



**INDOSEHAT 2003**  
**CLINIC & MEDICAL CHECK-UP**



## MEDICAL EXAMINATION REPORT

<b>COMPANY</b>	: PT. ANDHIKA LINES		
<b>MCU NO.</b>	: CLC-00-94-04		
<b>NAME</b>	: EKO PRASETYO		
<b>SEX</b>	: PRIA/MALE		<b>DATE EXAMINE</b> : 10 Dec 2024
<b>PLACE &amp; DATE OF BIRTH</b>	: BEKASI / 21 November 2003		<b>NATIONALITY</b> : INDONESIA
<b>MAILING ADDRESS OF EXAMINEE</b>	: TAMAN WISMA ASRI BLOK AA 10 NO 84 RT. 009/021 KEL TELUK PUCUNG KEC BEKASI UTARA		
<b>DUTY</b>	: DECK CADET	<b>PASSPORT</b> : -	

MEDICAL HISTORY (EXAMINEE PERSONAL DECLARATION)		PHYSICAL EXAMINATION					
	Yes / No	<b>HEIGHT</b>	<b>WEIGHT</b>	<b>BMI</b>	<b>BLOOD PRESSURE</b>	<b>PULSE REGULAR</b>	<b>RESPIRATORY RATE</b>
1. ALCOHOL HISTORY	No	178 cm	69 kg	21.80 kg/m <sup>2</sup>	127/81 mmHg	71 X/min	18 X/min
2. ALLERGIC HISTORY	No	<b>VISION</b>	<b>WITHOUT</b>	<b>WITH</b>	<b>COLOR VISION (ISHIHARA'S METHOD)</b>		
3. AMPUTATION	No	Right Eye	6/6		NORMAL		
4. BLOOD DISORDER	No	Left Eye	6/6				
5. BALANCE PROBLEM	No	Both Eye	6/6				
6. BACK OR JOINT PROBLEM	No	<b>GENERAL APPEARANCE</b>					
7. COLOUR BLINDNESS	No	LOOKING HEALTHY					
8. CANCER	No	NORMAL					
9. DIABETES	No	1. EYES Yes					
10. DIGESTIVE DISORDER	No	2. EARS Yes					
11. DEPRESSION	No	3. NOSE Yes					
12. EPILEPSY	No	4. MOUTH Yes					
13. EYE / VISION PROBLEM	No	5. THROAT Yes					
14. EAR PROBLEM	No	6. NECK Yes					
15. FRACTURE	No	7. THROID Yes					
16. GENITAL DISORDER	No	8. LYMPH NODE Yes					
17. HEART SURGERY	No	9. LUNGS Yes					
18. HEART DISEASE	No	10. HEARTS Yes					
19. HIGH BLOOD PRESSURE	No	11. ABDOMEN Yes					
20. HERNIA	No	12. UROGENITAL SYSTEM Yes					
21. INFECTIOUS DISEASE	No	13. UPPER EXTREMITIES Yes					
22. KIDNEY PROBLEM	No	14. LOWER EXTREMITIES Yes					
23. LUNG DISEASE	No	15. BACK ABNORMALITY Yes					
24. LIVER PROBLEM	No	16. HERNIA Yes					
25. LOST OF MEMORY	No	17. CENTRAL NERVOUS SYSTEM Yes					
26. NARCOTIC HISTORY	No	18. SKIN & NAILS Yes					
27. NEUROLOGICAL DISEASE	No	19. SPEECH Yes					
28. OPERATION / SURGERY	No	20. OTHERS Yes					
29. PSYCHIATRIC PROBLEM	No						
30. RESTRICTED MOBILITY	No						
31. SKIN PROBLEM	No						
32. SLEEP PROBLEM	No						
33. THYROID PROBLEM	No						
34. TUBERCULOSIS	No						
35. SMOKING	No						
<b>DENTAL EXAMINATION</b>		<b>HEARING</b>		If abnormal, give details			
8 7 6 5 4 3 2 1   1 2 3 4 5 6 7 8		NORMAL		<div style="border: 2px solid blue; padding: 5px; text-align: center;"> <b>KEASIHAN DOKUMEN INI HUBUNGI</b>  <b>TOTOT RUMEKSO</b>  <b>HP. 0858 1392 5019</b> </div>			
8 7 6 5 4 3 2 1   1 2 3 4 5 6 7 8		Right Ear Yes					
• : Filling O : Caries ^ : Root Rest x : Missing V : Prothesa		Left Ear Yes					





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## **SURAT KETERANGAN** **TO WHOM IT MAY CONCERN**

**Dengan ini kami menerangkan bahwa :**  
*Here with acknowledge that :*

**Nama** : EKO PRASETYO  
*Name*  
**Jenis Kelamin** : PRIA/MALE  
*Gender/Sex*  
**Tempat / Tanggal Lahir** : BEKASI / NOVEMBER 21, 2003  
*Place / Date Of Birth*  
**Perusahaan** : PT. ANDHIKA LINES  
*Company*  
**Jabatan** : DECK CADET  
*Occupation*



**Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.**  
*Have trully complete Medical Standart Check-Up in Indosehat 2003 Medical Centre.*

**Dengan Hasil : Sehat untuk Bertugas.**  
*With Final Result : FIT.*

**Demikian surat keterangan ini kami sampaikan untuk dapat dipergunakan sebagaimana mestinya.**  
*I hope this letter will be found useful where necess.*



EKO PRASETYO

Jakarta, 10 December 2024



**dr. Pony Mulyaaji**  
*Examination*

**Date Of Examination, December 10, 2024**  
**Expiration Of Validity, December 09, 2026**



## REPORT LABORATORY RESULT

**Company** : PT. ANDHIKA LINES  
**Name** : MR. EKO PRASETYO  
**MCU No.** : 009/MCUIS/AL/XII/24  
**Date Examination** : DECEMBER 10, 2024

**Sex** : Male  
**No. MR** : 009404  
**Age** : 21 Years Old

Laboratory Test	Reference Ranges	Result
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### HAEMATOLOGY

Haemoglobin	13.0 – 17.3	gr / dl	15,6
White Blood Cell Count	5.0 – 10.0	/ ul	5,3
ESR	< 15	mm / hour	7
DIFFERENTIAL COUNT			
Basophil	0 – 1	%	0
Eosinophil	1 – 3	%	2
Stab	2 – 6	%	3
Segment	50 – 70	%	52
Limphocyte	20 – 40	%	39
Monocyt	2 – 8	%	4
Trombosit	150-400	ul	178

### BLOOD CHEMISTRY

Fasting Blood Sugar	70-110	mg/dl	92
Blood Sugar 2 PP	70-140	mg/ dl	114
Random Glucose	70 – 180	mg / dl	
Cholesterol	< 200	mg / dl	151
Triglyseride	< 200	mg / dl	95
SGOT	< 42	U / L	21
SGPT	< 47	U / L	24
Creatinin	0,7 – 1,4	mg / dl	0,7
Asam Urat	2.3 – 8.2	mg / dl	3,7
Ureum	10 – 50	mg / dl	20



## REPORT LABORATORY RESULT

<b>COMPANY</b>	: PT. ANDHIKA LINES	<b>Sex</b>	: Male
<b>Name</b>	: MR. EKO PRASETYO	<b>No. MR</b>	: 009404
<b>MCU No.</b>	: 009/MCUIS/AL/XII/24	<b>Age</b>	: 21 Years Old
<b>Date Examination</b>	: DECEMBER 10, 2024		

Laboratory Test	Reference Ranges	Result
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### URINALYSIS

#### Macroscopic

Specific Gravity	1,000 – 1,030	1010
Albumin	Negative	Negative
Glucose	Negative	Negative
PH		5

#### Microscopic

##### Sediment

Epithels / hpf	Positive	Positive
WBC / hpf	0 – 5	0-1
RBC / hpf	0 – 5	0-1
Cast	Negative	Negative
Crystal	Negative	Negative
Bacteria	Negative	Negative
Others	Negative	Negative

### SEROLOGY / IMMUNOLOGY

VDRL	Non Reaktif	Non Reaktif
Hbs Ag	Non Reaktif	Non reaktif

  
**dr. Gunawan Eka Putra. Sp.PK**  
Chief Laboratory





# INDOSEHAT 2003

CLINIC & MEDICAL CHECK-UP



## LABORATORY FINDING

### BLOOD TEST

#### HEMATOLOGY

HB : 15,6 gr/dl  
WBC : 5,3 / ul  
ESR : 7 mm/hour  
PLATELET : 178 thsn/ul  
DIFF COUNT : 0/2/3/52/39/4

#### BLOOD CHEMISTRY

CHOLESTEROL : 151 mg / dl  
TRYGLISERIDES : 95 mg / dl  
GDS : mg / dl  
SGOT : 21 U/L  
SGPT : 24 U/L  
Creatinin : 0,7 mg / dl  
Asam Urat : 3,7 mg / dl

#### SEROLOGY / IMUNOLOGI

Hbs Ag : Non reaktive  
VDRL : Non Reaktive  
HIV :

### URINALYSYS

SPECIFIC GRAVITY : 1010  
PROTEIN : Negative  
GLUCOSE : Negative  
PH : 5

#### MICROSCOPIC :

WBC : 0-1 / hpt  
RBC : 0-1 / hpt  
CAST : Negative  
CRYSTALS : Negative  
BACTERIA : Negative

### CHEST X-RAY

Report

NORMAL

### OTHER DIAGNOSTIC TEST

ECG : NORMAL

### COMMENT ON MEDICAL HISTORY AND CLINICAL EVALUATION

The abovenamed person physically :

- ☒ FIT  
☐ FIT WITH MINOR CORRECTABLE DEFECT  
☐ HAS MAYOR PHYSICAL DEFECT ; FIT WITH RESTRICTION OF SELECTED ASSIGNMENT  
☐ UNFIT TEMPORARY

For duties on board ship

Doctor's Advice

**FIT TO BE DUTY ON BOARD SHIP**

### HEALTH CERTIFICATE

No. : 009/MCUIS/AL/XII/24

THIS TO CERTIFICATE THAT A MEDICAL EXAMINATION WAS GIVEN TO :  
MR. EKO PRASETYO AGE 21 YEARS

HE IS FOUND TO BE FIT FOR DUTY AS : DECK CADET

ISSUED AT JAKARTA

DATE DECEMBER 10, 2024

VALID UNTIL DECEMBER 09, 2025



dr. PONY NOARUAJI  
Chief Physician



**INDOSEHAT 2003**  
**CLINIC & MEDICAL CHECK-UP**



## **SURAT KETERANGAN** **TO WHOM IT MAY CONCERN**

Dengan ini kami menerangkan bahwa

Here with acknowledge that :

Nama : MR. EKO PRASETYO

Name

Jenis Kelamin : Male

Sex

Tempat/tanggal lahir : BEKASI/ NOVEMBER 21, 2003

Place & Date of Birth

Perusahaan : PT. ANDHIKA LINES

Company

Jabatan : DECK CADET

Occupation

Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.

*Have trully complete Medical Standard Check-Up in Indosehat 2003 Medical Centre.*

Berdasarkan hasil pemeriksaan sebagaimana tersebut pada resume hasil pemeriksaan kesehatan RM No.009404 Tanggal DECEMBER 10, 2024 yang merupakan bagian dari surat keterangan ini, sesuai standart / tatacara pengujian dan penilaian tingkat kesehatan bagi pelaut sesuai dengan ketentuan peraturan I / 9 STCW 2010, maka yang bersangkutan saat ini kami nyatakan :

*Based on the results of the examination as mentioned in the resume of medical examination RM NO. 009404 Dated DECEMBER 10, 2024 which is part of this certificate, in accordance with the medical standards for seafarers as the provisions of regulation : I / 9 STCW 2010, it is concerned at this time we stated :*

Dengan hasil : Sehat untuk Bertugas.

*With final result : FIT*

Demikian surat keterangan an ini kami sampaikan untuk dapat dipergunakan sebagaimana mestinya.

*I hope this letter will be found useful where necess*

JAKARTA / DECEMBER 10, 2024



Date Of Examination, DECEMBER 10, 2024  
Expiration Of Validity, DECEMBER 09, 2025



dr. PONY NDARUAJI  
Examination



# KLINIK UTAMA INDOSEHAT 2003 MEDICAL CENTRE

Ex. Komp. Gaya Motor  
Jl. Isuzu No. 32 Sempur Timur, Cilincing, Jakarta Utara 14130  
Telp. (021) 4411281 Fax. (021) 4411281 Email : indosehat2003@hotmail.com

Nama Pasien : **MR. EKO PRASETYO** Pengirim : **PT. ANDHIKA LINES**  
Umur / No. Foto : **21 TH / 009404** Rontgen : **THORAX AP**  
Tanggal Rontgen : **DECEMBER 10, 2024**  
Yth. Ts.

## CHEST C-RAY POSTEROANTERIOR PROJECTION :

No sign of heart enlargement  
Normal bronchovascular pattern  
No sign of infiltrate of nodul in both lungs  
Diaphragms are smooth, costophrenic sinuses are sharp  
Bone of costae within normal limit

**Conclusion : No sign of abnormality in chest X-ray**

**dr. ROSALINA, Sp. Rad.**  
21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020

**dr. ROSALINA, Sp. Rad.**

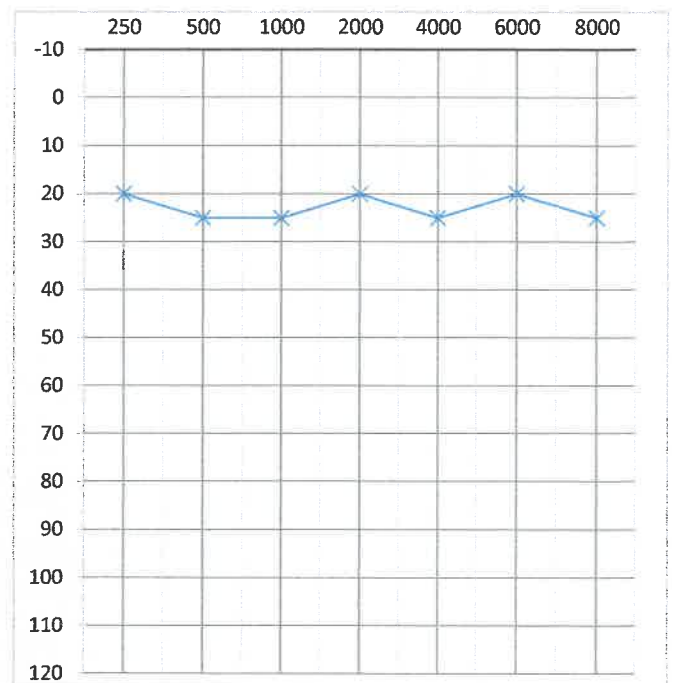
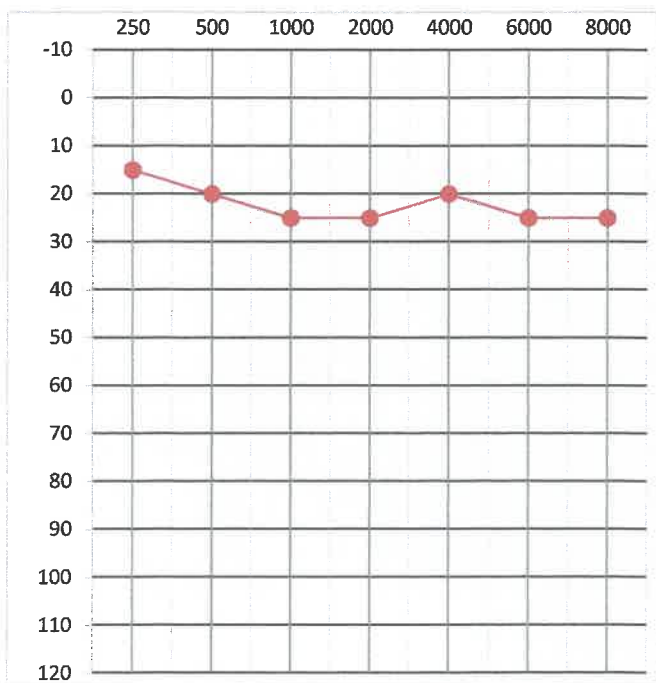
**21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020.**

Radiolog / Assisten : ..... Tanda tangan : .....

<u>Company</u>	:	ANDHIKA LINES
<u>Name</u>	:	EKO PRASETYO
<u>Age</u>	:	21      YO
<u>No</u>	:	00-94-04

### Tone Audiogram

**LEFT - FF1**



Right Ear Air Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
15	20	25	25	20	25	25	22,5

Left Ear Air Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
20	25	25	20	25	20	25	23,75

Right Ear Bone Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Left Ear Bone Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

**Conclusion** : Pendengaran kedua telinga dalam batas normal

dr. KARISMA PRAMESWAR, PM, P. 1174,  
140B, 15B/31, 12/04, 1865 05 350, 140-17, 33, 1241

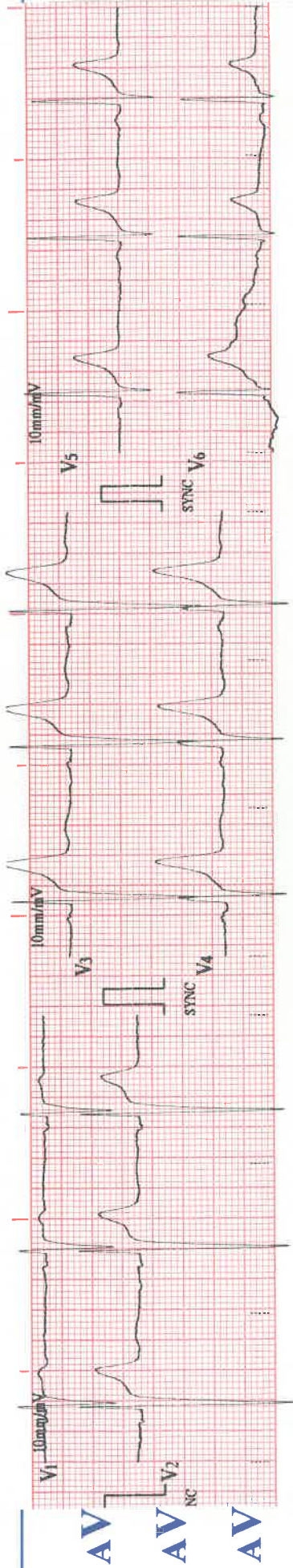
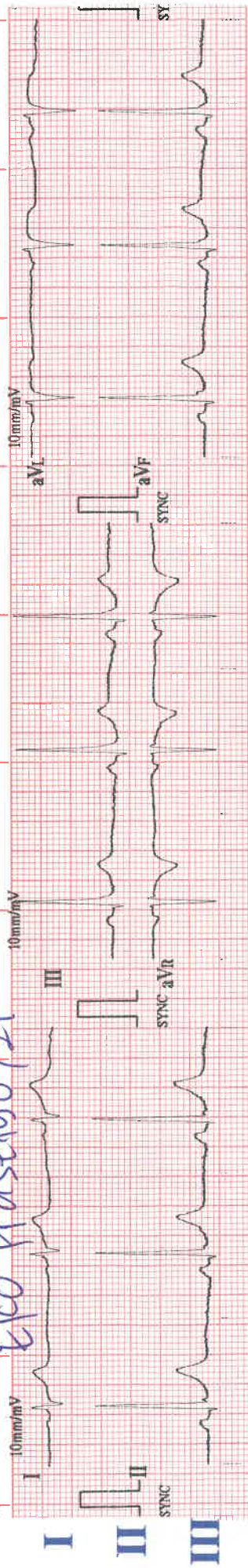
Examining Physician  
dr Karisma Prameswari Sp.THT-KL



# ELECTROKARDIOGRAM REPORT

Eko Prasetyo / 21

25mm/s 0.5-100Hz



V1

V2

V3

V4

V5

V6

# PEMERIKSAAN ELEKTROKARDIOGRAM MEDICAL CHECK UP

NO. MCU : 000404.

TANGGAL PERIKSA : 10-12-2024.

NAMA : Eko Prasetyo.

UMUR : 21th

PERUSAHAAN : Andhika Lines.

KESIMPULAN : Sinus 64 X/mnt  
Normal

  
DR. D. Ismugi, SpJP, FIHA  
Kardiologi  
RUMAH SAKIT

dr. ISMUGI SpJP, FIHA  
CARDIOLOGIST