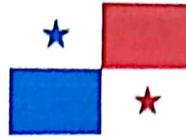




REPÚBLICA DE PANAMÁ  
REPUBLIC OF PANAMA  
AUTORIDAD MARÍTIMA DE PANAMÁ  
PANAMA MARITIME AUTHORITY  
CERTIFICADO MÉDICO DE LA GENTE DE MAR  
MEDICAL FITNESS STANDARDS CERTIFICATE FOR SEAFARERS



Certificate No.: ALCH-46100-2024

Este certificado se emite en conformidad con las disposiciones de la regla I/9 del Convenio STCW, 1978, enmendado, y la norma A-I/2 del CTM, 2006, enmendado, y certifica que la gente de mar es apta para el servicio en el mar.

This certificate is issued in accordance with the provisions of the regulation I/9 of the 1978 STCW Convention, as amended and the standard A-I/2 of the MLC, 2006, as amended, and certifies that seafarers are fit for sea service.

Apellido Surname: <b>ARIFIN</b>	Nombre Given Name(s): <b>SAMSUL</b>	Cédula / Pasaporte No. Id. Number/Passport No. <b>E 7209291</b>
Fecha de Nacimiento(dd/mm/aaaa): Date of Birth(dd/mm/yyyy) <b>13/01/1978</b>	Nacionalidad: Nationality <b>Indonesia</b>	Sexo: Sex <b>Male</b>
Yes      No		
¿Confirmación de que se examinaron los documentos de identidad en el lugar del examen? Confirmation that identification documents were checked at the point of examination		
<input checked="" type="checkbox"/> <input type="checkbox"/>		
¿La audición cumple con el estándar? Hearing meets standards?		
<input checked="" type="checkbox"/> <input type="checkbox"/>		
¿La audición es satisfactoria sin ayuda? Unaidsed hearing satisfactory?		
<input checked="" type="checkbox"/> <input type="checkbox"/>		
¿La agudeza visual cumple con el estándar? Visual acuity meets standards?		
<input checked="" type="checkbox"/> <input type="checkbox"/>		
¿La visión cromática cumple con el estándar? Colour vision meets standards?		
2024-05-28 Date of last color vision test		
¿Apto para cometidos de vigía? Fit for look out duties?		
<input checked="" type="checkbox"/> <input type="checkbox"/>		
¿Existen limitaciones o restricciones respecto de la aptitud física? Si la respuesta es "sí", dar detalles de las limitaciones o restricciones: Limitations or restrictions on fitness?		
<input type="checkbox"/> <input checked="" type="checkbox"/>		
¿Está el marino libre de cualquier condición médica que pueda verse agravada por el servicio en el mar o discapacitarle para el desempeño de tal servicio o poner en peligro la salud de otras personas a bordo? Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other persons on board?		
<p>Confirmo que he sido informado sobre el contenido del presente certificado y sobre el derecho a solicitar una revisión del dictamen, con arreglo a lo dispuesto en el párrafo 6 de la Sección A-I/9. I hereby confirm that I have been informed about the content of this certificate and of the right to a review in accordance with the paragraph 6 of Section A-I/9.</p> <p style="text-align: right;">Firma de la Gente de Mar Seafarer 's Signature</p>		

Date of Issue Expiration Date: Name of the recognized medical practitioner:	2024-05-31 2026-05-31 Pony Ndaruaji		Firma y sello del medico reconocido/Signature and Stamp of the recognized medical practitioner <b>dr. Pony Ndaruaji</b> SIP No : 10B.15A/31.72.04.1005.9-K-34-1.779.3/e/2022
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Reg: 3111100317053064

- El original de este certificado deberá estar disponible durante el servicio a bordo./The original of this certificate must be kept available while serving on board ship.
- En caso de pérdida de este certificado, el titular deberá notificar a los puertos y a la Autoridad Marítima de Panamá./In case of loss of this certificate, the holder should notify ports and the Panama Maritime Authority.
- La autenticidad de este certificado puede ser verificada contactando a la Autoridad Marítima de Panamá./The authenticity of this certificate can be verified contacting the Panama Maritime Authority.



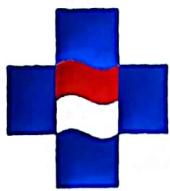


## MEDICAL EXAMINATION REPORT

COMPANY	: PT. ANDHINI EKAKARYA SEJAHTERA		 <small>IT 200</small>	
MCU NO.	: CLC-00-50-93			
NAME	: SAMSUL ARIFIN			
SEX	: PRIA/MALE			DATE EXAMINE : 28 May 2024
PLACE & DATE OF BIRTH	: BANGKALAN / 13 January 1978			NATIONALITY : INDONESIA
MAILING ADDRESS OF EXAMINE	: DSN BALAI RT. 001/001 KEL. TAJUNGAN KEC. KAMAL BANGKALAN			
DUTY	: AB		PASSPORT : E 7209291	

MEDICAL HISTORY (EXAMINE PERSONAL DECLARATION)		PHYSICAL EXAMINATION						
Yes / No	1. ALCOHOL HISTORY	HEIGHT	WEIGHT	BMI	BLOOD PRESSURE	MEDICAL PULSE	RESPIRATORY RATE	
	No	160 cm	65 kg	23.50 kg/m <sup>2</sup>	122/83 mmHg	REGULAR	18 X/min	
	No	VISION	WITHOUT	WITH	COLOR VISION (ISIHARA'S METHOD)			
No	Right Eye	6/6		NORMAL				
No	Left Eye	6/6						
No	Both Eye	6/6						
No	GENERAL APPEARANCE							
No	LOOKING HEALTHY							
No	NORMAL							
No	1. EYES	Yes						
No	2. EARS	Yes						
No	3. NOSE	Yes						
No	4. MOUTH	Yes						
No	5. THROAT	Yes						
No	6. NECK	Yes						
No	7. THROID	Yes						
No	8. LYMP NODE	Yes						
No	9. LUNGS	Yes						
No	10. HEARTS	Yes						
No	11. ABDOMEN	Yes						
No	12. UROGENITAL SYSTEM	Yes						
No	13. UPPER EXTREMITIES	Yes						
No	14. LOWER EXTREMITIES	Yes						
No	15. BACK ABNORMALITY	Yes						
No	16. HERNIA	Yes						
No	17. CENTRAL NERVOUS SYSTEM	Yes						
No	18. SKIN & NAILS	Yes						
No	19. SPEECH	Yes						
No	20. OTHERS	Yes						
DENTAL EXAMINATION		HEARING	If abnormal, give details HUBUNGI TOTOT RUMEKSO HP. 0858 1392 5019					
8 7 6 5 4 3 2 1   1 2 3 4 5 6 7 8 8 7 6 5 4 3 2 1   1 2 3 4 5 6 7 8 • : Filling O : Caries ^ : Root Rest x : Missing V : Prothesia		NORMAL Right Ear Yes Left Ear Yes	NIL					





**INDOSEHAT 2003**  
CLINIC & MEDICAL CHECK-UP



**SURAT KETERANGAN**  
**TO WHOM IT MAY CONCERN**

**Dengan ini kami menerangkan bahwa :**  
Here with acknowledge that :

**Nama** : SAMSUL ARIFIN  
**Name**  
**Jenis Kelamin** : PRIA/MALE  
**Gender/Sex**  
**Tempat / Tanggal Lahir** : BANGKALAN / JANUARY 13, 1978  
**Place / Date Of Birth**  
**Perusahaan** : PT. ANDHINI EKAKARYA SEJAHTERA  
**Company**  
**Jabatan** : AB  
**Occupation**



**Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.**  
Have truly complete Medical Standart Check-Up in Indosehat 2003 Medical Centre.

**Dengan Hasil : Sehat untuk Bertugas.**  
With Final Result : FIT.

**Demikian surat keterangan ini kami sampaikan untuk dapat dipergunakan sebagaimana mestinya.**  
I hope this letter will be found useful where necess.

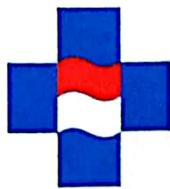


SAMSUL ARIFIN



dr. Pony Ndaluaji  
Examination

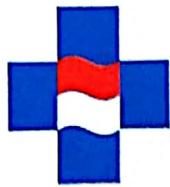
**Date Of Examination, May 28, 2024**  
**Expiration Of Validity, May 28, 2026**



### REPORT LABORATORY RESULT

<b>Company</b>	: PT. ANDHINI EKAKARYA SEJAHTERA	<b>Sex</b>	: Male
<b>Name</b>	: MR.SAMSUL ARIFIN	<b>No. MR</b>	: 005093
<b>MCU No.</b>	: 041/MCUI5/AES/V/24	<b>Age</b>	: 46 Years Old
<b>Date Examination</b>	: MAY 28, 2024		

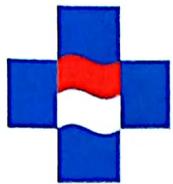
Laboratory Test	Reference Ranges	Result
<b>HAEMATOLOGY</b>		
Haemoglobin	13.0 – 18.0	gr / dl
White Blood Cell Count	5.0 – 10.0	/ ul
ESR	0 - 15	mm / hour
<b>DIFFERENTIAL COUNT</b>		
Eosinophil	0 - 1	%
Basophil	1 - 3	%
Stab	2 - 6	%
Segment	50 - 70	%
Lymphocyte	20 - 40	%
Monocyt	2 - 8	%
Platelet/ Trombosit	150.000-440 .000	172
<b>BLOOD CHEMISTRY</b>		
Fasting Blood Sugar	60-110	mg / dl
Blood Sugar 2 PP	60-140	mg/ dl
Random Glucose	60 – 180	mg / dl
Cholesterol	< 200	mg / dl
Triglyseride	< 200	mg / dl
SGOT	< 35	U / L
SGPT	< 45	U / L
Creatinin	0,7 – 1,4	mg / dl
Ureum	15 – 45	mg / dl
Fosfatase Alkali	30-120	mg/ dl
GGT	< 49	g/ml
BIL TOTAL	0,2-1,0	mg/dl
BIL DIRECT	0,1-1,2	mg/dl



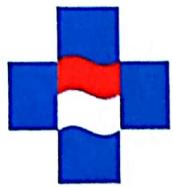
### REPORT LABORATORY RESULT

<b>Company</b>	: PT. ANDHINI EKAKARYA SEJAHTERA		
<b>Name</b>	: MR.SAMSUL ARIFIN	<b>Sex</b>	: Male
<b>MCU No.</b>	: 041/MCUIS/AES/V/24	<b>No. MR</b>	: 005093
<b>Date Examination</b>	: MAY 28, 2024	<b>Age</b>	: 46 Years Old

Laboratory Test	Reference Ranges	Result
<b>URINALYSIS</b>		
Macroscopic		
Spesific Gravity	1,010 – 1,030	1015
Albumin	Negative	Negative
Glucose	Negative	Negative
PH	6	6
Microscopic		
Sediment		
Epithels / hpf	Positive	Positive
WBC / hpf	1 – 4	0-1
RBC / hpf	1 – 4	0-2
Cast	Negative	Negative
Crystal	Negative	Negative
Bacteria	Negative	Negative
Others	Negative	Negative
<b>SEROLOGY / IMMUNOLOGY</b>		
VDRL	Non Reaktive	Non Reactive
Hbs Ag	Non Reaktive	Non reaktive
HIV	Non Reaktive	Non reaktiv
 <b>dr. Gunawan Eka Putra. Sp.PK</b> Chief Laboratory		



LABORATORY FINDING		
BLOOD TEST	URINALYSIS	
<b>HEMATOLOGY</b>		
HB : 17 gr/dl	SPECIFIC GRAFITY : 1015	
WBC : 7,9	PROTEIN : Negative	
DIFF COUNT : 0,4/1,6/6/75/20,1/4,7	GLUCOSE : Negative	
<b>BLOOD CHEMISTRY</b>		
CHOLESTEROL : 185 mg / dl	MICROSCOPIC :	
TRYGLISERIDES : 126 mg / dl	WBC : 0-1 / hpt	
GDS : mg / dl	RBC : 0-2 / hpt	
SGOT : 30 U/L	CAST : Negative	
SGPT : 38 U/L	CRYSTALS : Negative	
Creatinin : 0,8 mg / dl	BACTERIA : Negative	
<b>SEROLOGY / IMUNOLOGI</b>		
Hbs Ag : Non reaktive		
HIV : Non reaktive		
VDRL : Non Reaktive		
<b>CHEST X-RAY</b>	Report	<b>NORMAL</b>
<b>OTHER DIAGNOSTIC TEST</b>		
ECG : NORMAL		
<b>COMMENT ON MEDICAL HISTORY AND CLINICAL EVALUATION</b>		
The abovenamed person physically :		
<input checked="" type="checkbox"/> FIT <input type="checkbox"/> FIT WITH MINOR CORRECTABLE DEFECT <input type="checkbox"/> HAS MAYOR PHYSICAL DEFECT ; FIT WITH RESTRICTION OF SELECTED ASSIGNMENT <input type="checkbox"/> UNFIT TEMPORARY For duties on board ship Doctor's Advice		
<b>FIT TO BE DUTY ON BOARD SHIP</b>		
<b>HEALTH CERTIFICATE</b> No. : 041/MCUIS/AES/V/24		
THIS TO CERTIFICATE THAT A MEDICAL EXAMINATION WAS GIVEN TO : <b>MR. SAMSUL ARIFIN</b> AGE 46 YEARS		
<b>HE IS FOUND TO BE FIT FOR DUTY AS : AB</b> ISSUED AT JAKARTA DATE MAY 28, 2024 VALID UNTIL MAY 28, 2026		
 <b>dr. PONY NDARUAJI</b> Chief Physician		



## CERTIFICATION DRUGS AND ALCOHOL

MCU. No : 041/MCUIS/AES/V/24  
Company : PT. ANDHINI EKAKARYA SEJAHTERA  
Date : MAY 28, 2024

This is to certify that

Name : MR. SAMSUL ARIFIN  
Sex : Male  
Place/Date Of Birth : BANGKALAN/ JANUARY 13, 1978  
Age : 46 Years Old  
Rank : AB

Was examined for the presence of the following drugs and alcohol in the urine using the competitive immunoassay / chromatographic Absorbent method and was found :

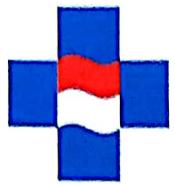
1. Amphetamine	: Negative	6.Cocaine	: Negative
2. Methamphetamine	: Negative	7.Marijuana/Cannabinoids	: Negative
3. Opiate/Morphine	: Negative	8.Barbiturate	: Negative
4. Phencyclidine	: Negative	9.Benzodiazepine	: Negative
5. Codeine	: Negative	10.Alcohol	: Negative

Note  
N/E : Not Examine

JAKARTA MAY 28, 2024



dr. PONY NDARUAJI  
Medical Review Officer



**INDOSEHAT 2003**  
CLINIC & MEDICAL CHECK-UP



## **DENTAL HEALTH CERTIFICATE**

This is to certify that today I have examined :

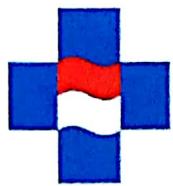
Name : MR. SAMSUL ARIFIN  
Age : 46 Years Old

And was found him / her dentally **FIT**.

Jakarta, MAY 28, 2024



Dentist



## DENTAL CHECK UP REPORT

MCU No. : 041/MCUIS/AES/V/24  
Date : MAY 28, 2024  
Name of Crew : MR. SAMSUL ARIFIN  
Age : 46 Years Old

Company/Shiping Co.:

### CHIEF COMPLAINT :

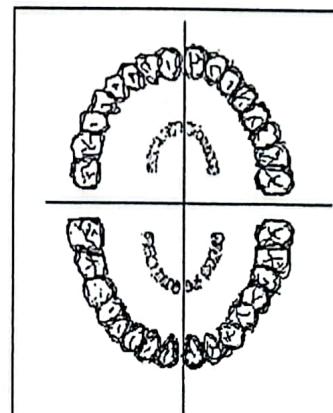
### FINDINGS :

1. Teeth Missing :

2. Carious Teeth :

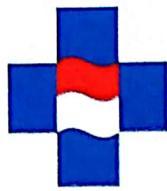
3. Periodontally involved teeth :

4. Others :



### ADVISED :





## Declaration of Anti HIV Test Result

I Declara that Anti HIV Test Result From :

Name : MR. SAMSUL ARIFIN  
No Client : 005093  
MCU No. : 041/MCUIS/AES/V/24  
Sex : Male  
Age : 46 Years Old

HIV	Negative
-----	----------

Jakarta, MAY 28, 2024



dr. PONY NDARUAJI  
Medical Review Officer

Examiner

Laboratory Analyst



# KLINIK UTAMA INDOSEHAT 2003 MEDICAL CENTRE

Ex. Komp. Gaya Motor  
Jl. Isuzu No. 32 Semper Timur, Cilincing, Jakarta Utara 14130  
Telp. (021) 4411281 Fax. (021) 4411281 Email : [indosehat2003@hotmail.com](mailto:indosehat2003@hotmail.com)

Nama Pasien : MR. SAMSUL ARIFIN Pengirim : PT. ANDHINI EKAKARYA SEJAHTERA

Umur / No. Foto : 46 TH / 005093 Rontgen : THORAX AP

Tanggal Rontgen : MAY 28, 2024

Yth. Ts.

## CHEST C-RAY POSTEROANTERIOR PROJECTION :

No sign of heart enlargement  
Normal bronchovascular pattern  
No sign of infiltrate or nodul in both lungs  
Diaphragms are smooth, costophrenic sinuses are sharp  
Bone of costae within normal limit

Conclusion : No sign of abnormality in chest X-ray

dr. ROSALINA, Sp. Ra  
21/B.15b/31.72.04.1005.05.005.C.1/3-1.779.3/e/2020

Radiolog / Assisten : ..... Tanda tangan : .....

dr. ROSALINA, Sp. Rad.

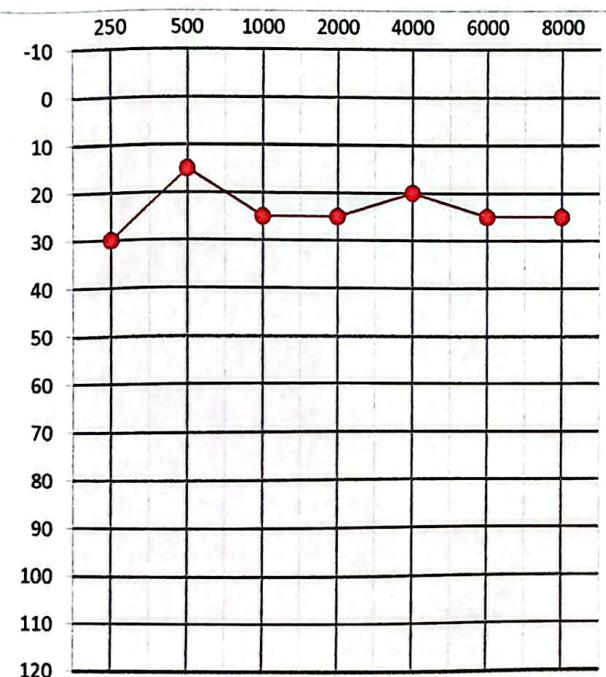
PATIENT DATA

<u>Company</u>	:	ANDHINI
<u>Name</u>	:	SAMSUL ARIFIN
<u>Age</u>	:	46 YO
<u>No</u>	:	00-50-93

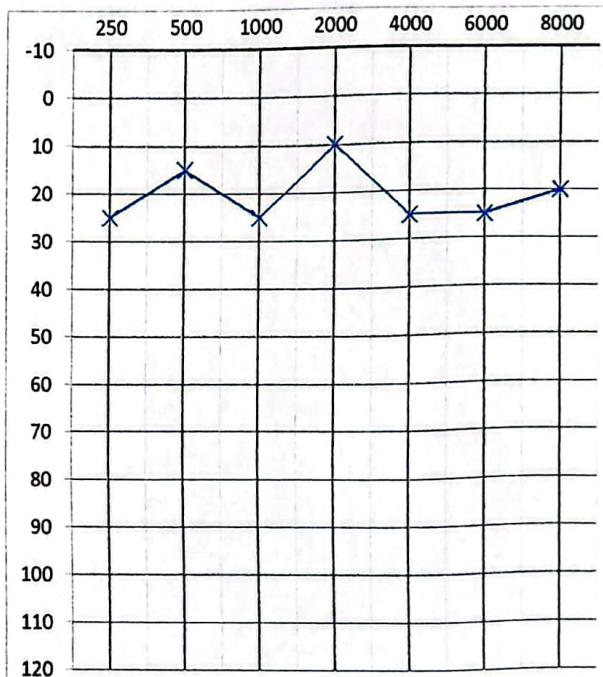
Instrument : Audiometer audiometri

Tone Audiogram

RIGHT - FF1



LEFT - FF1



Right Ear Air Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
30	15	25	25	20	25	25	21,25

Left Ear Air Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
25	15	25	10	25	25	20	18,75

Right Ear Bone Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Left Ear Bone Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Right Ear : Ambang dengar normal 21,25 dB

Left Ear : Ambang dengar normal 18,75 dB

Conclusion : Pendengaran kedua telinga dalam batas normal

dr. KARISMA PRAMESWARI Sp. THT-KL  
14B 15B 31 72 04.1003 05.005 C 43 1 113 3 e1021

Examining Physician  
dr Karisma Prameswari Sp.THT-KL

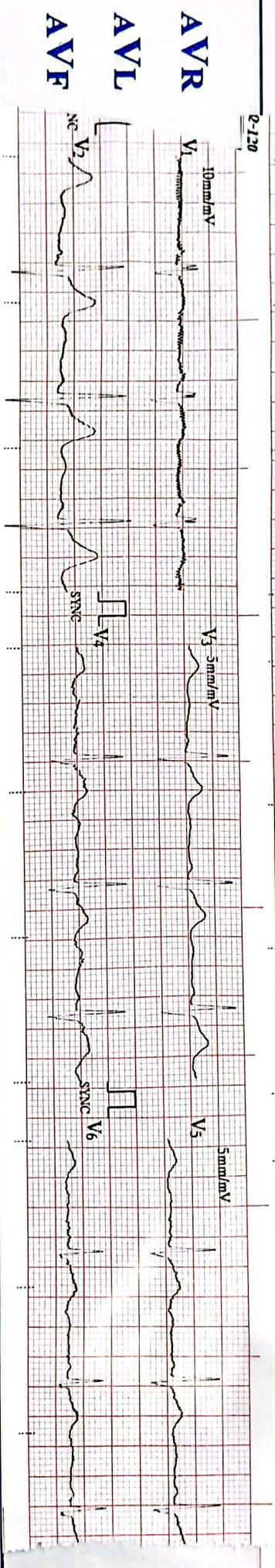
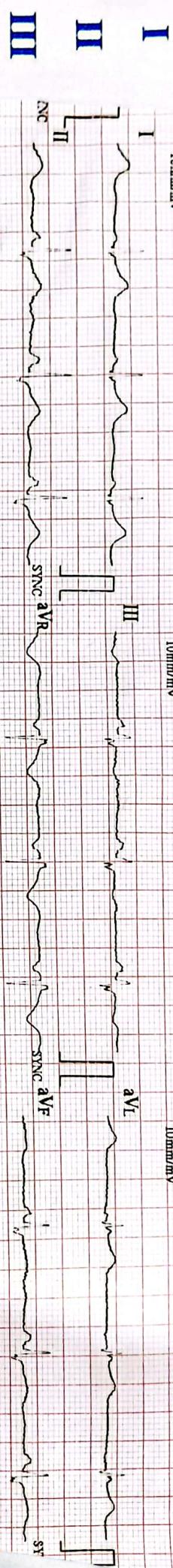
# ELECTROKARDIOGRAM REPORT

Santu - A / subr

1mV 0.5-100Hz  
10mm/mV

10mm/mV

10mm/mV



V1  
V2  
V3

V4  
V5  
V6

**PEMERIKSAAN ELECTROKARDIOGRAM  
MEDICAL CHECK UP**

NO. MCU : 0056 93

TANGGAL PERIKSA : 28 Mei 2001

NAMA : Samsun Arifin.

UMUR : 46 th

PERUSAHAAN : Andhini

KESIMPULAN : Sihus (x) nnt

Normal

Dr. Ismugi, Sp.JP. FIHA  
Spesialis Jantung

dr. ISMUGI SpJP, FIHA  
CARDIOLOGIST