	Planning Pregnancy Stage	Pregnancy Stage	Preparing for Delivery Stage
Happy			
Neutral			
Unhappy			
Goal	Learn about health risks to make informed pregnancy decisions	Keep up-to-date on health guidance relevant for her pregnancy stage and location	Ensure she understands all critical health risks before her due date.
Actions	 Searches online for pregnancy health information. Signs up for general pregnancy apps and health newsletters 	 Checks pregnancy apps for new alerts and content Searches online if she hears about an outbreak. 	 Research guidance on Zika testing and sexual transmission precautions Asks doctor questions at appointments.
Thoughts	 Concerned about protecting her future baby's wellbeing Overwhelmed by generic health information Wants guidance specific to her situation 	 Anxious about risks to her baby's health Wants clear, trustworthy guidance on when to take action 	 Nervous about getting so close to delivery and wants to minimize any remaining risks Seeks assurances she has taken all necessary precautions
Pain-point	 Unaware of Zika risks and effects Overwhelmed by generic health info Does not know when/ where outbreaks are relevant to her location 	 Gets stressed out by irrelevant generic health alerts Lacks personalized Zika virus alerts based on her location 	• Unsure if she has covered all her bases for Zika prevention