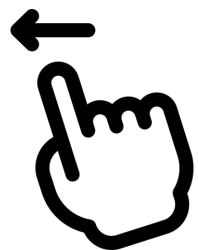




FOREACH

VS

LIST<>.FOREACH

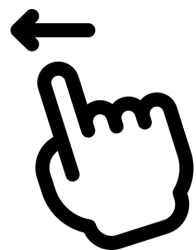




FOREACH

C# keyword that provides a concise way to iterate over a collection of items

```
[Benchmark]
public void Foreach()
{
    int i = 0;
    foreach (var number in numbers)
    {
        i++;
    }
}
```

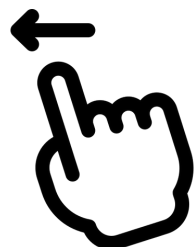




LIST<>.FOREACH

Member of the `List<T>` class in C#, it provides a way to apply a given action to each item in the list

```
[Benchmark]
public void ListForEach()
{
    int i = 0;
    numbers.ForEach(number => {
        i++;
    });
}
```

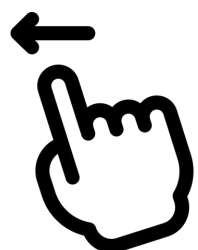




BENCHMARK

According to the result of my benchmark,
using foreach is more efficient.

Method	Mean	Error	StdDev
-----	-----:	-----:	-----:
Foreach	35.78 us	0.702 us	0.689 us
ListForEach	196.87 us	3.465 us	3.072 us

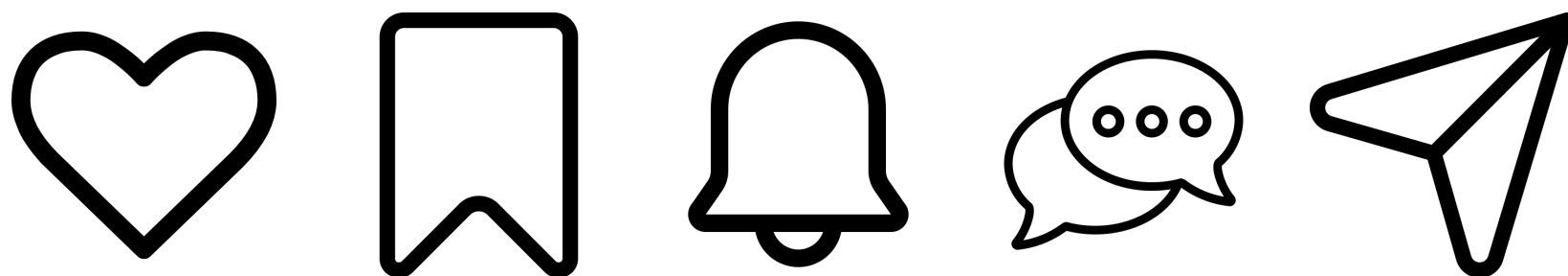


C# Tip



THANKS FOR READING
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