

Nomor Seri: BKKP 24016411
Serial Number

REPUBLIK INDONESIA
Republic of Indonesia
KEMENTERIAN PERHUBUNGAN
Ministry of Transportation
DIREKTORAT JENDERAL PERHUBUNGAN LAUT
Directorate General of Sea Transportation

SERTIFIKAT KESEHATAN PELAUT
Seafarer's Medical Certificate

Nomor Sertifikat
Certificate Number : 6200063782MC1924

Nama Lengkap
Full Name : IWAN BUDI DHARMAWAN

Tempat/Tgl Lahir
Place/ Date of Birth : PALEMBANG/APRIL 29, 1975

Jenis Kelamin
Gender : MALE

Kewarganegaraan
Nationality : INDONESIAN

Sertifikat ini diterbitkan oleh Administrator Maritim dan memenuhi persyaratan pemeriksaan kesehatan pelaut sesuai dengan ketentuan STCW 1978 beserta amandemennya dan MLC 2006, pelaut dinyatakan :

This certificate is issued by authority of Maritime Administrator and in compliance with the requirements of the medical examination for seafarers as the provision of International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) 1978 as amended and Maritime Labour Convention (MLC) 2006; the seafarer has been declared:

SEHAT untuk bekerja di atas kapal
Fit to work on board

SEHAT dengan pembatasan untuk bekerja di atas kapal
Fit with restriction to work on board

Untuk Jabatan
Position On Board : MASTER

Tempat Pemeriksaan
Approved Place of Examination by Authority : RS. PELABUHAN PALEMBANG

Tanggal Pemeriksaan
Date of Examination : OCTOBER 15, 2024

Masa Berlaku
Expiration of Validity : OCTOBER 14, 2026

Dokter Pemeriksa
Name of Physician : dr. SEPTHIA IMELDA

Alamat Praktik
Address of Physician : JL. MAYOR MEMED SASTRAWIRYA, PALEMBANG, SUMATERA SELATAN



IWAN BUDI DHARMAWAN

Tanda Tangan Yang Diperiksa
Applicant Signature

Sertifikat Kesehatan ini bertaku maksimal 24 bulan sejak tanggal periksa bagi pelaut berusia lebih dari 18 tahun dan maksimal 12 bulan bagi usia kurang dari 18 tahun.

The Medical Certificate shall be valid for no more than 24 months from the date of the Examination for those over 18 years of age and for no more than 12 months for those under 18 years of age.



Stamp and Medical Practitioner Signature Approved

NOMOR NUMBER	PERNYATAAN PRAKTIKI MEDIS DECLARATION OF MEDICAL PRACTITIONER	YA YES	TIDAK NO	CATATAN REMARK
1	Dokumen identitas telah diperiksa <i>Identification document has been confirmed</i>	V		
2	Kemampuan pendengaran memenuhi standar STCW A-1/9 <i>Hearing meets the standards in STCW A-1/9</i>	V		
3	Pendengaran tanpa alat bantu memenuhi standar <i>Unaided hearing satisfactory</i>	V		
4	Kemampuan penglihatan memenuhi Standar STCW A-1/9 <i>Visual Acuity meets the standards in STCW A-1/9</i>	V		
5	Kemampuan melihat warna memenuhi Standar STCW A-1/9 <i>Colour Vision meets the standards in STCW A-1/9</i> Tanggal terakhir diperiksa <i>Last date checked</i>	V		ISHIHARA BOOK 38 PLATE 2024-10-15
6	Sehat untuk melaksanakan tugas jaga <i>fit for deck duty</i>	V		
7	Tidak memiliki keterbatasan dan masalah kesihatan <i>No limitation or restriction on fitness</i>	V		
8	Bebas dari kemungkinan terjangkit penyakit akibat pekerjaan di laut atau dari kemungkinan menjadi tidak sehat untuk melaksanakan tugasnya atau membahayakan orang lain di kapal <i>free from any medical condition that likely to be aggravated by service at sea or to be rendered unfit for such service or to endanger the health of other on board</i>	V		

MEDICAL REQUIREMENTS

This physical examination must be carried out not more than 24 months prior next medical check for a seafarer older than 18 years old and considered to be fit for duty without any restrictions. In case of any restriction found not preventing seafarer to fulfill his duties this physical examination should be carried out not more than 12 months prior next medical check. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, Guidelines for Conducting Pre-employment and Periodic Medical Fitness Examinations for Seafarers (ILO 73/WHO D 2/1997, STCW Convention, 1978 as amended and the Maritime Labor Convention, 2006. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

2. The following minimum requirements shall apply:

 - a) Hearing
 - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in either ear at 16 feet (4.57 m) and in poorer ear at 5 feet (1.52 m).
 - b) Eyesight
 - Deck officer applicants must have (either with or without glasses) at least 20/20 (1.00) vision in one eye and at least 20/40 (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/160 (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
 - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/60 (0.40) in the other. If the applicant wears glasses, he must have vision without glasses of at least 20/200 (0.10) in both eyes. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
 - c) Dental
 - Seafarers must be free from infections of the mouth cavity or gums.
 - d) Blood Pressure
 - An applicant's blood pressure must fall within an average range, taking age into consideration.
 - e) Voice
 - Deck Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
 - f) Vaccinations
 - All applicants shall be vaccinated according to the requirements indicated in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and shall be given advice by the certified physician on immunization. If however no certificate is given, these shall be recorded.
 - g) Discrepancy of Vision
 - All applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, gout, diabetes, syphilis, gonorrhoea, trachoma, hydrocephalus, AIDS, and/or the use of narcotics. Applicants diagnosed with sarcoidosis if exposed to it by a transmissible disease transmittable by food shall be restricted from working with food or in food-related areas until they are free for at least 48 hours.
 - h) Physical Requirements
 - All applicants for deck officer, bosun, G.P., ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck officer, ordinary seaman certificate.
 - Applicants for fireman, cook, deckman, stoker, carpenter, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an engineer officer certificate.



REPUBLIC OF INDONESIA
MINISTRY OF TRANSPORTATION
DIRECTORATE GENERAL OF SEA TRANSPORTATION

SEAFARER'S MEDICAL EXAMINATION REPORT

MEDICAL RECORD NUMBER: 245861	FULL NAME: IWAN BUDI DHARMAWAN
NATIONALITY: INDONESIAN	ID DOCUMENT NUMBER: 1671102904750003
DATE OF BIRTH: APRIL 29, 1975	PLACE OF BIRTH: PALEMBANG SEX: MALE
EXAMINATION FOR DUTY AS: DUTY DECK DEPARTMENT	APPLICANT'S MAILING ADDRESS: PERUM GRAHA DAMAI LESTARI N RT. 0515/005 KEL. SEI SELAYUR KEC. KALIDONI PALEMBANG

MEDICAL EXAMINATION

HEIGHT 1.65 m	WEIGHT 80 kg	BLOOD PRESSURE 130/80 mmHg	PULSE 84 bpm	RESPIRATION 20 x/min	GENERAL APPEARANCE NORMAL
VISION				HEARING	
WITHOUT GLASSES	RIGHT EYE 6/6	LEFT EYE 6/6	NORMAL COLOUR TEST ISHIHARA BOOK 38 PLATE LANTERN FARNSWORTH D15	RIGHT EAR O V O	LEFT EAR O
WITH GLASSES	-	-	LAST TEST: 15-10-2024	NORMAL	NORMAL

ARE GLASSES OR CONTACT LENSES REQUIRE TO MEET THE REQUIRED VISION STANDARD? YES NO V

HEAD AND NECK NORMAL	ECG NORMAL	CHEST X-RAY NORMAL
DENTAL THE APPLICANT IS FREE FROM VISUAL INFECTIONS OF THE MOUTH CAVITY OR GUMS.		UPPER AND LOWER EXTREMITIES NORMAL

LABORATORY FINDINGS: NORMAL	ABNORMAL <input type="radio"/>	YES <input type="radio"/> NO <input checked="" type="radio"/> V	NO <input type="radio"/>
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DESCRIBE ABNORMALITIES:			NORMAL
SPEECH (DECK/NAVIGATIONAL OFFICER AND RADIO OFFICER) IS SPEECH UNIMPAIRED FOR NORMAL VOICE COMMUNICATION?			YES <input type="radio"/> NO <input checked="" type="radio"/> V
IS APPLICANT SUFFERING FROM ANY DISEASE LIKELY TO BE AGGRAVATED BY WORKING ABOARD A VESSEL, OR TO RENDER HIM/HER UNFIT FOR SERVICE AT SEA OR LIKELY TO ENDANGER THE HEALTH OF OTHER PERSONS ON BOARD?			YES <input type="radio"/> NO <input checked="" type="radio"/> V
IS APPLICANT TAKING ANY NON-PRESCRIPTION OR PRESCRIPTION MEDICATIONS? DESCRIPTION:			YES <input type="radio"/> NO <input checked="" type="radio"/> V

NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY: dr. SEPTHIA IMELDA	ADDRESS OF MEDICAL CENTER: JL. MAYOR MEMED SASTRAWIRYA, PALEMBANG, SUMATERA SELATAN
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SIGNATURE OF PHYSICIAN: 	IHC
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DATE OF EXAMINATION: 15-10-2024	SEAFARER ACKNOWLEDGMENT: I, IWAN BUDI DHARMAWAN, CONFIRM THAT I HAVE BEEN INFORMED OF THE CONTENT OF CERTIFICATE AND THE RIGHT TO GET A REVIEW.
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REMARKS: -

RUMAH SAKIT PELABUHAN PALEMBANG
INSTALASI LABORATORIUM PATOLOGI KLINIK

Jl. Mayor Memed Sastrawirya No. 1 Palembang

Pelayanan 24 Jam

No. Rekam Medis	: 245861	No. Laboratorium	: 1510240020
No. HIS	: 20241015000464485	Tanggal Transaksi	: 15-10-2024 07:53
Nama Pasien	: IWAN BUDI DHARMAWAN	Tanggal Bhn Diterima	: 15-10-2024 07:53:42
Tanggal Lahir	: 29-04-1975/Laki-laki (49th 5bln 16hr)	Tanggal Hsl Selesai	: 15-10-2024 10:55:22
Alamat Pasien	: LR. LEBAK JAYA III PERUM GRAHA DAMAI LESTARI BLOK.	Dokter Pengirim	: RUMAH SAKIT
Asal Pasien	: KLINIK KEURING	Diagnosa	:

Jenis Pemeriksaan	Hasil	Satuan	Nilai Rujukan	Metode
HEMATOLOGI				
Hemoglobin	14.6	g/dL	13.0-17.0	
Leukosit	5.46	10 ³ /ul	3.50-10.00	
Eritrosit	4.67	10 ⁶ /uL	4.20-6.00	
Trombosit	201	10 ³ /ul	150-400	
Hematokrit	41.1	%	39.0-52.0	
Hitung Jenis				
LYM%	H 41	%	20-40	
Monosit%	7	%	2-8	
Netrofil%	L 46	%	50-70	
Eosinofil%	H 6.0	%	1.0-3.0	
Basofil%	0.0	%	0.0-1.0	
Netrofil Limfosit Rasio	1.12	Rasio	< 3.13	
Golongan Darah				
Gol. Darah	A		-	
Rhesus	+ (Positif)		-	
LED	4		< 10	
KIMIA KLINIK				
Glukosa Puasa	92	mg/dL	70-110	
Glukosa 2 Jam PP	112	mg/dL	70-140	
Triglicerida	121.77	mg/dL	< 150.00	
Cholesterol Total	214.90	mg/dL	< 200.00	
SGOT	21	U/L	< 35	
SGPT	20	U/L	< 45	
Ureum	28.29	mg/dL	16.60-48.50	
Creatinine	0.91	mg/dL	0.67-1.17	
Uric Acid	5.6	mg/dL	3.4-7.0	
IMUNO - SEROLOGI				
VDRL	Non Reaktif		Non Reaktif	
HBsAg (RPHA)	Non Reaktif		Non Reaktif	
URINE/FEACES				
Urin Lengkap				
Makroskopis				
Warna	Kuning		Kuning	
Kejernihan	Jernih		Jernih	
Kimia Urin				
Berat Jenis	1.005		1.003-1.030	



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Asal Pasien	: KLINIK KEURING	Diagnosa	:

Jenis Pemeriksaan	Hasil	Satuan	Nilai Rujukan	Metode
pH	7.5			
Protein	Negatif		Negatif	
Glukosa (Urin)	Negatif		Negatif	
Keton	Negatif	mg/dL	Negatif	
Darah (Urin)	Negatif		Negatif	
Bilirubin	Negatif		Negatif	
Urobilinogen	Negatif		Negatif	
Nitrit	Negatif		Negatif	
Leukosit Esterase	Negatif	sel/uL	Negatif	
Sedimen				
Leukosit (Urin)	0 - 1	/µl	0-1	
Eritrosit (Urin)	0 - 1	/µl	0-1	
Sel Epitel	Negatif	/LPK	Negatif	
Silinder	Negatif	/LPK	Negatif	
Kristal	Negatif	/LPB	Negatif	
Microorganisme	Negatif		Negatif	
Lain-lain	Negatif			

Dokter Penanggung Jawab



dr. Verdiansah, SpPK, MMRS

Tanggal keluar hasil : 15-10-2024 10:55:24



RUMAH SAKIT PELABUHAN PALEMBANG

Nama	:	Nama : IWAN BUDI DHARMAWAN
Umur	:	
Kedinasan / Instansi	:	Tgl Lahir : 29-04-1975
Tgl. Periksa	:	No MR : 245861

HASIL PEMERIKSAAN MATA

Visus Kanan : 6 / C

Visus Kiri : 61/6

Ischiara Test : Bisa Warna / Tidak Bisa Warna

Kesan

15/10/2024



• 140

Rumah Sakit Pelabuhan Palembang

D. Mayor Memet Sastrawirya No. 1 Balapan

Telp (07) 11 711 843

Name Pasten

No. MR

8	7	6	5	4	3	2	1		1	2	3	4	5	6	7	8
	V	IV	III	II	I		I		II	III	IV	V				
8	7	6	5	4	3	2	1		1	2	3	4	5	6	7	8

Pemeriksaan

- a. Gigi Lengkap
 b. Caries : IP (fritasi Pulpa) :
 HP (Hipermia Pulpa) :
 GP (Gangren Pulpa) :
 GR (Gangren Radix) :
 c. Gigi Seri / Geraham Palsu :
 d. Missing Teeth :
 e. Calculus :
 f. Lain-lain :

Tindakay

- e. Tampal / Filling : AF :
 Fuji :
 LL :

 b. Exc :

 c. Scelling :

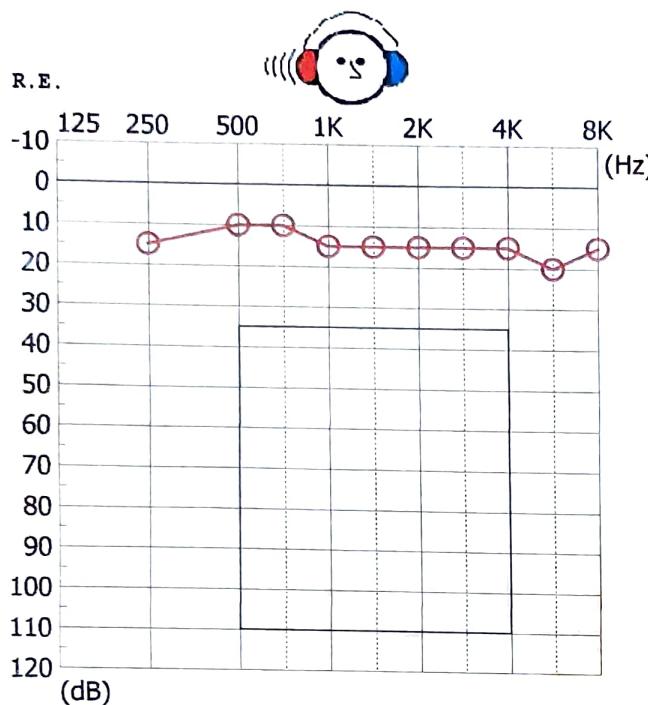
 d. Lain-lain :

Paraf Pemeriksa

[Signature]

AUDIOMETRY REPORT

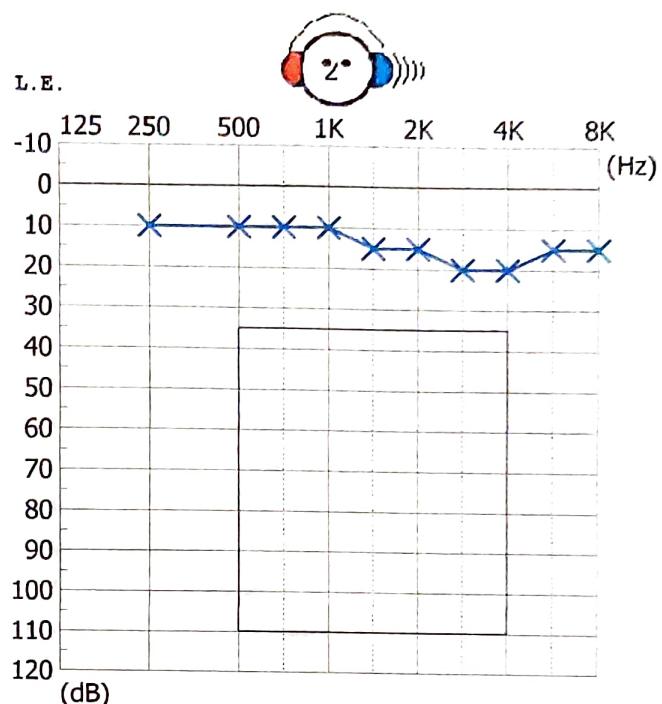
Name: IWAN BUDI D
 Age(a): 49
 Sex: Man
 Height (cm): 0
 Weight(Kg): 0
 BMI:



SIBELMED W50

Test Date: 15/10/2024
 Reference: 245861
 Technician:
 Reason:

Origin:



MINISTRY OF LABOUR AND SOCIAL AFFAIRS

	R.E.	L.E.
Hearing Loss (%)	0.0	0.0
Average dBs	13.8	13.8
Bilateral Loss (%)	0.0	

Right ear Normal
 Left ear Normal

No Masking	R.E.	L.E.	With Masking	R.E.	L.E.
Air	○	✗	Air	△	□
Bone	<	>	Bone	=	=
F.Field	∅	☒			

COMMENTS:



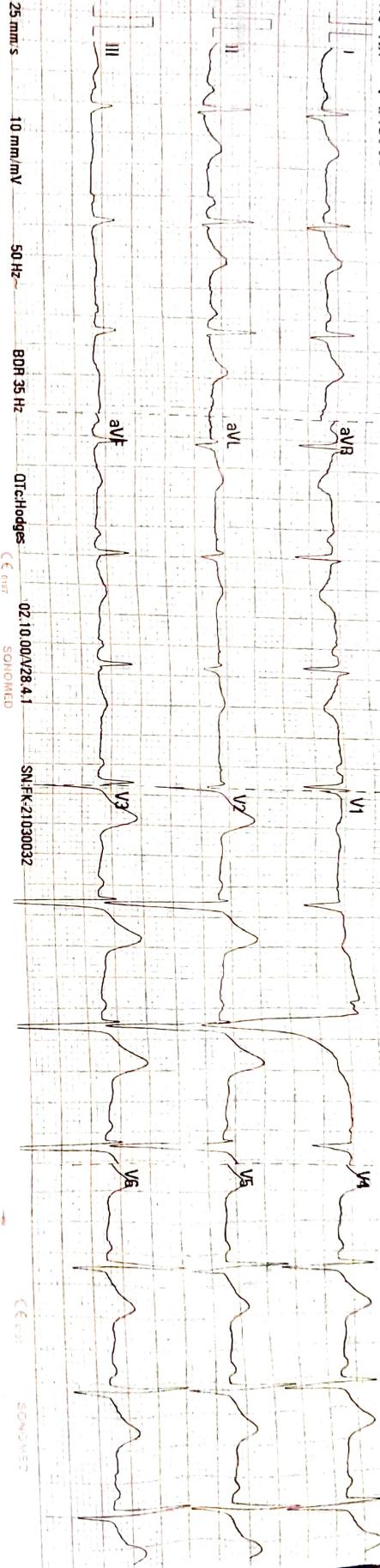
SISI TEST

Hz	500	1000	2000	4000
R.E. %	---	---	---	---
L.E. %	---	---	---	---

LÜSCHER TEST

Hz	500	1000	2000	4000	8000
R.E. dB	---	---	---	---	---
L.E. dB	---	---	---	---	---

Nama : IWAN BUDI DHARMAWAN
Tgl Lahir : 29-04-1975
No MR : 245861
Date : 2024-10-15 08:24:25



ID:2024-01508241286	Vent. Rate (bpm)	78
Name:	PR Interval (ms)	136
2024-10-15 08:24:25	QRS Duration (ms)	84
	QT/QTC Interval (ms)	402/434
	P/QRS/T Axes (deg)	59/67/38

Sinus rhythm

-- Interpretation made without knowing patient's gender/age --

Normal ECG Unconfirmed Diagnosis.

EEG 0157 SONC/MED

INSTALASI RADIOLOGI RS PELABUHAN PALEMBANG

JL. MAYOR MEMED SASTRAWIRYA NO. 1 PALEMBANG

TELP. 0711-7128440 ext 108

Nomor MR : 245861

Dokter : RATNA SARI DEVI , Sp.PAD

Nama Pasien : IWAN BUDI DHARMAWAN

Ruang : KLINIK KEURING

Tanggal Lahir: 29-04-1975 Kelamin : L Usia : 49

Tanggal : 15-10-2024

Pelanggan : PASIEN UMUM TUNAI

No Radiologi :

U.Kerja/Prsh : PASIEN UMUM TUNAI

Jenis Debitu : UMUM

No.	Pemeriksaan Radiologi	Deskripsi
1	THORAX AP/PA	<p>Iwan budi</p> <p>Pada pemeriksaan foto thorax didapatkan</p> <p>Jantung tak membesar</p> <p>Mediastinum superior tak melebar.</p> <p>Trachea ditengah</p> <p>Hilus kanan kiri tidak menebal.</p> <p>Corakan bronkovaskular kedua paru normal.</p> <p>Tidak tampak infiltrat maupun nodul di kedua paru.</p> <p>Diafragma licin. Sinus kostofrenikus kanan kiri lancip.</p> <p>Tulang-tulang dan jaringan lunak dinding dada baik.</p> <p> Kesan :</p> <p>Cor tak membesar</p> <p>Pulmo tak tampak kelainan.</p>

Petugas



MULYADI


Q-Stress Final Report

10/15/2024

11:23:18 AM

Attending _____
Referring _____

Patient	IWAN BUDI DHARMAWAN
MRN	245861
DOB	4/29/1975
Sex	MALE

Medication

Resting HR	98	Target HR	145	Max HR	169	Protocol	Bruce
Resting SBP	140	Max Predicted HR	171	Max SBP	170	HRxBP	28730
Resting DBP	80	% Max HR	99	Max DBP	90	Billing Code	
Worst-case ST Level	-0.9 III	Total Exercise Time	10:02				
Worst-case ST Slope	10 III	METs(a)	12.8				

Reason for Test

Reason for Ending Test

Observation

Conclusion

- Negative exercise report at >85% max
- Average blood pressure for I
- Heart rhythm C)
- Recommendation: ~~walking~~ walking 3-6 km / day -
~~body weight 45 kg / m²~~
~~calories~~.

WAN BUDI DHARMAWAN

245861

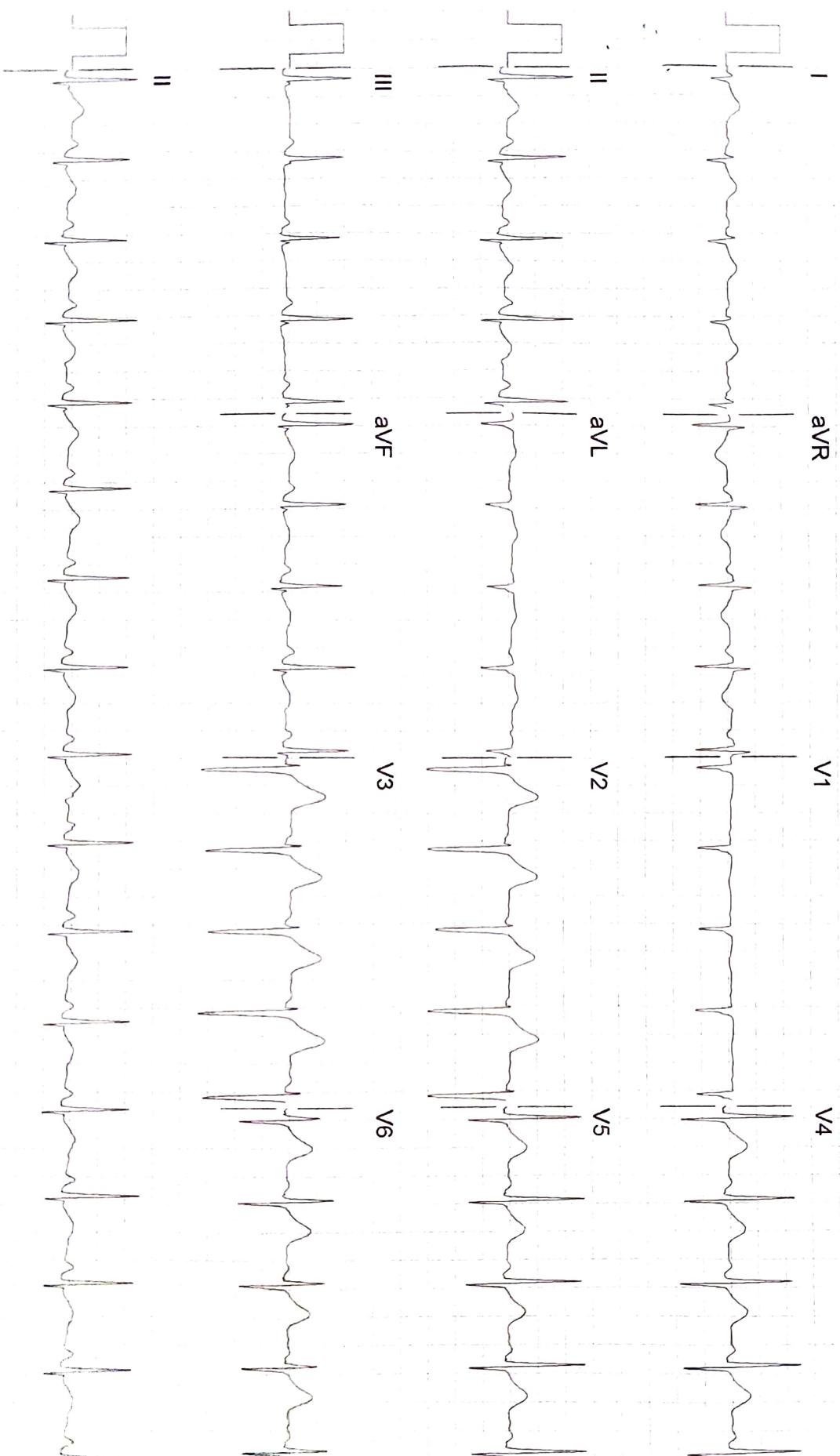
4/29/1975

12-Lead Manual (simultaneous)

Protocol

Bruce
Stage
Spd/Grd

RPE -- HR --
METs(a) 1.0 Target HR 145 II LVL -- SLP --
BP 140/80 Max HR -- V2 LVL -- SLP --
Previous BP --- HRxBP --- V5 LVL -- SLP --



IWAN BUDI DHARMAWAN

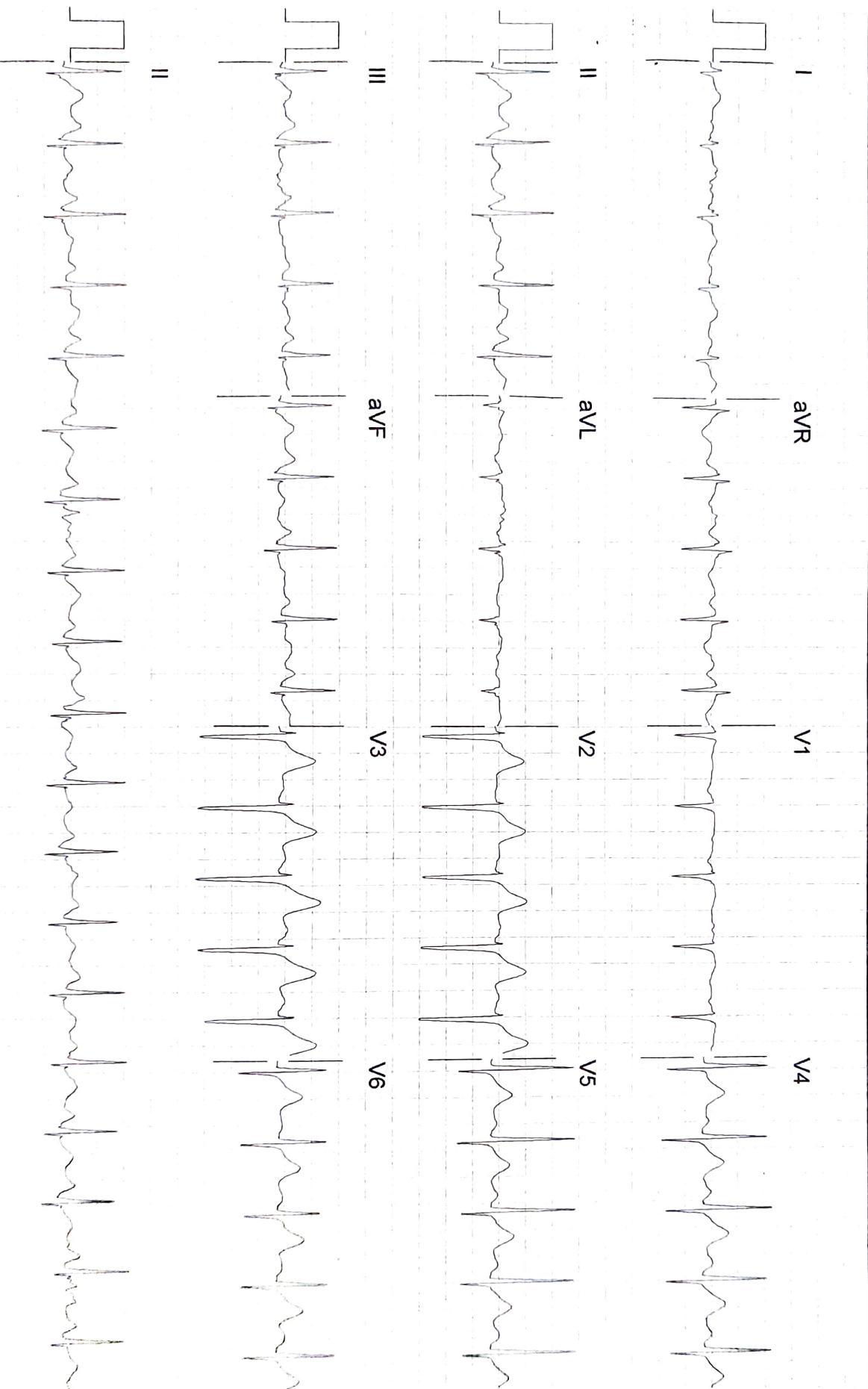
245861

4/29/1975

12-Lead (simultaneous)

Protocol Bruce Stage Spd/Grd
1 102.50 02.50
II 1.7 mph 10.0%

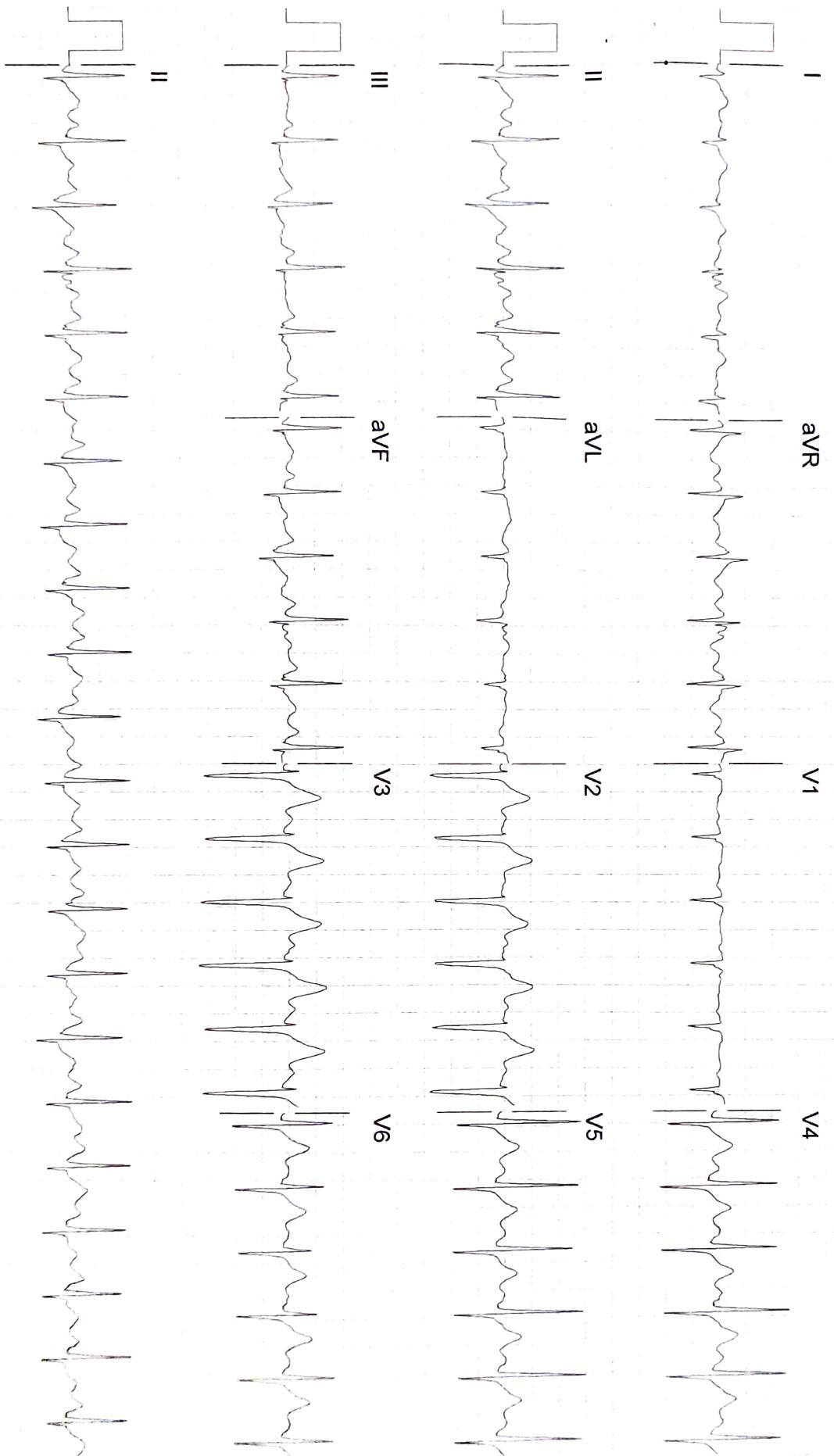
RPE METs(a)	-	HR	110
4.6	Target HR	145	II
B/P	Max HR	114	LVL
Previous BP 140/80	HRxBP	-----	2.2 SLP
V5	V5	LVL	26
V5	LVL	1.4 SLP	21



IWAN BUDI DHARMAWAN
245861
4/29/1975
12-Lead (simultaneous)

Protocol Bruce
Stage 2 02:50 05:50
Spd/Grd 2.5 mph 12.0%

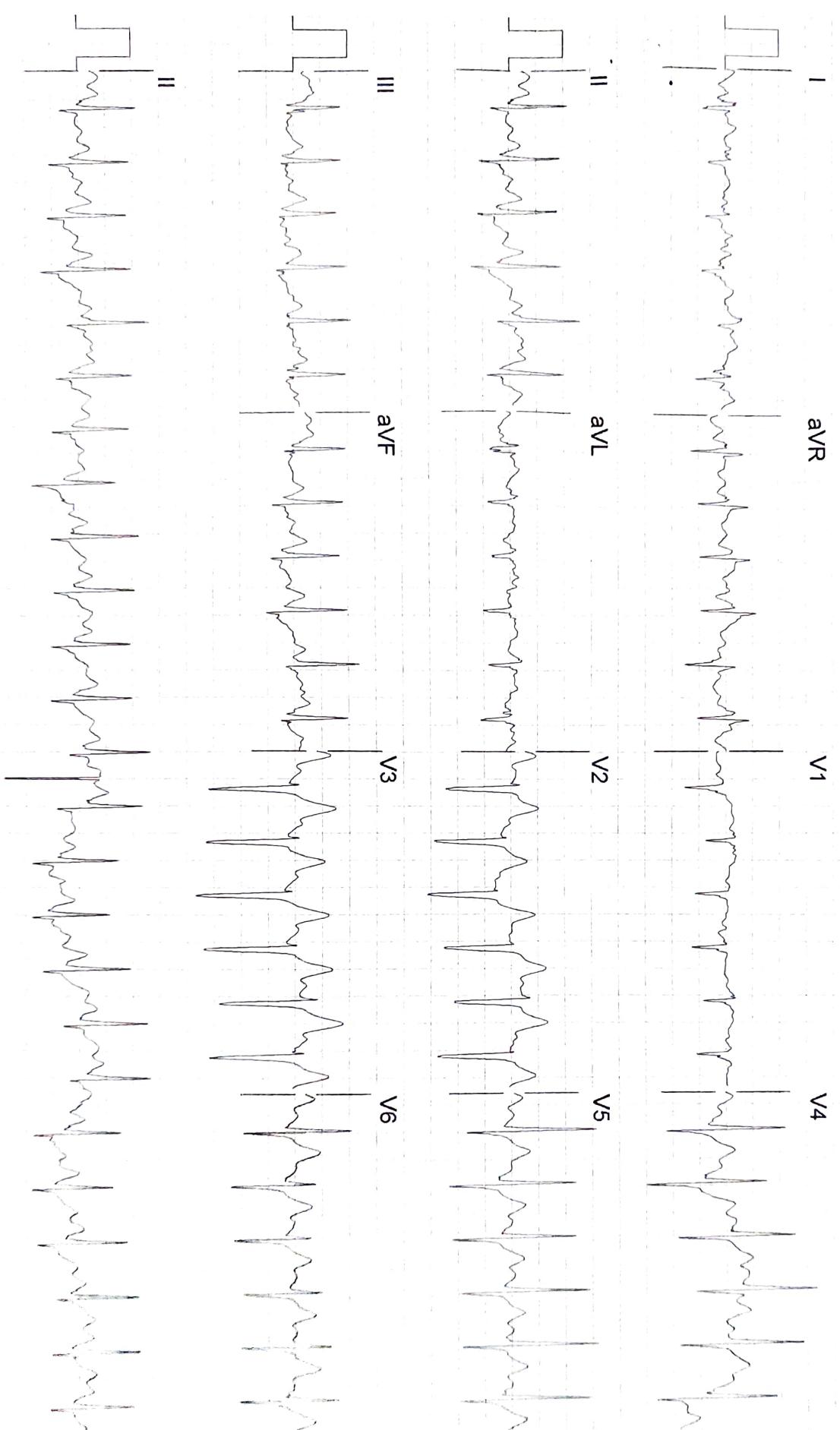
RPE	-	HR	130
METs(a)	7.0	Target HR	145
BP	150/80	Max HR	130
Previous BP	140/80	HRxBP	V2
			LVL
			2.7 SLP
			42 LVL
			1.7 SLP
			34



IWAN BUDI DHARMAWAN

245861
4/29/1975
12-Lead (simultaneous)

Protocol	Bruce Stage	RPE METs(a)	-	HR Target HR	152
Spd/Grd	3.4 mph	10.1		145	II LVL 0.5 SLP 28
		BP	160/90	Max HR	152 V2 LVL 3.2 SLP 50
		Previous BP	160/80	HRxBP	24320 V5 LVL 1.7 SLP 47

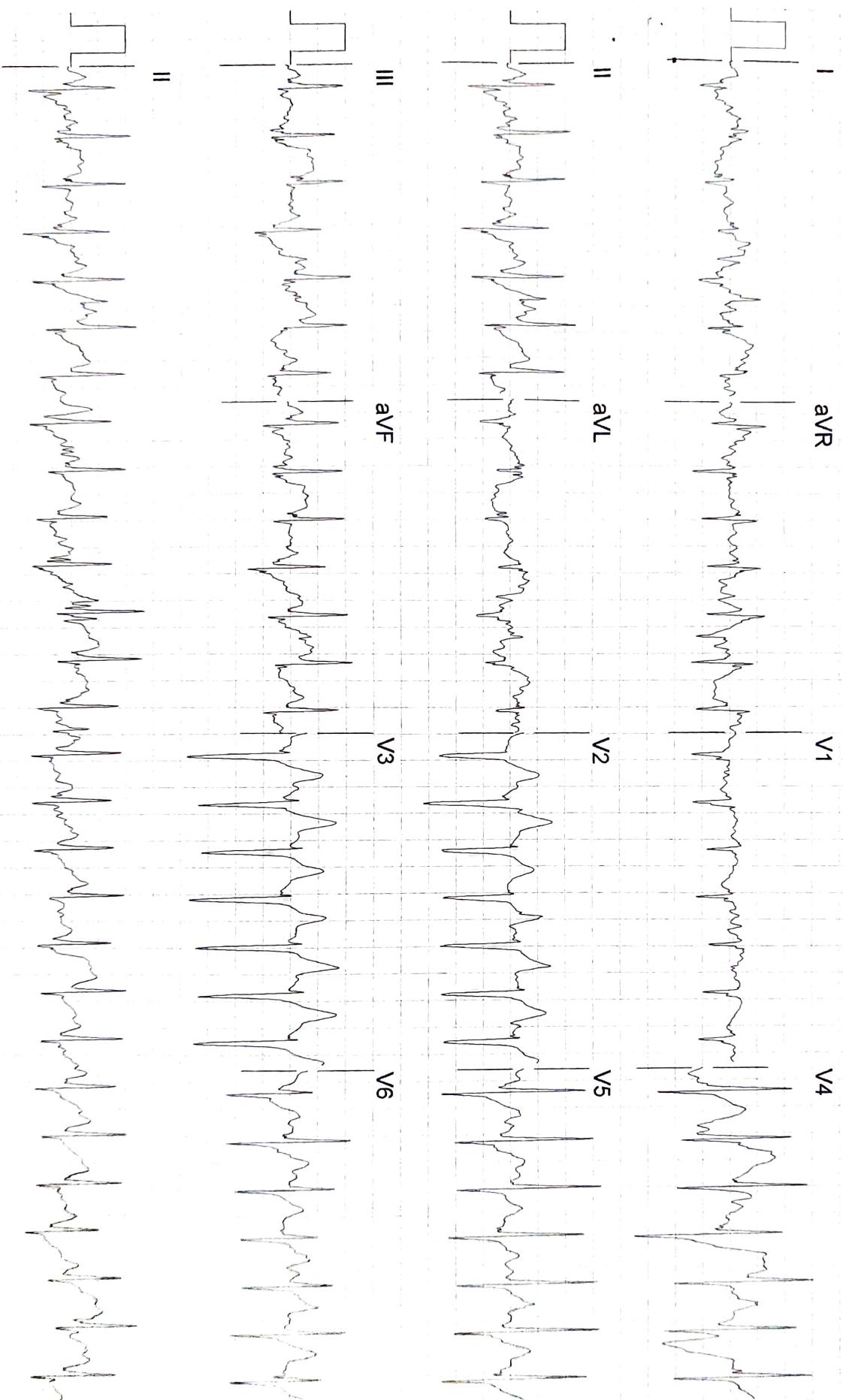


IWAN BUDI DHARMAWAN

245861
4/29/1975
12-Lead (simultaneous)

Protocol Bruce
Stage Recov 00:00
Spd/Grid 1.2 mph 0.0%

RPE	--	HR	166	II	LVL	0.4 SLP	35
METs(a)	12.8	Target HR	145	Max HR	166	V2	LVL
BP	---/---	Max HR	166	V5	V5	3.6 SLP	50
Previous BP	160/90	HRxBP	---	LVL	2.1 SLP	50	



IWAN BUDI DHARMAWAN

245861
4/29/1975

12-Lead (simultaneous)

Protocol Bruce
Stage Spd/Grd

Recov 01:00
1.2 mph 0.0%

RPE METs(a)	HR Target HR	155 145	II	LVL	1.7	SLP	45	
BP	170/90	Max HR	169	V2	LVL	4.7	SLP	50
Previous BP	160/90	HRxBP	26350	V5	LML	3.0	SLP	50

