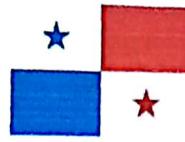




**REPÚBLICA DE PANAMÁ  
REPUBLIC OF PANAMA  
AUTORIDAD MARÍTIMA DE PANAMÁ  
PANAMA MARITIME AUTHORITY**

**CERTIFICADO MÉDICO DE LA GENTE DE MAR  
MEDICAL FITNESS STANDARDS CERTIFICATE FOR SEAFARERS**

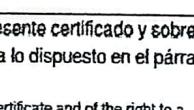


Certificate No.: ALCH-36754-2023

Este certificado se emite en conformidad con las disposiciones de la regla I/9 del Convenio STCW, 1978, enmendado, y la norma A-I/2 del CTM, 2006, enmendado, y certifica que la gente de mar es apta para el servicio en el mar.

This certificate is issued in accordance with the provisions of the regulation V/9 of the 1978 STCW Convention, as amended and the standard A-1/2 of the MLC, 2006, as amended, and certifies that seafarers are fit for sea service.

Apellido: Surname: <b>FAUSAN</b>	Nombre: Given Name(s): <b>ADIP</b>	Cédula / Pasaporte No. Id. Number / Passport No. <b>E 5126493</b>
Fecha de Nacimiento(dd/mm/aaaa); Date of Birth(dd/mm/yyyy) <b>01/04/1991</b>	Nacionalidad: Nationality <b>Indonesia</b>	Sexo: Sex <b>Male</b>

	Yes	No
¿Confirmación de que se examinaron los documentos de identidad en el lugar del examen? Confirmation that identification documents were checked at the point of examination	<input type="checkbox"/>	<input type="checkbox"/>
¿La audición cumple con el estándar? Hearing meets standards?	<input type="checkbox"/>	<input type="checkbox"/>
¿La audición es satisfactoria sin ayuda? Unaided hearing satisfactory?	<input type="checkbox"/>	<input type="checkbox"/>
¿La agudeza visual cumple con el estándar? Visual acuity meets standards?	<input type="checkbox"/>	<input type="checkbox"/>
¿La visión cromática cumple con el estándar? Colour vision meets standards?	<input type="checkbox"/>	<input type="checkbox"/>
Fecha de la última prueba de visión cromática (Año/Mes/Día)? Date of last color vision test	2023-11-20	
¿Apto para cometidos de vigía? Fit for look out duties?	<input type="checkbox"/>	<input type="checkbox"/>
¿Existen limitaciones o restricciones respecto de la aptitud física? Si la respuesta es "sí", dar detalles de las limitaciones o restricciones: Limitations or restrictions on fitness?	<input type="checkbox"/>	<input type="checkbox"/>
¿Está el marino libre de cualquier condición médica que pueda verse agravada por el servicio en el mar o discapacitarle para el desempeño de tal servicio o poner en peligro la salud de otras personas a bordo? Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other persons on board?	<input type="checkbox"/>	<input type="checkbox"/>
<p>Confirmo que he sido informado sobre el contenido del presente certificado y sobre el derecho a solicitar una revisión del dictamen, con arreglo a lo dispuesto en el párrafo 6 de la Sección A-I/9.</p> <p>I hereby confirm that I have been informed about the content of this certificate and of the right to a review in accordance with the paragraph 6 of Section A-I/9.</p> <div style="text-align: right; margin-top: -20px;">  </div>		
Firma de la Gente de Mar Seafarer 's Signature		

Date of Issue 2023-11-22  
Expiration Date: 2025-11-22  
Name of the recognized medical practitioner: Pony Ndaruaji



**Firma y sello del medico  
reconocido/Signature and Stamp of  
the recognized medical practitioner**

**dr. Pony Ndaruaji**

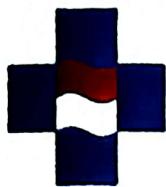
SIP No : 10/B.15A/31.72.04.1005.9 K-3/4/1 779 3/6/2022

 BENTLEY INSTITUTE

1. El original de este certificado deberá estar disponible durante el servicio a bordo./The original of this certificate must be kept available while serving on board ship.
  2. En caso de pérdida de este certificado, el titular deberá notificar a los puertos y a la Autoridad Marítima de Panamá./In case of loss of this certificate, the holder should notify ports and the Panama Maritime Authority.
  3. La autenticidad de este certificado podrá ser verificada contactando a la Autoridad Marítima de Panamá./The authenticity of this certificate can be verified contacting the Panama Maritime Authority.

Reg: 3111100317053064





## MEDICAL EXAMINATION REPORT

COMPANY	: PT. ANDHINI EKAKARYA SEJAHTERA			 <div style="text-align: center;"> <span>INDOSEHAT 2003</span> <span>Clinic &amp; Medical Check-up</span> </div>
MCU NO.	: CLC-00-13-34			
NAME	: ADIP FAUSAN			
SEX	: PRIA/MALE			
PLACE & DATE OF BIRTH	: TEMANGGUNG / 01 April 1991			
MAILING ADDRESS OF EXAMINE	: JL. KOTA BAMBU UTARA RT.005/009 KEL. KOTA BAMBU UTARA PAL MERAH JAKARTA BARAT			
DUTY	: AB	PASSPORT	: E5126493	

MEDICAL HISTORY (EXAMINE PERSONAL DECLARATION)		PHYSICAL EXAMINATION						
Yes / No	1. ALCOHOL HISTORY	HEIGHT	WEIGHT	BMI	BLOOD PRESSURE	PULSE	RESPIRATORY RATE	
	No	167 cm	85 kg	30.50 kg/m <sup>2</sup>	125/75 mmHg	90 X/min	19 X/min	
	No	VISION	WITHOUT	WITH	COLOR VISION (ISIHARA'S METHOD)			
	No	Right Eye	6/6		NORMAL			
	No	Left Eye	6/7,5					
	No	Both Eye	6/7,5		GENERAL APPEARANCE			
	No	LOOKING HEALTHY						
	No	NORMAL						
	No	1. EYES	Yes					
	No	2. EARS	Yes					
	No	3. NOSE	Yes					
	No	4. MOUTH	Yes					
	No	5. THROAT	Yes					
	No	6. NECK	Yes					
	No	7. THROID	Yes					
	No	8. LYMP NODE	Yes					
	No	9. LUNGS	Yes					
	No	10. HEARTS	Yes					
	No	11. ABDOMEN	Yes					
	No	12. UROGENITAL SYSTEM	Yes					
	No	13. UPPER EXTREMITIES	Yes					
	No	14. LOWER EXTREMITIES	Yes					
	No	15. BACK ABNORMALITY	Yes					
	No	16. HERNIA	Yes					
	No	17. CENTRAL NERVOUS SYSTEM	Yes					
	No	18. SKIN & NAILS	Yes					
	No	19. SPEECH	Yes					
	No	20. OTHERS	Yes					
	DENTAL EXAMINATION		HEARING		If abnormal, give details			
	8 7 6 5 4 3 2 1   1 2 3 4 5 6 7 8		NORMAL		REALIAN DOKUMEN INI HUBUNGI TOTOT RUMEKSO HP. 0858 1392 5019			
	8 7 6 5 4 3 2 1   1 2 3 4 5 6 7 8		Right Ear	Yes	NIL			
	• : Filling O : Caries ^ : Root Rest X : Missing V : Prothesa		Left Ear	Yes				





**SURAT KETERANGAN**  
**TO WHOM IT MAY CONCERN**

Dengan ini kami menerangkan bahwa :  
Here with acknowledge that :

**Nama** : ADIP FAUSAN  
**Name**  
**Jenis Kelamin** : PRIA/MALE  
**Gender/Sex**  
**Tempat / Tanggal Lahir** : TEMANGGUNG / APRIL 01, 1991  
**Place / Date Of Birth**  
**Perusahaan** : PT. ANDHINI EKAKARYA SEJAHTERA  
**Company**  
**Jabatan** : AB  
**Occupation**



Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.  
Have truly complete Medical Standart Check-Up in Indosehat 2003 Medical Centre.

**Dengan Hasil** : Sehat untuk Bertugas.  
With Final Result : FIT.

Demikian surat keterangan ini kami sampaikan untuk dapat dipergunakan sebagaimana mestinya.  
I hope this letter will be found useful where necess.



ADIP FAUSAN



Date Of Examination, November 20, 2023  
Expiration Of Validity, November 19, 2025.



**REPORT LABORATORY RESULT**

Company	: PT. ANDHINI EKAKARYA SEJAHTERA	Sex	: Male
Name	: MR. ADIP FAUSAN	No. MR	: 001334
MCU No.	: 014/MCUIS/AES/XI/23	Age	: 32 Years Old
Date Examination	: NOVEMBER 20, 2023		

Laboratory Test	Reference Ranges	Result
<b>HAEMATOLOGY</b>		
Haemoglobin	13.0 – 18.0	gr / dl
White Blood Cell Count	5.0 – 10.0	/ ul
ESR	0 - 15	mm / hour
<b>DIFFERENTIAL COUNT</b>		
Eosinophil	0 - 1	%
Basophil	1 - 3	%
Stab	2 - 6	%
Segment	50 - 70	%
Lymphocyte	20 - 40	%
Monocyt	2 - 8	%
Platelet/ Trombosit	150.000-440.000	
<b>BLOOD CHEMISTRY</b>		
Fasting Blood Sugar	60-110	mg / dl
Blood Sugar 2 PP	60-140	mg / dl
Random Glucose	60 - 180	mg / dl
Cholesterol	< 200	mg / dl
Triglyceride	< 200	mg / dl
SGOT	< 35	U / L
SGPT	< 45	U / L
Creatinin	0,7 - 1,4	mg / dl
Ureum	15 - 45	mg / dl
Fosfatase Alkali	30-120	mg / dl
GGT	< 49	g/ml
BIL TOTAL	0,2-1,0	mg/dl
BIL DIRECT	0,1-1,2	mg/dl



**INDOSEHAT 2003**  
**CLINIC & MEDICAL CHECK-UP**



## **REPORT LABORATORY RESULT**

**Company** : PT. ANDHINI EKAKARYA SEJAHTERA  
**Name** : MR.ADIP FAUSAN **Sex** : Male  
**MCU No.** : 014/MCUIS/AES/XI/23 **No. MR** : 001334  
**Date Examination** : NOVEMBER 20, 2023 **Age** : 32 Years Old

Laboratory Test	Reference Ranges	Result
<b>URINALYSIS</b>		
Macroscopic		
Spesific Gravity	1,010 – 1,030	1005
Albumin	Negative	Negative
Glucose	Negative.	Negative
PH		5
Microscopic		
Sediment		
Epithels / hpf	Positive	Positive
WBC / hpf	1 – 4	0-1
RBC / hpf	1 – 4	0-2
Cast	Negative	Negative
Crystal	Negative	Negative
Bacteria	Negative	Negative
Others	Negative	Negative
<b>SEROLOGY / IMMUNOLOGY</b>		
VDRL	Non Reaktive	Non Reactive
Hbs Ag	Non Reaktive	Non reactive
HIV	Non Reaktive	Non Reactive
 <u>dr. Gunawan Eka Putra, Sp.PK</u> Chief Laboratory		

dr. Gunawan Eka Putra, Sp.PK  
Chief Laboratory

**Website** <https://www.indosehat2003.com>

**Eks. Komp. Gaya Motor**  
**Jl. Isuzu No. 32 RT. 04 RW. 08 Semper Timur,**  
**Cilincing, Jakarta Utara 14130**  
**Telp. (021) 4411281**  
**Email : info@indosehat2003.id**

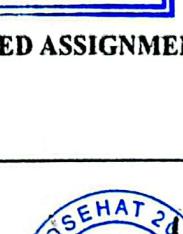


# **INDOSEHAT 2003**

## **CLINIC & MEDICAL CHECK-UP**



 KEMNAKE

LABORATORY FINDING		
<b>BLOOD TEST</b>	<b>URINALYSIS</b>	
<b>HEMATOLOGY</b>		
HB : 16 gr/dl	SPECIFIC GRAFTITY : 1005	
WBC : 10	PROTEIN : Negative	
DIFF COUNT : 1/2/7/66/25/9	GLUCOSE : Negative	
<b>BLOOD CHEMISTRY</b>		
CHOLESTEROL : 179 mg / dl	MICROSCOPIC :	
TRYGLISERIDES : 189 mg / dl	WBC : 0-1 / hpt	
GDS : mg / dl	RBC : 0-2 / hpt	
SGOT : 28 U/L	CAST : Negative	
SGPT : 38 U/L	CRYSTALS : Negative	
Creatinin : 1 mg / dl	BACTERIA : Negative	
<b>SEROLOGY / IMUNOLOGI</b>		
Hbs Ag : Non reaktive		
HIV : Non Reaktiv		
VDRL : Non Reaktiv		
<b>CHEST X-RAY</b>	<b>Report</b>	<b>NORMAL</b>
<b>OTHER DIAGNOSTIC TEST</b>		
ECG : NORMAL		
<b>COMMENT ON MEDICAL HISTORY AND CLINICAL EVALUATION</b>		
The abovenamed person physically :		
<input checked="" type="checkbox"/> FIT <input type="checkbox"/> FIT WITH MINOR CORRECTABLE DEFECT <input type="checkbox"/> HAS MAYOR PHYSICAL DEFECT ; FIT WITH RESTRICTION OF SELECTED ASSIGNMENT <input type="checkbox"/> UNFIT TEMPORARY		
<b>For duties on board ship</b> <b>Doctor's Advice</b>		
<b>HEALTH CERTIFICATE</b> No. : 014/MCUIS/AES/XI/23		
<b>THIS TO CERTIFICATE THAT A MEDICAL EXAMINATION WAS GIVEN TO :</b> <b>MR. ADIP FAUSAN</b> <b>AGE 32 YEARS</b>		
<b>HE IS FOUND TO BE <u>FIT</u> FOR DUTY AS : AB</b> <b>ISSUED AT JAKARTA</b> <b>DATE NOVEMBER 20, 2023</b> <b>VALID UNTIL NOVEMBER 20, 2025</b>		
		
<b>dr. PONY NDARUAJI</b> <b>Chief Physician</b>		

Eks. Komp. Gaya Motor  
Jl. Isuzu No. 32 RT. 04 RW. 08 Semper Timur,  
Cilincing, Jakarta Utara 14130  
Telp. (021) 4411281  
Email : info@indeschat2003.id



## CERTIFICATION DRUGS AND ALCOHOL

MCU. No : 014/MCUIS/AES/XI/23  
Company : PT. ANDHINI EKAKARYA SEJAHTERA  
Date : NOVEMBER 20, 2023

This is to certify that

Name	: MR. ADIP FAUSAN
Sex	: Male
Place/Date Of Birth	: TEMANGGUNG/ APRIL 01, 1991
Age	: 32 Years Old
Rank	: AB

Was examined for the presence of the following drugs and alcohol in the urine using the competitive immunoassay / chromatographic Absorbent method and was found :

1. Amphetamine	: Negative	6.Cocaine	: Negative
2. Methamphetamine	: Negative	7.Marijuana/Cannabinoids	: Negative
3. Opiate/Morphine	: Negative	8.Barbiturate	: Negative
4. Phencyclidine	: Negative	9.Benzodiazepine	: Negative
5. Codeine	: Negative	10.Alcohol	: Negative

Note  
N/E : Not Examine

JAKARTA NOVEMBER 20, 2023



dr. PONY NDARUAJI  
Medical Review Officer



## **DENTAL HEALTH CERTIFICATE**

This is to certify that today I have examined :

Name : MR. ADIP FAUSAN  
Age : 32 Years Old

And was found him / her dentally **FIT**.

Jakarta, NOVEMBER 20, 2023



( \_\_\_\_\_ )

Dentist



## DENTAL CHECK UP REPORT

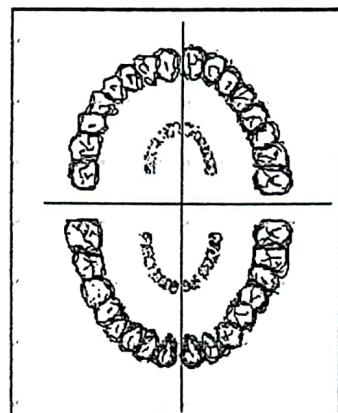
MCU No. : 014/MCUIS/AES/XI/23  
Date : NOVEMBER 20, 2023  
Name of Crew : MR. ADIP FAUSAN  
Age : 32 Years Old

Company/Shiping Co.:

### CHIEF COMPLAINT :

### FINDINGS :

1. Teeth Missing :
2. Carious Teeth :
3. Periodontally involved teeth :
4. Others :



### ADVISED :

Jakarta, NOVEMBER 20, 2023





### Declaration of Anti HIV Test Result

I Declara that Anti HIV Test Result From :

Name : MR. ADIP FAUSAN  
No Client : 001334  
MCU No. : 014/MCUIS/AES/XI/23  
Sex : Male  
Age : 32 Years Old

HIV	Negative
-----	----------

Jakarta, NOVEMBER 20, 2023

Examiner



**dr. PONY NDARUAJI**  
Medical Review Officer

Laboratory Analyst



# KLINIK UTAMA INDOSEHAT 2003 MEDICAL CENTRE

Ex. Komp. Gaya Motor  
Jl. Isuzu No. 32 Semper Timur, Cilincing, Jakarta Utara 14130  
Telp. (021) 4411281 Fax. (021) 4411281 Email : Indosehat2003@hotmail.com

Nama Pasien : MR. ADIP FAUSAN Pengirim : PT. ANDHINI EKAKARYA SEJAHTERA  
Umur / No. Foto : 32 TH / 001334 Rontgen : THORAX AP  
Tanggal Rontgen : NOVEMBER 20, 2023  
Yth. Ts.

## CHEST C-RAY POSTEROANTERIOR PROJECTION :

No sign of heart enlargement  
Normal bronchovascular pattern  
No sign of infiltrate or nodul in both lungs  
Diaphragms are smooth, costophrenic sinuses are sharp  
Bone of costae within normal limit

**Conclusion : No sign of abnormality in chest X-ray**

dr. ROSALINA, Sp. Rad.  
21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020

dr. ROSALINA, Sp. Rad.  
21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020

Radiolog / Assisten : .....

Tanda tangan : .....

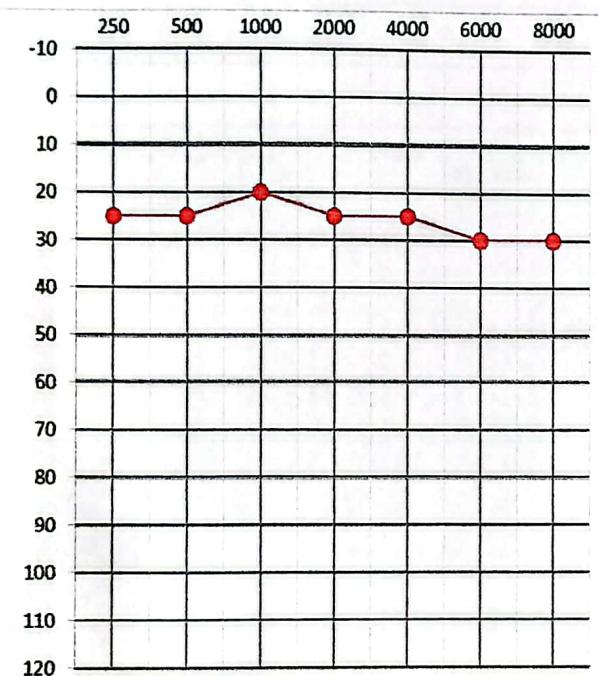
**PATIENT DATA**

<u>Company</u>	:	PT. ANDHINI
<u>Name</u>	:	ADIP FAUSAN
<u>Age</u>	:	32 YO
<u>No</u>	:	00-13-34

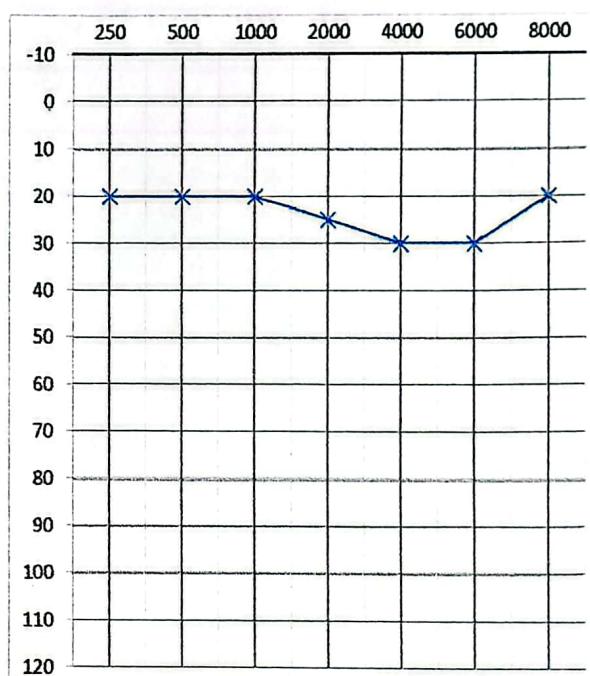
Instrument : Audiometer audiometri

**Tone Audiogram**

**RIGHT - FFI**



**LEFT - FFI**



Right Ear Air Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
25	25	20	25	25	30	30	23,75

Left Ear Air Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
20	20	20	25	30	30	20	23,75

Right Ear Bone Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Left Ear Bone Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Right Ear : Ambang dengar normal 23,75 dB

Left Ear : Ambang dengar normal 23,75 dB

Conclusion : Pendengaran kedua telinga dalam batas normal

dr. KARISMA PRAMESWARI PM, Sp. THT-KL.  
14/B 15B/31 72.04.1005.05.005 C 1/3-1 779 3/e/2021

Examining Physician  
dr Karisma Prameswari Sp.THT-KL

# ELECTROKARDIOGRAM REPORT

25mm/s 0.5-100Hz

10mm/mV

Adip farsan / 32

10mm/mV

10mm/mV

10mm/mV

I  
II  
III

I  
III  
aVL

SYNC II

SYNC aVR

SYNC aVF

SYNC V4

SYNC V5

SYNC V6

HR :  
R-R :  
P-P :  
Q-Tc :  
P/QRS/T :  
RV5/SVT :  
RV5-SVI :

AVR  
AVL  
AVL

V1  
V2  
V3

V4  
V5  
V6

V4  
V5  
V6

**PEMERIKSAAN ELECTROKARDIOGRAM  
MEDICAL CHECK UP**

NO. MCU : 00 . 13 . 34

TANGGAL PERIKSA : 20 / 11 / 23

NAMA : ADIP FAUSAN

UMUR : 32 thn

PERUSAHAAN : PT. ANDHINI EXAKARVA SEJAHTERAH

KESIMPULAN : Sinus 100 x / min<sup>t</sup>

Normal



dr. ISMUGI SpJP, FIHA  
CARDIOLOGIST