	Planning Pregnancy Stage	Pregnancy Stage	Preparing for Delivery Stage
Happy			
Neutral			
Unhappy			
Goal	Learn about health risks to make informed pregnancy decisions	Keep up-to-date on health guidance relevant for her pregnancy stage and location	Ensure she understands all critical health risks before her due date.
Actions	<ul> <li>Searches online for pregnancy health information.</li> <li>Signs up for general pregnancy apps and health newsletters</li> </ul>	<ul> <li>Checks pregnancy apps for new alerts and content</li> <li>Searches online if she hears about an outbreak.</li> </ul>	<ul> <li>Research guidance on Zika testing and sexual transmission precautions</li> <li>Asks doctor questions at appointments.</li> </ul>
Thoughts	<ul> <li>Concerned about protecting her future baby's wellbeing</li> <li>Overwhelmed by generic health information</li> <li>Wants guidance specific to her situation</li> </ul>	<ul> <li>Anxious about risks to her baby's health</li> <li>Wants clear, trustworthy guidance on when to take action</li> </ul>	<ul> <li>Nervous about getting so close to delivery and wants to minimize any remaining risks</li> <li>Seeks assurances she has taken all necessary precautions</li> </ul>
Pain-poin	<ul> <li>Unaware of Zika risks and effects</li> <li>Overwhelmed by generic health info</li> <li>Does not know when/ where outbreaks are relevant to her location</li> </ul>	<ul> <li>Gets stressed out by irrelevant generic health alerts</li> <li>Lacks personalized Zika virus alerts based on her location</li> </ul>	Unsure if she has covered all her bases for Zika prevention