

Happiness in Western European Countries



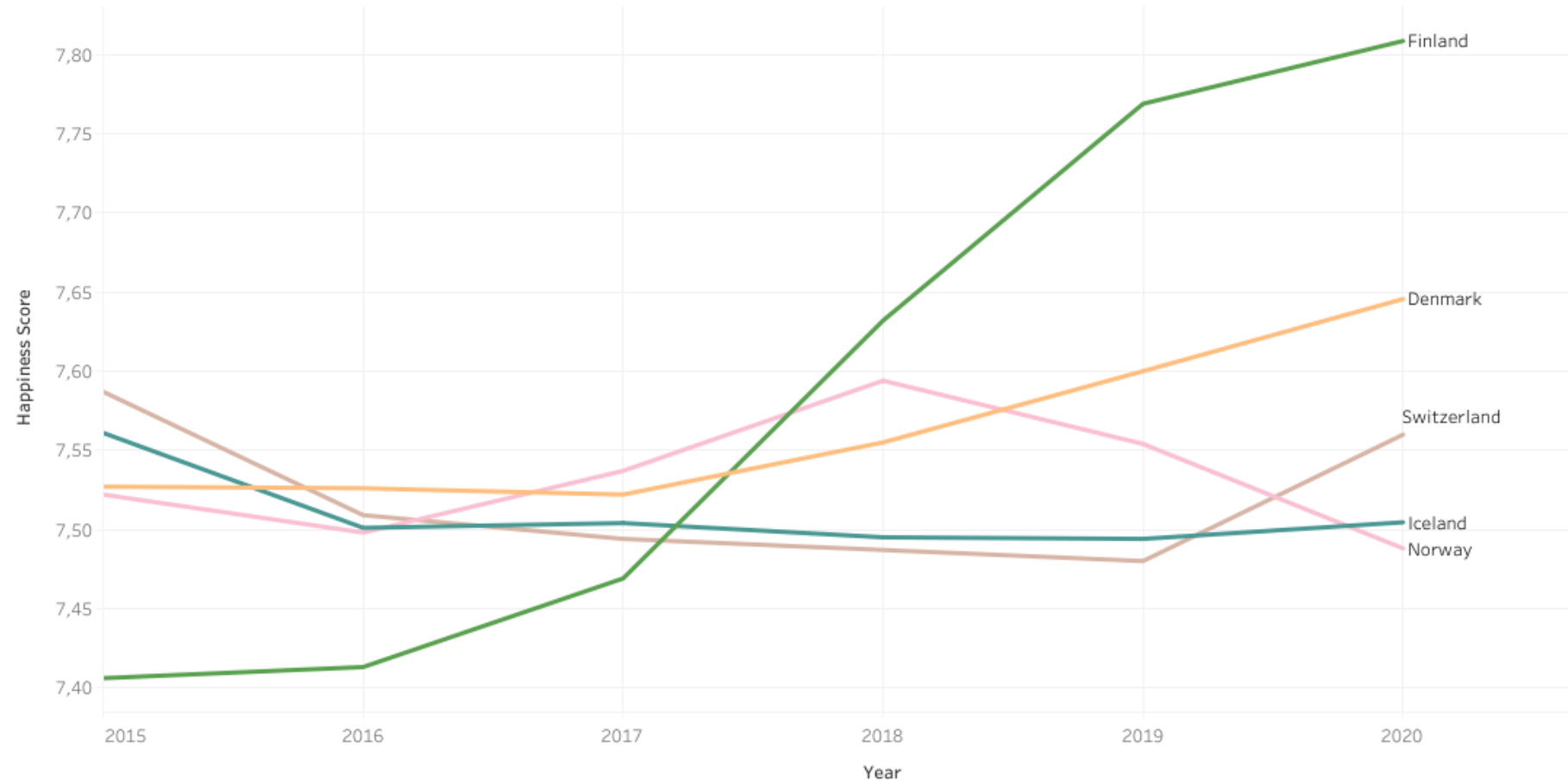
Overview of Western European Happiness



- Are there any differences between Southern and Northern countries?
- Can we measure happiness by asking people on a scale from 0 to 10 how happy they feel?
- Is there any correlation between the Happiness Score and mental health disorders such as Depression, Anxiety and others?

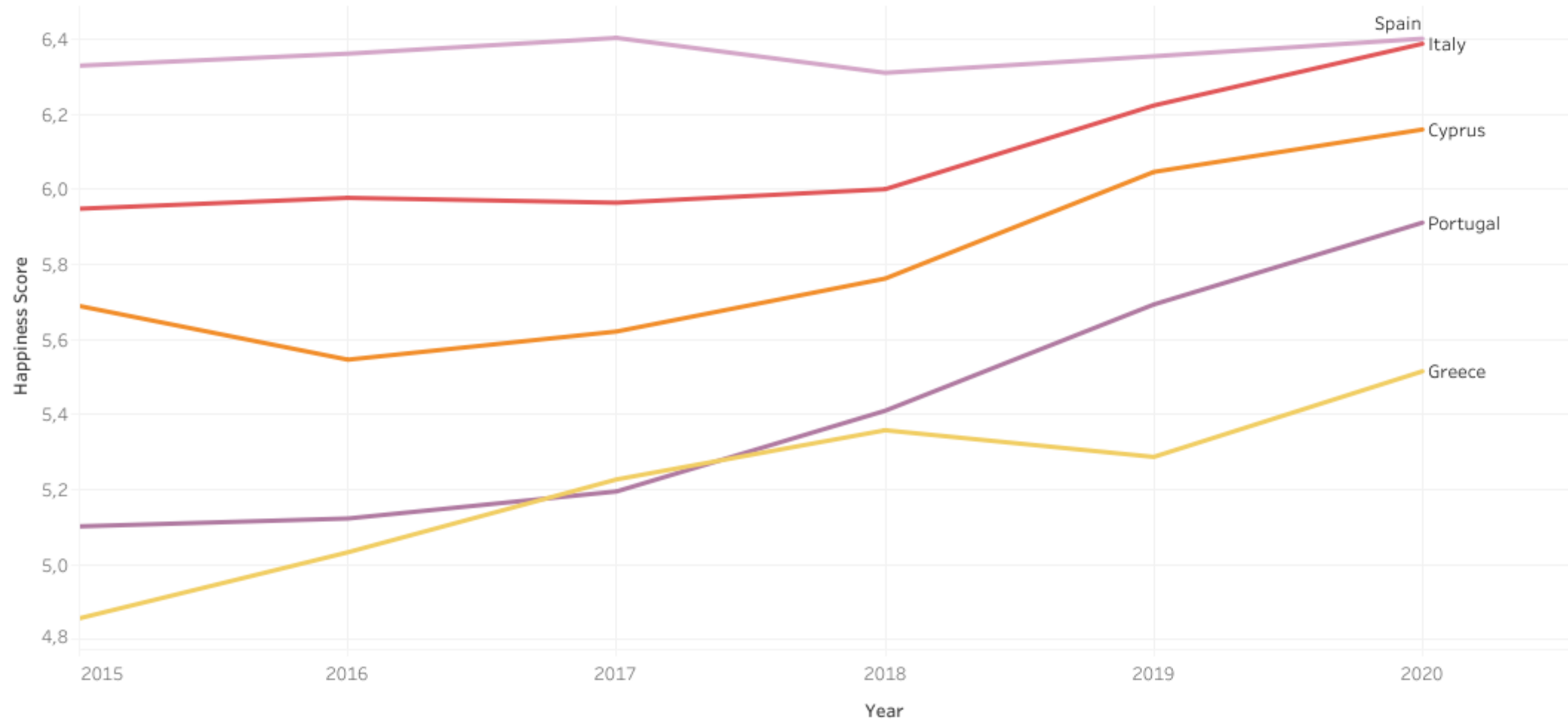
What are the happiest countries in Western Europe?

Happiness Evolution (Top 5 Happiest countries)

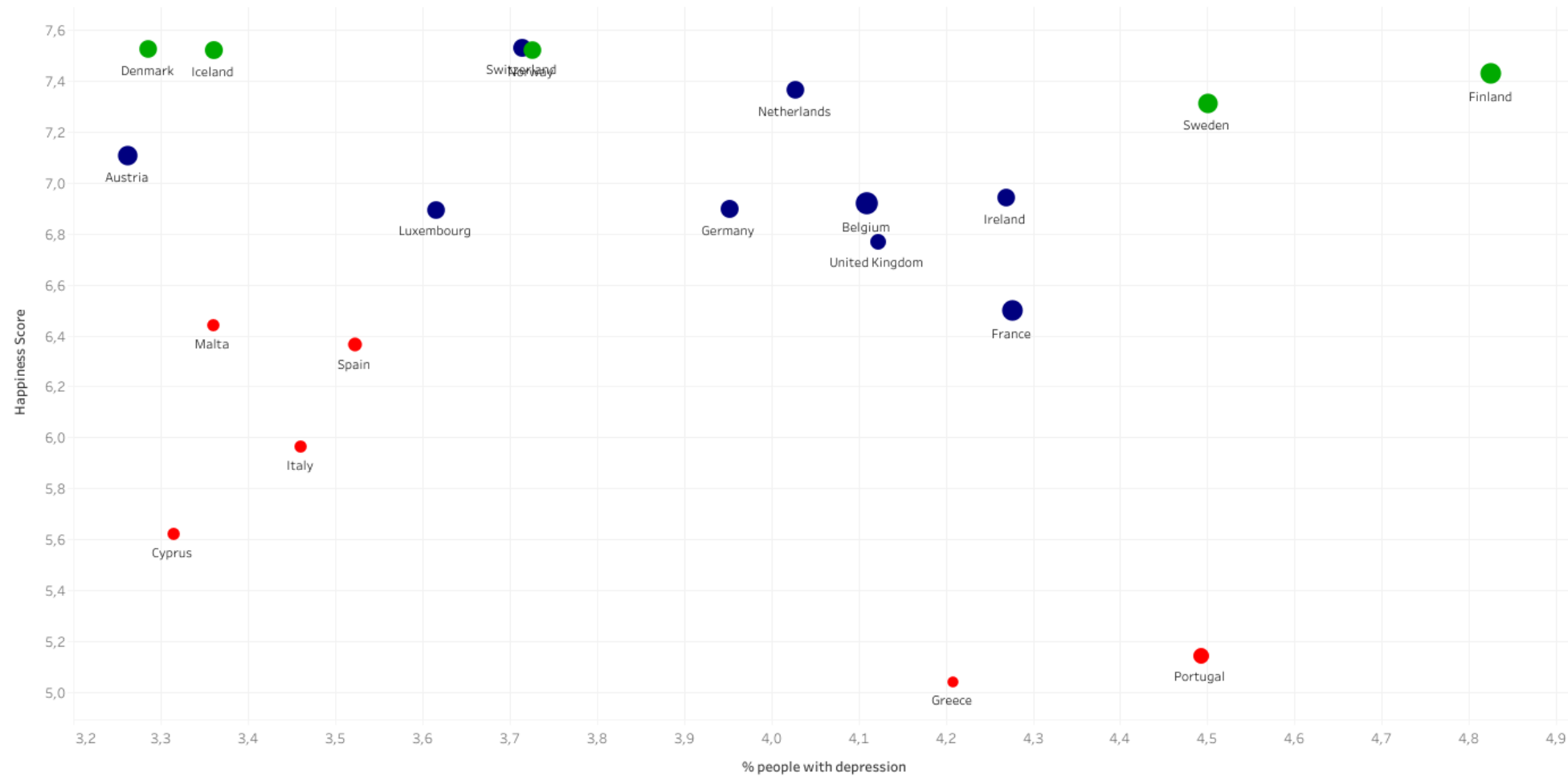


What are the least happy countries in Western Europe?

The 5 least Happiest countries



Happiness vs Depression (and suicide)



Findings

Data says Scandinavian countries are as depressed as Mediterranean countries.



