#### STA 4241 Lecture, Week 2

August 30th, 2021

#### Overview of what we will cover

- Review of linear regression
  - Simple linear regression
  - Multiple linear regression
  - Estimating coefficients
  - Hypothesis testing
  - Removing linearity and additivity assumptions

#### Linear regression

Suppose again that we are interested in the following model:

$$Y = f(X) + \epsilon$$

- Linear regression broadly refers to methods that assume  $f(\cdot)$  to be linear in the predictor X
- It is important to have a strong understanding of linear regression before discussing more complex methods in this course

#### Why linear regression is important

- Many of the more complex methods we will see in this course are extensions of, or are rooted in linear regression
- We can actually create quite flexible models just within the scope of linear regression
- Additionally, the linear model is frequently a good approximation to the true regression function
  - Don't always need the fancier models

#### Why linear regression is important

- Linear regression is also extremely easy to implement
- Very interpretable results
  - Coefficients in the model have a nice interpretation
  - Inference on coefficients is straightforward
  - Easy to tell which predictors are important for predicting the outcome
- Widely studied and very well understood approach

- Let's first discuss linear regression with only one predictor, X
  - Called simple linear regression
- The model is therefore

$$Y = \beta_0 + \beta_1 X + \epsilon$$

- ullet  $\epsilon \sim \mathcal{N}(0, \sigma^2)$  and is assumed independent of X
  - We assume normality throughout, but it is not necessary
- $\bullet$   $\sigma^2$  is commonly called the residual variance of the model

The book sometimes refers to this model as

$$Y \approx \beta_0 + \beta_1 X$$

It is more precise to use the equation on the previous slide or to say

$$E[Y|X] = \beta_0 + \beta_1 X$$

And the residual variance is defined as

$$Var[Y|X] = \sigma^2$$

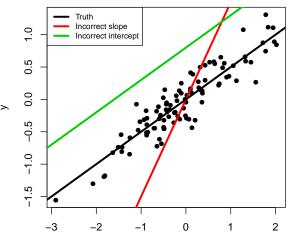
#### Interpretation of parameters

- $\beta_0$  is the expected value of the outcome when X=0
  - Only interpretable when X can reasonably take the value 0
  - For instance, suppose X is BMI, which can never be 0
  - ullet We can always center X to make the intercept interpretable
- ullet  $eta_1$  is the expected change in the outcome for a one unit change in the predictor X

- Once we posit a model, we simply need to estimate the unknown parameters
- We want to find estimates  $\widehat{\beta}_0$  and  $\widehat{\beta}_1$  that fit the data well
- We will use the data given by  $(X_i, Y_i)$  for i = 1, ..., n
- Before going into mathematical details, let's think intuitively what we want the parameter values to be

• We want values  $\widehat{\beta}_0$  and  $\widehat{\beta}_1$  such that  $Y_i - \widehat{\beta}_0 - \widehat{\beta}_1 X_i$  is small

#### Regression fits



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- Define  $e_i = Y_i \widehat{\beta}_0 \widehat{\beta}_1 X_i$  to be the *i*th residual
- We know we want  $e_i$  to be small, but how do we quantify this?
- The least squares criterion is the most common approach
- We want to find  $\beta_0$  and  $\beta_1$  that minimize

$$\sum_{i=1}^{n} (Y_i - \beta_0 - \beta_1 X_i)^2 = \sum_{i=1}^{n} e_i^2 \equiv RSS$$

ullet The least squares estimator is the value  $(\widehat{eta}_0,\widehat{eta}_1)$  that minimizes RSS

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It turns out the least squares solution has a really simple form

$$\widehat{\beta}_1 = \frac{\sum_{i=1}^n (X_i - \overline{X})(Y_i - \overline{Y})}{\sum_{i=1}^n (X_i - \overline{X})^2}$$

$$\widehat{\beta}_0 = \overline{Y} - \widehat{\beta}_1 \overline{X}$$

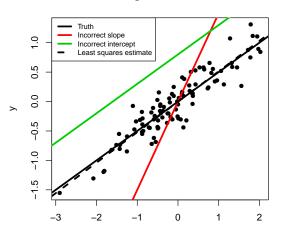
- Where  $\overline{Y} = \frac{1}{n} \sum_{i=1}^{n} Y_i$  and  $\overline{X} = \frac{1}{n} \sum_{i=1}^{n} X_i$
- Least squares isn't the only criterion we could use to find the parameter estimates
- Could alternatively minimize the sum of the absolute residuals

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Focus on least squares for now

 The least squares solution on this example is extremely close to the truth

#### Regression fits



- The true line is called the population regression line
- The difference between the population regression line and the least squares line is due to sampling variability
- The least squares line is an estimate of the true, unknown population line based on a sample of size *n*
- It can be shown that  $E(\widehat{eta}_0)=eta_0$  and  $E(\widehat{eta}_1)=eta_1$ 
  - Unbiased estimator

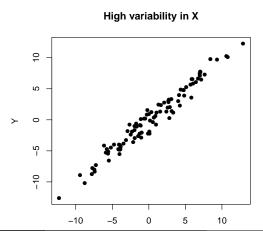
- Another quantity of interest is how close we expect our estimates to be on average from the truth
- Quantify this with the variance of these estimates

$$\operatorname{Var}(\widehat{\beta}_0) = \sigma^2 \left[ \frac{1}{n} + \frac{\overline{X}^2}{\sum_{i=1}^n (X_i - \overline{X})^2} \right]$$
$$\operatorname{Var}(\widehat{\beta}_1) = \frac{\sigma^2}{\sum_{i=1}^n (X_i - \overline{X})^2}$$

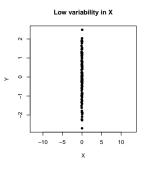
• And the standard errors are simply the square roots of these quantities

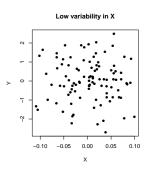
- These standard errors provide some intuition about the estimators
- Both estimators are more efficient (smaller standard errors) when there is more variability in X
  - $\sum_{i=1}^{n} (X_i \overline{X})^2$  is large
- We can see visually why this is the case

- Generate data from a linear regression model with lots of spread in the X variable
- Very easy to see the true line visually



- I generate data from the same regression but I only observe X values in a small range
- Much more difficult to estimate the unknown line





- In practice we don't know these standard errors
  - Residual variance  $\sigma^2$  is not known
- ullet We can estimate the standard errors by plugging in an estimate of  $\sigma^2$

$$\widehat{\sigma}^2 = \frac{\mathsf{RSS}}{\mathsf{n} - 2}$$

ullet Denote these standard error estimates by  $\widehat{\mathsf{SE}}(\widehat{eta}_0)$  and  $\widehat{\mathsf{SE}}(\widehat{eta}_1)$ 

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- Once we have estimates and standard errors for the parameters, we can construct confidence intervals and do hypothesis testing
- A  $100(1-\alpha)\%$  confidence interval for  $\beta_1$  can be constructed as

$$\widehat{\beta}_1 \pm t_{1-\alpha/2,n-2} \widehat{\mathsf{SE}}(\widehat{\beta}_1)$$

- where  $t_{1-\alpha/2,n-2}$  is the  $1-\alpha/2$  quantile of the t-distribution with n-2 degrees of freedom
- When *n* is large (above 30) this is well approximated by a normal distribution
- Same can be done for  $\beta_0$

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- Standard errors also allow us to perform hypothesis tests
- We are typically interested in whether there is any relationship between X and Y
- In our model, this is represented by the following null and alternative hypotheses

$$H_0: \beta_1 = 0$$

versus

$$H_a: \beta_1 \neq 0$$

Don't typically perform hypothesis tests for the intercept

- ullet Our estimate  $\widehat{eta}_1$  will never be exactly zero
- The standard error tells us if the difference is sufficiently far from zero to reject the null hypothesis
- Specifically we use the following statistic

$$t = \frac{\widehat{\beta}_1}{\widehat{\mathsf{SE}}(\widehat{\beta}_1)}$$

Measures the number of standard deviations from zero

- ullet Our goal with testing is to control the type I error at lpha
  - Probability that we reject  $H_0$  under the null is  $\alpha$
- Under  $H_0$  the statistic follows a t-distribution with n-2 degrees of freedom
- The p-value is the probability, under  $H_0$ , of observing a value as large or larger in absolute value than |t|

- We reject  $H_0$  if the p-value is less than  $\alpha$
- Smaller p-values indicate more evidence against the null hypothesis
- While it is important to understand why these hypothesis tests work and how to perform them, R will output all relevant quantities such as the p-value and test statistic for you

- We want to have some measure of how good our model is
  - How well does it fit the observed data
  - How well does it predict new data points
- We will look at two measures of model fit
  - RSE
  - $\bullet R^2$
- These are measures of how well the model fits our observed data
  - Does not measure how well it predicts new data points

The RSE is defined as

$$RSE = \sqrt{\frac{1}{n-2}RSS} = \sqrt{\frac{1}{n-2}\sum_{i=1}^{n}(Y_i - \widehat{Y}_i)^2}$$

where  $\widehat{Y}_i$  is the predicted value from our model

- The RSE is an estimate of the residual standard error in our model
- Smaller values of RSE indicate the predicted values are closer to the truth, and our model fits the data well

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- What is considered a good or low value of RSE depends heavily on the data set and the scale of Y
- ullet  $R^2$  is a measure that always falls between 0 and 1, and is independent of the scale of Y
- The formula for  $R^2$  is

$$R^2 = 1 - \frac{\mathsf{RSS}}{\mathsf{TSS}}$$

where TSS is defined as

$$TSS = \sum_{i=1}^{n} (Y_i - \overline{Y})^2$$

- TSS is a measure of how good our predictions would be if we did not include X
- RSS is necessarily less than TSS, therefore  $R^2 > 0$
- If RSS is very low compared to TSS, that indicates that X greatly improves the predictions in the model
- For simple linear regression,  $R^2 = Cor(X, Y)^2$

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- We must be careful with both of these measures
- These measure how well the model fits the training/observed data
- Does not measure predictive performance on testing/new data
- These measures are susceptible to overfitting
  - Not typically a problem for simple linear regression
  - Becomes a problem with nonlinear terms or many covariates

- Frequently we don't have just one covariate X
- Now suppose we observe  $[X_1, X_2, \dots, X_p]$
- We are interested in fitting a model of the form:

$$E(Y|X_1,\ldots,X_p)=\beta_0+\sum_{j=1}^p\beta_jX_j$$

Sometimes it will be useful to use matrix notation

$$E(Y|X) = X\beta$$

where 
$$X = [1, X_1, ..., X_p]$$

- Why use multiple linear regression and not many simple linear regressions?
- For each covariate, we could fit

$$E(Y|X_j) = \beta_0 + \beta_1 X_j$$

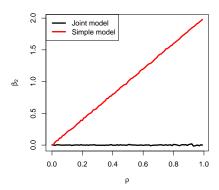
- There are two major problems with this approach
  - How do I use the output from these models to predict Y for a given set of covariates?
  - If the covariates are correlated, individual models can be very misleading

- Suppose we have a simple example with two covariates  $X_1$  and  $X_2$ 
  - Correlation between  $X_1$  and  $X_2$  is  $\rho$
- The true model is

$$E(Y|X_1,X_2) = 5 + 2X_1 + 0X_2$$

- We will fit two models
  - One that includes both covariates
  - One that only includes  $X_2$
- Compare coefficients for the effect of  $X_2$  under different  $\rho$  values

- The joint model correctly estimates a value very close to zero
- ullet The simple model shows a strong association between  $X_2$  and Y



- This example highlights a key difference between marginal correlation and conditional correlation
- $\bullet$   $X_2$  and Y are in fact correlated, marginally
- Correlation is only through  $X_1$
- Once we condition on X<sub>1</sub>, the correlation between X<sub>2</sub> and Y disappears
- The two models inherently answer different questions
  - Usually, the joint model is of more interest

#### Interpretation of parameters

- The parameters in the multiple linear regression parameters have a nice interpretation
- $\beta_1$  can be interpreted as the expected change in the outcome for a one unit change in  $X_1$  if we fix the values of the remaining parameters
  - Conditioning on values of the other covariates
- The intercept is the average value of the outcome if we set all covariates to zero
  - Again only interpretable if zero is a reasonable value for the covariates

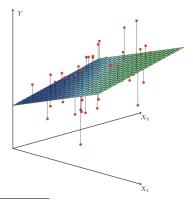
### Estimating coefficients

- Now that we have a model, we need to estimate  $\beta$ , the regression coefficients
- We again take the least squares approach
- We will aim to minimize

$$\sum_{i=1}^{n} (Y_i - \boldsymbol{X}_i \beta)^2 = (\boldsymbol{Y} - \boldsymbol{X} \beta)^T (\boldsymbol{Y} - \boldsymbol{X} \beta)$$

# Estimating coefficients

- Suppose we are interested in an example with only two covariates
- The regression model is now represented by a plane instead of a line
- Minimize squared difference between points and the plane



James, G., Witten, D., Hastie, T., and Tibshirani, R. (2013). An introduction to statistical learning. New York: springer.

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#### Estimating coefficients

• Let's use calculus to show that the least squares estimate is  $\widehat{\boldsymbol{\beta}} = (\boldsymbol{X}^T\boldsymbol{X})^{-1}\boldsymbol{X}^T\boldsymbol{Y}$ 

#### Estimating coefficients

• We can also show that the variance of this estimator is given by  $Var(\widehat{\beta}) = \sigma^2(\boldsymbol{X}^T\boldsymbol{X})^{-1}$ 

- One nice feature of linear regression is that there are many different hypotheses we can easily test
- Suppose we are interested if there is any relationship between the predictors and the outcome
- This corresponds to

$$H_0: \beta_1 = \beta_2 = \cdots = \beta_p = 0$$

versus

 $H_a$ : At least one  $\beta_j$  is nonzero

• The statistic for this test is given by

$$F = \frac{(TSS - RSS)/p}{RSS/(n-p-1)}$$

where TSS = 
$$\sum_{i=1}^{n} (Y_i - \overline{Y})^2$$
  
and RSS =  $\sum_{i=1}^{n} (Y_i - \widehat{Y}_i)^2$ 

ullet Note that for multiple linear regression,  $\widehat{Y}_i = oldsymbol{X}_i \widehat{eta}$ 

The denominator satisfies

$$E[RSS/(n-p-1)] = \sigma^2$$

• Under  $H_0$ , the numerator satisfies

$$E[(TSS - RSS)/p] = \sigma^2$$

 This means that under the null hypothesis, we expect this statistic to be close to 1

Under the alternative, we expect RSS to get smaller and therefore

$$E[(TSS - RSS)/p] > \sigma^2$$

- Large values of the F-statistic therefore provide support against the null hypothesis
- How large the F-statistic needs to be depends on the sample size, but R will output a p-value for you
  - ullet F-statistic follows an F-distribution under  $H_0$

- What if we only want to test whether a subset of the parameters are zero?
- Suppose we are interested in testing

$$H_0: \beta_{j_1} = \cdots = \beta_{j_q} = 0$$

- And the alternative hypothesis is that one of these is nonzero
- We can easily change the F-statistic to account for this

- We simply need to let RSS<sub>0</sub> be the residual sums of squares from the model that includes all covariates except the q covariates of interest
- The statistic then becomes

$$F = \frac{(RSS_0 - RSS)/q}{RSS/(n-p-1)}$$

- We simply changed the null model from being the one with zero covariates to the one that included all covariates except the q of interest
- This statistic will be large if these additional q covariates greatly reduce the residual sums of squares

• Why do we need the F-statistic? Can't we just use the p-values from each individual covariate to determine if any are important?

#### Coefficients:

```
Estimate Std. Error t value Pr(>|t|)
                      0.0764830 -1.819
(Intercept) -0.1391272
                                         0.0708 .
           -0.0046568
                      0.0713657 -0.065 0.9481
x1
x2
           -0.0288001
                      0.0807171 - 0.357 0.7217
           -0.0006744
                      0.0788347
x39
                                 -0.009
                                         0.9932
x40
            0.0466208
                      0.0740701 0.629
                                         0.5300
```

• If any of them are significant, doesn't that imply that we can reject the null hypothesis that all are zero?

- This approach will lead to false discoveries and poor type I error rates
- To see this, I simulated 1000 data sets with p = 40 covariates
- ullet In all data sets, there is no relationship between  $oldsymbol{X}$  and Y
  - True values are  $\beta_1 = \cdots = \beta_p = 0$  and  $H_0$  is true
- ullet Below is the type I error rate if I use 1) the F-statistic and 2) reject if any of the individual p-values are less than lpha

|              | F-test | Individual tests |
|--------------|--------|------------------|
| type-I error | 0.05   | 0.86             |

- The more variables you include, the higher the chance of type-I error when you base the test on the individual p-values
- The F-test accounts for the number of variables and is unaffected
- The individual tests can be fixed by adjusting the cutoff value for the p-value that let's us deem a parameter significant
- If p > n, neither approach works, though we'll discuss that later in class

- As with simple linear regression, we are interested in how well our model fits the data
- $\bullet$  Both  $R^2$  and RSE are applicable to both simple and multiple linear regression assuming minor tweaks to their formulae
- In simple linear regression,  $R^2 = Cor(X, Y)^2$
- Now, we have that  $R^2 = \text{Cor}(Y, \widehat{Y})^2$
- It still has the interpretation of being the percent of variability in Y that is explained by X

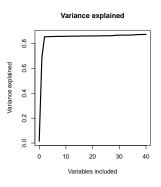
The RSE is defined as

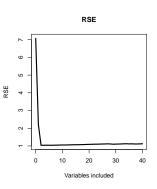
$$RSE = \sqrt{\frac{1}{n-p-1}RSS} = \sqrt{\frac{1}{n-p-1}\sum_{i=1}^{n}(Y_i - \widehat{Y}_i)^2}$$

- The RSE is an estimate of the residual standard deviation in the model.  $\sigma$
- Smaller RSE values are caused by predictions being closer to the true values, meaning that our model fits the observed data well

- As we include more predictors into the model R<sup>2</sup> necessarily goes up
   Even if these predictors are irrelevant
- RSS also necessarily goes down as we include more parameters
- RSE can either go up or down, depending on how much predictors change RSS
- We need to be aware of overfitting when using these as measures of model quality
  - Better to use out of sample or testing data to evaluate model performance

- Suppose true model is  $Y = 2X_1 + X_2 + \epsilon$ , and  $Var(\epsilon) = 1$
- Below is the  $R^2$  and RSE values when we go from including zero variables, to only the first variable, to only the first two variables,...





#### Confidence intervals for predictions

- When making a confidence interval, it is important to be clear about the quantity that you are constructing a confidence interval for
- ullet Once we estimate eta we can construct intervals for various quantities
  - The average outcome for subjects with predictors  $x_{new}$
  - ullet A prediction for a particular subject with predictors  $oldsymbol{x}_{new}$
- The difference between these has to do with reducible versus irreducible error

### Confidence intervals for predictions

• The average outcome for subjects with predictors  $x_{new}$  is given by

$$E(Y|X = x_{new}) = x_{new}\beta$$

ullet A prediction for a particular subject with predictors  $oldsymbol{x}_{new}$  is given by

$$Y_{new} = \mathbf{x}_{new} \boldsymbol{\beta} + \epsilon$$

- ullet No matter how much data we have, we can not reduce  ${\sf Var}(\epsilon) = \sigma^2$
- Confidence intervals for predictions of specific subjects are therefore wider than those for averages

- Many times our predictors include variables that are categorical
- How we include them into the model differs from quantitative variables
- Suppose we have a predictor  $X_j$  that denotes eye color
  - Assume only 3 levels: brown, green, and blue
- ullet We can't simply include  $X_j$  into the model with  $\beta_j X_j$

- We can instead include dummy variables
  - Need 1 less dummy variable than number of categories
- Define

$$I_1 = \begin{cases} 1, & X_j = \text{green} \\ 0, & \text{o/w} \end{cases}$$
  $I_2 = \begin{cases} 1, & X_j = \text{blue} \\ 0, & \text{o/w} \end{cases}$ 

• Then the regression model (if we only have  $X_i$ ) becomes

$$E(Y|X_j) = \beta_0 + \beta_1 I_1 + \beta_2 I_2$$

This implies that

$$E(Y|X_j) = egin{cases} eta_0, & X_j = ext{brown} \ eta_0 + eta_1, & X_j = ext{green} \ eta_0 + eta_2, & X_j = ext{blue} \end{cases}$$

- $oldsymbol{\circ}$   $eta_1$  is interpreted as the average difference in the outcome between green and brown eyed subjects
  - Similar interpretation for  $\beta_2$
- Brown is considered the baseline in the model
  - Choice of baseline does not affect model fit
  - Does change interpretation and magnitude of specific parameters

ullet If we want to test whether  $X_j$  is important, we must test

$$H_0: \beta_1 = \beta_2 = 0$$

- Not common to test only one of these parameters at a time
- One nice feature of categorical covariates is that we don't have to make as many modeling decisions about how to include them in the model
  - Linear or nonlinear terms

# Removing linear model assumptions

- There are two key assumptions that our models so far have generally made
  - Additivity
  - Linearity
- Additivity is the idea that the effect of  $X_j$  on the outcome does not depend on the levels of all other covariates
  - Not realistic in certain settings
- Linearity is simply when we assume the relationship between  $X_j$  and Y is linear
  - Also potentially problematic

### Removing additivity

- In a linear model, the easiest way to remove additivity is through an interaction term
- Suppose we only have two covariates,  $X_1$  and  $X_2$
- The additive linear model assumes

$$E(Y|X_1, X_2) = \beta_0 + \beta_1 X_1 + \beta_2 X_2$$

• Instead we can use the following model:

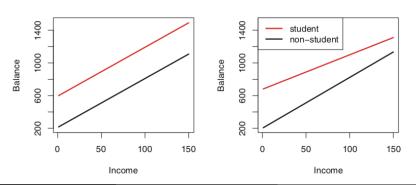
$$E(Y|X_1, X_2) = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \beta_3 X_1 X_2$$

### Removing additivity

- In the first model, a one unit change in  $X_1$  is expected to lead to a change of  $\beta_1$  in the outcome
  - Regardless of the value of  $X_2$
- In the second model, a one unit change in  $X_1$  is expected to lead to a change of  $\beta_1 + \beta_3 X_2$  in the outcome
- ullet The change now depends on  $X_2$

### Removing additivity

- If  $X_2$  is binary, we can easily visualize this change
- The textbook has an example that tries to predict someone's bank balance given their income (quantitative) and student status (binary)
- The left plot is when we assume additivity, and the right plot is when we include an interaction



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### Removing linearity assumption

- What if instead we want to remove the linearity assumption?
- The easiest way is to include polynomial terms for  $X_i$  in the model
- Assume for now, we only have one covariate X
- The linear model assumes

$$E(Y|X) = \beta_0 + \beta_1 X$$

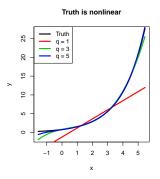
A polynomial model assumes

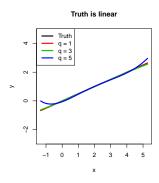
$$E(Y|X) = \beta_0 + \sum_{j=1}^q \beta_j X^j$$

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# Removing linearity assumption

- This allows for a much wider range of relationships between X and Y
- Let's investigate two scenarios and see how polynomial regression fares
  - Linear and nonlinear relationships
  - Vary degree q of the polynomial





# Removing additivity and linearity assumptions

- We see that even in the linear model framework, we can somewhat alleviate problems caused by these two assumptions
- All of the approaches we considered above are still linear models
  - Just with the correct terms included
- Some of the models we will see later in class naturally account for these issues without having to manually specify them
  - Flexible, machine learning approaches

#### Other possible issues with linear models

- There are issues that could break our linear model assumptions
  - Correlated data
  - Non-constant variance
  - Outliers and high-leverage points
- We will not go into these in this class, but know they exist
- These are issues that are covered heavily in linear regression classes
  - Our textbook briefly mentions them and their possible fixes, but does not go into any detail