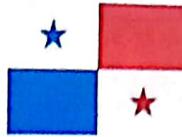




REPÚBLICA DE PANAMÁ
REPUBLIC OF PANAMA
AUTORIDAD MARÍTIMA DE PANAMÁ
PANAMA MARITIME AUTHORITY
CERTIFICADO MÉDICO DE LA GENTE DE MAR
MEDICAL FITNESS STANDARDS CERTIFICATE FOR SEAFARERS



Certificate No.: ALCH-42635-2024

Este certificado se emite en conformidad con las disposiciones de la regla I/9 del Convenio STCW, 1978, enmendado, y la norma A-I/2 del CTM, 2006, enmendado, y certifica que la gente de mar es apta para el servicio en el mar.

This certificate is issued in accordance with the provisions of the regulation I/9 of the 1978 STCW Convention, as amended and the standard A-I/2 of the MLC, 2006, as amended, and certifies that seafarers are fit for sea service.

Apellido Surname: MUIN	Nombre Given Name(s): FATEKAL	Cédula / Pasaporte No. Id. Number/Passport No. C 8376898
Fecha de Nacimiento(dd/mm/aaaa): Date of Birth(dd/mm/yyyy) 27/07/1973	Nacionalidad: Nationality Indonesia	Sexo: Sex Male
Yes No		
¿Confirmación de que se examinaron los documentos de identidad en el lugar del examen? Confirmation that identification documents were checked at the point of examination		
<input checked="" type="checkbox"/> <input type="checkbox"/>		
¿La audición cumple con el estándar? Hearing meets standards?		
<input checked="" type="checkbox"/> <input type="checkbox"/>		
¿La audición es satisfactoria sin ayuda? Unaided hearing satisfactory?		
<input checked="" type="checkbox"/> <input type="checkbox"/>		
¿La agudeza visual cumple con el estándar? Visual acuity meets standards?		
<input checked="" type="checkbox"/> <input type="checkbox"/>		
¿La visión cromática cumple con el estándar? Colour vision meets standards?		
<input checked="" type="checkbox"/> <input type="checkbox"/>		
Fecha de la última prueba de visión cromática (Año/Mes/Día)? Date of last color vision test 2024-03-16		
¿Apto para cometidos de vigía? Fit for look out duties?		
<input checked="" type="checkbox"/> <input type="checkbox"/>		
¿Existen limitaciones o restricciones respecto de la aptitud física? Si la respuesta es "sí", dar detalles de las limitaciones o restricciones: Limitations or restrictions on fitness?		
<input checked="" type="checkbox"/> <input type="checkbox"/>		
¿Está el marino libre de cualquier condición médica que pueda verse agravada por el servicio en el mar o incapacitarle para el desempeño de tal servicio o poner en peligro la salud de otras personas a bordo? Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the health of other persons on board?		
Confirmo que he sido informado sobre el contenido del presente certificado y sobre el derecho a solicitar una revisión del dictamen, con arreglo a lo dispuesto en el párrafo 6 de la Sección A-I/9. I hereby confirm that I have been informed about the content of this certificate and of the right to a review in accordance with the paragraph 6 of Section A-I/9.		
		Firma de la Gente de Mar Seafarer 's Signature

Date of Issue 2024-03-22
Expiration Date: 2025-03-22
Name of the recognized medical practitioner: Pony Ndaruaji



Firma y sello del medico
reconocido/Signature and Stamp of
the recognized medical practitioner
dr. Pony Ndaruaji
SIP No : 10B.15A/31.72.04.1005.9.K-34/1.779.3/e/2022

Reg: 3111100317053064

- El original de este certificado deberá estar disponible durante el servicio a bordo./The original of this certificate must be kept available while serving on board ship.
- En caso de pérdida de este certificado, el titular deberá notificar a los puertos y a la Autoridad Marítima de Panamá./In case of loss of this certificate, the holder should notify ports and the Panama Maritime Authority.
- La autenticidad de este certificado puede ser verificada contactando a la Autoridad Marítima de Panamá./The authenticity of this certificate can be verified contacting the Panama Maritime Authority.





MEDICAL EXAMINATION REPORT

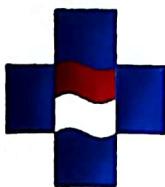
COMPANY	: PT. ANDHINI EKAKARYA SEJAHTERA	
MCU NO.	: CLC-00-35-86	
NAME	: FATEKAL MUIN	
SEX	: PRIA/MALE	DATE EXAMINE : 16 Mar 2024
PLACE & DATE OF BIRTH	: BOJONEGORO / 27 July 1973	NATIONALITY : INDONESIA
MAILING ADDRESS OF EXAMINE	: DSN KEBONAGUNG RT. 007/003 KEL. KEBONAGUNG KEC. PADANGAN	
DUTY	: OILER NO 1	PASSPORT : C8376868



HAT 2003

MEDICAL HISTORY (EXAMINE PERSONAL DECLARATION)		PHYSICAL EXAMINATION							
Yes / No		HEIGHT	WEIGHT	BMI	BLOOD PRESSURE	PULSE	RESPIRATORY RATE		
		163 cm	81 kg	30.50 kg/m ²	139/90 mmHg	REGULAR	64 X/min	17 X/min	
No		VISION	WITHOUT	WITH	COLOR VISION (ISIHARA'S METHOD)				
		Right Eye	6/7,5		NORMAL				
		Left Eye	6/6						
No		Both Eye	6/6		NORMAL				
		GENERAL APPEARANCE							
		LOOKING HEALTHY							
NORMAL									
No		1. EYES	Yes						
		2. EARS	Yes						
		3. NOSE	Yes						
		4. MOUTH	Yes						
		5. THROAT	Yes						
		6. NECK	Yes						
		7. THROID	Yes						
		8. LYMP NODE	Yes						
		9. LUNGS	Yes						
		10. HEARTS	Yes						
		11. ABDOMEN	Yes						
		12. UROGENITAL SYSTEM	Yes						
		13. UPPER EXTREMITIES	Yes						
		14. LOWER EXTREMITIES	Yes						
		15. BACK ABNORMALITY	Yes						
		16. HERNIA	Yes						
		17. CENTRAL NERVOUS SYSTEM	Yes						
		18. SKIN & NAILS	Yes						
		19. SPEECH	Yes						
		20. OTHERS	Yes						
DENTAL EXAMINATION		HEARING	If abnormal, give details KETIKA ADA PENEMUAN YANG HULUNG						
8 7 6 5 4 3 2 1 1 2 3 4 5 6 7 8		NORMAL	Yes	TOTOT RUMEKO					
8 7 6 5 4 3 2 1 1 2 3 4 5 6 7 8				HP. 0858 1392 5019					
• : Filling O : Caries ^ : Root Rest x : Missing V : Prothesa				Right Ear	Left Ear				
		Nil							





INDOSEHAT 2003
CLINIC & MEDICAL CHECK-UP



SURAT KETERANGAN
TO WHOM IT MAY CONCERN

Dengan ini kami menerangkan bahwa :
Here with acknowledge that :

Nama
Name : FATEKAL MUIN
Jenis Kelamin
Gender/Sex : PRIA/MALE
Tempat / Tanggal Lahir
Place / Date Of Birth : BOJONEGORO / JULY 27, 1973
Perusahaan
Company : PT. ANDHINI EKAKARYA SEJAHTERA
Jabatan
Occupation : OILER NO 1



Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.
Have trully complete Medical Standart Check-Up in Indosehat 2003 Medical Centre.

Dengan Hasil : Sehat dengan Resep Obat.
With Final Result : FIT WITH MEDICINE.

Demikian surat keterangan ini kami sampaikan untuk dapat dipergunakan sebagaimana mestinya.
I hope this letter will be found useful where necess.



FATEKAL MUIN



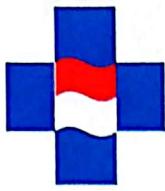
Date Of Examination, March 16, 2024
Expiration Of Validity, March 16, 2025



REPORT LABORATORY RESULT

Company	PT. ANDHINI EKAKARYA SEJAHTERA		
Name	: MR.FATEKAL MUIN	Sex	: Male
MCU No.	: 022/MCUIS/AES/III/24	No. MR	: 003586
Date Examination	: MARCH 16, 2024	Age	: 50 Years Old

Laboratory Test	Reference Ranges	Result
HAEMATOLOGY		
Haemoglobin	13.0 – 18.0	gr / dl
White Blood Cell Count	5.0 – 10.0	/ ul
ESR	0 - 15	mm / hour
DIFFERENTIAL COUNT		
Eosinophil	0 – 1	%
Basophil	1 – 3	%
Stab	2 – 6	%
Segment	50 – 70	%
Lymphocyte	20 – 40	%
Monocyt	2 – 8	%
Platelet/ Trombosit	150.000-440 .000	
BLOOD CHEMISTRY		
Fasting Blood Sugar	60-110	mg / dl
Blood Sugar 2 PP	60-140	mg/ dl
Random Glucose	60 – 180	mg / dl
Cholesterol	< 200	mg / dl
Triglyceride	< 200	mg / dl
SGOT	< 35	U / L
SGPT	< 45	U / L
Creatinin	0,7 – 1,4	mg / dl
Ureum	15 – 45	mg / dl
Fosfatase Alkali	30-120	mg/ dl
GGT	< 49	g/ml
BIL TOTAL	0,2-1,0	mg/dl
BIL DIRECT	0,1-1,2	mg/dl



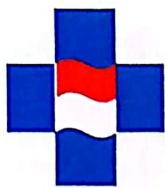
REPORT LABORATORY RESULT

Company	: PT. ANDHINI EKAKARYA SEJAHTERA	Sex	: Male
Name	: MR.FATEKAL MUIN	No. MR	: 003586
MCU No.	: 022/MCUIS/AES/III/24	Age	: 50 Years Old
Date Examination	: MARCH 16, 2024		

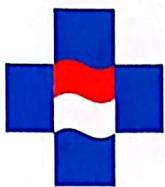
Laboratory Test	Reference Ranges	Result
URINALYSIS		
Macroscopic		
Spesific Gravity	1,010 – 1,030	1020
Albumin	Negative	POSITIF +
Glucose	Negative	POSITIF +
PH		6
Microscopic		
Sediment		
Epithels / hpf	Positive	Positive
WBC / hpf	1 – 4	0-1
RBC / hpf	1 – 4	0-2
Cast	Negative	Negative
Crystal	Negative	Negative
Bacteria	Negative	Negative
Others	Negative	Negative
SEROLOGY / IMMUNOLOGY		
VDRL	Non Reaktive	Non Reaktive
Hbs Ag	Non Reaktive	Non Reaktive
HIV	Non Reaktive	Non reaktive



dr. Gunawan Eka Putra, Sp.PK
Chief Laboratory



LABORATORY FINDING		
BLOOD TEST	URINALYSYS	
HEMATOLOGY		
HB : 17,1 gr/dl	SPECIFIC GRAFITY : 1020	
WBC : 8,8	PROTEIN : POSITIF +	
DIFF COUNT : 0,2/3,1/6/62/35,3/2,3	GLUCOSE : POSITIF +	
BLOOD CHEMISTRY		
CHOLESTEROL : 157 mg / dl	MICROSCOPIC :	
TRYGLISERIDES : 138 mg / dl	WBC : 0-1 / hpt	
GDS : mg / dl	RBC : 0-2 / hpt	
SGOT : 27 U/L	CAST : Negative	
SGPT : 31 U/L	CRYSTALS : Negative	
Creatinin : 0,88 mg / dl	BACTERIA : Negative	
SEROLOGY / IMUNOLOGI		
Hbs Ag : Non reaktive		
HIV : Non reaktive		
VDRL : Non Reaktive		
CHEST X-RAY	Report	Kardiomegali
OTHER DIAGNOSTIC TEST		
ECG : NORMAL		
COMMENT ON MEDICAL HISTORY AND CLINICAL EVALUATION		
The abovenamed person physically :		
<input checked="" type="checkbox"/> FIT <input type="checkbox"/> FIT WITH MINOR CORRECTABLE DEFECT <input type="checkbox"/> HAS MAYOR PHYSICAL DEFECT ; FIT WITH RESTRICTION OF SELECTED ASSIGNMENT <input type="checkbox"/> UNFIT TEMPORARY For duties on board ship Doctor's Advice		
HEALTH CERTIFICATE No. : 022/MCUIS/AES/III/24		
THIS TO CERTIFICATE THAT A MEDICAL EXAMINATION WAS GIVEN TO : MR. FATEKAL MUIN AGE 50 YEARS		
HE IS FOUND TO BE FIT FOR DUTY AS : OILER NO.1 ISSUED AT JAKARTA DATE MARCH 16, 2024 VALID UNTIL MARCH 16, 2025		
 dr. PONY NDARUAJI Chief Physician		



CERTIFICATION DRUGS AND ALCOHOL

MCU. No : 022/MCUIS/AES/III/24
Company : PT. ANDHINI EKAKARYA SEJAHTERA
Date : MARCH 16, 2024

This is to certify that

Name	: MR. FATEKAL MUIN
Sex	: Male
Place/Date Of Birth	: BOJONEGORO/ JULY 27, 1973
Age	: 50 Years Old
Rank	: OILER NO.1

Was examined for the presence of the following drugs and alcohol in the urine using the competitive immunoassay / chromatographic Absorbent method and was found :

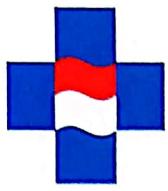
1. Amphetamine	: Negative	6. Cocaine	: Negative
2. Methamphetamine	: Negative	7. Marijuana/Cannabinoids	: Negative
3. Opiate/Morphine	: Negative	8. Barbiturate	: Negative
4. Phencyclidine	: Negative	9. Benzodiazepine	: Negative
5. Codeine	: Negative	10. Alcohol	: Negative

Note
N/E : Not Examine

JAKARTA MARCH 16, 2024



dr. PONY NDARUAJI
Medical Review Officer



DENTAL HEALTH CERTIFICATE

This is to certify that today I have examined :

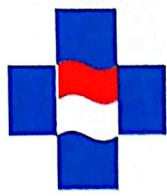
Name : MR. FATEKAL MUIN
Age : 50 Years Old

And was found him / her dentally **FIT**.

Jakarta, MARCH 16, 2024



Dentist



DENTAL CHECK UP REPORT

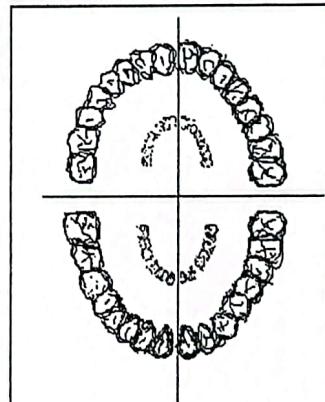
MCU No. : 022/MCUIS/AES/III/24
Date : MARCH 16, 2024
Name of Crew : MR. FATEKAL MUIN
Age : 50 Years Old

Company/Shiping Co.:

CHIEF COMPLAINT :

FINDINGS :

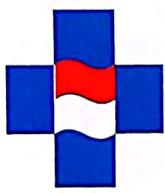
1. Teeth Missing :
2. Carious Teeth :
3. Periodontally involved teeth :
4. Others :



ADVISED :

Jakarta, MARCH 16, 2024





Declaration of Anti HIV Test Result

I Declara that Anti HIV Test Result From :

Name : MR. FATEKAL MUIN
No Client : 003586
MCU No. : 022/MCUIS/AES/III/24
Sex : Male
Age : 50 Years Old

HIV	Negative
-----	----------

Jakarta, MARCH 16, 2024

Examiner



dr. PONY NDARUAJI
Medical Review Officer

Laboratory Analyst



KLINIK UTAMA INDOSEHAT 2003 MEDICAL CENTRE

Ex. Komp. Gaya Motor

Jl. Isuzu No. 32 Semper Timur, Cilincing, Jakarta Utara 14130
Telp. (021) 4411281 Fax. (021) 4411281 Email : Indosehat2003@hotmail.com

Nama Pasien : MR. FATEKAL MUIN Pengirim : PT. ANDHINI EKAKARYA SEJAHTERA

Umur / No. Foto : 50 TH / 003586 Rontgen : THORAX AP

Tanggal Rontgen : MARCH 16, 2024

Yth. Ts.

CHEST C-RAY POSTEROANTERIOR PROJECTION :

CTR 53%. Aorta baik.

Corakan bronkovaskuler kedua paru baik.

Hilus tidak menebal.

Diafragma licin. Sinus kostofrenikus lancip.

Costae intak.

Kesan : Kardiomegali

dr. ROSALINA, Sp. Rad.
21/B.15b/31.72.04.1005.05.005.C.1/3-1.779.3/e/2020

dr. ROSALINA, Sp. Rad.

21/B.15b/31.72.04.1005.05.005.C.1/3-1.779.3/e/2020

Radiolog / Assisten :

Tanda tangan :

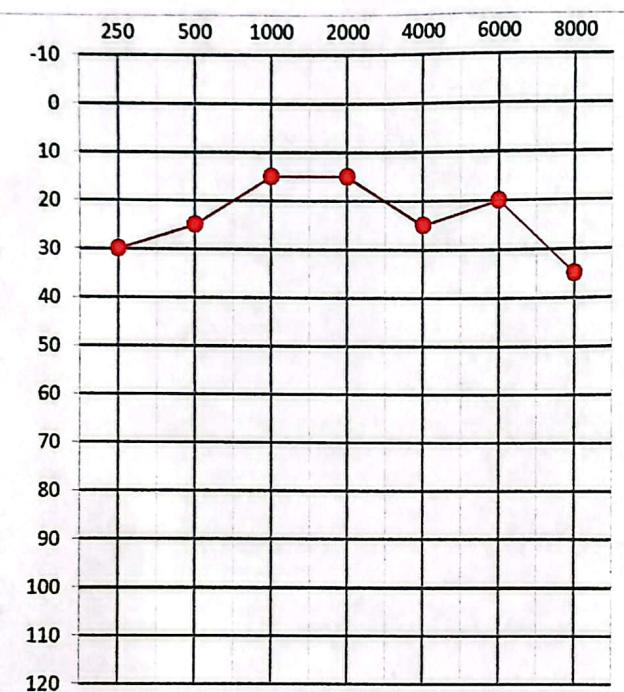
PATIENT DATA

Company : ANDHINI
Name : FATEKAL MUIN
Age : 50 YO
No : 00-35-86

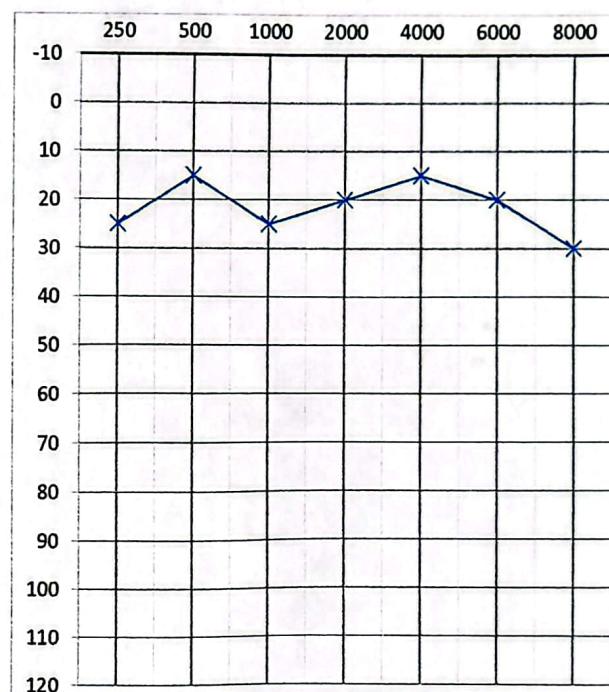
Instrument : Audiometer audiometri

Tone Audiogram

RIGHT - FF1



LEFT - FF1



Right Ear Air Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
30	25	15	15	25	20	35	20

Left Ear Air Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
25	15	25	20	15	20	30	18,75

Right Ear Bone Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Left Ear Bone Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Right Ear : Ambang dengar normal 20 dB

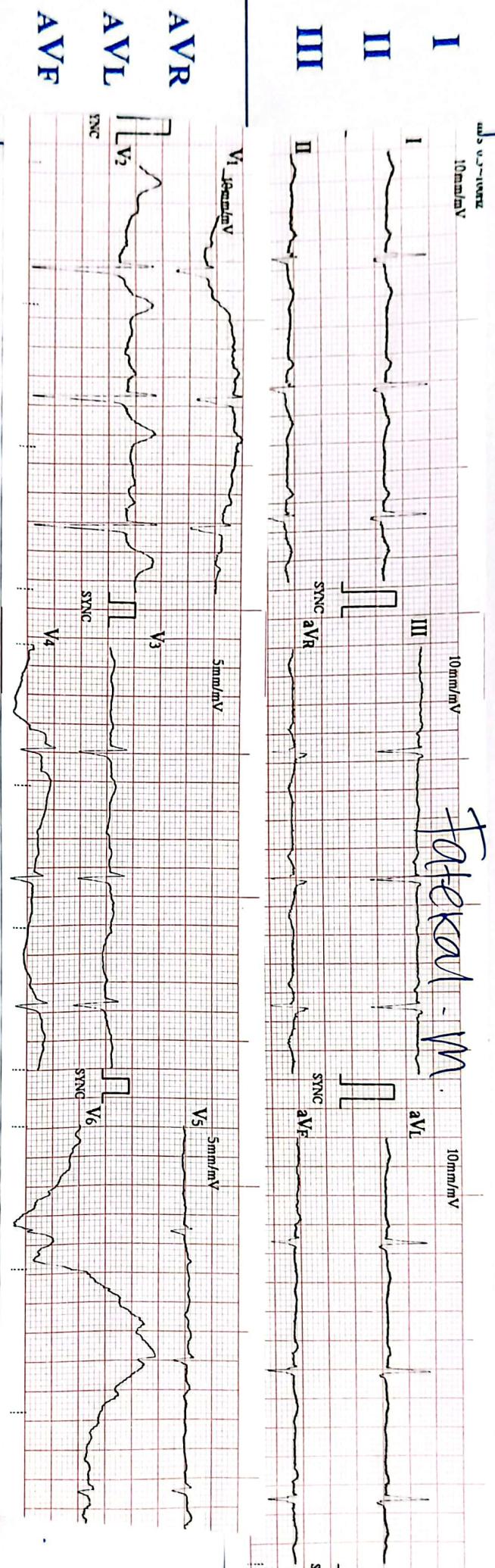
Left Ear : Ambang dengar normal 18,75 dB

Conclusion : Pendengaran kedua telinga dalam batas normal

dr. KARISMA PRAMESWARI PM, Sp. THT-KL
14/8 15B/31 72.04.1005 05 005 C 1/3/ 1779 3-e/2021

Examining Physician
dr Karisma Prameswari Sp.THT-KL

ELECTROKARDIOGRAM REPORT



V₁
V₂
V₃

V₄
V₅
V₆

**PEMERIKSAAN ELECTROKARDIOGRAM
MEDICAL CHECK UP**

NO. MCU : 00 : 35.86

TANGGAL PERIKSA : 10 Maret 2004

NAMA : Fatchekal Muin

UMUR : 30

PERUSAHAAN : Andmini

KESIMPULAN : Sinus 67 X / min

Normal

Dr. Ismugi, SpJP-FIHA
Spesialis Jantung & Pembuluh Darah
(Cardiologist)

dr. ISMUGI SpJP, FIHA
CARDIOLOGIST



PEMERINTAH KABUPATEN BOJONEGORO
RSUD Dr. R. SOSODORO DJATIKOESOEMO
Jl. Veteran No 36 Telp. (0353) 3412133 Fax (0353) 3412133
Email : rsudsosodoro@bojonegorokab.go.id / rsudsosodoro@yahoo.co.id
Website : www.rssosodoro.com

SURAT KETERANGAN SEHAT

Nomor : 445/ 04.III /412.202.1/2024

Yang bertanda tangan di bawah ini :

Dokter RSUD Dr. R. Sosodoro Djatikoesoemo Bojonegoro menerangkan dengan sesungguhnya bahwa:

Nama : Tn. FATEKAL MU'IN
No. RM : 606765
Umur : 50 Tahun 7 Bulan 25 Hari
Pekerjaan : Pelaut (Seaman)
Alamat : Ds. KEBONAGUNG, RT. 007, RW. 003, Kec. PADANGAN,
Kab. BOJONEGORO, Prop. JAWA TIMUR

Menyatakan bahwa berdasarkan hasil pemeriksaan ECG dan Echocardiography dinyatakan
.....(readmill :)> (Normal (Hegatu Nolik Negar)) ast & y reto - Brue Profotol
.....(Fit For Work).

Demikian surat keterangan ini dibuat, untuk dipergunakan sebagaimana mestinya.

Bojonegoro, 21 Maret 2024

AN DIREKTUR

RSUD DR. R. SOSODORO DJATOKOESOEMO
BOJONEGORO



Name: FATEKAL MU'IN
ID: 606765

ID: 606765

21.03.2024 08:35:29



Birth:	27.07.1973	Protocol	Bruce
Age:	50Y	Ergo / BP	Intertrack / None
Gender:	M	Lead / J-point	Standard / I / 40 ms
Height:	163 cm		
Weight:	81.0 kg		
BMI:	30.5		
		Prephase	-
		Warm-up	01:09
		Exercise	07:31
		Recovery	01:12
		Total	09:52
		Max Load	214 W - 103 % (Set: 172 W)
		Max HR	152/min - 89 % (Set: 170/min)
		Rest BP	- / - mmHg
		Max Load BP	200 / 120 mmHg
		(BPsys x HR) Max Load	30400 mmHg/min

Risk Factor:

Indication:

Medication:

Requested by:

Abort:

The graph displays three physiological variables over a 13-hour period (01:00 to 14:00). The vertical axis represents Load [W] (red), BPman [mmHg] (green), and HR [1/min] (blue). The horizontal axis represents time.

- Load [W]:** The load starts at a low level (red box) from 01:00 to 04:00, then increases to a medium level (green box) from 04:00 to 06:00, and finally to a high level (blue box) from 06:00 to 14:00.
- BPman [mmHg]:** Blood pressure follows the load pattern, with a slight increase during the transition from low to medium load, and a more significant increase during the high load period.
- HR [1/min]:** Heart rate shows a similar trend, with a slight increase during the transition and a more pronounced increase during the high load period, particularly around 07:00-08:00.

Interpretation: Protocol Bruce | Time Duration 07:31
Max HR 152 bpm 89 % Of max predicted 170 bpm
Max BP 200 / 120 Max WorkLoad : 9.3 METs

SUMMARY :
NORMAL (NEGATIVE ISCHAEMIC RESPONSE) EST AT
8.4 METS USING BRUCE PROTOCOL
AVERAGE CARDIOPULMONARY FITNESS
FUNCTIONAL CLASS 1

R.SUB.DR. SOSODORO DJATIKOESOEMO
Veternan No. 36 - T + (0353) 03412133 Fax (0353) 3412133
S. AYU JP. FIHA
Handwritten by Dwiawita

EXERCISE ECO - SDS-200 Touch V4.4.3, ETM 2.1.0 (022019 SCHILLER AG - Printed: 31.03.2024 08:18:45