Backend: Postgres Database (running on aws and using Metabase)

Questions:

- Periodicity in the occurrence of headache days?
- What are potential headache triggers?
- Make use out of it for prediction?



Results



Markus Dahlem (CEO Founder)

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I. Data Extraction

 Data were delivered as a binary Postgres dump Size: 26.2 GB

Introduction

- First try: run it locally not possible due to HD restrictions
- Solutions:

Set up database on external hard disk

- format external hard disk as EXT4
- > mount hard disk as if it was an internal HD
- change postgres data path from /var/... to mount point
- Size of extracted data set: **137GB** Data of about 80,000 users



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Results

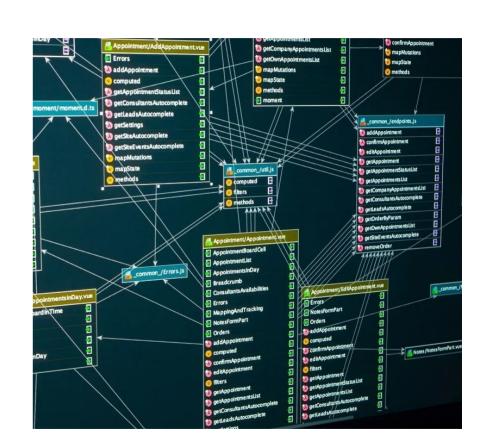
Introduction Challenges

Processing Results

II. Working with "Big Data"

Access the data:

- Database shape complicated
- advanced SQL-Queries are needed to retrieve headache time series data
- Solution: python Class NslUser.py
 - comfortable access data using SQLAIchemy
 - apply operations



```
Migraina Data Analysia
          -- SQL-QUERY TO RETRIEVE HEADACHE TIME SERIES FOR USER 11 --
SELECT event_time_range, value FROM
     quantity q JOIN factor f
                 ON
                      a.user id = f.user id
                      q.server_factor_id = f.server_factor_id
                AND
              WHERE
                      a.user id
                      AND
                AND
                      q.deleted at
                                       IS null
                      LOWER(event_time_range)),
           ORDER BY
SELECT GENERATE_SERIES(LOWER(event_time_range)::DATE,
                    UPPER(event_time_range)::DATE, '1 day') AS hd, value
SELECT MIN(hd) AS min_hd, MAX(hd) AS max_hd FROM CTE2),
SELECT GENERATE SERIES(min hd::DATE, max hd::DATE, '1 day') AS timel FROM
SELECT timel, CASE WHEN value IS null THEN 0 ELSE value END AS value_ FROM
     CTE TIMELINE cte t LEFT JOIN CTE2 c2
                             ON cte_t.timel = c2.hd
                       ORDER BY cte t.timel;
```

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Acce

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• ad CTE2 **AS** (

FROM CTE1),

CTE MIN MAX)

CTE MIN MAX AS (

CTE TIMELINE AS (

WITH CTE1 AS (

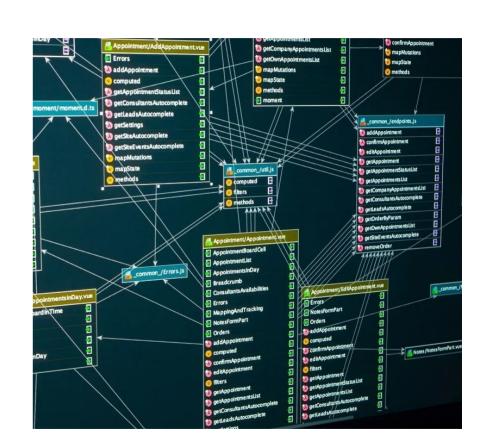
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from nsl_user import NslUser

NslUser(11)

Initialization

Results

II. Working with "Big Data"

Introduction

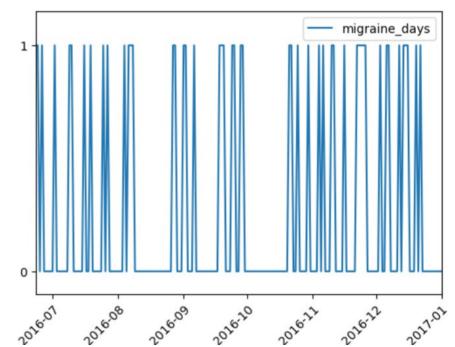
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user_11.plot_feature("migraine_days")

— migraine days

Results



0.04

0.02

0.00

II. Working with "Big Data"

Access the data:

Database shape complicated

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user_11.plotspec()

10

5

15

20

T [days]

25

30

Results

35

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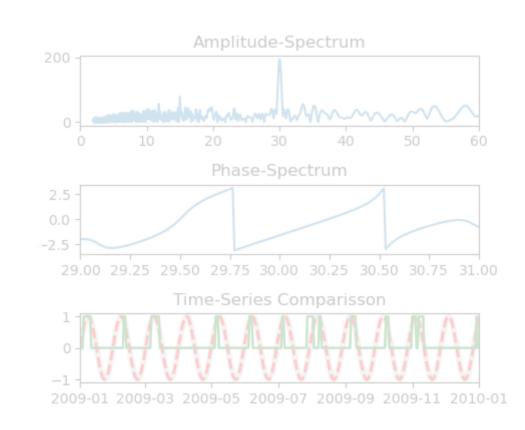
Spectral Analysis

Each Time-Series can be approximated by sum of \cos functions with different amplitudes, frequencies ω and phase ϕ

$$\sum A_k * cos(\omega_k t + \varphi_k)$$

Fourier-Transformation (numpy.fft.fft):

- Unfolding spectral components:
 - Amplitude and Phase Spectrum: $A(\omega) \cos(\omega t + \varphi(\omega))$
- Analyze whole dataset:
 Spectra of 40000 user



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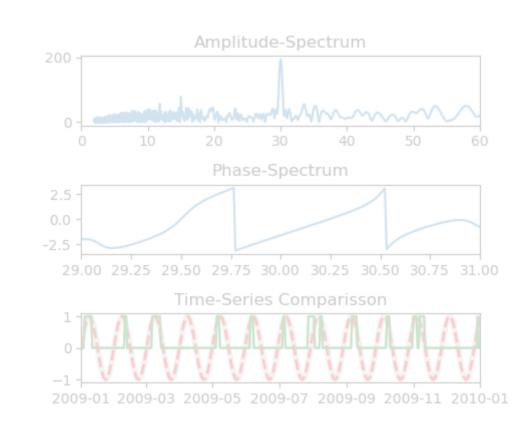
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Spectral Analysis

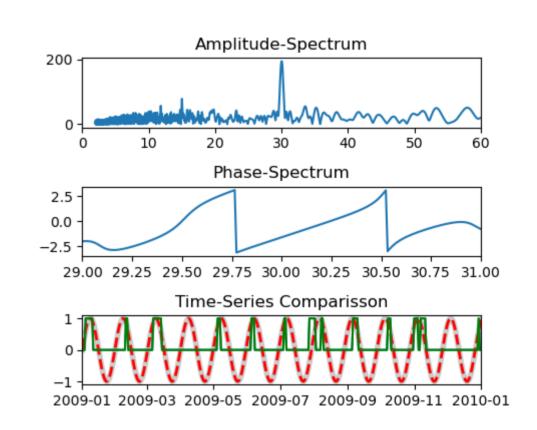
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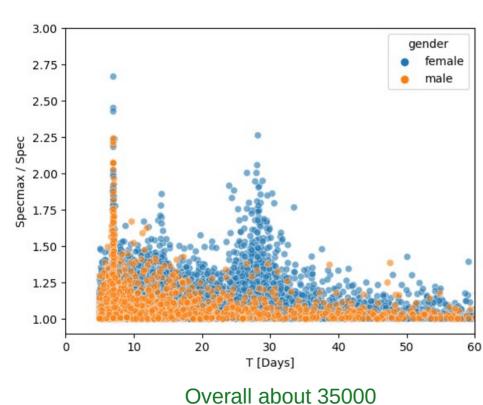
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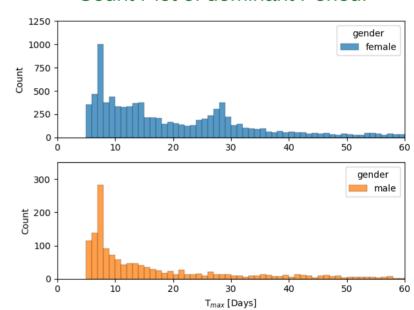
Processing

Results

Dominant Period



Count Plot of dominant Period:



male + female: dominant peek only at 7 days female : 2nd peak at menstruation cycle

Introduction

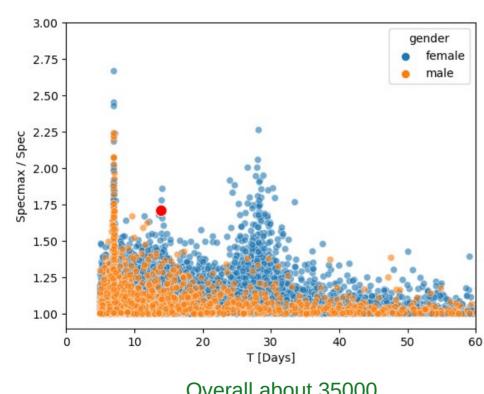
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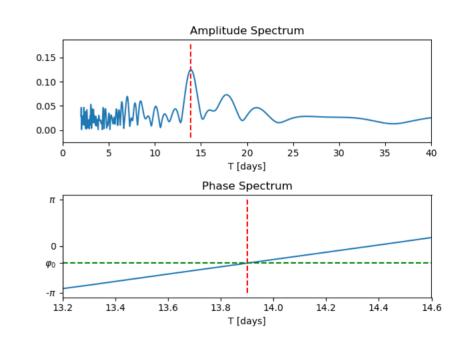
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Dominant Period





Overall about 35000

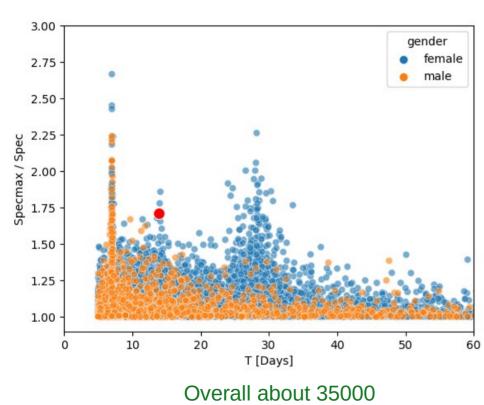
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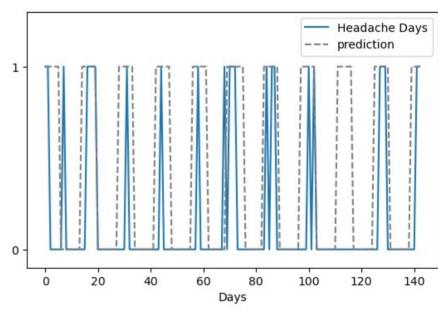
Processing

Results

Dominant Period



Periodicity based Prediction:



accuracy and recall relatively high

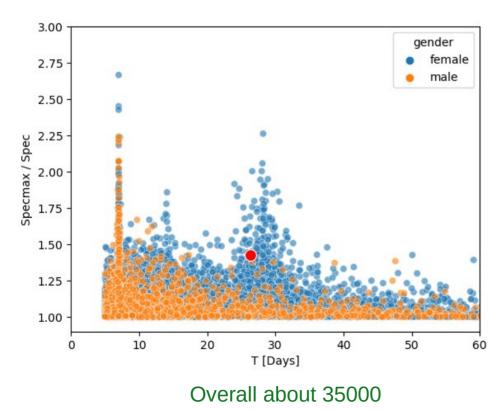
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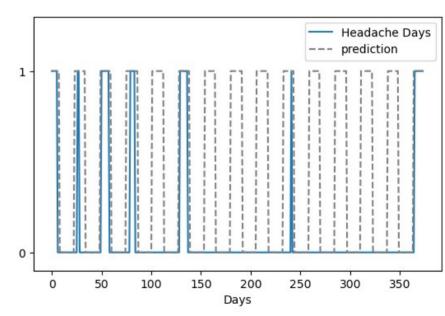
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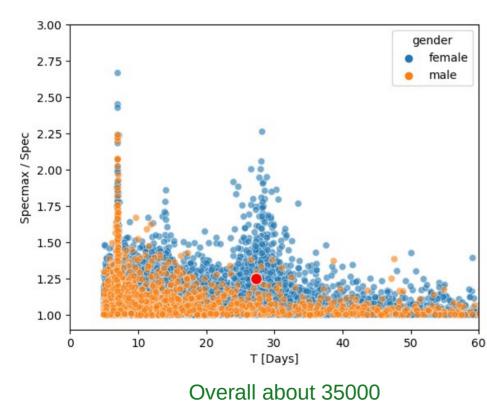
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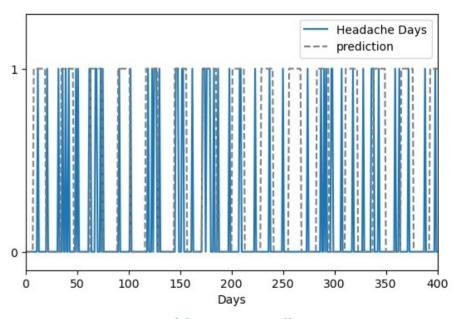
Processing

Results

Dominant Period



Periodicity based Prediction:



accuracy and lower recall (many false negative)

Thank You!



Garlic Boosting - Cohort

Especially:

- Liljana: conceptual discussion
- Florian: SQL-support
- ALL GARLICS for a very good time



- Dina
- Jens
- Rakib
- Carmine
- Marija
- Sara
- Thomas



• My familiy: Anja, Paul, Hannah and Luise 💙 🛡 🛡



Next Steps

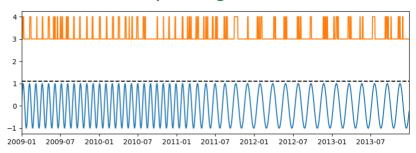
- Evaluate for which users periodicity based prediction is possible
- Define/choose metric for prediction evaluation
 - accuracy, recall, precision, ...
- Investigate statistic for "non-periodic" events

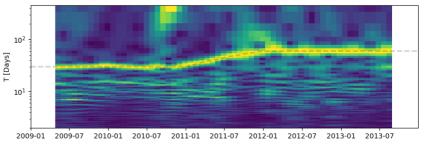
Implement Frequency Adaptation:

Allow Period changes:
Update frequency with incoming data in order to account for periodicity changes

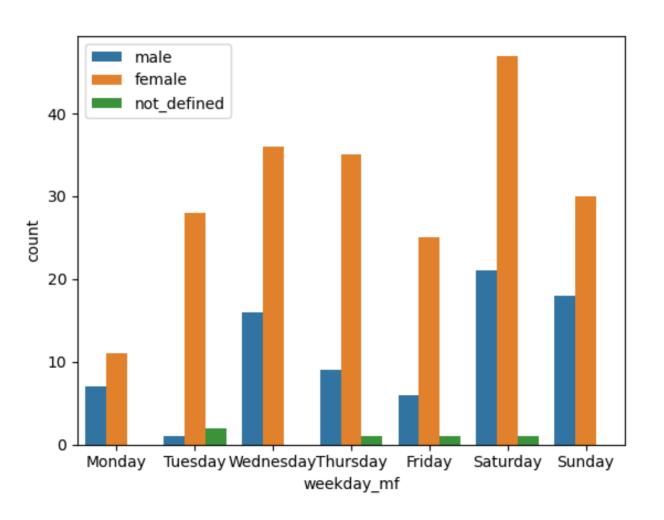
- Windowed Fourier Analysis
- Kalman Filter

Spectrogram



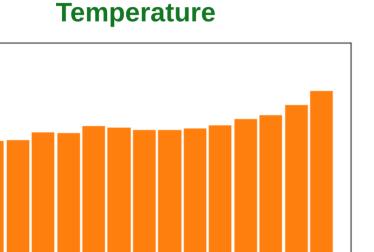


Most frequent day of week for T=7.0 users



Dependency on Weather Data

Normalized Distributions: Fraction of data with headachday = 1



12 15 18 21 24 27 30 33

temperature [°C]

0.30

0.25

0.20

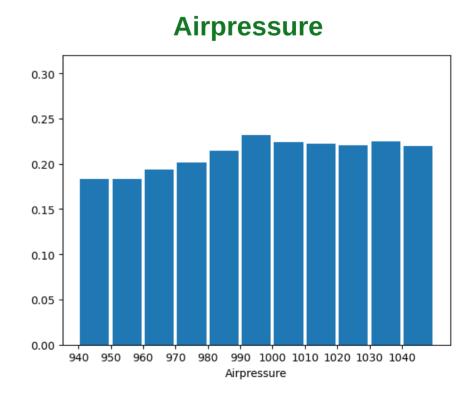
0.15

0.10

0.05

0.00

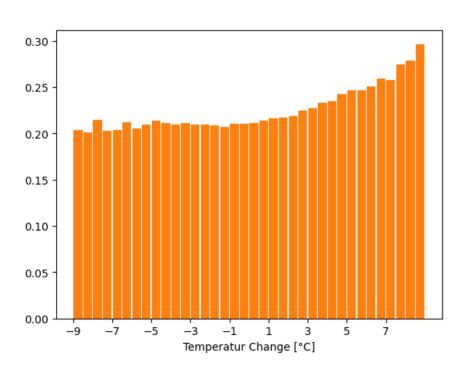
-6 -3 0



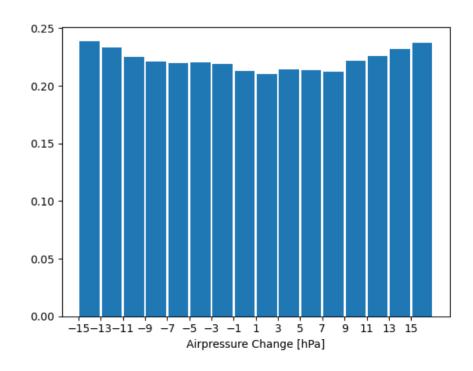
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Temperature Change



Airpressure Change



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user_11.plotspec(T1=4, T2=11) 0.10 0.08

Results

