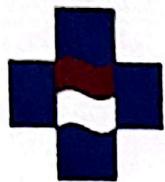


### MEDICAL EXAMINATION REPORT

COMPANY	: PT. ADNYANA	 	
MCU NO.	: CLC-00-95-48		
NAME	: ALI IQBAL		
SEX	: PRIA/MALE		DATE EXAMINE : 09 Dec 2024
PLACE & DATE OF BIRTH	: BALIKPAPAN / 21 April 1996		NATIONALITY : INDONESIA
MAILING ADDRESS OF EXAMINE	: JL KAVLING PRAJA NO 48 RT. 007/000 KEL SEPINGGAN BARU KEC BALIKPAPAN SELATAN		
DUTY	: FITTER	PASSPORT : -	

MEDICAL HISTORY (EXAMINE PERSONAL DECLARATION)		PHYSICAL EXAMINATION					
	Yes / No	HEIGHT	WEIGHT	BMI	BLOOD PRESSURE	PULSE REGULAR	RESPIRATORY RATE
1. ALCOHOL HISTORY	No	171 cm	55 kg	18.80 kg/m <sup>2</sup>	115/72 mmHg	66 X/min	18 X/min
2. ALLERGIC HISTORY	No				<b>COLOR VISION (ISIHARA'S METHOD)</b>  Right Eye      6/6 Left Eye        6/6 Both Eye       6/6		
3. AMPUTATION	No						
4. BLOOD DISORDER	No						
5. BALANCE PROBLEM	No				<b>GENERAL APPEARANCE</b>  LOOKING HEALTHY		
6. BACK OR JOINT PROBLEM	No						
7. COLOUR BLINDNESS	No						
8. CANCER	No				<b>NORMAL</b>		
9. DIABETES	No						
10. DIGESTIVE DISORDER	No						
11. DEPRESSION	No				<b>NORMAL</b>		
12. EPILEPSY	No						
13. EYE / VISION PROBLEM	No						
14. EAR PROBLEM	No				<b>1. EYES</b> 2. EARS 3. NOSE 4. MOUTH 5. THROAT 6. NECK 7. THROID 8. LYMP NODE 9. LUNGS 10. HEARTS 11. ABDOMEN 12. UROGENITAL SYSTEM 13. UPPER EXTREMITIES 14. LOWER EXTREMITIES 15. BACK ABNORMALITY 16. HERNIA 17. CENTRAL NERVOUS SYSTEM 18. SKIN & NAILS 19. SPEECH 20. OTHERS		
15. FRACTURE	No						
16. GENITAL DISORDER	No						
17. HEART SURGERY	No						
18. HEART DISEASE	No						
19. HIGH BLOOD PRESSURE	No						
20. HERNIA	No						
21. INFECTIOUS DISEASE	No						
22. KIDNEY PROBLEM	No						
23. LUNG DISEASE	No						
24. LIVER PROBLEM	No						
25. LOST OF MEMORY	No						
26. NARCOTIC HISTORY	No						
27. NEUROLOGICAL DISEASE	No						
28. OPERATION / SURGERY	No						
29. PSYCHIATRIC PROBLEM	No						
30. RESTRICTED MOBILITY	No						
31. SKIN PROBLEM	No						
32. SLEEP PROBLEM	No						
33. THYROID PROBLEM	No						
34. TUBERCULOSIS	No						
35. SMOKING	No						
DENTAL EXAMINATION		HEARING		<b>If abnormal, give details DOKUMENINI HUBUNGI</b> <b>TOTOT RUMEKSO</b> <b>HP. 0858 1392 5019</b>			
8 7 6 5 4 3 2 1   1 2 3 4 5 6 7 8 8 7 6 5 4 3 2 1   1 2 3 4 5 6 7 8 • : Filling   O : Caries   ^ : Root Rest x : Missing   V : Prothesia		NORMAL Right Ear      Yes Left Ear       Yes		NIL			





**INDOSEHAT 2003**  
CLINIC & MEDICAL CHECK-UP



**SURAT KETERANGAN**  
**TO WHOM IT MAY CONCERN**

Dengan ini kami menerangkan bahwa :  
Here with acknowledge that :

**Nama** : ALI IQBAL  
**Name**  
**Jenis Kelamin** : PRIA/MALE  
**Gender/Sex**  
**Tempat / Tanggal Lahir** : BALIKPAPAN / APRIL 21, 1996  
**Place / Date Of Birth**  
**Perusahaan** : PT. ADNYANA  
**Company**  
**Jabatan** : FITTER  
**Occupation**

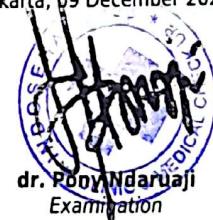


**Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.**  
Have truly complete Medical Standart Check-Up in Indosehat 2003 Medical Centre.

**Dengan Hasil : Sehat untuk Bertugas.**  
With Final Result : FIT.

**Demikian surat keterangan ini kami sampaikan untuk dapat dipergunakan sebagaimana mestinya.**  
I hope this letter will be found useful where necess.

Jakarta, 09 December 2024



ALI IQBAL

Date Of Examination, December 09, 2024  
Expiration Of Validity, December 08, 2026

Website <https://www.indosehat2003.com>

Eks. Komp. Gaya Motor  
Jl. Isuzu No. 32 RT. 04 RW. 08 Semper Timur,  
Cilincing, Jakarta Utara 14130  
Telp. (021) 4411281  
Email : [info@indosehat2003.id](mailto:info@indosehat2003.id)



### REPORT LABORATORY RESULT

<b>Company</b>	: PT. ADNYANA	<b>Sex</b>	: Male
<b>Name</b>	: MR. ALI IQBAL	<b>No. MR</b>	: 009548
<b>MCU No.</b>	: 016/MCUIS/AL/XII/24	<b>Age</b>	: 28 Years Old
<b>Date Examination</b>	: DECEMBER 16, 2024		

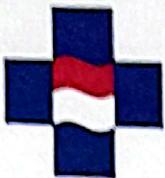
Laboratory Test	Reference Ranges	Result
-----------------	------------------	--------

**HAEMATOLOGY**

Haemoglobin	13.0 – 17.3	gr / dl	15,1
White Blood Cell Count	5.0 – 10.0	/ ul	7,1
ESR	< 15	mm / hour	7
<b>DIFFERENTIAL COUNT</b>			
Basophil	0 – 1	%	0
Eosinophil	1 – 3	%	2
Stab	2 – 6	%	3
Segment	50 – 70	%	57
Lymphocyte	20 – 40	%	33
Monocyt	2 – 8	%	5
Trombosit	150-400	ul	214

**BLOOD CHEMISTRY**

Fasting Blood Sugar	70-110	mg/dl	85
Blood Sugar 2 PP	70-140	mg/ dl	103
Random Glucose	70 – 180	mg / dl	
Cholesterol	< 200	mg / dl	177
Triglyceride	< 200	mg / dl	136
SGOT	< 42	U / L	23
SGPT	< 47	U / L	36
Creatinin	0,7 – 1,4	mg / dl	0,9
Asam Urat	2,3 – 8,2	mg / dl	5,5
Ureum	10 – 50	mg / dl	25



### REPORT LABORATORY RESULT

<b>COMPANY</b>	: PT. ADNYANA
<b>Name</b>	: MR. ALI IQBAL
<b>MCU No.</b>	: 016/MCUIS/AL/XII/24
<b>Date Examination</b>	: DECEMBER 16, 2024
	Sex : Male
	No. MR : 009548
	Age : 28 Years Old

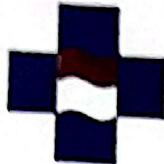
Laboratory Test	Reference Ranges	Result
<b>URINALYSIS</b>		
Macroscopic		
Spesific Gravity	1,000 – 1,030	1030
Albumin	Negative	Negative
Glucose	Negative	Negative
PH	6	6
Microscopic		
Sediment		
Epithels / hpf	Positive	Positive
WBC / hpf	0 – 5	0-1
RBC / hpf	0 – 5	0-2
Cast	Negative	Negative
Crystal	Negative	Negative
Bacteria	Negative	Negative
Others	Negative	Negative
<b>SEROLOGY / IMMUNOLOGY</b>		
VDRL	Non Reaktive	Non Reactive
Hbs Ag	Non Reaktive	Non reaktive
 <u>dr. Gunawan Eka Putra, Sp.PK</u> Chief Laboratory		



LABORATORY FINDING			
<b>BLOOD TEST</b>		<b>URINALYSIS</b>	
<b><u>HEMATOLOGY</u></b>		<b>SPECIFIC GRAFTY : 1030</b>	
HB	: 15,1 gr/dl	PROTEIN	: Negative
WBC	: 7,1 / ul	GLUCOSE	: Negative
ESR	: 7 mm/hour	PH	: 6
PLATELET	: 214 thsn/ul		
DIFF COUNT	: 0/2/3/57/33/5		
<b><u>BLOOD CHEMISTRY</u></b>		<b>MICROSCOPIC :</b>	
CHOLESTEROL	: 177 mg / dl	WBC	: 0-1 / hpt
TRYGLISERIDES	: 136 mg / dl	RBC	: 0-2 / hpt
GDS	: mg / dl	CAST	: Negative
SGOT	: 23 U/L	CRYSTALS	: Negative
SGPT	: 36 U/L	BACTERIA	: Negative
Creatinin	: 0,9 mg / dl		
Asam Urat	: 5,5 mg / dl		
<b><u>SEROLOGY / IMUNOLOGI</u></b>			
Hbs Ag	: Non reaktive		
VDRL	: Non Reaktiv		
HIV	:		
<b>CHEST X-RAY</b>	<b>Report</b>	<b>NORMAL</b>	
<b><u>OTHER DIAGNOSTIC TEST</u></b>			
ECG	: NORMAL		
<b>COMMENT ON MEDICAL HISTORY AND CLINICAL EVALUATION</b>			
The abovenamed person physically :			
<input checked="" type="checkbox"/> FIT <input type="checkbox"/> FIT WITH MINOR CORRECTABLE DEFECT <input type="checkbox"/> HAS MAYOR PHYSICAL DEFECT ; FIT WITH RESTRICTION OF SELECTED ASSIGNMENT <input type="checkbox"/> UNFIT TEMPORARY			
<b>FIT TO BE DUTY ON BOARD SHIP</b>			
For duties on board ship Doctor's Advice			
<b>HEALTH CERTIFICATE</b> No. : 016/MCUIS/AL/XII/24			
THIS TO CERTIFICATE THAT A MEDICAL EXAMINATION WAS GIVEN TO : <b>MR. ALI IQBAL</b> AGE 28 YEARS			
<b>HE IS FOUND TO BE FIT FOR DUTY AS : FITTER</b> ISSUED AT JAKARTA DATE DECEMBER 16, 2024 VALID UNTIL DECEMBER 15, 2026			
 <b>dr. PONY NDARUAJI</b> Chief Physician			

Website <https://www.indosehat2003.com>

Eks. Komp. Gaya Motor  
Jl. Isuzu No. 32 RT. 04 RW. 08 Semper Timur,  
Cilincing, Jakarta Utara 14130  
Telp. (021) 4411281  
Email : info@indosehat2003.id



## **SURAT KETERANGAN**

TO WHOM IT MAY CONCERN

Dengan ini kami menerangkan bahwa

Here with acknowledge that :

Nama : MR. ALI IQBAL  
*Name*

Jenis Kelamin : Male  
*Sex*

Tempat/tanggal lahir : BALIKPAPAN/ APRIL 21, 1996  
*Place & Date of Birth*

Perusahaan : PT. ADNYANA  
*Company*

Jabatan : FITTER  
*Occupation*

Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.

*Have trully complete Medical Standard Check-Up in Indosehat 2003 Medical Centre.*

Berdasarkan hasil pemeriksaan sebagaimana tersebut pada resume hasil pemeriksaan kesehatan RM No.009548 Tanggal DECEMBER 16, 2024 yang merupakan bagian dari surat keterangan ini, sesuai standart / tatacara pengujian dan penilaian tingkat kesehatan bagi pelaut sesuai dengan ketentuan peraturan I / 9 STCW 2010,maka yang bersangkutan saat ini kami nyatakan :

*Based on the results of the examination as mentioned in the resume of medical examination RM NO. 009548 Dated DECEMBER 16, 2024 which is part of this certificate, in accordance with the medical standards for seafarers as the provisions of regulation : I / 9 STCW 2010, it is concerned at this time we stated :*

Dengan hasil : Sehat untuk Bertugas.

*With final result : FIT*

Demikian surat keterangan ini kami sampaikan untuk dapat dipergunakan sebagaimana mestinya.

*I hope this letter will be found useful where necess*

JAKARTA / DECEMBER 16, 2024



Date Of Examination, DECEMBER 16, 2024

Expiration Of Validity, DECEMBER 15, 2026



dr. PONYNDARUAJI  
Examination



# KLINIK UTAMA INDOSEHAT 2003 MEDICAL CENTRE

Ex. Komp. Gaya Motor  
Jl. Isuzu No. 32 Semper Timur, Cilincing, Jakarta Utara 14130  
Telp. (021) 4411281 Fax. (021) 4411281 Email : indosehat2003@hotmail.com

Nama Pasien : MR. ALI IQBAL Pengirim : PT. ADNYANA  
Umur / No. Foto : 28 TH / 009548 Rontgen : THORAX AP  
Tanggal Rontgen : DECEMBER 16, 2024  
Yth. Ts.

## CHEST C-RAY POSTEROANTERIOR PROJECTION :

No sign of heart enlargement  
Normal bronchovascular pattern  
No sign of infiltrate or nodul in both lungs  
Diaphragms are smooth, costophrenic sinuses are sharp  
Bone of costae within normal limit

**Conclusion : No sign of abnormality in chest X-ray**

dr. ROSALINA, Sp. Rad.  
21/B.15b/31.72.04.1005.05.005.C.1/3-1.779.3/e/2020

dr. ROSALINA, Sp. Rad.  
21/B.15b/31.72.04.1005.05.005.C.1/3-1.779.3/e/2020

Radiolog / Assisten : ..... Tanda tangan : .....



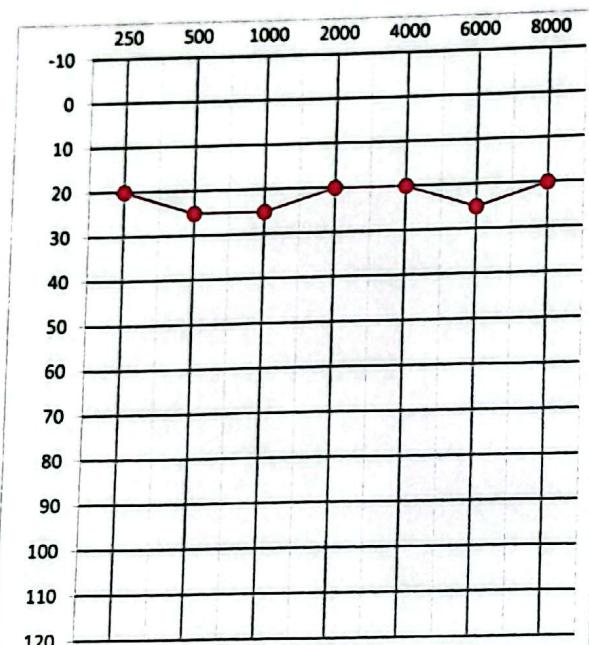
**PATIENT DATA**

**Company** : ADNYANA  
**Name** : ALI IQBAL  
**Age** : 28 YO  
**No** : 00-95-48

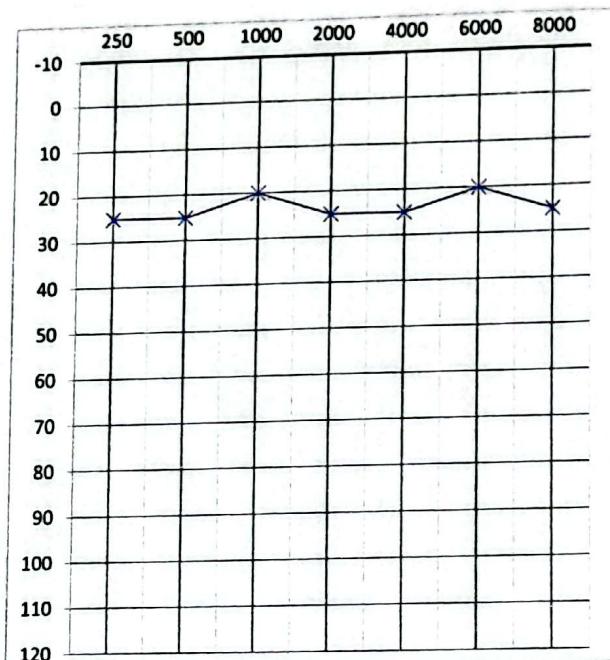
Instrument : Audiometer audiometri

Tone Audiogram

**RIGHT - FFI**



**LEFT - FFI**



Right Ear Air Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
20	25	25	20	20	25	20	22,5

Left Ear Air Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
25	25	20	25	25	20	25	23,75

Right Ear Bone Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Left Ear Bone Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Right Ear : Ambang dengar normal 22,5 dB

Left Ear : Ambang dengar normal 23,75 dB

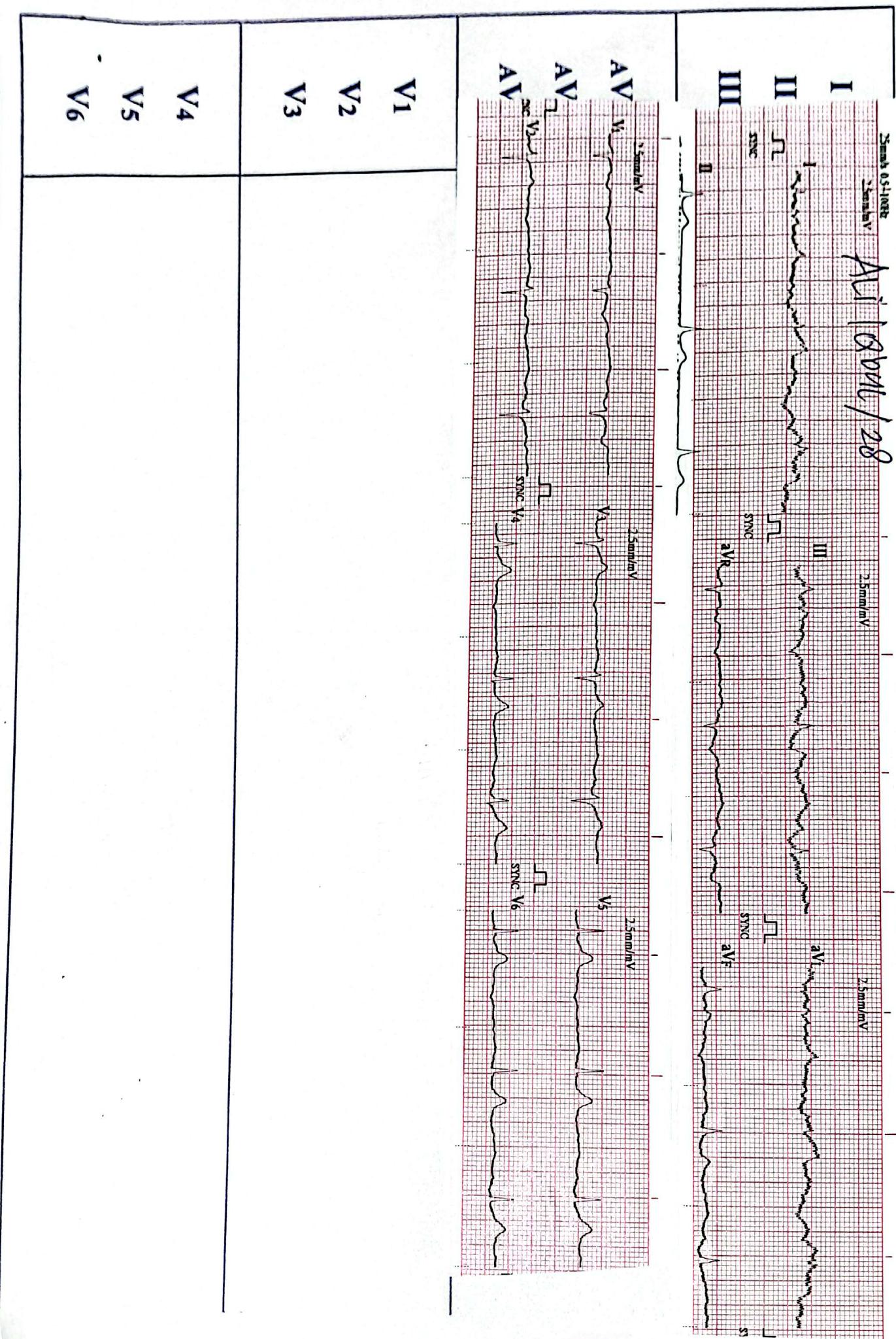
Conclusion : Pendengaran kedua telinga dalam batas normal

dr. KARISMA PRAMESWARI PM, Sp. THT-KL.  
14/B.15B/J112.04.1005.05.003.C.1/3/-1.7/3.3/e/2/Q1

Examining Phycisian

dr Karisma Prameswari Sp.THT-KL

# ELECTROKARDIOGRAM REPORT



**PEMERIKSAAN ELECTROKARDIOGRAM  
MEDICAL CHECK UP**

NO. MCU	: 009548
TANGGAL PERIKSA	: 14-12-2014
NAMA	: Ali Umar
UMUR	: 28 thn.
PERUSAHAAN	: Adiwerna
KESIMPULAN	: Sinus 53 x/mnt Bradikardi, DBN

PERIKSA Dr. Ismugi, Sp.JP, FIHA

dr. ISMUGI SpJP, FIHA  
CARDIOLOGIST