





**INDOSEHAT 2003**  
**CLINIC & MEDICAL CHECK-UP**



**SURAT KETERANGAN**  
**TO WHOM IT MAY CONCERN**

**Dengan ini kami menerangkan bahwa :**  
*Here with acknowledge that :*

**Nama** : ARMAN HIDAYAT  
*Name*  
**Jenis Kelamin** : PRIA/MALE  
*Gender/Sex*  
**Tempat / Tanggal Lahir** : MAKASSAR / SEPTEMBER 24, 1999  
*Place / Date Of Birth*  
**Perusahaan** : PT. ANDHIKA LINES  
*Company*  
**Jabatan** : FOURTH ENGINEER  
*Occupation*



**Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.**  
*Have trully complete Medical Standart Check-Up in Indosehat 2003 Medical Centre.*

**Dengan Hasil : Sehat untuk Bertugas.**  
*With Final Result : FIT.*

**Demikian surat keterangan ini kami sampaikan untuk dapat dipergunakan sebagaimana mestinya.**  
*I hope this letter will be found useful where necess.*



ARMAN HIDAYAT

Jakarta, 04 November 2024



**Date Of Examination, November 04, 2024**  
**Expiration Of Validity, November 03, 2026**

**Website [https : //www.indosehat2003.com](https://www.indosehat2003.com)**

**Eks. Komp. Gaya Motor**  
**Jl. Isuzu No. 32 RT. 04 RW. 08 Semper Timur,**  
**Cilincing, Jakarta Utara 14130**  
**Telp. (021) 4411281**  
**Email : [info@indosehat2003.id](mailto:info@indosehat2003.id)**





## REPORT LABORATORY RESULT

Company	: PT. ANDHINI EKAKARYA SEJAHTERA	Sex	: Male
Name	: MR. ARMAN HIDAYAT	No. MR	: 002051
MCU No.	: 006/MCUIS/AES/XI/24	Age	: 25 Years Old
Date Examination	: NOVEMBER 04, 2024		

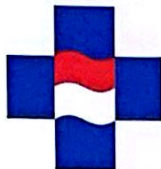
Laboratory Test	Reference Ranges	Result
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### HAEMATOLOGY

Haemoglobin	13.0 – 17.3	gr / dl	15,4
White Blood Cell Count	5.0 – 10.0	/ ul	9,6
ESR	< 15	mm / hour	7
DIFFERENTIAL COUNT			
Basophil	0 – 1	%	0
Eosinophil	1 – 3	%	2
Stab	2 – 6	%	3
Segment	50 – 70	%	55
Lymphocyte	20 – 40	%	30
Monocyt	2 – 8	%	5
Trombosit	150-400	ul	356

### BLOOD CHEMISTRY

Fasting Blood Sugar	70-110	mg/dl	95
Blood Sugar 2 PP	70-140	mg / dl	118
Random Glucose	70 – 180	mg / dl	
Cholesterol	< 200	mg / dl	167
Triglyseride	< 200	mg / dl	99
SGOT	< 42	U / L	18
SGPT	< 47	U / L	24
Creatinin	0,7 – 1,4	mg / dl	0,7
Asam Urat	2.3 – 8.2	mg / dl	4,5
Ureum	10 – 50	mg / dl	22



## REPORT LABORATORY RESULT

<b>COMPANY</b>	: PT. ANDHINI EKAKARYA SEJAHTERA	<b>Sex</b>	: Male
<b>Name</b>	: MR. ARMAN HIDAYAT	<b>No. MR</b>	: 002051
<b>MCU No.</b>	: 006/MCUIS/AES/XI/24	<b>Age</b>	: 25 Years Old
<b>Date Examination</b>	: NOVEMBER 04, 2024		

Laboratory Test	Reference Ranges	Result
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### URINALYSIS

#### Macroscopic

Specific Gravity	1,000 – 1,030	1020
Albumin	Negative	Negative
Glucose	Negative	Negative
PH		6

#### Microscopic

##### Sediment

Epithels / hpf	Positive	Positive
WBC / hpf	0 – 5	0-3
RBC / hpf	0 – 5	0-1
Cast	Negative	Negative
Crystal	Negative	Negative
Bacteria	Negative	Negative
Others	Negative	Negative

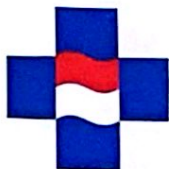
### SEROLOGY / IMMUNOLOGY

VDRL	Non Reactive	Non Reactive
Hbs Ag	Non Reactive	Non reaktive



dr. Gunawan Eka Putra. Sp.PK  
Chief Laboratory





LABORATORY FINDING	
<b>BLOOD TEST</b>	<b>URINALYSIS</b>
<b>HEMATOLOGY</b>	<b>SPECIFIC GRAVITY : 1020</b>
HB : 15,4 gr/dl	PROTEIN : Negative
WBC : 9,6 /ul	GLUCOSE : Negative
ESR : 7 mm/hour	PH : 6
PLATELET : 356 thsn/ul	
DIFF COUNT : 0/2/3/55/30/5	
<b>BLOOD CHEMISTRY</b>	<b>MICROSCOPIC :</b>
CHOLESTEROL : 167 mg / dl	WBC : 0-3 /hpt
TRYGLISERIDES : 99 mg / dl	RBC : 0-1 /hpt
GDS : mg / dl	CAST : Negative
SGOT : 18 U/L	CRYSTALS : Negative
SGPT : 24 U/L	BACTERIA : Negative
Creatinin : 0,7 mg / dl	
Asam Urat : 4,5 mg / dl	
<b>SEROLOGY / IMUNOLOGI</b>	
Hbs Ag : Non reaktive	
VDRL : Non Reaktive	
HIV :	
<b>CHEST X-RAY</b>	<b>Report</b>
	<b>NORMAL</b>
<b>OTHER DIAGNOSTIC TEST</b>	
ECG : NORMAL	
<b>COMMENT ON MEDICAL HISTORY AND CLINICAL EVALUATION</b>	
The abovenamed person physically :	
<input checked="" type="checkbox"/> <b>FIT</b>	
<input type="checkbox"/> <b>FIT WITH MINOR CORRECTABLE DEFECT</b>	
<input type="checkbox"/> <b>HAS MAYOR PHYSICAL DEFECT ; FIT WITH RESTRICTION OF SELECTED ASSIGNMENT</b>	
<input type="checkbox"/> <b>UNFIT TEMPORARY</b>	
<b>FIT TO BE DUTY ON BOARD SHIP</b>	
For duties on board ship	
Doctor's Advice	
<b>HEALTH CERTIFICATE</b>	
No. : 006/MCUIS/AES/XI/24	
THIS TO CERTIFICATE THAT A MEDICAL EXAMINATION WAS GIVEN TO :	
MR. ARMAN HIDAYAT	
AGE 25 YEARS	
<b>HE IS FOUND TO BE FIT FOR DUTY AS : FOURTH ENGINEER</b>	
ISSUED AT JAKARTA	
DATE NOVEMBER 04, 2024	
VALID UNTIL NOVEMBER 03, 2026	
dr. PONY NDARU AJI	
Chief Physician	



**INDOSEHAT 2003**  
**CLINIC & MEDICAL CHECK-UP**



## **SURAT KETERANGAN**

TO WHOM IT MAY CONCERN

Dengan ini kami menerangkan bahwa

Here with acknowledge that :

Nama : MR. ARMAN HIDAYAT  
Name  
Jenis Kelamin : Male  
Sex  
Tempat/tanggal lahir : MAKASSAR/ SEPTEMBER 24, 1999  
Place & Date of Birth  
Perusahaan : PT. ANDHINI EKAKARYA SEJAHTERA  
Company  
Jabatan : FOURTH ENGINEER  
Occupation

Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.  
*Have trully complete Medical Standard Check-Up in Indosehat 2003 Medical Centre.*

Berdasarkan hasil pemeriksaan sebagaimana tersebut pada resume hasil pemeriksaan kesehatan RM No.002051 Tanggal NOVEMBER 04, 2024 yang merupakan bagian dari surat keterangan ini, sesuai standart / tatacara pengujian dan penilaian tingkat kesehatan bagi pelaut sesuai dengan ketentuan peraturan 1 / 9 STCW 2010, maka yang bersangkutan saat ini kami nyatakan :

*Based on the results of the examination as mentioned in the resume of medical examination RM NO. 002051 Dated NOVEMBER 04, 2024 which is part of this certificate, in accordance with the medical standards for seafarers as the provisions of regulation : 1 / 9 STCW 2010, it is concerned at this time we stated :*

Dengan hasil : Sehat untuk Bertugas.  
*With final result : FIT*

Demikian surat keterangan ini kami sampaikan untuk dapat dipergunakan sebagaimana mestinya.

*I hope this letter will be found useful where necess*

JAKARTA / NOVEMBER 04, 2024



Date Of Examination, NOVEMBER 04, 2024  
Expiration Of Validity, NOVEMBER 03, 2026



dr. PONY NDARUAJI  
Examination

Website <https://www.indosehat2003.com>

Eks. Komp. Gaya Motor  
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Email : [info@indosehat2003.id](mailto:info@indosehat2003.id)





# KLINIK UTAMA INDOSEHAT 2003 MEDICAL CENTRE

Ex. Komp. Gaya Motor  
Jl. Isuzu No. 32 Semper Timur, Cilincing, Jakarta Utara 14130  
Telp. (021) 4411281 Fax. (021) 4411281 Email : indosehat2003@hotmail.com

Nama Pasien : **MR. ARMAN HIDAYAT** Pengirim : **PT. ANDHINI EKAKARYA SEJAHTER**  
Umur / No. Foto : **25 TH / 002051** Rontgen : **THORAX AP**  
Tanggal Rontgen : **NOVEMBER 04, 2024**

Yth. Ts.

## CHEST C-RAY POSTEROANTERIOR PROJECTION :

No sign of heart enlargement  
Normal bronchovascular pattern  
No sign of infiltrate of nodul in both lungs  
Diaphragms are smooth, costophrenic sinuses are sharp  
Bone of costae within normal limit

**Conclusion : No sign of abnormality in chest X-ray**

  
dr. ROSALINA, Sp. Rad.  
(21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020)

**dr. ROSALINA, Sp. Rad.**  
**21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020.**

Radiolog / Assisten : .....

Tanda tangan : .....

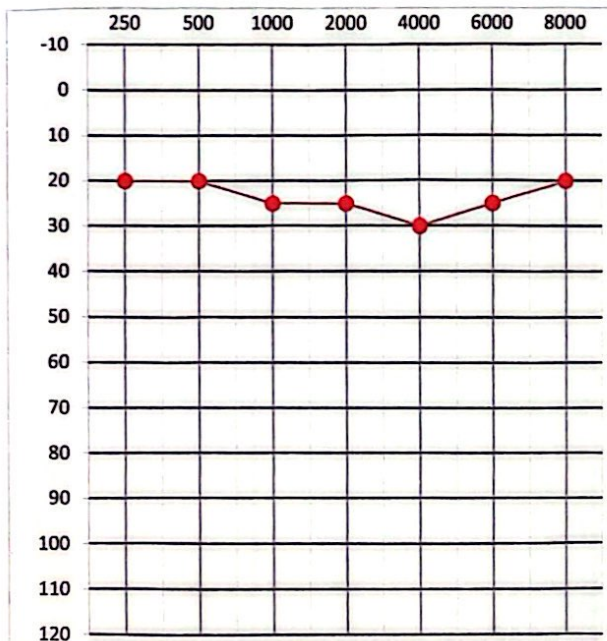
**PATIENT DATA**

Company : PT.ANDHIKA LINES  
 Name : ARMAN HIDAYAT  
 Age : 25 YO  
 No : 00-20-51

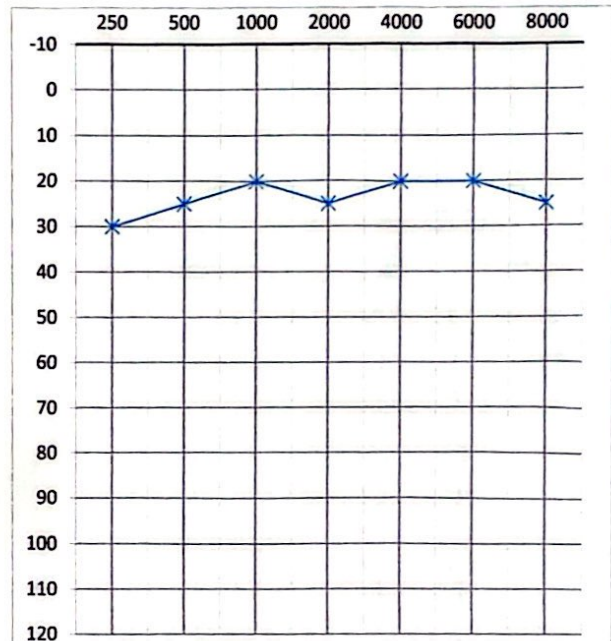
Instrument : Audiometer audiometri

**Tone Audiogram**

**RIGHT - FF1**



**LEFT - FF1**



Right Ear Air Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
20	20	25	25	30	25	20	25

Left Ear Air Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
30	25	20	25	20	20	25	22,5

Right Ear Bone Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Left Ear Bone Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Right Ear : Ambang dengar normal 25 dB

Left Ear : Ambang dengar normal 22,5 dB

Conclusion : Pendengaran kedua telinga dalam batas normal

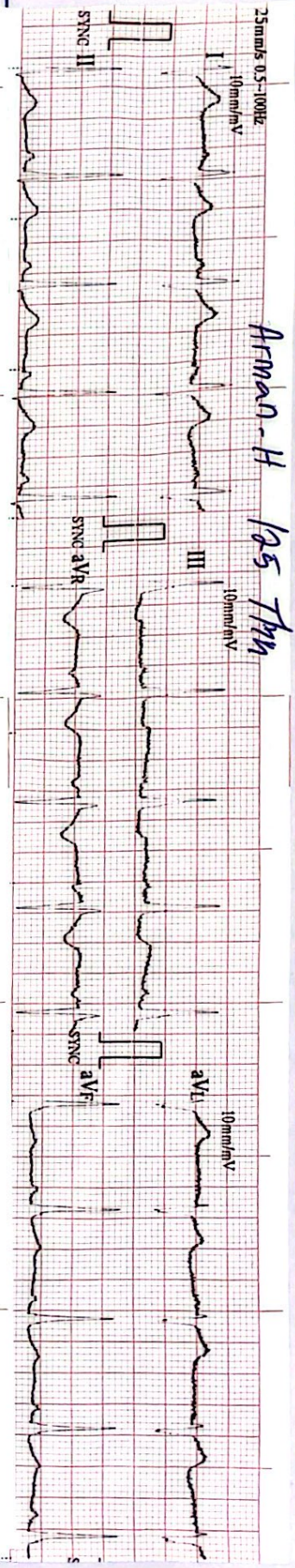
dr. KARISMA PRAMESWARI PM, Sp. THT-KL  
 1409 1509/31.72.04.1003.03.005 C 1/31-1 779 31/07/2021

Examining Physician  
 dr Karisma Prameswari Sp.THT-KL

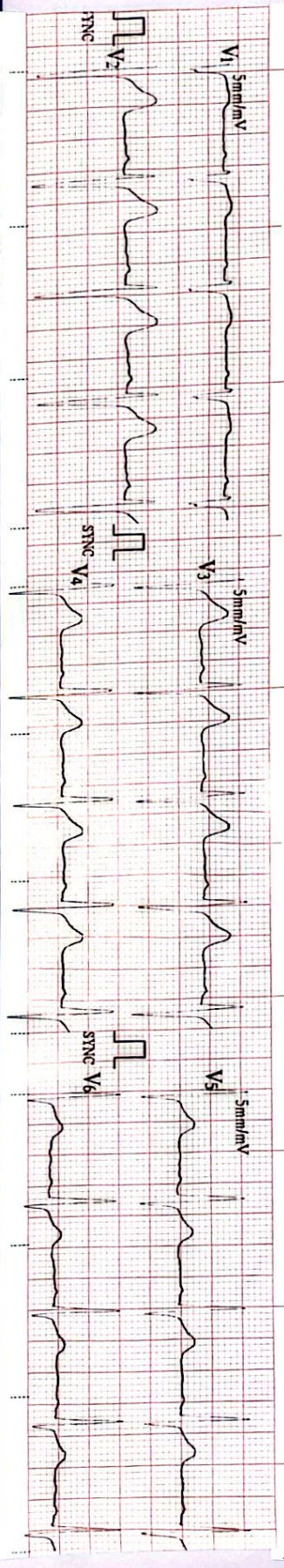


# ELECTROKARDIOGRAM REPORT

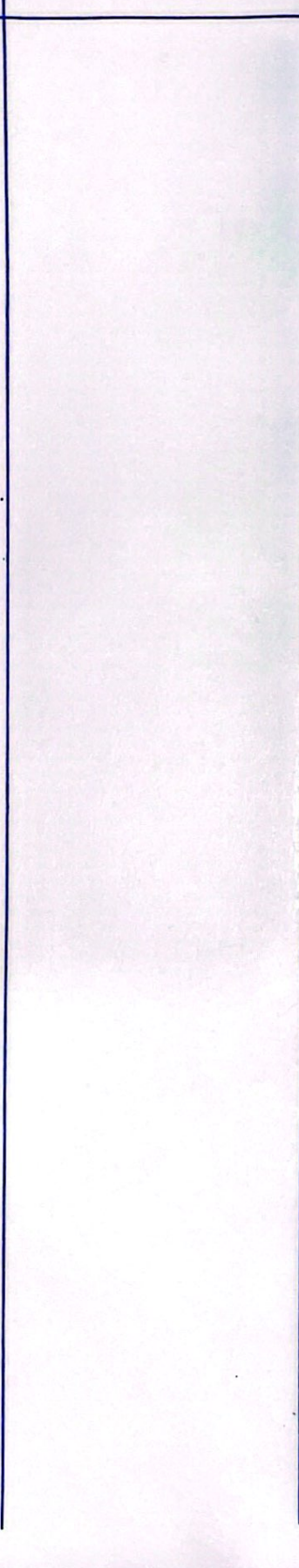
I  
II  
III



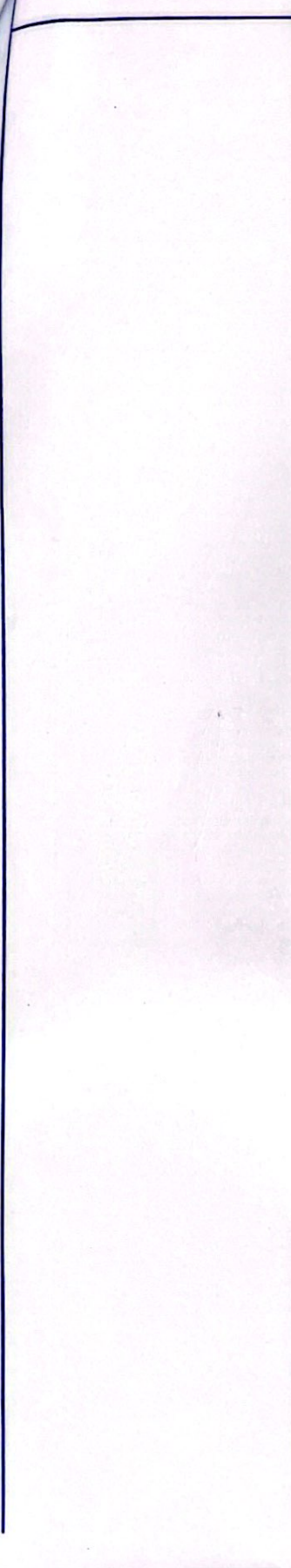
AVR  
AVL  
AVF



V1  
V2  
V3



V4  
V5  
V6





# PEMERIKSAAN ELEKTROKARDIOGRAM MEDICAL CHECK UP

NO. MCU : 002051

TANGGAL PERIKSA : 04-11-24

NAMA : Arman Hidayat

UMUR : 25 tahun

PERUSAHAAN : PT. Andhika Lines

KESIMPULAN : sinus Q4 xlmnt  
normal

VERA Dr. Ismugi, SpJP, FIHA  
Spesialis Jantung & Pembuluh Darah  
(Cardiologist)

dr. ISMUGI SpJP, FIHA  
CARDIOLOGIST