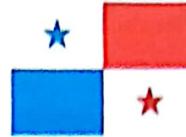




REPÚBLICA DE PANAMÁ  
REPUBLIC OF PANAMA  
AUTORIDAD MARÍTIMA DE PANAMÁ  
PANAMA MARITIME AUTHORITY  
CERTIFICADO MÉDICO DE LA GENTE DE MAR  
MEDICAL FITNESS STANDARDS CERTIFICATE FOR SEAFARERS



Certificate No.: ALCH-45686-2024

Este certificado se emite en conformidad con las disposiciones de la regla I/9 del Convenio STCW, 1978, enmendado, y la norma A-I/2 del CTM, 2006, enmendado, y certifica que la gente de mar es apta para el servicio en el mar.

This certificate is issued in accordance with the provisions of the regulation I/9 of the 1978 STCW Convention, as amended and the standard A-I/2 of the MLC, 2006, as amended, and certifies that seafarers are fit for sea service.

Apellido Surname: <b>NURUDDIN</b>	Nombre Given Name(s): <b>MOCH</b>	Cédula / Pasaporte No. Id. Number/Passport No. <b>E 7138521</b>
Fecha de Nacimiento(dd/mm/aaaa): Date of Birth(dd/mm/yyyy) <b>10/03/1998</b>	Nacionalidad: Nationality <b>Indonesia</b>	Sexo: Sex <b>Male</b>

Yes      No

¿Confirmación de que se examinaron los documentos de identidad en el lugar del examen?  
Confirmation that identification documents were checked at the point of examination

¿La audición cumple con el estándar?  
Hearing meets standards?

¿La audición es satisfactoria sin ayuda?  
Unaided hearing satisfactory?

¿La agudeza visual cumple con el estándar?  
Visual acuity meets standards?

¿La visión cromática cumple con el estándar?  
Colour vision meets standards?

Fecha de la última prueba de visión cromática (Año/Mes/Día)?  
Date of last color vision test

2024-05-20

¿Apto para cometidos de vigía?  
Fit for look out duties?

¿Existen limitaciones o restricciones respecto de la aptitud física? Si la respuesta es "sí", dar detalles de las limitaciones o restricciones:  
Limitations or restrictions on fitness?

¿Está el marino libre de cualquier condición médica que pueda verse agravada por el servicio en el mar o discapacitarle para el desempeño de tal servicio o poner en peligro la salud de otras personas a bordo?

Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other persons on board?

Confirmo que he sido informado sobre el contenido del presente certificado y sobre el derecho a solicitar una revisión del dictamen, con arreglo a lo dispuesto en el párrafo 6 de la Sección A-I/9.

I hereby confirm that I have been informed about the content of this certificate and of the right to a review in accordance with the paragraph 6 of Section A-I/9.

Firma de la Gente de Mar Seafarer  
's Signature



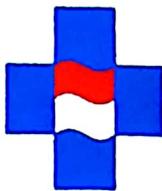
Date of Issue                    2024-05-23  
Expiration Date:                2026-05-23  
Name of the recognized medical practitioner:            Pony Ndaruaji

Firma y sello del medico reconocido/Signature and Stamp of the recognized medical practitioner  
**dr. Pony Ndaruaji**  
SIP No : 10B.15A/31.72.04.1005.9.K-3/4-1.779.3/e/2022

Reg: 3111100317053064

- El original de este certificado deberá estar disponible durante el servicio a bordo./The original of this certificate must be kept available while serving on board ship.
- En caso de pérdida de este certificado, el titular deberá notificar a los puertos y a la Autoridad Marítima de Panamá./In case of loss of this certificate, the holder should notify ports and the Panama Maritime Authority.
- La autenticidad de este certificado puede ser verificada contactando a la Autoridad Marítima de Panamá./The authenticity of this certificate can be verified contacting the Panama Maritime Authority.





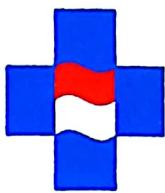
## MEDICAL EXAMINATION REPORT

COMPANY	: PT. ANDHINI EKAKARYA SEJAHTERA		
MCU NO.	: CLC-00-48-84		
NAME	: MOCH NURUDDIN		
SEX	: PRIA/MALE	DATE EXAMINE	: 20 May 2024
PLACE & DATE OF BIRTH	: BANGKALAN / 10 March 1998	NATIONALITY	: INDONESIA
MAILING ADDRESS OF EXAMINE	: DSN. SAWO RT. 002 RW. 001 KEL. TAJUNGAN KEC. KAMAL		
DUTY	: WIPER	PASSPORT	: E7138521



MEDICAL HISTORY (EXAMINE PERSONAL DECLARATION)		PHYSICAL EXAMINATION					
	Yes / No	HEIGHT	WEIGHT	BMI	BLOOD PRESSURE	PULSE REGULAR	RESPIRATORY RATE
1. ALCOHOL HISTORY	No	162 cm	65 kg	24.80 kg/m <sup>2</sup>	128/73 mmHg	64 X/min	18 X/min
2. ALLERGIC HISTORY	No						
3. AMPUTATION	No						
4. BLOOD DISORDER	No						
5. BALANCE PROBLEM	No	Right Eye	6/6				
6. BACK OR JOINT PROBLEM	No	Left Eye	6/6				
7. COLOUR BLINDNESS	No	Both Eye	6/6				
8. CANCER	No						
9. DIABETES	No						
10. DIGESTIVE DISORDER	No						
11. DEPRESION	No						
12. EPILEPSY	No						
13. EYE / VISION PROBLEM	No						
14. EAR PROBLEM	No						
15. FRACTURE	No						
16. GENITAL DISORDER	No						
17. HEART SURGERY	No						
18. HEART DISEASE	No						
19. HIGH BLOOD PRESSURE	No						
20. HERNIA	No						
21. INFECTIOUS DISEASE	No						
22. KIDNEY PROBLEM	No						
23. LUNG DISEASE	No						
24. LIVER PROBLEM	No						
25. LOST OF MEMORY	No						
26. NARCOTIC HISTORY	No						
27. NEUROGICAL DISEASE	No						
28. OPERATION / SURGERY	No						
29. PSYCHIATRIC PROBLEM	No						
30. RESTRICTED MOBILITY	No						
31. SKIN PROBLEM	No						
32. SLEEP PROBLEM	No						
33. THYROID PROBLEM	No						
34. TUBERCULOSIS	No						
35. SMOKING	No						
DENTAL EXAMINATION		HEARING	If abnormal, give details				
8 7 6 5 4 3 2 1   1 2 3 4 5 6 7 8 8 7 6 5 4 3 2 1   1 2 3 4 5 6 7 8 • : Filling   O : Caries   ^ : Root Rest x : Missing   V : Prothesia		Right Ear Left Ear	NORMAL Yes Yes	NIL	KEGASTIAN DOKUMEN INI HUBUNGI TOTOT RUMEKSO HP. 0858 1392 5019		





**INDOSEHAT 2003**  
**CLINIC & MEDICAL CHECK-UP**



BNI ISO 9001 : 2015



BPJS Kesehatan



KEMNAKER

## SURAT KETERANGAN TO WHOM IT MAY CONCERN

Dengan ini kami menerangkan bahwa :  
Here with acknowledge that :

**Nama**  
Name : MOCH NURUDDIN  
**Jenis Kelamin**  
Gender/Sex : PRIA/MALE  
**Tempat / Tanggal Lahir**  
Place / Date Of Birth : BANGKALAN / MARCH 10, 1998  
**Perusahaan**  
Company : PT. ANDHINI EKAKARYA SEJAHTERA  
**Jabatan**  
Occupation : WIPER



**Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.**  
Have trully complete Medical Standart Check-Up in Indosehat 2003 Medical Centre.

**Dengan Hasil : Sehat untuk Bertugas.**  
With Final Result : FIT.

**Demikian surat keterangan ini kami sampaikan untuk dapat dipergunakan sebagaimana mestinya.**  
I hope this letter will be found useful where necess.



MOCH NURUDDIN



**Date Of Examination, May 20, 2024**  
**Expiration Of Validity, May 20, 2026**



## REPORT LABORATORY RESULT

Company	: PT. ANDHINI EKAKARYA SEJAHTERA	Sex	: Male
Name	: MR.MOCH NURUDDIN	No. MR	: 004884
MCU No.	: 030/MCUI/SAES/V/24	Age	: 26 Years Old
Date Examination	: MAY 20, 2024		

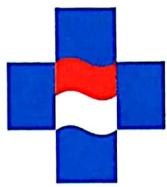
Laboratory Test	Reference Ranges	Result
<b>HAEMATOLOGY</b>		
Haemoglobin	13.0 – 18.0	gr / dl
White Blood Cell Count	5.0 – 10.0	/ ul
ESR	0 - 15	mm / hour
<b>DIFFERENTIAL COUNT</b>		
Eosinophil	0 – 1	%
Basophil	1 – 3	%
Stab	2 – 6	%
Segment	50 – 70	%
Lymphocyte	20 – 40	%
Monocyt	2 – 8	%
Platelet/ Trombosit	150.000-440 .000	
<b>BLOOD CHEMISTRY</b>		
Fasting Blood Sugar	60-110	mg / dl
Blood Sugar 2 PP	60-140	mg/ dl
Random Glucose	60 – 180	mg / dl
Cholesterol	< 200	mg / dl
Triglyceride	< 200	mg / dl
SGOT	< 35	U / L
SGPT	< 45	U / L
Creatinin	0,7 – 1,4	mg / dl
Ureum	15 – 45	mg / dl
Fosfatase Alkali	30-120	mg/dl
GGT	< 49	g/ml
BIL TOTAL	0,2-1,0	mg/dl
BIL DIRECT	0,1-1,2	mg/dl



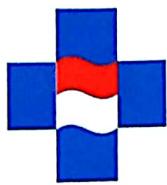
### **REPORT LABORATORY RESULT**

<b>Company</b>	: PT. ANDHINI EKAKARYA SEJAHTERA		
<b>Name</b>	: MR.MOCH NURUDDIN		
<b>MCU No.</b>	: 030/MCUI5/AES/V/24		
<b>Date Examination</b>	: MAY 20, 2024		
	<b>Sex</b>	: Male	
	<b>No. MR</b>	: 004884	
	<b>Age</b>	: 26 Years Old	

Laboratory Test	Reference Ranges	Result
<b>URINALYSIS</b>		
Macroscopic		
Spesific Gravity	1,010 – 1,030	1005
Albumin	Negative	Negative
Glucose	Negative	Negative
PH		6
Microscopic		
Sediment		
Epithels / hpf	Positive	Positive
WBC / hpf	1 – 4	0-2
RBC / hpf	1 – 4	0-2
Cast	Negative	Negative
Crystal	Negative	Negative
Bacteria	Negative	Negative
Others	Negative	Negative
<b>SEROLOGY / IMMUNOLOGY</b>		
VDRL	Non Reaktive	Non Reactive
Hbs Ag	Non Reaktive	Non reactive
HIV	Non Reaktive	Non reactive
 <u>dr. Gunawan Eka Putra, Sp.PK</u> Chief Laboratory		



LABORATORY FINDING		
<b>BLOOD TEST</b>		<b>URINALYSYS</b>
<b>HEMATOLOGY</b>		
HB	: 17,3	gr/dl
WBC	: 5,9	
DIFF COUNT	: 0,2/2,1/5/67/29,3/3,7	
<b>BLOOD CHEMISTRY</b>		
CHOLESTEROL	: 166	mg / dl
TRYGLISERIDES	: 32	mg / dl
GDS	: mg / dl	
SGOT	: 32	U/L
SGPT	: 24	U/L
Creatinin	: 0,8 mg / dl	
<b>SEROLOGY / IMUNOLOGI</b>		
Hbs Ag	: Non reaktive	
HIV	: Non reaktive	
VDRL	: Non Reaktive	
<b>CHEST X-RAY</b>	<b>Report</b>	Slight kardiomegali
<b>OTHER DIAGNOSTIC TEST</b>		
ECG	: NORMAL	
<b>COMMENT ON MEDICAL HISTORY AND CLINICAL EVALUATION</b>		
The abovenamed person physically :		
<input checked="" type="checkbox"/> FIT <input type="checkbox"/> FIT WITH MINOR CORRECTABLE DEFECT <input type="checkbox"/> HAS MAJOR PHYSICAL DEFECT ; FIT WITH RESTRICTION OF SELECTED ASSIGNMENT <input type="checkbox"/> UNFIT TEMPORARY For duties on board ship Doctor's Advice		
<b>FIT TO BE DUTY ON BOARD SHIP</b>		
<b>HEALTH CERTIFICATE</b> No. : 030/MCUIS/AES/V/24		
THIS TO CERTIFICATE THAT A MEDICAL EXAMINATION WAS GIVEN TO : <b>MR. MOCH NURUDDIN</b> AGE 26 YEARS		
<b>HE IS FOUND TO BE FIT FOR DUTY AS : WIPER</b> ISSUED AT JAKARTA DATE MAY 20, 2024 VALID UNTIL MAY 20, 2026		
 <b>dr. PONY NDARUAJI</b> Chief Physician		



## CERTIFICATION DRUGS AND ALCOHOL

MCU. No	: 030/MCUIS/AES/V/24
Company	: PT. ANDHINI EKAKARYA SEJAHTERA
Date	: MAY 20, 2024

This is to certify that

Name	: MR. MOCH NURUDDIN
Sex	: Male
Place/Date Of Birth	: BANGAKALAN/ MARCH 10, 1998
Age	: 26 Years Old
Rank	: WIPER

Was examined for the presence of the following drugs and alcohol in the urine using the competitive immunoassay / chromatographic Absorbent method and was found :

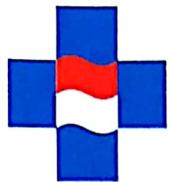
1. Amphetamine	:	Negative	6.Cocaine	:	Negative
2. Methamphetamine	:	Negative	7.Marijuana/Cannabinoids	:	Negative
3. Opiate/Morphine	:	Negative	8.Barbiturate	:	Negative
4. Phencyclidine	:	Negative	9.Benzodiazepine	:	Negative
5. Codeine	:	Negative	10.Alcohol	:	Negative

Note  
N/E : Not Examine

JAKARTA, MAY 20, 2024



dr. PONY NDARUJAI  
Medical Review Officer



## **DENTAL HEALTH CERTIFICATE**

This is to certify that today I have examined :

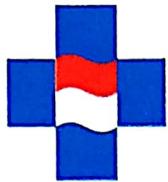
Name : MR. MOCH NURUDDIN  
Age : 26 Years Old

And was found him / her dentally **FIT**.

Jakarta, MAY 20, 2024

(  )

**Dentist**



## DENTAL CHECK UP REPORT

MCU No. : 030/MCUIS/AES/V/24  
Date : MAY 20, 2024  
Name of Crew : MR. MOCH NURUDDIN  
Age : 26 Years Old

Company/Shiping Co.:

### CHIEF COMPLAINT :

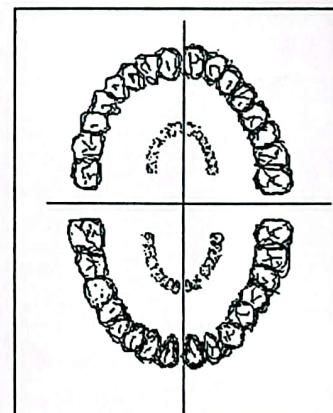
### FINDINGS :

1. Teeth Missing :

2. Carious Teeth :

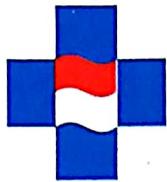
3. Periodontally involved teeth :

4. Others :



### ADVISED :

Jakarta, MAY 20, 2024  
  
( Dr. Triana )



## Declaration of Anti HIV Test Result

I Declara that Anti HIV Test Result From :

Name : MR. MOCH NURUDDIN  
No Client : 004884  
MCU No. : 030/MCUIS/AES/V/24  
Sex : Male  
Age : 26 Years Old

HIV	Negative
-----	----------

Jakarta, MAY 20, 2024

Examiner



dr. PONY NDARUAJI  
Medical Review Officer

Laboratory Analyst



# KLINIK UTAMA INDOSEHAT 2003 MEDICAL CENTRE

Ex. Komp. Gaya Motor

Jl. Isuzu No. 32 Semper Timur, Cilincing, Jakarta Utara 14130  
Telp. (021) 4411281 Fax. (021) 4411281 Email : [indosehat2003@hotmail.com](mailto:indosehat2003@hotmail.com)

Nama Pasien : MR. MOCH NURUDDIN Pengirim : PT. ANDHINI EKAKARYA SEJAHTERA

Umur / No. Foto : 26 TH / 004884 Rontgen : THORAX AP.....

Tanggal Rontgen : MAY 20, 2024

Yth. Ts.

## CHEST C-RAY POSTEROANTERIOR PROJECTION :

CTR 52 %. Aorta baik.  
Corakan bronkovaskuler kedua paru baik.  
Hilus tidak menebal.  
Diafragma licin. Sinus kostofrenikus lancip.  
Costae intak.

Kesan : Slight kardiomegali

RODALINA, Sp. Ra  
15/B.31.72.04.1005.05.005.C.1/3/-1.779.3/e/

dr. ROSALINA, Sp. Rad.

21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020.

Radiolog / Assisten : ..... Tanda tangan : .....

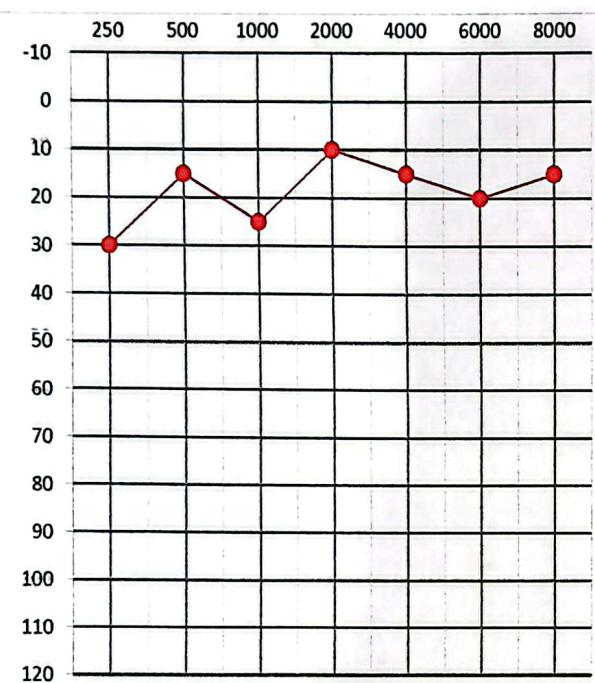
## PATIENT DATA

<u>Company</u>	:	ANDHINI
<u>Name</u>	:	MOCH NURUDDIN
<u>Age</u>	:	26 YO
<u>No</u>	:	00-48-84

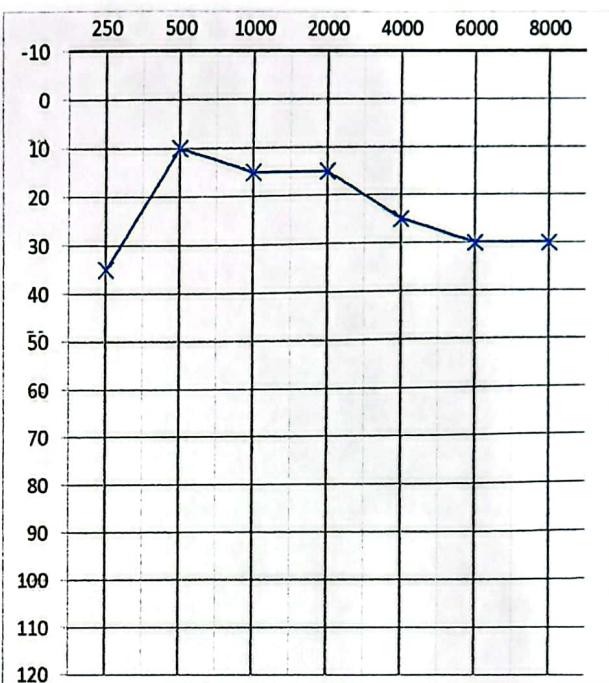
**Instrument :** Audiometer audiometri

### Tone Audiogram

RIGHT - FF1



## LEFT - FF1



Right Ear Air Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
30	15	25	10	15	20	15	16,25

Left Ear Air Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
35	10	15	15	25	30	30	16,25

Right Ear Bone Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Left Ear Bone Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Right Ear : Ambang dengar normal 16,25 dB

**Left Ear** : Ambang dengar normal 16,25 dB

Conclusion : Pendengaran kedua telinga dalam batas normal

dr. KARISMA PRAMESWARI, M.P., Sp. TNT, K.L.  
11-B, HR. 11/22 DA 5015 AS 006 C 13-1739300001

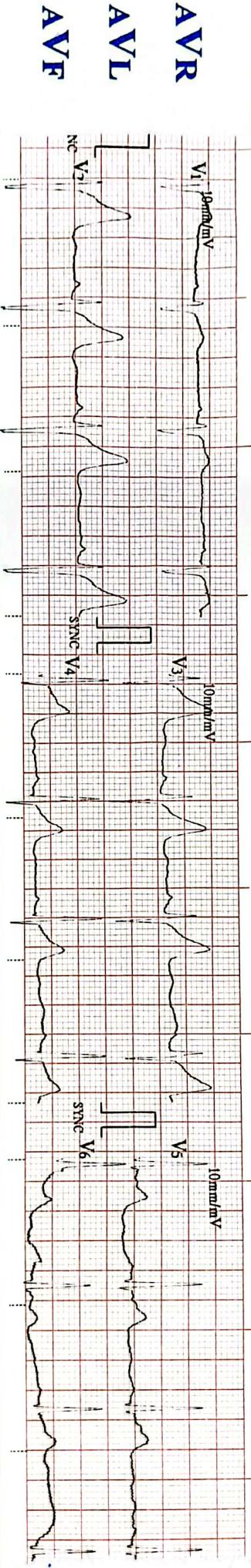
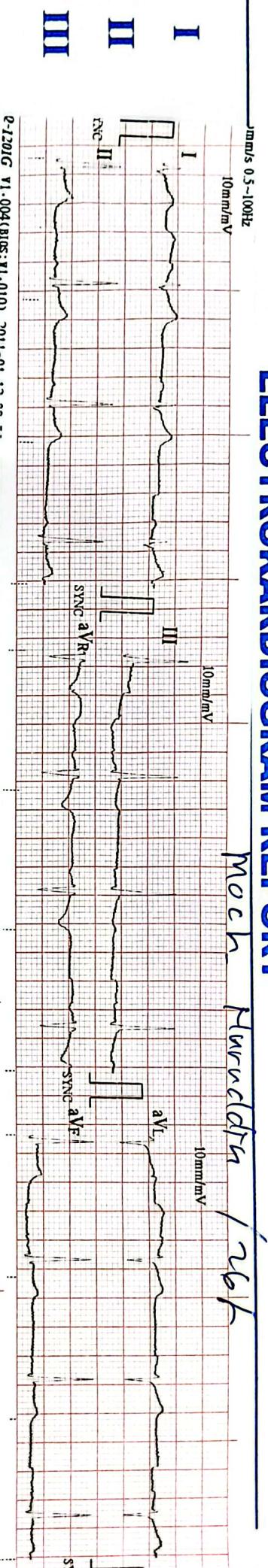
Digitized by srujanika@gmail.com

## Examining Physician

dr Karisma Prameswari Sp.THT-KL

# ELECTROKARDIOGRAM REPORT

$mm/s$  0.5~100Hz



	V <sub>6</sub>	V <sub>5</sub>	V <sub>4</sub>

**PEMERIKSAAN ELECTROKARDIOGRAM  
MEDICAL CHECK UP**

NO. MCU	: 00 1884
TANGGAL PERIKSA	: 20 Mei 2022
NAMA	: Noch Nuruddin
UMUR	: 26
PERUSAHAAN	: Andhi
KESIMPULAN	: Sinus 75 x / min Normal

Dr. Ismugit, SpJP-FIHA  
Spesialis Jantung & Pembuluh Darah  
(Cardiologist)

dr. ISMUGI SpJP, FIHA  
CARDIOLOGIST

**SURAT KETERANGAN SEHAT**  
*Certificate of Health*

Yang bertanda tangan di bawah ini, dokter Spesialis Jantung RSUD Cilincing menerangkan dengan sesungguhnya bahwa :

*The undersigned, Cardiologist at Cilincing General Hospital, certify that :*

Nama (Name) : Tn Moch. Nuruddin  
Umur (Age) : 26 Thn

Pada hari ini telah kami periksa dengan teliti kesehatannya dan berpendapat bahwa kesehatan saudara tersebut pada waktu diperiksa dalam kondisi asymptomatic :

*we have carefully examined his health which show asymptomatic condition.*

**SEHAT UNTUK BEKERJA**  
**FIT TO WORK FOR DUTY**

Tidak ada pembatasan untuk pekerjaan/aktifitas  
*No physical Restriction*

Demikianlah Surat Keterangan ini dibuat dengan sebenar –benarnya untuk dapat digunakan sesuai keperluan.

*(this Certificate is made in truth to be used as needed)*

