



REPÚBLICA DE PANAMÁ  
REPUBLIC OF PANAMA  
AUTORIDAD MARÍTIMA DE PANAMÁ  
PANAMA MARITIME AUTHORITY  
CERTIFICADO MÉDICO DE LA GENTE DE MAR  
MEDICAL FITNESS STANDARDS CERTIFICATE FOR SEAFARERS



Certificate No.: ALCH-43908-2024

Este certificado se emite en conformidad con las disposiciones de la regla I/9 del Convenio STCW, 1978, enmendado, y la norma A-1/2 del CTM, 2006, enmendado, y certifica que la gente de mar es apta para el servicio en el mar.

This certificate is issued in accordance with the provisions of the regulation I/9 of the 1978 STCW Convention, as amended and the standard A-1/2 of the MLC, 2006, as amended, and certifies that seafarers are fit for sea service.

Apellido Surname: <b>BAHTIAR</b>	Nombre Given Name(s): <b>ASEP ARIF</b>	Cédula / Pasaporte No. Id. Number/Passport No. <b>C 6789750</b>
Fecha de Nacimiento(dd/mm/aaaa): Date of Birth(dd/mm/yyyy) <b>21/08/1987</b>	Nacionalidad: Nationality <b>Indonesia</b>	Sexo: Sex <b>Male</b>
		Yes No
¿Confirmación de que se examinaron los documentos de Identidad en el lugar del examen? Confirmation that identification documents were checked at the point of examination		<input checked="" type="checkbox"/> <input type="checkbox"/>
¿La audición cumple con el estándar? Hearing meets standards?		<input checked="" type="checkbox"/> <input type="checkbox"/>
¿La audición es satisfactoria sin ayuda? Unaided hearing satisfactory?		<input checked="" type="checkbox"/> <input type="checkbox"/>
¿La agudeza visual cumple con el estándar? Visual acuity meets standards?		<input checked="" type="checkbox"/> <input type="checkbox"/>
¿La visión cromática cumple con el estándar? Colour vision meets standards?		<input checked="" type="checkbox"/> <input type="checkbox"/>
Fecha de la última prueba de visión cromática (Año/Mes/Día)? Date of last color vision test		2024-04-18
¿Apto para cometidos de vigia? Fit for look out duties?		<input checked="" type="checkbox"/> <input type="checkbox"/>
¿Existen limitaciones o restricciones respecto de la aptitud física? Si la respuesta es "sí", dar detalles de las limitaciones o restricciones: Limitations or restrictions on fitness?		<input type="checkbox"/> <input checked="" type="checkbox"/>
¿Está el marino libre de cualquier condición médica que pueda verse agravada por el servicio en el mar o discapacitarle para el desempeño de tal servicio o poner en peligro la salud de otras personas a bordo? Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other persons on board?		<input checked="" type="checkbox"/> <input type="checkbox"/>
Confirmo que he sido informado sobre el contenido del presente certificado y sobre el derecho a solicitar una revisión del dictamen, con arreglo a lo dispuesto en el párrafo 6 de la Sección A-1/9. I hereby confirm that I have been informed about the content of this certificate and of the right to a review in accordance with the paragraph 6 of Section A-1/9.		Firma de la Gente de Mar Seafarer's Signature

Date of Issue 2024-04-19  
Expiration Date: 2026-04-19  
Name of the recognized medical practitioner: Pony Ndaruaji



Firma y sello del médico reconocido/Signature and Stamp of the recognized medical practitioner.  
**dr. Pony Ndaruaji**

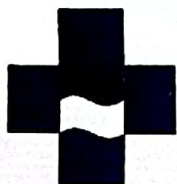
SIP No : 101B.15A/31.72.04.1005.9.K-3/4-1.779.3/e/2022

Reg: 3111100317053064

- El original de este certificado deberá estar disponible durante el servicio a bordo/The original of this certificate must be kept available while serving on board ship.
- En caso de pérdida de este certificado, el titular debería notificar a los puertos y a la Autoridad Marítima de Panamá/In case of loss of this certificate, the holder should notify ports and the Panama Maritime Authority.
- La autenticidad de este certificado puede ser verificada contactando a la Autoridad Marítima de Panamá/The authenticity of this certificate can be verified contacting the Panama Maritime Authority.







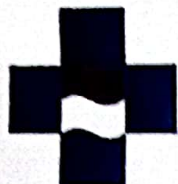
## MEDICAL EXAMINATION REPORT

**COMPANY** : PT. ANDHINI EKAKARYA SEJAHTERA  
**MCU NO.** : CLC-00-41-41  
**NAME** : ASEP ARIF BAHTIAR  
**SEX** : PRIA/MALE **DATE EXAMINE** : 18 Apr 2024  
**PLACE & DATE OF BIRTH** : CIAMIS / 21 August 1987 **NATIONALITY** : INDONESIA  
**MAILING ADDRESS OF EXAMINEE** : GRIYA BUKIT JAYA BLOK M. 17 NO. 36 RT. 003/030 KEL. TLAJUNG UDIK  
KEC. GUNUNG PUTRI BOGOR  
**DUTY** : CHIEF OFFICER **PASSPORT** : C6789750



MEDICAL HISTORY (EXAMINEE PERSONAL DECLARATION)		PHYSICAL EXAMINATION					
Yes / No	HEIGHT	WEIGHT	BMI	BLOOD PRESSURE	PULSE REGULAR	RESPIRATORY RATE	
1. ALCOHOL HISTORY	No	170 cm	83 kg	28.00 kg/m <sup>2</sup>	137/85 mmHg	85 X/min	
2. ALLERGIC HISTORY	No						
3. AMPUTATION	No						
4. BLOOD DISORDER	No						
5. BALANCE PROBLEM	No						
6. BACK OR JOINT PROBLEM	No						
7. COLOUR BLINDNESS	No						
8. CANCER	No						
9. DIABETES	No						
10. DIGESTIVE DISORDER	No						
11. DEPRESSION	No						
12. EPILEPSY	No						
13. EYE / VISION PROBLEM	No						
14. EAR PROBLEM	No						
15. FRACTURE	No						
16. GENITAL DISORDER	No						
17. HEART SURGERY	No						
18. HEART DISEASE	No						
19. HIGH BLOOD PRESSURE	No						
20. HERNIA	No						
21. INFECTIOUS DISEASE	No						
22. KIDNEY PROBLEM	No						
23. LUNG DISEASE	No						
24. LIVER PROBLEM	No						
25. LOST OF MEMORY	No						
26. NARCOTIC HISTORY	No						
27. NEUROLOGICAL DISEASE	No						
28. OPERATION / SURGERY	No						
29. PSYCHIATRIC PROBLEM	No						
30. RESTRICTED MOBILITY	No						
31. SKIN PROBLEM	No						
32. SLEEP PROBLEM	No						
33. THYROID PROBLEM	No						
34. TUBERCULOSIS	No						
35. SMOKING	No						
		VISION		WITHOUT	WITH	COLOR VISION (ISHIHARA'S METHOD)	
		Right Eye		6/6		NORMAL	
		Left Eye		6/6			
		Both Eye		6/6			
		GENERAL APPEARANCE					
		LOOKING HEALTHY					
		NORMAL					
		1. EYES Yes					
		2. EARS Yes					
		3. NOSE Yes					
		4. MOUTH Yes					
		5. THROAT Yes					
		6. NECK Yes					
		7. THROID Yes					
		8. LYMPH NODE Yes					
		9. LUNGS Yes					
		10. HEARTS Yes					
		11. ABDOMEN Yes					
		12. UROGENITAL SYSTEM Yes					
		13. UPPER EXTREMITIES Yes					
		14. LOWER EXTREMITIES Yes					
		15. BACK ABNORMALITY Yes					
		16. HERNIA Yes					
		17. CENTRAL NERVOUS SYSTEM Yes					
		18. SKIN & NAILS Yes					
		19. SPEECH Yes					
		20. OTHERS Yes					
DENTAL EXAMINATION		HEARING		If abnormal, give details			
8 7 6 5 4 3 2 1   1 2 3 4 5 6 7 8		NORMAL		KEASLIAN DOKUMEN INTI			
8 7 6 5 4 3 2 1   1 2 3 4 5 6 7 8		Right Ear Yes		HUBUNGI			
• : Filling O : Caries ^ : Root Rest		Left Ear Yes		TOTOT RUMEKSO			
x : Missing V : Prothesa				HP. 0858 1392 5019			





**INDOSEHAT 2003**  
**CLINIC & MEDICAL CHECK-UP**



## **SURAT KETERANGAN** **TO WHOM IT MAY CONCERN**

**Dengan ini kami menerangkan bahwa :**  
*Here with acknowledge that :*

**Nama**  
*Name* : ASEP ARIF BAHTIAR  
**Jenis Kelamin**  
*Gender/Sex* : PRIA/MALE  
**Tempat / Tanggal Lahir**  
*Place / Date Of Birth* : CIAMIS / AUGUST 21, 1987  
**Perusahaan**  
*Company* : PT. ANDHINI EKAKARYA SEJAHTERA  
**Jabatan**  
*Occupation* : CHIEF OFFICER



**Benar telah melakukan Medical Check-Up di Indosehat 2003 Medical Centre.**  
*Have trully complete Medical Standart Check-Up in Indosehat 2003 Medical Centre.*

**Dengan Hasil : Sehat untuk Bertugas.**  
*With Final Result : FIT.*

**Demikian surat keterangan ini kami sampaikan untuk dapat dipergunakan sebagaimana mestinya.**  
*I hope this letter will be found useful where neces.*



ASEP ARIF BAHTIAR

Jakarta, 18 April 2024



**Date Of Examination, April 18, 2024**  
**Expiration Of Validity, April 18, 2026**





## REPORT LABORATORY RESULT

<b>Company</b>	: PT. ANDHINI EKAKARYA SEJAHTERA	<b>Sex</b>	: Male
<b>Name</b>	: MR. ASEP ARIF BAHTIAR	<b>No. MR</b>	: 004141
<b>MCU No.</b>	: 010/MCUIIS/AES/IV/24	<b>Age</b>	: 36 Years Old
<b>Date Examination</b>	: APRIL 18, 2024		

Laboratory Test	Reference Ranges	Result
-----------------	------------------	--------

### HAEMATOLOGY

Haemoglobin	13.0 – 18.0	gr / dl	18,5
White Blood Cell Count	5.0 – 10.0	/ ul	8
ESR	0 - 15	mm / hour	8
<b>DIFFERENTIAL COUNT</b>			
Eosinophil	0 – 1	%	0,4
Basophil	1 – 3	%	4
Stab	2 – 6	%	4
Segment	50 – 70	%	80
Lymphocyte	20 – 40	%	12,8
Monocyt	2 – 8	%	7
Platelet/ Trombosit	150.000-440.000		182

### BLOOD CHEMISTRY

Fasting Blood Sugar	60-110	mg / dl	76
Blood Sugar 2 PP	60-140	mg / dl	87
Random Glucose	60 – 180	mg / dl	
Cholesterol	< 200	mg / dl	195
Triglyseride	< 200	mg / dl	127
SGOT	< 35	U / L	31
SGPT	< 45	U / L	43
Creatinin	0,7 – 1,4	mg / dl	0,8
Ureum	15 – 45	mg / dl	17
Fosfatase Alkali	30-120	mg / dl	75
GGT	< 49	g/ml	17
BIL TOTAL	0,2-1,0	mg/dl	0,8
BIL DIRECT	0,1-1,2	mg/dl	



## REPORT LABORATORY RESULT

<b>Company</b>	: PT. ANDHINI EKAKARYA SEJAHTERA	<b>Sex</b>	: Male
<b>Name</b>	: MR.ASEP ARIF BAHTIAR	<b>No. MR</b>	: 004141
<b>MCU No.</b>	: 010/MCUIIS/AES/IV/24	<b>Age</b>	: 36 Years Old
<b>Date Examination</b>	: APRIL 18, 2024		

Laboratory Test	Reference Ranges	Result
-----------------	------------------	--------

### URINALYSIS

#### Macroscopic

Specific Gravity	1,010 – 1,030	1020
Albumin	Negative	Negative
Glucose	Negative	Negative
PH		6

#### Microscopic

##### Sediment

Epithels / hpf	Positive	Positive
WBC / hpf	1 – 4	0-3
RBC / hpf	1 – 4	0-1
Cast	Negative	Negative
Crystal	Negative	Negative
Bacteria	Negative	Negative
Others	Negative	Negative

### SEROLOGY / IMMUNOLOGY


VDRL	Non Reaktive	Non Reaktive
Hbs Ag	Non Reaktive	Non reaktive
HIV	Non Reaktive	Non reaktive

**dr. Gunawan Eka Putra, Sp.PK**  
Chief Laboratory







LABORATORY FINDING	
BLOOD TEST	URINALYSYS
<b>HEMATOLOGY</b> HB : 18,5 gr/dl WBC : 5 DIFF COUNT : 0,4/0,6/4/80/12,8/7	<b>SPECIFIC GRAVITY</b> : 1020 <b>PROTEIN</b> : Negative <b>GLUCOSE</b> : Negative
<b>BLOOD CHEMISTRY</b> CHOLESTEROL : 195 mg / dl TRYGLISERIDES : 127 mg / dl  GDS : mg / dl SGOT : 31 U/L SGPT : 43 U/L Creatinin : 0,8 mg / dl	<b>MICROSCOPIC :</b> WBC : 0-3 / hpt RBC : 0-1 / hpt CAST : Negative CRYSTALS : Negative BACTERIA : Negative
<b>SEROLOGY / IMUNOLOGI</b> Hbs Ag : Non reaktif HIV : Non reaktif VDRL : Non Reaktif	
<b>CHEST X-RAY</b>	<b>Report</b> NORMAL
<b>OTHER DIAGNOSTIC TEST</b> ECG : NORMAL	
<b>COMMENT ON MEDICAL HISTORY AND CLINICAL EVALUATION</b> The abovenamed person physically :  <input checked="" type="checkbox"/> <b>FIT</b> <input type="checkbox"/> <b>FIT WITH MINOR CORRECTABLE DEFECT</b> <input type="checkbox"/> <b>HAS MAYOR PHYSICAL DEFECT</b> <input type="checkbox"/> <b>UNFIT TEMPORARY</b> For duties on board ship Doctor's Advice	
<div style="border: 2px solid black; padding: 5px; text-align: center; font-weight: bold; font-size: 1.2em;">FIT TO BE DUTY ON BOARD SHIP</div>	
<b>HEALTH CERTIFICATE</b> No. : 010/MCUI/AES/IV/24  THIS TO CERTIFICATE THAT A MEDICAL EXAMINATION WAS GIVEN TO : <b>MR. ASEP ARIF BAHTIAR</b> AGE 36 YEARS  <b>HE IS FOUND TO BE <u>FIT</u> FOR DUTY AS : CHIEF OFFICER</b> ISSUED AT JAKARTA DATE APRIL 18, 2024 VALID UNTIL APRIL 18, 2026	
<div style="border: 1px solid black; border-radius: 50%; padding: 10px; display: inline-block;"></div> <b>dr. PONDARUAJI</b> Chief Physician	



## CERTIFICATION DRUGS AND ALCOHOL

MCU. No : 010/MCUIIS/AES/IV/24  
Company : PT. ANDHINI EKAKARYA SEJAHTERA  
Date : APRIL 18, 2024

### This is to certify that

Name : MR. ASEP ARIF BAHTIAR  
Sex : Male  
Place/Date Of Birth : CIAMIS/ AUGUST 21, 1987  
Age : 36 Years Old  
Rank : CHIEF OFFICER

Was examined for the presence of the following drugs and alcohol in the urine using the competitive immunoassay / chromatographic Absorbent method and was found :

1. Amphetamine	: Negative	6. Cocaine	: Negative
2. Methamphetamine	: Negative	7. Marijuana/Cannabinoids	: Negative
3. Opiate/Morphine	: Negative	8. Barbiturate	: Negative
4. Phencyclidine	: Negative	9. Benzodiazepine	: Negative
5. Codeine	: Negative	10. Alcohol	: Negative

Note  
N/E : Not Examine

JAKARTA, APRIL 18, 2024



dr. PONDARUAJI  
Medical Review Officer





**INDOSEHAT 2003**  
**CLINIC & MEDICAL CHECK-UP**



## **DENTAL HEALTH CERTIFICATE**

This is to certify that today I have examined :

Name : MR. ASEP ARIF BAHTIAR  
Age : 36 Years Old

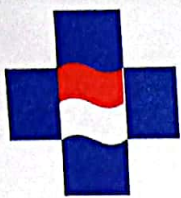
And was found him / her dentally FIT.

Jakarta, APRIL 18, 2024



Dentist





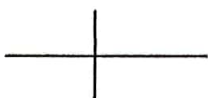
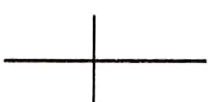
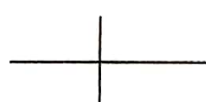

## DENTAL CHECK UP REPORT

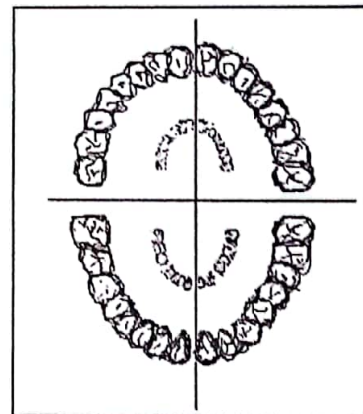
MCU No. : 010/MCUIS/AES/IV/24  
Date : APRIL 18, 2024  
Name of Crew : MR. ASEP ARIF BAHTIAR  
Age : 36Years Old

Company/Shipping Co.:

### CHIEF COMPLAINT :

### FINDINGS :

1. Teeth Missing : 
2. Carious Teeth : 
3. Periodontally involved teeth : 
4. Others : 



### ADVISED :

Jakarta, APRIL 18, 2024

  
( Drg. Triana )



### **Declaration of Anti HIV Test Result**

I Declara that Anti HIV Test Result From :

Name : MR. ASEP ARIF BAHTIAR  
No Client : 004141  
MCU No. : 010/MCUIS/AES/IV/24  
Sex : Male  
Age : 36 Years Old

HIV	Negative
-----	----------

Jakarta, APRIL 18, 2024

Examiner



dr. PONYNDARUAJI  
Medical Review Officer

Laboratory Analyst





# KLINIK UTAMA INDOSEHAT 2003 MEDICAL CENTRE

Ex. Komp. Gaya Motor  
Jl. Isuzu No. 32 Semper Timur, Cilincing, Jakarta Utara 14130  
Telp. (021) 4411281 Fax. (021) 4411281 Email : indosehat2003@hotmail.com

Nama Pasien : **MR. ASEP ARIF BAHTIAR** Pengirim : **PT. ANDHINI EKAKARYA SEJAHTER**  
Umur / No. Foto : **36 TH / 004141** Rontgen : **THORAX AP**  
Tanggal Rontgen : **APRIL 18, 2024**

Yth. Ts.

CHEST C-RAY POSTEROANTERIOR PROJECTION :

No sign of heart enlargement  
Normal bronchovascular pattern  
No sign of infiltrate of nodul in both lungs  
Diaphragms are smooth, costophrenic sinuses are sharp  
Bone of costae within normal limit

Conclusion : No sign of abnormality in chest X-ray

dr. ROSALINA, Sp. Rad.  
21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020

dr. ROSALINA, Sp. Rad.  
21/B.15b/31.72.04.1005.05.005.C.1/3/-1.779.3/e/2020.

Radiolog / Assisten : ..... Tanda tangan : .....

# PATIENT DATA

Company : ANDHINI EKAKARYA SEJAHTERA

Name : ASEP ARIF BAHTIAR

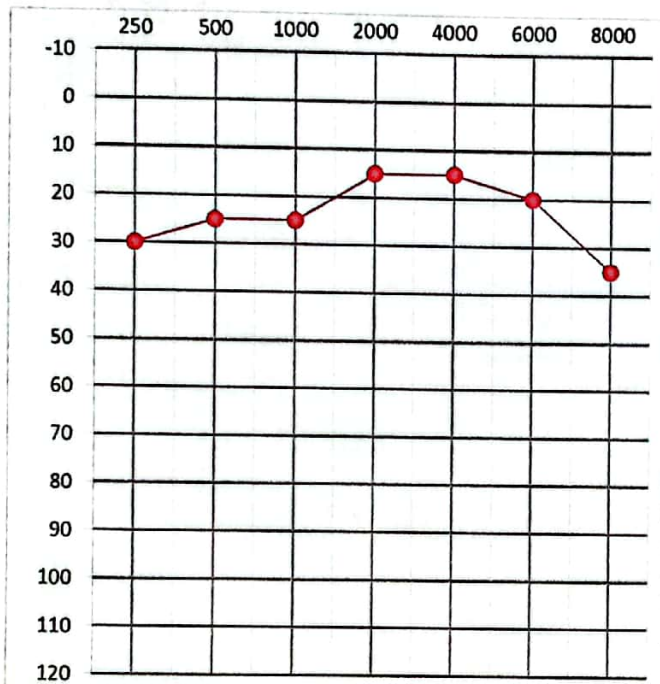
Age : 36 YO

No : 00-41-41

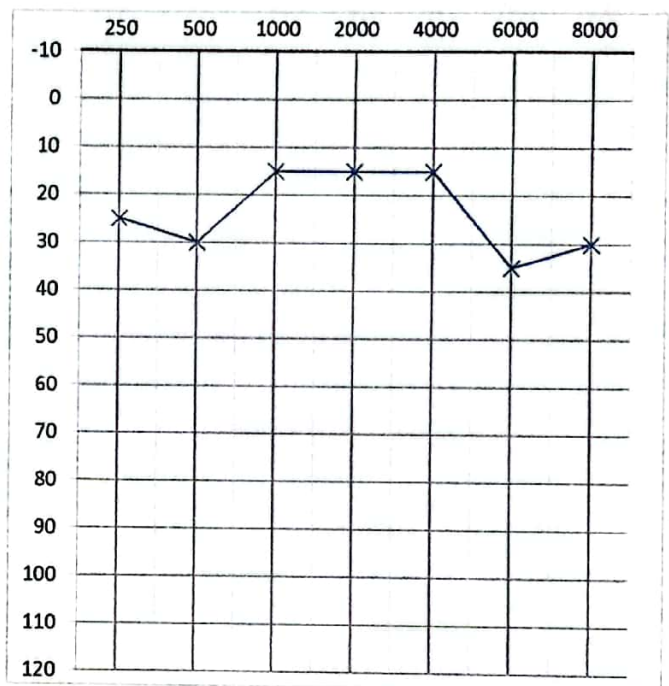
Instrument : Audiometer audiometri

## Tone Audiogram

RIGHT - FF1



LEFT - FF1



Right Ear Air Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
30	25	25	15	15	20	35	20

Left Ear Air Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
25	30	15	15	15	35	30	18,75

Right Ear Bone Conduction							Right Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Left Ear Bone Conduction							Left Ear (dB)
250	500	1000	2000	4000	6000	8000	
							0

Right Ear : Ambang dengar normal 20 dB

Left Ear : Ambang dengar normal 18,75 dB

Conclusion : Pendengaran kedua telinga dalam batas normal

dr KARISMA PRAMESWARI FM Sp.THT-KL  
1416156311220410051500511311118102021

Examining Physician  
dr Karisma Prameswari Sp.THT-KL



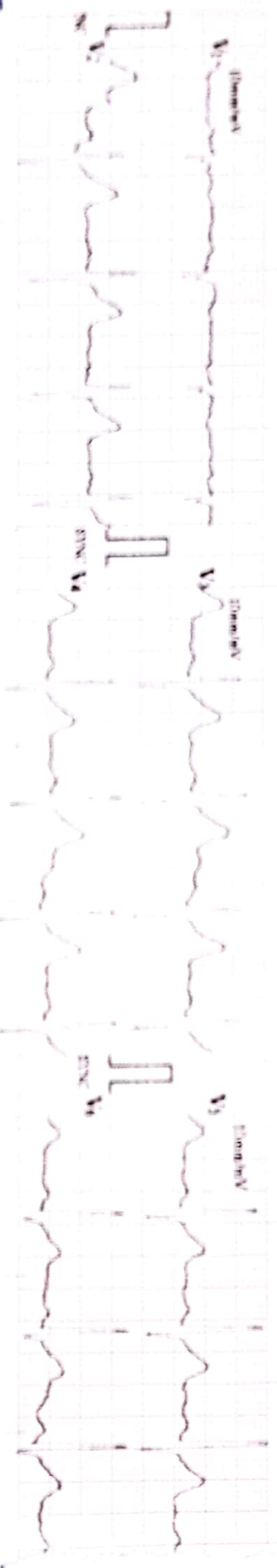
# ELECTROKARDIOGRAM REPORT

Ascer Artf. B 36h

I  
II  
III



AVR  
AVL  
AVF



V1  
V2  
V3  
V4  
V5  
V6

# PEMERIKSAAN ELEKTROKARDIOGRAM MEDICAL CHECK UP

NO. MCU : 000101

TANGGAL PERIKSA : 18 APRIL 2024.

NAMA : ASEP ARTIF . B

UMUR : 36 th

PERUSAHAAN : Andhitr

KESIMPULAN : Sinus 80 x / mnt  
Normal



dr. ISMUGI SpJP, FIHA  
CARDIOLOGIST