cubic splines approach with 6 inner knots ts are based on BMI categories [18.5–20,20–25,25–30,30–

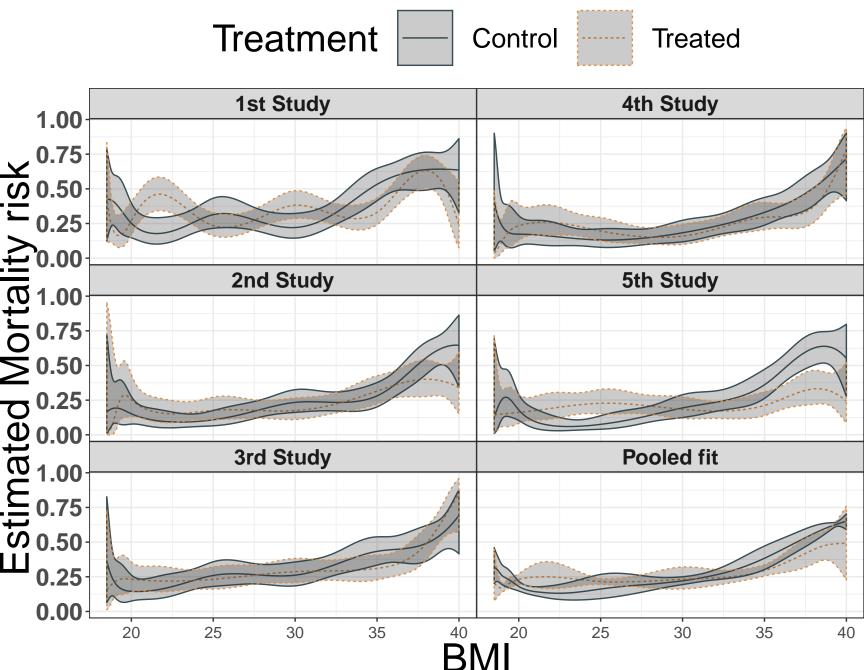


Figure 3.