



REPÚBLICA DE PANAMÁ
REPUBLIC OF PANAMA
AUTORIDAD MARÍTIMA DE PANAMÁ
PANAMA MARITIME AUTHORITY
CERTIFICADO MÉDICO DE LA GENTE DE MAR
MEDICAL FITNESS STANDARDS CERTIFICATE FOR SEAFARERS



Certificate No.: ALCH-42347-2024

Este certificado se emite en conformidad con las disposiciones de la regla I/9 del Convenio STCW, 1978, enmendado, y la norma A-1/2 del CTM, 2006, enmendado, y certifica que la gente de mar es apta para el servicio en el mar.

This certificate is issued in accordance with the provisions of the regulation I/9 of the 1978 STCW Convention, as amended and the standard A-1/2 of the MLC, 2006, as amended, and certifies that seafarers are fit for sea service.

Apellido Surname: HASRINO	Nombre Given Name(s): ANANDA MUHAMMAD FADHIL	Cédula / Pasaporte No. Id. Number/Passport No. X 1057998
Fecha de Nacimiento(dd/mm/aaaa): Date of Birth(dd/mm/yyyy) 02/01/1995	Nacionalidad: Nationality Indonesia	Sexo: Sex Male
¿Confirmación de que se examinaron los documentos de identidad en el lugar del examen? Confirmation that identification documents were checked at the point of examination		Yes <input checked="" type="checkbox"/>
¿La audición cumple con el estándar? Hearing meets standards?		No <input type="checkbox"/>
¿La audición es satisfactoria sin ayuda? Unaided hearing satisfactory?		<input checked="" type="checkbox"/>
¿La agudeza visual cumple con el estándar? Visual acuity meets standards?		<input checked="" type="checkbox"/>
¿La visión cromática cumple con el estándar? Colour vision meets standards?		<input checked="" type="checkbox"/>
Fecha de la última prueba de visión cromática (Año/Mes/Día)? Date of last color vision test		2024-03-18
¿Apto para cometidos de vigia? Fit for look out duties?		<input checked="" type="checkbox"/>
¿Existen limitaciones o restricciones respecto de la aptitud física? Si la respuesta es "sí", dar detalles de las limitaciones o restricciones: Limitations or restrictions on fitness?		<input type="checkbox"/>
¿Está el marino libre de cualquier condición médica que pueda verse agravada por el servicio en el mar o discapacitarle para el desempeño de tal servicio o poner en peligro la salud de otras personas a bordo? Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other persons on board?		<input checked="" type="checkbox"/>
Confirmo que he sido informado sobre el contenido del presente certificado y sobre el derecho a solicitar una revisión del dictamen, con arreglo a lo dispuesto en el párrafo 6 de la Sección A-1/9. I hereby, confirm that I have been informed about the content of this certificate and of the right to a review in accordance with the paragraph 6 of Section A-1/9.		Firma de la Gente de Mar Seafarer's Signature

Date of Issue: 2024-03-18
Expiration Date: 2026-03-18
Name of the recognized medical practitioner: Pony Ndaruaji



Firma y sello del médico reconocido/Signature and Stamp of the recognized medical practitioner

dr. Pony Ndaruaji

SIP No: 10/B-15A/31.72.04.1005.9.K-3/4-1.779.3/e/2022

Reg: 3111100317053064

- El original de este certificado deberá estar disponible durante el servicio a bordo./The original of this certificate must be kept available while serving on board ship.
- En caso de pérdida de este certificado, el titular debería notificar a los puertos y a la Autoridad Marítima de Panamá./In case of loss of this certificate, the holder should notify ports and the Panama Maritime Authority.
- La autenticidad de este certificado puede ser verificada contactando a la Autoridad Marítima de Panamá./The authenticity of this certificate can be verified contacting the Panama Maritime Authority.





MEDICAL EXAMINATION REPORT

COMPANY : PT. ANDHINI EKAKARYA SEJAHTERA
MCU NO. : CLC-00-36-31
NAME : ANANDA MUHAMMAD FADHIL HASRINO
SEX : PRIA/MALE **DATE EXAMINE** : 18 Mar 2024
PLACE & DATE OF BIRTH : JAKARTA / 02 January 1995 **NATIONALITY** : INDONESIA
MAILING ADDRESS OF EXAMINEE : JL. OTISTA 1 A/6 RT. 002/001 KEL. BIDARA CINA KEC. JATINEGARA
DUTY : THIRD OFFICER **PASSPORT** : X1057998



MEDICAL HISTORY (EXAMINEE PERSONAL DECLARATION)		PHYSICAL EXAMINATION					
	Yes / No	HEIGHT	WEIGHT	BMI	BLOOD PRESSURE	PULSE REGULAR	RESPIRATORY RATE
1. ALCOHOL HISTORY	No	176 cm	95 kg	30.70 kg/m ²	130/81 mmHg	66 X/min	18 X/min
2. ALLERGIC HISTORY	No						
3. AMPUTATION	No	VISION	WITHOUT	WITH	COLOR VISION (ISHIHARA'S METHOD)		
4. BLOOD DISORDER	No	Right Eye	6/6		NORMAL		
5. BALANCE PROBLEM	No	Left Eye	6/6				
6. BACK OR JOINT PROBLEM	No	Both Eye	6/6				
7. COLOUR BLINDNESS	No	GENERAL APPEARANCE					
8. CANCER	No	LOOKING HEALTHY					
9. DIABETES	No	NORMAL 1. EYES Yes 2. EARS Yes 3. NOSE Yes 4. MOUTH Yes 5. THROAT Yes 6. NECK Yes 7. THROID Yes 8. LYMPH NODE Yes 9. LUNGS Yes 10. HEARTS Yes 11. ABDOMEN Yes 12. UROGENITAL SYSTEM Yes 13. UPPER EXTREMITIES Yes 14. LOWER EXTREMITIES Yes 15. BACK ABNORMALITY Yes 16. HERNIA Yes 17. CENTRAL NERVOUS SYSTEM Yes 18. SKIN & NAILS Yes 19. SPEECH Yes 20. OTHERS Yes					
10. DIGESTIVE DISORDER	No						
11. DEPRESSION	No						
12. EPILEPSY	No						
13. EYE / VISION PROBLEM	No						
14. EAR PROBLEM	No						
15. FRACTURE	No						
16. GENITAL DISORDER	No						
17. HEART SURGERY	No						
18. HEART DISEASE	No						
19. HIGH BLOOD PRESSURE	No						
20. HERNIA	No						
21. INFECTIOUS DISEASE	No						
22. KIDNEY PROBLEM	No						
23. LUNG DISEASE	No						
24. LIVER PROBLEM	No						
25. LOST OF MEMORY	No						
26. NARCOTIC HISTORY	No						
27. NEUROLOGICAL DISEASE	No						
28. OPERATION / SURGERY	No						
29. PSYCHIATRIC PROBLEM	No						
30. RESTRICTED MOBILITY	No						
31. SKIN PROBLEM	No						
32. SLEEP PROBLEM	No						
33. THYROID PROBLEM	No						
34. TUBERCULOSIS	No						
35. SMOKING	No						
DENTAL EXAMINATION		HEARING		If abnormal, give details			
8 7 6 5 4 3 2 1 1 2 3 4 5 6 7 8		NORMAL		KEMNAKER DOKUMEN INI HUBUNGI TOTOT RUMEKSO HP. 0858 1392 5019			
8 7 6 5 4 3 2 1 1 2 3 4 5 6 7 8		Right Ear Yes					
• : Filling O : Caries ^ : Root Rest x : Missing V : Prothesa		Left Ear Yes					





INDOSEHAT 2003
CLINIC & MEDICAL CHECK-UP



SURAT KETERANGAN **TO WHOM IT MAY CONCERN**

Dengan ini kami menerangkan bahwa :
Here with acknowledge that :

Nama : ANANDA MUHAMMAD FADHIL HASRINO
Name
Jenis Kelamin : PRIA/MALE
Gender/Sex
Tempat / Tanggal Lahir : JAKARTA / JANUARY 02, 1995
Place / Date Of Birth
Perusahaan : PT. ANDHINI EKAKARYA SEJAHTERA
Company
Jabatan : THIRD OFFICER
Occupation



Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.
Have trully complete Medical Standart Check-Up in Indosehat 2003 Medical Centre.

Dengan Hasil : Sehat untuk Bertugas.
With Final Result : FIT.


Demikian surat keterangan ini kami sampaikan untuk dapat dipergunakan sebagaimana mestinya.
I hope this letter will be found useful where necess.



ANANDA MUHAMMAD FADHIL
HASRINO

Date Of Examination, March 18, 2024
Expiration Of Validity, March 18, 2026

Jakarta, 18 March 2024


dr. Pony Ndaruaji
Examination



REPORT LABORATORY RESULT

Company	: PT. ANDHINI EKAKARYA SEJAHTERA	Sex	: Male
Name	: MR. ANANDA MUHAMMAD FADHIL HASRINO	No. MR	: 003631
MCU No.	: 023/MCUIIS/AES/III/24	Age	: 29 Years Old
Date Examination	: MARCH 18, 2024		

Laboratory Test	Reference Ranges	Result
-----------------	------------------	--------

HAEMATOLOGY

Haemoglobin	13.0 - 18.0	gr / dl	15,5
White Blood Cell Count	5.0 - 10.0	/ ul	7
ESR	0 - 15	mm / hour	7
DIFFERENTIAL COUNT			
Eosinophil	0 - 1	%	0,5
Basophil	1 - 3	%	4
Stab	2 - 6	%	4
Segment	50 - 70	%	63
Limphocyte	20 - 40	%	29
Monocyt	2 - 8	%	7,7
Platelet/ Trombosit	150.000-440 .000		218

BLOOD CHEMISTRY

Fasting Blood Sugar	60-110	mg / dl	89
Blood Sugar 2 PP	60-140	mg/ dl	95
Random Glucose	60 - 180	mg / dl	
Cholesterol	< 200	mg / dl	126
Triglyseride	< 200	mg / dl	112
SGOT	< 35	U / L	22
SGPT	< 45	U / L	25
Creatinin	0,7 - 1,4	mg / dl	0,75
Ureum	15 - 45	mg / dl	23
Fosfatase Alkali	30-120	mg/ dl	67
GGT	< 49	g/ml	26
BIL TOTAL	0,2-1,0	mg/dl	0,87
BIL DIRECT	0,1-1,2	mg/dl	



REPORT LABORATORY RESULT

Company : PT. ANDHINI EKAKARYA SEJAHTERA
Name : MR. ANANDA MUHAMMAD FADHIL HASRINO **Sex** : Male
MCU No. : 023/MCUIS/AES/III/24 **No. MR** : 003631
Date Examination : MARCH 18, 2024 **Age** : 29 Years Old

Laboratory Test	Reference Ranges	Result
-----------------	------------------	--------

URINALYSIS

Macroscopic

Specific Gravity	1,010 – 1,030	1020
Albumin	Negative	Negative
Glucose	Negative	Negative
PH		6

Microscopic

Sediment

Epithels / hpf	Positive	Positive
WBC / hpf	1 – 4	0-1
RBC / hpf	1 – 4	0-1
Cast	Negative	Negative
Crystal	Negative	Negative
Bacteria	Negative	Negative
Others	Negative	Negative

SEROLOGY / IMMUNOLOGY

VDRL	Non Reactive	Non Reactive
Hbs Ag	Non Reactive	Non reactive
HIV	Non Reactive	Non reactive

dr. Gunawan Eka Putra, Sp.PK

Chief Laboratory





LABORATORY FINDING

BLOOD TEST

HEMATOLOGY

HB : 15,5 gr/dl
WBC : 6,33
DIFF COUNT : 0,5/1,84/4/63/29/7,4

BLOOD CHEMISTRY

CHOLESTEROL : 126 mg / dl
TRYGLISERIDES : 112 mg / dl

GDS : mg / dl
SGOT : 22 U/L
SGPT : 25 U/L
Creatinin : 0,75 mg / dl

SEROLOGY / IMUNOLOGI

Hbs Ag : Non reaktive
HIV : Non reaktive
VDRL : Non Reaktive

URINALYSYS

SPECIFIC GRAFTY : 1020
PROTEIN : Negative
GLUCOSE : Negative

MICROSCOPIC :

WBC : 0-1 / hpt
RBC : 0-1 / hpt
CAST : Negative
CRYSTALS : Negative
BACTERIA : Negative

CHEST X-RAY

Report

NORMAL

OTHER DIAGNOSTIC TEST

ECG : NORMAL

COMMENT ON MEDICAL HISTORY AND CLINICAL EVALUATION

The abovenamed person physically ;

FIT TO BE DUTY ON BOARD SHIP

☒ **FIT**

☐ **FIT WITH MINOR CORRECTABLE DEFECT**

☐ **HAS MAYOR PHYSICAL DEFECT ; FIT WITH RESTRICTION OF SELECTED ASSIGNMENT**

☐ **UNFIT TEMPORARY**

For duties on board ship

Doctor's Advice

HEALTH CERTIFICATE

No. : 023/MCUIS/AES/III/24

THIS TO CERTIFICATE THAT A MEDICAL EXAMINATION WAS GIVEN TO :
MR. ANANDA MUHAMMAD FADHIL HASRINO

AGE 29 YEARS

HE IS FOUND TO BE FIT FOR DUTY AS : THIRD OFFICER

ISSUED AT JAKARTA

DATE MARCH 18, 2024

VALID UNTIL MARCH 18, 2026



dr. PONY NDARUAJI
Chief Physician



CERTIFICATION DRUGS AND ALCOHOL

MCU. No : 023/MCUIIS/AES/III/24
Company : PT. ANDHINI EKAKARYA SEJAHTERA
Date : MARCH 18, 2024

This is to certify that

Name : MR. ANANDA MUHAMMAD FADHIL HASRINO
Sex : Male
Place/Date Of Birth : JAKARTA/ JANUARY 02, 1995
Age : 29 Years Old
Rank : THIRD OFFICER

Was examined for the presence of the following drugs and alcohol in the urine using the competitive immunoassay / chromatographic Absorbent method and was found :

1. Amphetamine	: Negative	6. Cocaine	: Negative
2. Methamphetamine	: Negative	7. Marijuana/Cannabinoids	: Negative
3. Opiate/Morphine	: Negative	8. Barbiturate	: Negative
4. Phencyclidine	: Negative	9. Benzodiazepine	: Negative
5. Codeine	: Negative	10. Alcohol	: Negative

Note

N/E : Not Examine

JAKARTA, MARCH 18, 2024



dr. PONY NDARUAJI
Medical Review Officer



DENTAL HEALTH CERTIFICATE

This is to certify that today I have examined :

Name : MR. ANANDA MUHAMMAD FADHIL HASRINO
Age : 29 Years Old

And was found him / her dentally **FIT**.

Jakarta, MARCH 18, 2024

()
Drg Triana
Dentist



DENTAL CHECK UP REPORT

MCU No. : 023/MCUIIS/AES/III/24
Date : MARCH 18, 2024
Name of Crew : MR. ANANDA MUHAMMAD FADHIL HASRINO
Age : 29 Years Old

Company/Shipping Co.:

CHIEF COMPLAINT :

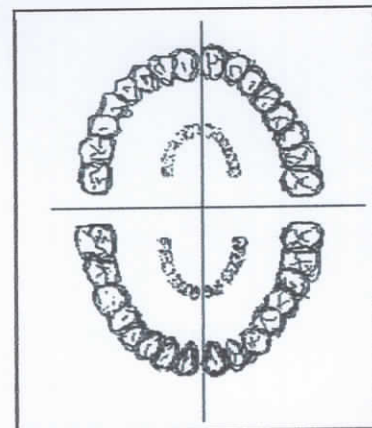
FINDINGS :

1. Teeth Missing :

2. Carious Teeth :

3. Periodontally involved teeth :

4. Others :



ADVISED :

Jakarta, MARCH 18, 2024

()
Drg. Triana



Declaration of Anti HIV Test Result

I Declara that Anti HIV Test Result From :

Name : **MR. ANANDA MUHAMMAD FADHIL HASRINO**
No Client : 003631
MCU No. : 023/MCUIS/AES/III/24
Sex : Male
Age : 29 Years Old

HIV	Negative
-----	----------

Jakarta, MARCH 18, 2024



dr. PONY NDARUAJI
Medical Review Officer

Examiner

Laboratory Analyst



KLINIK UTAMA INDOSEHAT 2003 MEDICAL CENTRE

Ex. Komp. Gaya Motor
Jl. Isuzu No. 32 Semper Timur, Cilincing, Jakarta Utara 14130
Telp. (021) 4411281 Fax. (021) 4411281 Email : indosehat2003@hotmail.com

Nama Pasien : **MR. ANANDA MUHAMMAD FADHIL HASRINO** Pengirim : PT. ANDHINI EKAKARYA SEJAHTER
Umur / No. Foto : **29 TH / 003631** Rontgen : **THORAX AP**
Tanggal Rontgen : **MARCH 18, 2024**

Yth. Ts.

CHEST C-RAY POSTEROANTERIOR PROJECTION :

No sign of heart enlargement
Normal bronchovascular pattern
No sign of infiltrate of nodul in both lungs
Diaphragms are smooth, costophrenic sinuses are sharp
Bone of costae within normal limit

Conclusion : No sign of abnormality in chest X-ray

dr. ROSALINA, Sp. Rad.
21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020

dr. ROSALINA, Sp. Rad.

21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020.

Radiolog / Assisten : Tanda tangan :

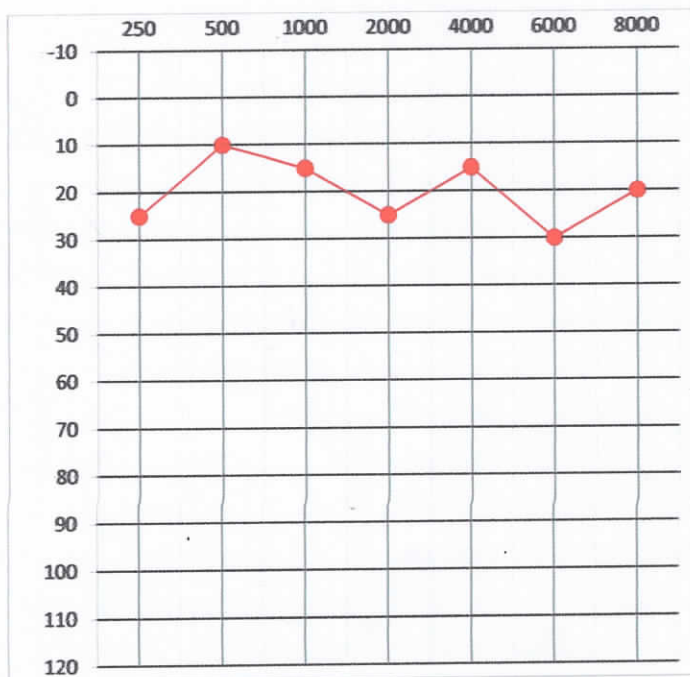
PATIENT DATA

Company : ANDHINI EKAKARYA SEJAHTERA
 Name : ANANDA MUHAMMAD F.H
 Age : 29 YO
 No : 00-36-31

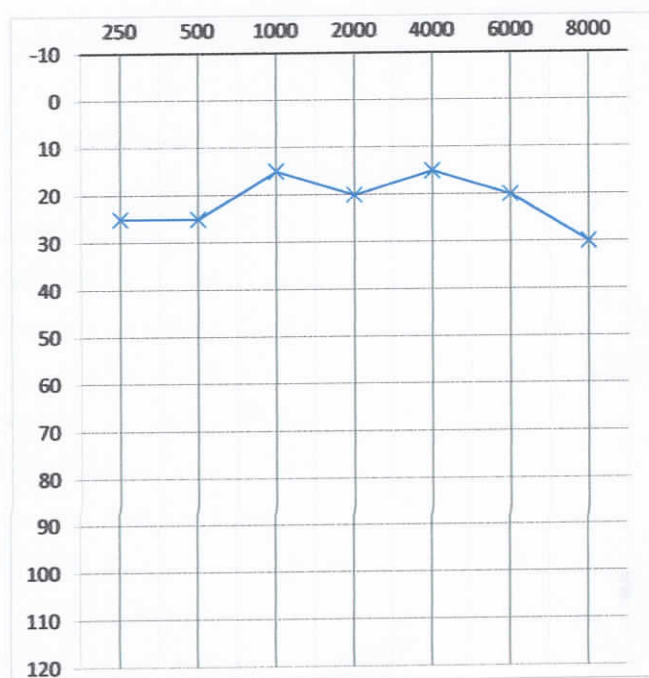
Instrument : Audiometer audiometri

Tone Audiogram

RIGHT - FF1



LEFT - FF1



Right Ear Air Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
25	10	15	25	15	30	20	16,25

Left Ear Air Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
25	25	15	20	15	20	30	18,75

Right Ear Bone Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Left Ear Bone Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Right Ear :

Left Ear :

Conclusion :

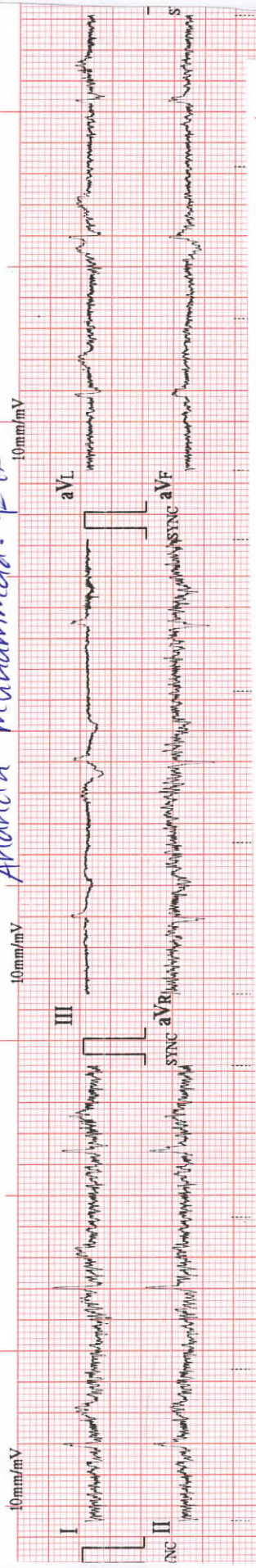
dr. KARISMA PRAMESWARI P.N. Sp. THT-KL
 14/B.15B/31.72.04.1005.05.005 C.1/31-1.779.3/e/2021

Examining Physician
 dr Karisma Prameswari Sp.THT-KL

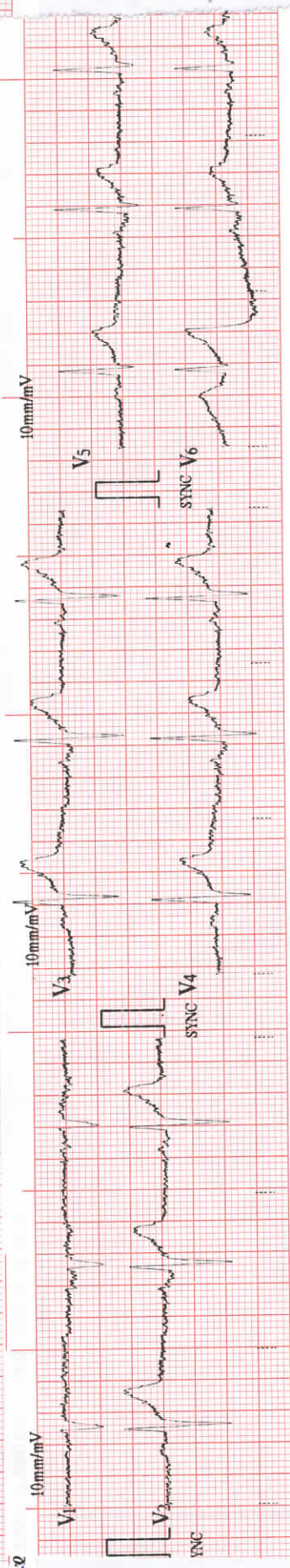
ELECTROKARDIOGRAM REPORT

 $\dot{\gamma}$ mm/s 0.5~100Hz

Anand's Muhammad. p. 17



0.



VI

V2

V3

V4

V5

V6

PEMERIKSAAN ELEKTROKARDIOGRAM MEDICAL CHECK UP

NO. MCU	:	003631
TANGGAL PERIKSA	:	18 Maret 2024
NAMA	:	Ananda Muhammad Fadhil . A
UMUR	:	29 th
PERUSAHAAN	:	Andhini
KESIMPULAN	:	Sinus 60 x /mnt Normal


Dr. Ismugi. SpJP-FIHA
Spesialis Jantung & Pembuluh Darah
(Cardiologist)

dr. ISMUGI SpJP, FIHA
CARDIOLOGIST