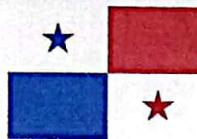




REPÚBLICA DE PANAMÁ
REPUBLIC OF PANAMA
AUTORIDAD MARÍTIMA DE PANAMÁ
PANAMA MARITIME AUTHORITY
CERTIFICADO MÉDICO DE LA GENTE DE MAR
MEDICAL FITNESS STANDARDS CERTIFICATE FOR SEAFARERS



Certificate No.: ALCH-43906-2024

Este certificado se emite en conformidad con las disposiciones de la regla I/9 del Convenio STCW, 1978, enmendado, y la norma A-I/2 del CTM, 2006, enmendado, y certifica que la gente de mar es apta para el servicio en el mar.

This certificate is issued in accordance with the provisions of the regulation I/9 of the 1978 STCW Convention, as amended and the standard A-I/2 of the MLC, 2006, as amended, and certifies that seafarers are fit for sea service.

Apellido Surname: NOVIZAR	Nombre Given Name(s): DOVIAN	Cédula / Pasaporte No. Id. Number/Passport No. X 1039563
Fecha de Nacimiento(dd/mm/aaaa): Date of Birth(dd/mm/yyyy) 26/11/1972	Nacionalidad: Nationality Indonesia	Sexo: Sex Male

Yes No

¿Confirmación de que se examinaron los documentos de Identidad en el lugar del examen?

Confirmation that identification documents were checked at the point of examination

¿La audición cumple con el estándar?
Hearing meets standards?

¿La audición es satisfactoria sin ayuda?
Unaided hearing satisfactory?

¿La agudeza visual cumple con el estándar?
Visual acuity meets standards?

¿La visión cromática cumple con el estándar?
Colour vision meets standards?

Fecha de la última prueba de visión cromática (Año/Mes/Día)?
Date of last color vision test

2024-04-18

¿Apto para cometidos de vigía?
Fit for look out duties?

¿Existen limitaciones o restricciones respecto de la aptitud física? Si la respuesta es "sí", dar detalles de las limitaciones o restricciones:
Limitations or restrictions on fitness?

¿Está el marino libre de cualquier condición médica que pueda verse agravada por el servicio en el mar o discapacitarle para el desempeño de tal servicio o poner en peligro la salud de otras personas a bordo?

Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other persons on board?

Confirmo que he sido informado sobre el contenido del presente certificado y sobre el derecho a solicitar una revisión del dictamen, con arreglo a lo dispuesto en el párrafo 6 de la Sección A-I/9.

I hereby confirm that I have been informed about the content of this certificate and of the right to a review in accordance with the paragraph 6 of Section A-I/9.

Firma de la Gente de Mar Seafarer
's Signature

Date of Issue: 2024-04-19
Expiration Date: 2026-04-19
Name of the recognized medical practitioner: Pony Ndarauji



Firma y sello del medico
reconocido/Signature and Stamp of
the recognized medical practitioner

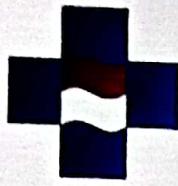
dr. Pony Ndarauji

SIP No.: 10/B.15A/31.72.04.1005.9.K-3/4-1.779.3/e/2022

Reg: 3111100317053064

- El original de este certificado deberá estar disponible durante el servicio a bordo./The original of this certificate must be kept available while serving on board ship.
- En caso de pérdida de este certificado, el titular deberá notificar a los puertos y a la Autoridad Marítima de Panamá./In case of loss of this certificate, the holder should notify ports and the Panama Maritime Authority.
- La autenticidad de este certificado puede ser verificada contactando a la Autoridad Marítima de Panamá./The authenticity of this certificate can be verified contacting the Panama Maritime Authority.





MEDICAL EXAMINATION REPORT

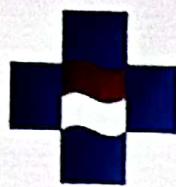
COMPANY	: PT. ANDHINI EKAKARYA SEJAHTERA		
MCU NO.	: CLC-00-41-35		
NAME	: DOVIAN NOVIZAR		
SEX	: PRIA/MALE		
PLACE & DATE OF BIRTH	: PALEMBANG / 26 November 1972	NATIONALITY	: INDONESIA
MAILING ADDRESS OF EXAMINE	: JL. MELATI NO. 4124 RT. 051 RW. 009 KEL. DEMANG LEBAR DAUN KEC. ILIR BARAT I		
DUTY	: MASTER	PASSPORT	: X1039563



MEDICAL CHECK UP *

MEDICAL HISTORY (EXAMINE PERSONAL DECLARATION)		PHYSICAL EXAMINATION						
Yes / No	1. ALCOHOL HISTORY	HEIGHT	WEIGHT	BMI	BLOOD PRESSURE	PULSE REGULAR	RESPIRATORY RATE	
	No	176 cm	92 kg	29.00 kg/m ²	136/93 mmHg	76 X/min	18 X/min	
	No	VISION	WITHOUT	WITH	COLOR VISION (ISIHARA'S METHOD)			
	No	Right Eye			6/6	NORMAL		
	No	Left Eye			6/6			
	No	Both Eye			6/6			
	No	GENERAL APPEARANCE			NORMAL			
	No	LOOKING HEALTHY						
	No	NORMAL						
	No	1. EYES	Yes					
	No	2. EARS	Yes					
	No	3. NOSE	Yes					
	No	4. MOUTH	Yes					
	No	5. THROAT	Yes					
	No	6. NECK	Yes					
	No	7. THROID	Yes					
	No	8. LYMP NODE	Yes					
	No	9. LUNGS	Yes					
	No	10. HEARTS	Yes					
	No	11. ABDOMEN	Yes					
	No	12. UROGENITAL SYSTEM	Yes					
	No	13. UPPER EXTREMITIES	Yes					
	No	14. LOWER EXTREMITIES	Yes					
	No	15. BACK ABNORMALITY	Yes					
	No	16. HERNIA	Yes					
	No	17. CENTRAL NERVOUS SYSTEM	Yes					
	No	18. SKIN & NAILS	Yes					
	No	19. SPEECH	Yes					
	No	20. OTHERS	Yes					
	DENTAL EXAMINATION		HEARING	If abnormal give details KEASLIAN DOKUMEN INI HUBUNGI TOTOT RUMEKSO HP. 0858 1392 5019				
	8 7 6 5 4 3 2 1 1 2 3 4 5 6 7 8 8 7 6 5 4 3 2 1 1 2 3 4 5 6 7 8 • : Filling O : Caries ^ : Root Rest x : Missing V : Prothesa		NORMAL Right Ear Left Ear	Yes Yes	NIL			





INDOSEHAT 2003
CLINIC & MEDICAL CHECK-UP



**SURAT KETERANGAN
TO WHOM IT MAY CONCERN**

Dengan ini kami menerangkan bahwa :
Here with acknowledge that :

Nama Name : DOVIAN NOVIZAR
Jenis Kelamin Gender/Sex : PRIA/MALE
Tempat / Tanggal Lahir Place / Date Of Birth : PALEMBANG / NOVEMBER 26, 1972
Perusahaan Company : PT. ANDHINI EKAKARYA SEJAHTERA
Jabatan Occupation : MASTER



Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.
Have trully complete Medical Standart Check-Up in Indosehat 2003 Medical Centre.

Dengan Hasil : Sehat untuk Bertugas.
With Final Result : FIT.

Demikian surat keterangan ini kami sampulkan untuk dapat dipergunakan sebagaimana mestinya.
I hope this letter will be found useful where necess.

Jakarta, 18 April 2024



dr. Poly Wijayanti
Examination

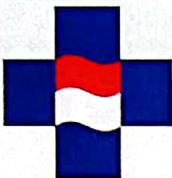


DOVIAN NOVIZAR

Date Of Examination, April 18, 2024

Expiration Of Validity, April 18, 2026

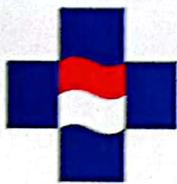
Eks. Komp. Gaya Motor
Jl. Isuzu No. 32 RT. 04 RW. 08 Semper Timur,
Cilincing, Jakarta Utara 14130
Telp. (021) 4411281
Email : info@indosehat2003.id



REPORT LABORATORY RESULT

Company	: PT. ANDHINI EKAKARYA SEJAHTERA	Sex	: Male
Name	: MR. DOVIAN NOVIZAR	No. Client	: 004135
MCU No.	: 008/MCUIS/AES/IV/24	Age	: 51 Years Old
Collected Date	: APRIL 18, 2024		

Laboratory Test	Result	Reference Ranges	
HAEMATOLOGY			
Haemoglobin	15,3	13.0 – 16.0	gr / dl
White Blood Cell Count	8	5.0 – 10.0	/ ul
ESR	8	< 15	mm / hour
DIFFERENTIAL COUNT			
Eosinophil	2,6	0 – 1	%
Basophil	0,4	1 – 3	%
Stab	4	2 – 6	%
Segment	54	50 – 70	%
Lymphocyte	39,5	20 – 40	%
Monocyt	6,5	2 – 8	%
Trombosit	207	150-440	thsn/ul
BLOOD CHEMISTRY			
Random Glucose		70 – 180	mg / dl
Glucose Nuchter	79	70 – 126	mg / dl
Glucose 2 Jam PP	138	70 – 140	mg / dl
Cholesterol	165	150 – 250	mg / dl
HDL	98	35 – 55	mg / dl
LDL	46	122 – 224	mg / dl
Triglyceride	99	< 200	mg / dl
SGOT	30	< 42	U / L
SGPT	35	< 47	U / L
Alkaline Phosphatase	56	60 – 170	U / L
Creatinin	0,73	0,7 – 1,4	mg / dl
Ureum	24	20 – 40	mg / dl
Asam Urat	5,2	2.5 – 7.2	mg / dl
Bilirubin Total	0,90	< 1.0	mg / dl
Bilirubin Direct	0,2	< 0.25	mg / dl
Albumin	4,2	4.0 – 5.2	g / dl
Globulin	3,3	1.3 – 2.7	g / dl
HbA1c	5,7		
BLOOD GROUP			
Blood Group	O		
Rhesus	Positive		



REPORT LABORATORY RESULT

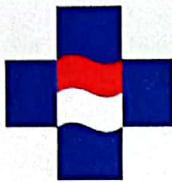
Company	: PT. ANDHINI EKAKARYA SEJAHTERA	
Name	: MR. DOVIAN NOVIZAR	Sex : Male
MCU No.	: 008/MCUIS/AES/IV/24	No. Client : 004135
Collected Date	: APRIL 18, 2024	Age : 51 Years Old

Laboratory Test	Result	Reference Ranges
-----------------	--------	------------------

URINALYSIS		
Macroscopic		
Spesific Gravity	1020	1,000 – 1,030
Albumin	Negative	Negative
Glucose	Negative	Negative
PH	5	
Microscopic		
Sediment		
Epithels / hpf	Positive	Positive
WBC / hpf	0-1	0 - 5
RBC / hpf	0-1	0 - 5
Cast	Negative	Negative
Crystal	Negative	Negative
Bacteria	Negative	Negative
Others	Negative	Negative
SEROLOGY / IMMUNOLOGY		
VDRL	Non Reaktive	Non Reaktive
Hbs Ag	Non reaktive	Non Reaktiv
HIV	Non reaktive	Non Reaktiv
 dr. Gunawan Eka Putra, Sp.PK Chief Laboratory		



CHEST X-RAY	Report NORMAL	No. 000866
LABORATORY FINDING		
BLOOD TEST		URINALYSYS
HEMATOLOGY		SPECIFIC GRAFITY : 1020
HB	: 15,3 gr/dl	PROTEIN : Negative
WBC	: 7,8 Thsn / ul	GLUCOSE : Negative
ESR	: 8 mm/hour	pH : 5
DIFF COUNT	: 0,4/2,6/4/54/39,5/6,5	
BLOOD CHEMISTRY		MICROSCOPIC :
CHOLESTEROL	: 165 mg / dl	WBC : 0-1 / hpt
TRYGLISERIDES	: 99 mg / dl	RBC : 0-1 / hpt
HDL	: 98 U/L	CAST : Negative
LDL	: 46 U/L	CRYSTALS : Negative
GDS	: mg / dl	BACTERIA : Negative
SGOT	: 30 U/L	
SGPT	: 35 U/L	
Creatinin	: 0,7 mg / dl	
Alkaline Fosfatase	: 56 U/L	
Ureum	: 24 mg / dl	
Asam urat	: 5,2 mg / dl	
Bilirubin Total	: 0,90 mg / dl	SEROLOGY / IMUNOLOGI
Bilirubin Direct	: 0,2 mg / dl	
Albumin	: 4,2 g / dl	Hbs Ag : Non reaktive
Globulin	: 3,3 g / dl	VDRL : Non reaktive
HbA1c	: 5,7	HIV : Non reaktive
OTHER DIAGNOSTIC TEST		
ECG	: NORMAL	TREADMILL : NORMAL
SPIRO : NORMAL		
COMMENT ON MEDICAL HISTORY AND CLINICAL EVALUATION		
The abovenamed person physically :		
<input checked="" type="checkbox"/> FIT <input type="checkbox"/> FIT WITH MINOR CORRECTABLE DEFECT <input type="checkbox"/> HAS MAJOR PHYSICAL DEFECT ; FIT WITH RESTRICTION OF SELECTED ASSIGNMENT <input type="checkbox"/> UNFIT		
For duties on board ship		
Doctor's Advice		
FIT TO BE DUTY ON BOARD		
HEALTH CERTIFICATE		
No. : 008/MCUIS/AES/IV/24		
THIS TO CERTIFICATE THAT A MEDICAL EXAMINATION WAS GIVEN TO : MR. DOVIAN NOVIZAR AGE 51 YEARS HE IS FOUND TO BE <u>FIT</u> FOR DUTY AS : MASTER ISSUED AT JAKARTA DATE APRIL 18, 2024 VALID APRIL 18, 2026		
 dr. PONY NDARUAJI		



CERTIFICATION DRUGS AND ALCOHOL

MCU. No	: 008/MCUIS/AES/IV/24
Company	: PT. ANDHINI EKAKARYA SEJAHTERA
Date	: APRIL 18, 2024

This is to certify that

Name	: MR. DOVIAN NOVIZAR
Sex	: Male
Place/Date Of Birth	: PALEMBANG/ NOVEMBER 26, 1972
Age	: 51 Years Old
Rank	: MASTER

Was examined for the presence of the following drugs and alcohol in the urine using the competitive immunoassay / chromatographic Absorbent method and was found :

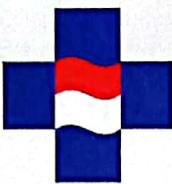
1. Amphetamine	: Negative	6.Cocaine	: Negative
2. Methamphetamine	: Negative	7.Marijuana/Cannabinoids	: Negative
3. Opiate/Morphine	: Negative	8.Barbiturate	: Negative
4. Phencyclidine	: Negative	9.Benzodiazepine	: Negative
5. Codeine	: Negative	10.Alcohol	: Negative

Note
N/E : Not Examine

JAKARTA APRIL 18, 2024



dr. PONY NDARUAJI
Medical Review Officer



DENTAL HEALTH CERTIFICATE

This is to certify that today I have examined :

Name : MR. DOVIAN NOVIZAR
Age : 51 Years Old

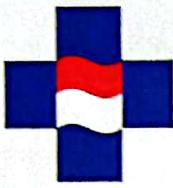
And was found him / her dentally **FIT**.



(_____)

Drg.Triana

Dentist



DENTAL CHECK UP REPORT

MCU No. : 008/MCUIS/AES/IV/24
Date : APRIL 18, 2024
Name of Crew : MR. DOVIAN NOVIZAR
Age : 51 Years Old

Company/Shiping Co.:

CHIEF COMPLAINT :

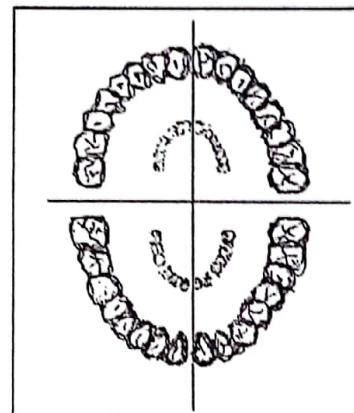
FINDINGS :

1. Teeth Missing :

2. Carious Teeth :

3. Periodontally involved teeth :

4. Others :



ADVISED :

Jakarta, APRIL 18, 2024





Declaration of Anti HIV Test Result

I Declara that Anti HIV Test Result From :

Name : MR. DOVIAN NOVIZAR
No Client : 004135
MCU No. : 008/MCUIS/AES/IV/24
Sex : Male
Age : 51 Years Old

HIV	Negative
-----	----------

Jakarta, APRIL 18, 2024

Examiner



dr. PONY NDARUAJI
Medical Review Officer

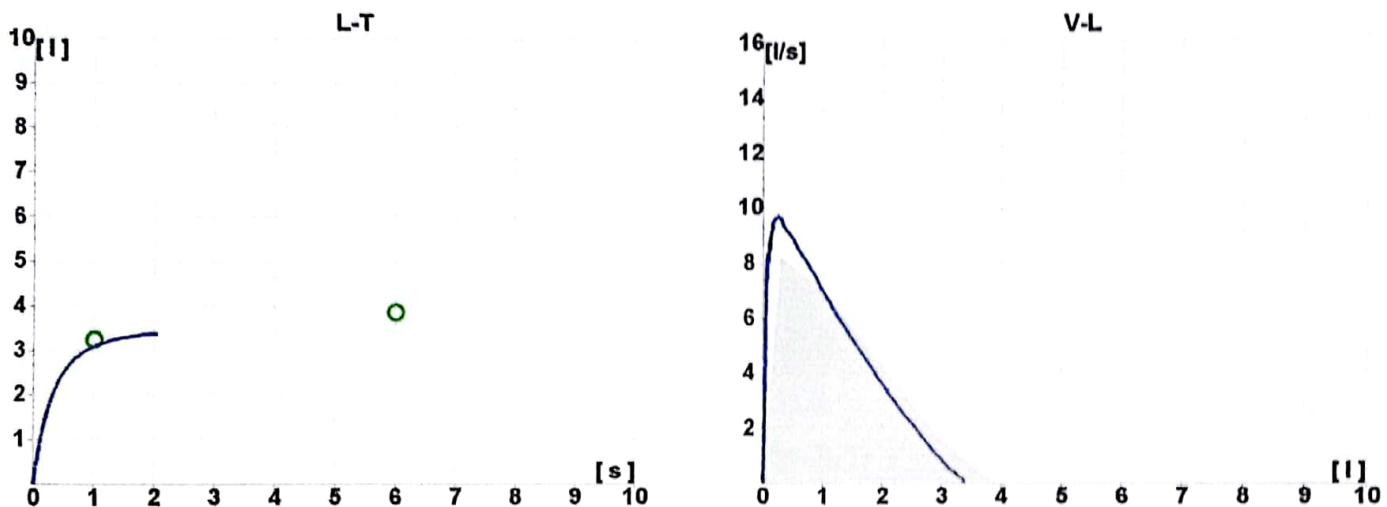
Laboratory Analyst



vital capacity report

ID: 00000110	Test name: DOVIAN NOVIZAR	Gender: Male	Age: 51 YEARS
Nation: Indonesia	Height: 176 cm	Weight: 92 kg	Time: 2024-04-18 12:30

FVC:3.51(l)	FVC/Pred.:91%	FEV1:3.19(l)	FEV1/Pred.:98%
PEF:9.85(l/s)	PEF/Pred.:119%	FEV1%:91%	FEV1%/Pred.:114%
FEF2575:4.14(l/s)	FEF2575/Pred.:102%	FEF25:7.54(l/s)	FEF75:2.02(l/s)



Diagnose

"Normal"



Physician: " DR. Polky Ndaruji "

Date:2024-04-18



HASIL PEMERIKSAAN TREADMILL

COMPANY : | ANDHINI
NAME : | DOVIAN N
NO MR : | ID. 004135

EKG Pretest : Normal
Treadmill Test : Medical Check - Up
Protokol : Bruce Stage : 3
Lama Test : 9'30"
Indikasi Berhenti : Target HR tercapai
Denyut Jantung Tercapa : 92% Dari Dugaan Max : 167 x/mnt
Tekanan Darah Awal : 130/90 mmHg Tertinggi : 170/90 mmH
Perubahan EKG : Gelombang I: Konstan
Segment ST : Normal
Gelombang ' : Normal
Aritmia : (-)
Kesimpulan : Fungsional Klas : 1
Tingkat kesegaran Jasmar : Cukup
Kapasitas Kerja Fisik : 10.3 METS
Hasil Treadmill : Normal

Saran :

Pemeriksa

Dr. Ismugi, SpJP FIHA
Spesialis Jantung & Pembuluh Darah
(Cardiologist)

KLINIK INDOSEHAT 2003 Stress Exercise Report

ID:

Section:

Name: DOVIAN NOVIZAR Sex: Male

Age: 52

Exam Time: 2024-04-18 15:30

DOB: 1972-11-26	Race: Oriental Race	Information
Height: 176.00 cm	Weight: 92.00 kg	Indications:
<input type="checkbox"/> Smoking	<input type="checkbox"/> Diabetic	<input type="checkbox"/> History of MI
<input checked="" type="checkbox"/> Hypertension	<input type="checkbox"/> Hyperlipidemia	<input type="checkbox"/> Family History

Address: ANDHINI	Medications:
Telephone:	

Stage Name	HR(bpm)	BP(mmHg)	Summary	Result			Max Values	ST Segment
				Protocol Name:	Target HR:	Target HR:		
BERDIRI BERJALAN	93	130/90	Klinik IndoSehat 2003	HR:	178	bpm	11:30	Max Elevation: 0.61 mV 13:10 III
EXE1	102	135/90		Target HR:	106.0	%		
EXE2	114	140/90		Exercise Time:	13:49	mm:ss	METs:	Max Depression: -0.56 mV 13:10 aVL
EXE3	134	145/90		Max Speed:	6.8	km/h	METs:	Max Elevation Change: 0.57 mV 13:10 III
EXE4	147	150/90		Max Grade:	16.0	%	HR*BP:	Max Depression Change: -0.61 mV 11:10 I
REC1	178	155/90	Exceed +/-100uV Leads:	SYS:	21805.0	bpm*mmHg	11:30	
REC2	145	160/90	I II III aVR aVL aVF	DIA:	170.0	mmHg	13:47	
REC3	136	165/90	V2 V3 V4 V5 V6		90.0	mmHg	00:06	
		170/90	DUKE Score: ---					

Arrhythmia			Reason for End : TARGET HR TERCAPAI		
Total Beats:	1757	Abnormal Beats:	83		
Total V:	27	Total S:	56		
V Pairs:	0	S Pairs:	0		
V Run:	0	S Run:	3	Symptoms:	
V bigeminal:	0	S bigeminal:	0		
V trigeminal:	0	S trigeminal:	1		
Total Long:	0				

Conclusions:



 Dr. Fermugji, SpJP-FITRA
 Spesialis Cardiologi & Embolik Dilarah
 09111

Operator:

Reviewing Physician:



KLINIK UTAMA INDOSEHAT 2003 MEDICAL CENTRE

Ex. Komp. Gaya Motor

Jl. Isuzu No. 32 Semper Timur, Cilincing, Jakarta Utara 14130
Telp. (021) 4411281 Fax. (021) 4411281 Email : indosehat2003@hotmail.com

Nama Pasien : MR. DOVIAN NOVIZAR Pengirim : PT. ANDHINI EKAKARYA SEJAHTERA

Umur / No. Foto : 51 TH / 004135 Rontgen : THORAX AP

Tanggal Rontgen : APRIL 18, 2024

Yth. Ts.

CHEST C-RAY POSTEROANTERIOR PROJECTION :

No sign of heart enlargement
Normal bronchovascular pattern
No sign of infiltrate or nodul in both lungs
Diaphragms are smooth, costophrenic sinuses are sharp
Bone of costae within normal limit

Conclusion : No sign of abnormality in chest X-ray

dr. ROSALINA, Sp. Rad.
21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020

dr. ROSALINA, Sp. Rad.

21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020

Radiolog / Assisten : Tanda tangan :

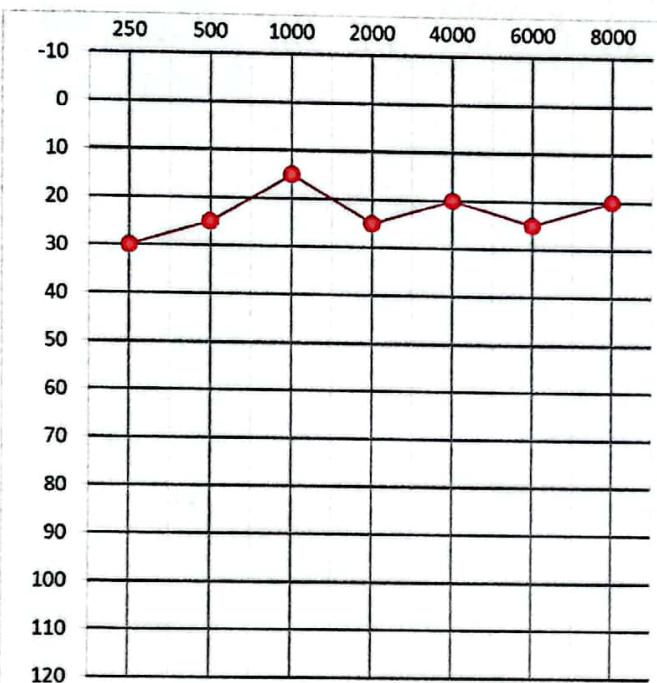
PATIENT DATA

Company : ANDHINI EKAKARYA SEJAHTERA
Name : DOVIAN NOVIZAR
Age : 51 YO
No : 00-41-35

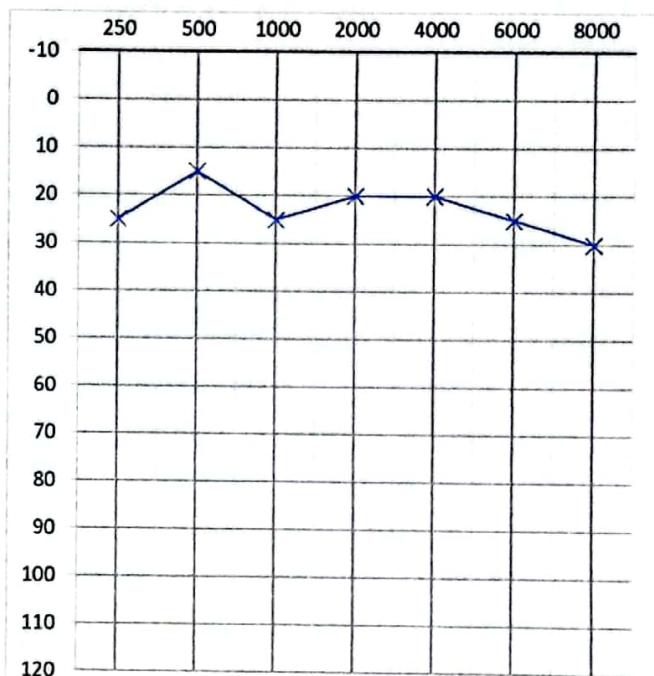
Instrument : Audiometer audiometri

Tone Audiogram

RIGHT - FF1



LEFT - FF1



Right Ear Air Conduction

Right
Ear
(dB)

250	500	1000	2000	4000	6000	8000	
30	25	15	25	20	25	20	21,25

Left Ear Air Conduction

Left
Ear
(dB)

250	500	1000	2000	4000	6000	8000	
25	15	25	20	20	25	30	20

Right Ear Bone Conduction

Right
Ear
(dB)

250	500	1000	2000	4000	6000	8000	
							0

Left Ear Bone Conduction

Left
Ear
(dB)

250	500	1000	2000	4000	6000	8000	
							0

Right Ear : Ambang dengar normal 21,25 dB

Left Ear : Ambang dengar normal 20 dB

Conclusion : Pendengaran kedua telinga dalam batas normal

dr KARISMA PRAMESWAR, Sp.THT-KL
14/B 156 31 12 04 1008 25 XXXX 013 3119 36201

Examining Physician
dr Karisma Prameswari Sp.THT-KL

ELECTROKARDIOGRAM REPORT

Dovian N 151↑

25mm/S 0.5-100Hz
10mm/mV

10mm/mV

10mm/mV

I

II

III

aVL

aVF

NC

AVR

AVL

AVF

V₁

V₂

V₃

V₅

V₄

V₆

V₁
V₂
V₃

V₄
V₅
V₆

**PEMERIKSAAN ELECTROKARDIOGRAM
MEDICAL CHECK UP**

NO. MCJ : 06 M135

TANGGAL PERIKSA : 16 April 2014

NAMA : Dwiyan Novia

UMUR : 21 th

PERUSAHAAN : Parefin

KESIMPULAN : Sinus SA X / min

Normal


Dr. Ismail GI SpJP, FIHA
Spesialis Kardiologi
Cardiologist

dr. ISMAIL GI SpJP, FIHA
CARDIOLOGIST