




MEDICAL EXAMINATION REPORT

COMPANY	: PT. ADNYANA		
MCU NO.	: CLC-00-02-44		
NAME	: A. LOLO GADING NYIWI		
SEX	: PRIA/MALE		DATE EXAMINE : 18 Nov 2024
PLACE & DATE OF BIRTH	: PALOPO / 27 August 1996		NATIONALITY : INDONESIA
MAILING ADDRESS OF EXAMINEE	: JL LIBUKANG 9 BLOK 2 6 NO 14 RT. 002/001 KEL BENTENG KEC WARU TIMUR		
DUTY	: AB	PASSPORT : -	

MEDICAL HISTORY (EXAMINEE PERSONAL DECLARATION)		PHYSICAL EXAMINATION					
	Yes / No	HEIGHT	WEIGHT	BMI	BLOOD PRESSURE	PULSE REGULAR	RESPIRATORY RATE
1. ALCOHOL HISTORY	No	165 cm	655 kg	23.90 kg/m ²	126/74 mmHg	71 X/min	18 X/min
2. ALLERGIC HISTORY	No						
3. AMPUTATION	No						
4. BLOOD DISORDER	No	VISION	WITHOUT	WITH	COLOR VISION (ISHIHARA'S METHOD)		
5. BALANCE PROBLEM	No	Right Eye	6/6		NORMAL		
6. BACK OR JOINT PROBLEM	No	Left Eye	6/6				
7. COLOUR BLINDNESS	No	Both Eye	6/6				
8. CANCER	No	GENERAL APPEARANCE					
9. DIABETES	No	LOOKING HEALTHY					
10. DIGESTIVE DISORDER	No	NORMAL					
11. DEPRESSION	No	1. EYES Yes					
12. EPILEPSY	No	2. EARS Yes					
13. EYE / VISION PROBLEM	No	3. NOSE Yes					
14. EAR PROBLEM	No	4. MOUTH Yes					
15. FRACTURE	No	5. THROAT Yes					
16. GENITAL DISORDER	No	6. NECK Yes					
17. HEART SURGERY	No	7. THROID Yes					
18. HEART DISEASE	No	8. LYMPH NODE Yes					
19. HIGH BLOOD PRESSURE	No	9. LUNGS Yes					
20. HERNIA	No	10. HEARTS Yes					
21. INFECTIOUS DISEASE	No	11. ABDOMEN Yes					
22. KIDNEY PROBLEM	No	12. UROGENITAL SYSTEM Yes					
23. LUNG DISEASE	No	13. UPPER EXTREMITIES Yes					
24. LIVER PROBLEM	No	14. LOWER EXTREMITIES Yes					
25. LOST OF MEMORY	No	15. BACK ABNORMALITY Yes					
26. NARCOTIC HISTORY	No	16. HERNIA Yes					
27. NEUROLOGICAL DISEASE	No	17. CENTRAL NERVOUS SYSTEM Yes					
28. OPERATION / SURGERY	No	18. SKIN & NAILS Yes					
29. PSYCHIATRIC PROBLEM	No	19. SPEECH Yes					
30. RESTRICTED MOBILITY	No	20. OTHERS Yes					
31. SKIN PROBLEM	No						
32. SLEEP PROBLEM	No						
33. THYROID PROBLEM	No						
34. TUBERCULOSIS	No						
35. SMOKING	No						
DENTAL EXAMINATION		HEARING		If abnormal, give details			
8 7 6 5 4 3 2 1 1 2 3 4 5 6 7 8		NORMAL		KEASTA OKUMEN INI HUBUNGI			
8 7 6 5 4 3 2 1 1 2 3 4 5 6 7 8		Right Ear Yes		TOTOT RUMEKSO			
• : Filling O : Caries ^ : Root Rest		Left Ear Yes		HP 0858 1392 5019			
x : Missing V : Prothesa							





INDOSEHAT 2003
CLINIC & MEDICAL CHECK-UP



SURAT KETERANGAN **TO WHOM IT MAY CONCERN**

Dengan ini kami menerangkan bahwa :
Here with acknowledge that :

Nama
Name : A. LOLO GADING NYIWI
Jenis Kelamin
Gender/Sex : PRIA/MALE
Tempat / Tanggal Lahir
Place / Date Of Birth : PALOPO / AUGUST 27, 1996
Perusahaan
Company : PT. ADNYANA
Jabatan
Occupation : AB



Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.
Have trully complete Medical Standart Check-Up in Indosehat 2003 Medical Centre.

Dengan Hasil : Sehat untuk Bertugas.
With Final Result : FIT.

Demikian surat keterangan ini kami sampaikan untuk dapat dipergunakan sebagaimana mestinya.
I hope this letter will be found useful where necess.



A. LOLO GADING NYIWI

Jakarta, 18 November 2024

dr. Pony Nizaruaji
Examination

Date Of Examination, November 18, 2024
Expiration Of Validity, November 17, 2026



REPORT LABORATORY RESULT

Company	: PT. ADNYANA	Sex	: Male
Name	: MR. A. LOLO GADING NYIWI	No. MR	: 000244
MCU No.	: 016/MCUIS/A/XI/24	Age	: 28 Years Old
Date Examination	: NOVEMBER 18, 2024		

Laboratory Test	Reference Ranges	Result
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HAEMATOLOGY

Haemoglobin	13.0 – 17.3	gr / dl	15,3
White Blood Cell Count	5.0 – 10.0	/ ul	10,9
ESR	< 15	mm / hour	9
DIFFERENTIAL COUNT			
Basophil	0 – 1	%	0
Eosinophil	1 – 3	%	2
Stab	2 – 6	%	3
Segment	50 – 70	%	55
Lymphocyte	20 – 40	%	35
Monocyt	2 – 8	%	5
Trombosit	150-400	ul	258

BLOOD CHEMISTRY

Fasting Blood Sugar	70-110	mg/dl	89
Blood Sugar 2 PP	70-140	mg/ dl	110
Random Glucose	70 – 180	mg / dl	
Cholesterol	< 200	mg / dl	154
Triglyseride	< 200	mg / dl	97
SGOT	< 42	U / L	23
SGPT	< 47	U / L	27
Creatinin	0,7 – 1,4	mg / dl	0,7
Asam Urat	2.3 – 8.2	mg / dl	4,4
Ureum	10 – 50	mg / dl	20



REPORT LABORATORY RESULT

COMPANY	: PT. ADNYANA	Sex	: Male
Name	: MR. A. LOLO GADING NYIWI	No. MR	: 000244
MCU No.	: 016/MCUIIS/A/XI/24	Age	: 28 Years Old
Date Examination	: NOVEMBER 18, 2024		

Laboratory Test	Reference Ranges	Result
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URINALYSIS

Macroscopic

Specific Gravity	1,000 – 1,030	1010
Albumin	Negative	Negative
Glucose	Negative	Negative
PH		6

Microscopic

Sediment


Epithels / hpf	Positive	Positive
WBC / hpf	0 – 5	0-3
RBC / hpf	0 – 5	0-2
Cast	Negative	Negative
Crystal	Negative	Negative
Bacteria	Negative	Negative
Others	Negative	Negative

SEROLOGY / IMMUNOLOGY

VDRL	Non Reaktif	Non Reaktif
Hbs Ag	Non Reaktif	Non reaktif


dr. Gunawan Eka Putra, Sp.PK
Chief Laboratory



LABORATORY FINDING	
<p>BLOOD TEST</p> <p><u>HEMATOLOGY</u></p> <p>HB : 15,3 gr/dl WBC : 10,9 / ul ESR : 9 mm/hour PLATELET : 258 thsn/ul DIFF COUNT : 0/2/3/55/35/5</p> <p><u>BLOOD CHEMISTRY</u></p> <p>CHOLESTEROL : 154 mg / dl TRYGLISERIDES : 97 mg / dl GDS : mg / dl SGOT : 23 U/L SGPT : 27 U/L Creatinin : 0,7 mg / dl Asam Urat : 4,4 mg / dl</p> <p><u>SEROLOGY / IMUNOLOGI</u></p> <p>Hbs Ag : Non reaktif VDRL : Non Reaktif HIV :</p>	<p>URINALYSIS</p> <p>SPECIFIC GRAVITY : 1010 PROTEIN : Negative GLUCOSE : Negative PH : 6</p> <p><u>MICROSCOPIC :</u></p> <p>WBC : 0-3 / hpt RBC : 0-2 / hpt CAST : Negative CRYSTALS : Negative BACTERIA : Negative</p>
<p>CHEST X-RAY Report NORMAL</p>	
<p><u>OTHER DIAGNOSTIC TEST</u></p> <p>ECG : NORMAL</p>	
<p>COMMENT ON MEDICAL HISTORY AND CLINICAL EVALUATION</p> <p>The abovenamed person physically :</p> <p><input checked="" type="checkbox"/> FIT <input type="checkbox"/> FIT WITH MINOR CORRECTABLE DEFECT <input type="checkbox"/> HAS MAYOR PHYSICAL DEFECT; FIT WITH RESTRICTION OF SELECTED ASSIGNMENT <input type="checkbox"/> UNFIT TEMPORARY</p> <p>For duties on board ship Doctor's Advice</p> <div style="border: 2px solid blue; padding: 5px; text-align: center; color: blue; font-weight: bold; margin-top: 10px;"> FIT TO BE DUTY ON BOARD SHIP </div>	
<p style="text-align: center;">HEALTH CERTIFICATE No. : 016/MCUIS/A/XI/24</p> <p>THIS TO CERTIFICATE THAT A MEDICAL EXAMINATION WAS GIVEN TO : MR. A. LOLO GADING NYIWI AGE 28 YEARS</p> <p>HE IS FOUND TO BE <u>FIT</u> FOR DUTY AS : AB ISSUED AT JAKARTA DATE NOVEMBER 18, 2024 VALID UNTIL NOVEMBER 17, 2026</p> <div style="text-align: right; margin-top: 20px;">  dr. PONY NDARUAJI Chief Physician </div>	



CERTIFICATION DRUGS AND ALCOHOL

MCU. No : 016/MCUIIS/A/XI/24
Company : PT. ADNYANA
Date : NOVEMBER 18, 2024

This is to certify that

Name : MR. A. LOLO GADING NYIWI
Sex : Male
Place/Date Of Birth : PALOPO/ AUGUST 27, 1996
Age : 28 Years Old
Rank : AB

Was examined for the presence of the following drugs and alcohol in the urine using the competitive immunoassay / chromatographic Absorbent method and was found :

1. Amphetamine	: Negative	6. Cocaine	: Negative
2. Methamphetamine	: Negative	7. Marijuana/Cannabinoids	: Negative
3. Opiate/Morphine	: Negative	8. Barbiturate	: Negative
4. Phencyclidine	: Negative	9. Benzodiazepine	: Negative
5. Codeine	: Negative	10. Alcohol	: Negative

Note
N/E : Not Examine

JAKARTA, NOVEMBER 18, 2024



Medical Review Officer



INDOSEHAT 2003
CLINIC & MEDICAL CHECK-UP



SURAT KETERANGAN TO WHOM IT MAY CONCERN

Dengan ini kami menerangkan bahwa

Here with acknowledge that :

Nama : MR. A. LOLO GADING NYIWI

Name

Jenis Kelamin : Male

Sex

Tempat/tanggal lahir : PALOPO/ AUGUST 27, 1996

Place & Date of Birth

Perusahaan : PT. ADNYANA

Company

Jabatan : AB

Occupation

Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.

Have trully complete Medical Standard Check-Up in Indosehat 2003 Medical Centre.

Berdasarkan hasil pemeriksaan sebagaimana tersebut pada resume hasil pemeriksaan kesehatan RM No.000244 Tanggal NOVEMBER 18, 2024 yang merupakan bagian dari surat keterangan ini, sesuai standart / tatacara pengujian dan penilaian tingkat kesehatan bagi pelaut sesuai dengan ketentuan peraturan 1 / 9 STCW 2010, maka yang bersangkutan saat ini kami nyatakan :

Based on the results of the examination as mentioned in the resume of medical examination RM NO. 000244 Dated NOVEMBER 18, 2024 which is part of this certificate, in accordance with the medical standards for seafarers as the provisions of regulation : 1 / 9 STCW 2010, it is concerned at this time we stated :

Dengan hasil : Sehat untuk Bertugas.

With final result : FIT

Demikian surat keterangan ini kami sampaikan untuk dapat dipergunakan sebagaimana mestinya.

I hope this letter will be found useful where necess



JAKARTA / NOVEMBER 18, 2024



Date Of Examination, NOVEMBER 18, 2024

Expiration Of Validity, NOVEMBER 17, 2026

dr. PONY NDARUAJI
Examination



KLINIK UTAMA INDOEHAT 2003 MEDICAL CENTRE

Ex. Komp. Gaya Motor
Jl. Isuzu No. 32 Semper Timur, Cilincing, Jakarta Utara 14130
Telp. (021) 4411281 Fax. (021) 4411281 Email : indosehat2003@hotmail.com

Nama Pasien : **MR. A. LOLO GADING NYIWI** Pengirim : **PT. ADNYANA**
Umur / No. Foto : **28 TH / 000244** Rontgen : **THORAX AP**
Tanggal Rontgen : **NOVEMBER 18, 2024**

Yth. Ts.

CHEST C-RAY POSTEROANTERIOR PROJECTION :

No sign of heart enlargement
Normal bronchovascular pattern
No sign of infiltrate of nodul in both lungs
Diaphragms are smooth, costophrenic sinuses are sharp
Bone of costae within normal limit

Conclusion : No sign of abnormality in chest X-ray

dr. ROSALINA, Sp. R

21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020.

dr. ROSALINA, Sp. Rad.

21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020.

Radiolog / Assisten :

Tanda tangan :

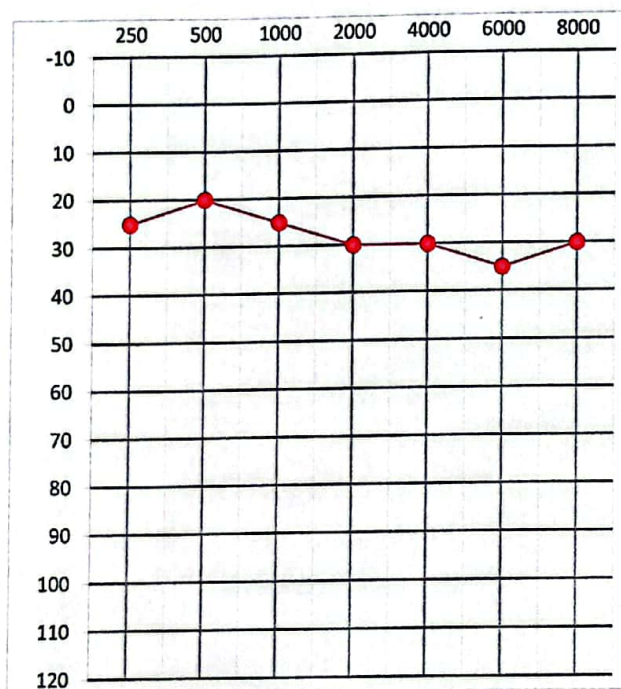
PATIENT DATA

Company : ADNYANA
 Name : A. LOLO GADING NYIWI
 Age : 28 YO
 No : 00-02-44

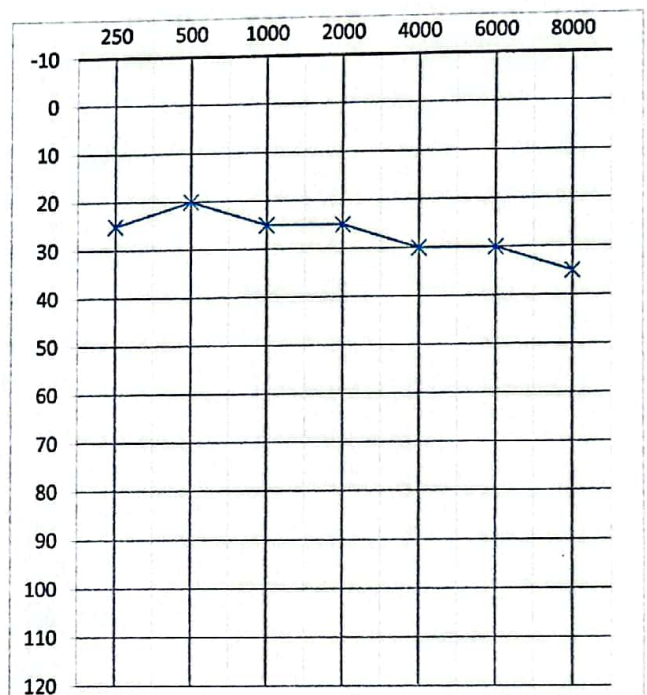
Instrument : Audiometer audiometri

Tone Audiogram

RIGHT - FF1



LEFT - FF1



Right Ear Air Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
25	20	25	30	30	35	30	26,25

Left Ear Air Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
25	20	25	25	30	30	35	25

Right Ear Bone Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Left Ear Bone Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Right Ear : Gangguan pendengaran ringan 26,25 dB

Left Ear : Ambang dengar normal 25 dB

Conclusion : Pendengaran telinga kiri dalam batas normal, gangguan pendengaran derajat ringan telinga kanan

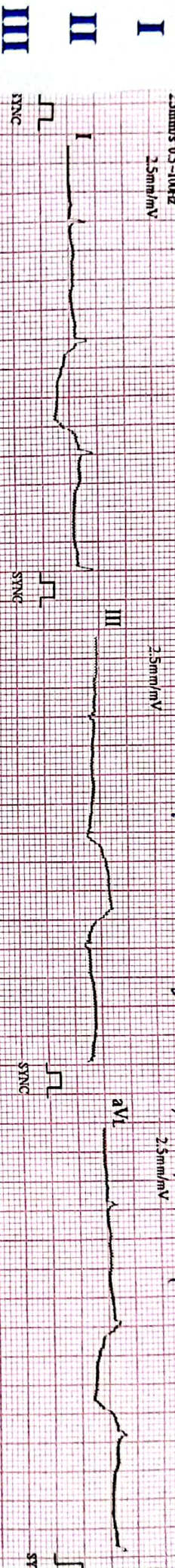
dr. KARISMA PRAMESWARI PM, Sp. THT-KL
 14181503172 04 1005 04 018 C 10311778 31/02/2021

Examining Physician

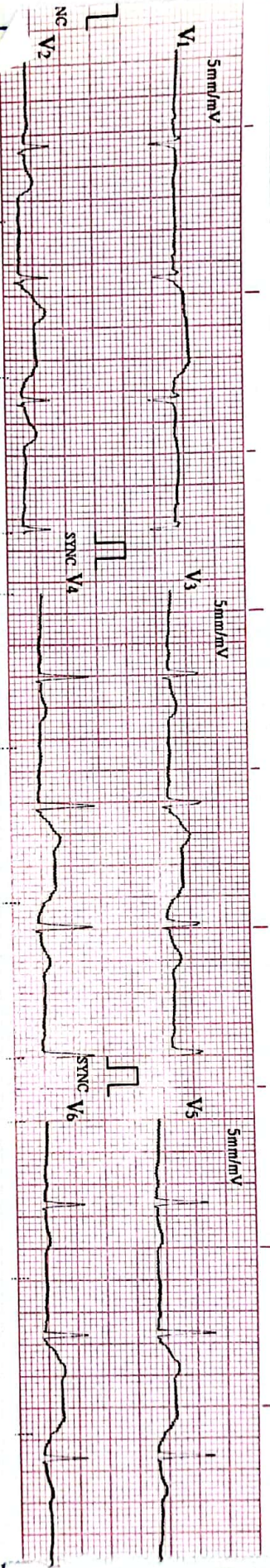
dr. Karisma Prameswari Sp.THT-KL

ELECTROKARDIOGRAM REPORT

A 1010 gactmoy. H. 128h



A VR
A VL
A VF



V1
V2
V3
V4
V5
V6

PEMERIKSAAN ELEKTROKARDIOGRAM MEDICAL CHECK UP

NO. MCU : 000000.

TANGGAL PERIKSA : 18.11.2020

NAMA : A. Lolo Gading - H.

UMUR : 28 th

PERUSAHAAN : Adhara.

KESIMPULAN : Sinus 75 x/mnt
Normal



dr. ISMUGI SpJP, FIHA
CARDIOLOGIST