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# 1 Mathematical Proof: Why n Balls In $\rightarrow$ n Balls Out

## 1.1 Setup and Assumptions

Consider Newton's Cradle with 5 identical balls, each of mass  $m$ . All collisions are perfectly elastic ( $e = 1$ ). Ball 1 strikes the stationary line with velocity  $v_0$ .

## 1.2 Conservation Laws

For elastic collisions between identical masses, we must satisfy TWO fundamental conservation laws simultaneously:

**Conservation of Momentum:**

$$mv_0 = mv_1 + mv_2 + mv_3 + mv_4 + mv_5 \quad (1)$$

Simplifying:

$$v_0 = v_1 + v_2 + v_3 + v_4 + v_5 \quad (2)$$

**Conservation of Kinetic Energy (elastic collision):**

$$\frac{1}{2}mv_0^2 = \frac{1}{2}mv_1^2 + \frac{1}{2}mv_2^2 + \frac{1}{2}mv_3^2 + \frac{1}{2}mv_4^2 + \frac{1}{2}mv_5^2 \quad (3)$$

Simplifying:

$$v_0^2 = v_1^2 + v_2^2 + v_3^2 + v_4^2 + v_5^2 \quad (4)$$

## 1.3 Testing Alternative Scenarios

### 1.3.1 Scenario A: 1 ball in $\rightarrow$ 2 balls out (each with speed $v_0/2$ )

Let  $v_1 = v_2 = v_3 = 0$  and  $v_4 = v_5 = v_0/2$ .

**Momentum check:**

$$v_0 \stackrel{?}{=} 0 + 0 + 0 + \frac{v_0}{2} + \frac{v_0}{2} = v_0 \quad \checkmark \quad (5)$$

**Energy check:**

$$v_0^2 \stackrel{?}{=} 0 + 0 + 0 + \left(\frac{v_0}{2}\right)^2 + \left(\frac{v_0}{2}\right)^2 = \frac{v_0^2}{4} + \frac{v_0^2}{4} = \frac{v_0^2}{2} \quad \times \quad (6)$$

Energy is **NOT conserved**. This scenario violates physics.

### 1.3.2 Scenario B: 1 ball in $\rightarrow$ 1 ball out (with speed $v_0$ )

Let  $v_1 = v_2 = v_3 = v_4 = 0$  and  $v_5 = v_0$ .

**Momentum check:**

$$v_0 \stackrel{?}{=} 0 + 0 + 0 + 0 + v_0 = v_0 \quad \checkmark \quad (7)$$

**Energy check:**

$$v_0^2 \stackrel{?}{=} 0 + 0 + 0 + 0 + v_0^2 = v_0^2 \quad \checkmark \quad (8)$$

Both laws are satisfied! This scenario is **physically valid**.

### 1.3.3 Scenario C: 2 balls in (each with $v_0$ ) $\rightarrow$ 1 ball out with speed $2v_0$

Initial momentum:  $2v_0$ . Let  $v_1 = v_2 = v_3 = v_4 = 0$  and  $v_5 = 2v_0$ .

**Momentum check:**

$$2v_0 \stackrel{?}{=} 0 + 0 + 0 + 0 + 2v_0 = 2v_0 \quad \checkmark \quad (9)$$

**Energy check:**

$$\text{Initial: } v_0^2 + v_0^2 = 2v_0^2 \quad (10)$$

$$\text{Final: } 0 + 0 + 0 + 0 + (2v_0)^2 = 4v_0^2 \quad (11)$$

$$2v_0^2 \neq 4v_0^2 \quad \times \quad (12)$$

Energy is **NOT conserved**. This scenario violates physics.

### 1.3.4 Scenario D: 2 balls in (each with $v_0$ ) $\rightarrow$ 2 balls out (each with $v_0$ )

Initial momentum:  $2v_0$ . Let  $v_1 = v_2 = v_3 = 0$  and  $v_4 = v_5 = v_0$ .

**Momentum check:**

$$2v_0 \stackrel{?}{=} 0 + 0 + 0 + v_0 + v_0 = 2v_0 \quad \checkmark \quad (13)$$

**Energy check:**

$$\text{Initial: } v_0^2 + v_0^2 = 2v_0^2 \quad (14)$$

$$\text{Final: } 0 + 0 + 0 + v_0^2 + v_0^2 = 2v_0^2 \quad (15)$$

$$2v_0^2 = 2v_0^2 \quad \checkmark \quad (16)$$

Both laws are satisfied! This scenario is **physically valid**.

## 1.4 General Proof

**Claim:** If  $n$  balls approach with the same speed  $v$ , then exactly  $n$  balls must leave with speed  $v$ .

**Proof:**

Let  $n$  balls approach with velocity  $v_0$ , and suppose  $k$  balls leave with velocities  $u_1, u_2, \dots, u_k$  (the remaining balls are stationary).

From conservation of momentum:

$$nv_0 = u_1 + u_2 + \dots + u_k = \sum_{i=1}^k u_i \quad (17)$$

From conservation of energy:

$$nv_0^2 = u_1^2 + u_2^2 + \dots + u_k^2 = \sum_{i=1}^k u_i^2 \quad (18)$$

**Key Mathematical Insight:** Apply the Cauchy-Schwarz inequality:

$$\left( \sum_{i=1}^k u_i \right)^2 \leq k \sum_{i=1}^k u_i^2 \quad (19)$$

with equality if and only if all  $u_i$  are equal.

Substituting equations (17) and (18):

$$(nv_0)^2 \leq k(nv_0^2) \quad (20)$$

$$n^2v_0^2 \leq knv_0^2 \quad (21)$$

Dividing by  $nv_0^2$ :

$$n \leq k \quad (22)$$

However, physically we cannot have more balls leaving than we have total:

$$k \leq n \quad (23)$$

Therefore, we must have:

$$\boxed{k = n} \quad (24)$$

Moreover, for Cauchy-Schwarz equality to hold, all outgoing velocities must be equal:

$$u_1 = u_2 = \dots = u_n \quad (25)$$

From equation (17):

$$nv_0 = nu \quad \Rightarrow \quad u = v_0 \quad (26)$$

## 2 Derivation for Energy Loss Mechanisms in a Newton's Cradle

### 2.1 Total Energy Loss from Restitution

For a head-on collision between identical spheres, the total mechanical energy loss can be expressed in terms of the coefficient of restitution  $e$ :

$$\Delta E_{\text{total}} = (1 - e^2)E_0 \quad (27)$$

where the initial kinetic energy is

$$E_0 = \frac{1}{2}mv_0^2. \quad (28)$$

This result follows from conservation of momentum and the definition of restitution [2, 3].

### 2.2 Hertzian Contact Force

The normal contact force between two elastic spheres is given by Hertzian contact theory:

$$F(\delta) = k\delta^{3/2} \quad (29)$$

where  $\delta$  is the compression and

$$k = \frac{4}{3}E^*\sqrt{R^*}. \quad (30)$$

The effective elastic modulus and radius are

$$\frac{1}{E^*} = \frac{1 - \nu_1^2}{E_1} + \frac{1 - \nu_2^2}{E_2}, \quad (31)$$

$$\frac{1}{R^*} = \frac{1}{R_1} + \frac{1}{R_2}. \quad (32)$$

For identical spheres:

$$E^* = \frac{E}{1 - \nu^2}, \quad R^* = \frac{R}{2}. \quad (33)$$

These expressions are standard results from elastic contact mechanics [1].

### 2.3 Heat Loss: Viscoelastic Dissipation

Real materials exhibit internal damping. The Hertzian force law is modified to include a dissipative term:

$$F(\delta, \dot{\delta}) = k\delta^{3/2} + \gamma\delta^{1/2}\dot{\delta} \quad (34)$$

where  $\gamma$  is a viscoelastic damping coefficient [4].

The energy dissipated as heat during the collision is

$$E_{\text{heat}} = \int_0^\tau \gamma\delta^{1/2}\dot{\delta}^2 dt. \quad (35)$$

Using Hertzian scaling relations for maximum compression and collision duration [1, 4], the heat loss scales as

$$E_{\text{heat}} \sim \gamma m^{1/2} k^{-3/2} v_0^{6/5}. \quad (36)$$

### 2.4 Sound Radiation

The accelerating sphere surface acts as an acoustic dipole source. The radiated acoustic power is approximately [5]

$$P \sim \frac{\rho_{\text{air}}}{c_{\text{air}}} A^2 a^2 \quad (37)$$

where  $\rho_{\text{air}}$  is the air density,  $c_{\text{air}}$  is the speed of sound in air,  $A$  is the effective radiating area, and  $a$  is the characteristic surface acceleration.

The total sound energy radiated during a collision is

$$E_{\text{sound}} = \int_0^\tau P(t) dt. \quad (38)$$

Using Hertzian collision scaling, this gives

$$E_{\text{sound}} \sim \frac{\rho_{\text{air}}}{c_{\text{air}}} R^{21/5} (E^*)^{2/5} m^{-2/5} v_0^{7/5}. \quad (39)$$

## 2.5 Energy Balance

The complete energy balance for one collision is therefore

$$E_0 = E_{\text{after}} + E_{\text{heat}} + E_{\text{sound}}, \quad (40)$$

with

$$E_{\text{after}} = e^2 E_0. \quad (41)$$

In typical steel Newton's cradle systems,  $E_{\text{heat}} \gg E_{\text{sound}}$ .

## 3 Derivation: Unequal Mass Collision

### 3.1 Setup

Consider two balls: ball 1 (mass  $m_1$ , initial velocity  $v_0$ ) strikes ball 2 (mass  $m_2$ , initially at rest). After collision, the velocities are  $v'_1$  and  $v'_2$  respectively.

### 3.2 Conservation Laws

**Conservation of momentum:**

$$m_1 v_0 = m_1 v'_1 + m_2 v'_2 \quad (42)$$

**Conservation of kinetic energy (elastic collision):**

$$\frac{1}{2} m_1 v_0^2 = \frac{1}{2} m_1 v'^2_1 + \frac{1}{2} m_2 v'^2_2 \quad (43)$$

Simplifying equation (2):

$$m_1 v_0^2 = m_1 v'^2_1 + m_2 v'^2_2 \quad (44)$$

### 3.3 Solving for $v'_2$

From equation (1), isolate  $v'_1$ :

$$v'_1 = \frac{m_1 v_0 - m_2 v'_2}{m_1} \quad (45)$$

Substitute equation (4) into equation (3):

$$m_1 v_0^2 = m_1 \left( \frac{m_1 v_0 - m_2 v'_2}{m_1} \right)^2 + m_2 v'^2_2 \quad (46)$$

Simplify:

$$m_1 v_0^2 = \frac{(m_1 v_0 - m_2 v_2')^2}{m_1} + m_2 v_2'^2 \quad (47)$$

Multiply through by  $m_1$ :

$$m_1^2 v_0^2 = (m_1 v_0 - m_2 v_2')^2 + m_1 m_2 v_2'^2 \quad (48)$$

Expand the squared term:

$$m_1^2 v_0^2 = m_1^2 v_0^2 - 2m_1 m_2 v_0 v_2' + m_2^2 v_2'^2 + m_1 m_2 v_2'^2 \quad (49)$$

Cancel  $m_1^2 v_0^2$  from both sides:

$$0 = -2m_1 m_2 v_0 v_2' + m_2^2 v_2'^2 + m_1 m_2 v_2'^2 \quad (50)$$

Factor out  $m_2 v_2'$ :

$$0 = -2m_1 m_2 v_0 v_2' + m_2 v_2'^2 (m_2 + m_1) \quad (51)$$

Rearrange (taking non-trivial solution  $v_2' \neq 0$ ):

$$2m_1 m_2 v_0 v_2' = m_2 v_2'^2 (m_1 + m_2) \quad (52)$$

Divide both sides by  $m_2 v_2'$ :

$$2m_1 v_0 = v_2' (m_1 + m_2) \quad (53)$$

Solve for  $v_2'$ :

$$\boxed{v_2' = \frac{2m_1}{m_1 + m_2} v_0} \quad (54)$$

### 3.4 Solving for $v_1'$

Substitute equation (13) back into equation (4):

$$v_1' = \frac{m_1 v_0 - m_2 \cdot \frac{2m_1}{m_1 + m_2} v_0}{m_1} \quad (55)$$

Simplify:

$$v_1' = v_0 \left( 1 - \frac{2m_2}{m_1 + m_2} \right) \quad (56)$$

Combine fractions:

$$v_1' = v_0 \left( \frac{m_1 + m_2 - 2m_2}{m_1 + m_2} \right) \quad (57)$$

$$\boxed{v_1' = \frac{m_1 - m_2}{m_1 + m_2} v_0} \quad (58)$$

### 3.5 Introducing Mass Ratio $\mu = m_2/m_1$

Divide numerator and denominator of equations (13) and (17) by  $m_1$ :

$$v_1' = \frac{1 - \mu}{1 + \mu} v_0 \quad (59)$$

$$v_2' = \frac{2}{1 + \mu} v_0 \quad (60)$$

### 3.6 Energy Transfer Efficiency

The energy transfer efficiency is the fraction of kinetic energy transferred to ball 2:

$$\eta = \frac{E'_2}{E_0} = \frac{\frac{1}{2}m_2v_2'^2}{\frac{1}{2}m_1v_0^2} \quad (61)$$

Substitute  $v_2'$  from equation (19):

$$\eta = \frac{m_2}{m_1} \cdot \frac{v_2'^2}{v_0^2} = \frac{m_2}{m_1} \cdot \left( \frac{2}{1 + \mu} \right)^2 \quad (62)$$

Since  $\mu = m_2/m_1$ :

$$\eta = \mu \cdot \frac{4}{(1 + \mu)^2} \quad (63)$$

$$\boxed{\eta = \frac{4\mu}{(1 + \mu)^2}} \quad (64)$$

### 3.7 Maximizing Energy Transfer

To find the maximum, take the derivative with respect to  $\mu$  and set to zero:

$$\frac{d\eta}{d\mu} = \frac{d}{d\mu} \left[ \frac{4\mu}{(1 + \mu)^2} \right] \quad (65)$$

Using the quotient rule:

$$\frac{d\eta}{d\mu} = \frac{4(1 + \mu)^2 - 4\mu \cdot 2(1 + \mu)}{(1 + \mu)^4} \quad (66)$$

Simplify:

$$\frac{d\eta}{d\mu} = \frac{4(1 + \mu) - 8\mu}{(1 + \mu)^3} = \frac{4 + 4\mu - 8\mu}{(1 + \mu)^3} \quad (67)$$

$$\frac{d\eta}{d\mu} = \frac{4(1 - \mu)}{(1 + \mu)^3} \quad (68)$$

Set equal to zero:

$$\frac{4(1 - \mu)}{(1 + \mu)^3} = 0 \quad \Rightarrow \quad 1 - \mu = 0 \quad \Rightarrow \quad \boxed{\mu = 1} \quad (69)$$

At  $\mu = 1$ :

$$\eta_{\max} = \frac{4 \cdot 1}{(1 + 1)^2} = \frac{4}{4} = \boxed{1} \quad (70)$$

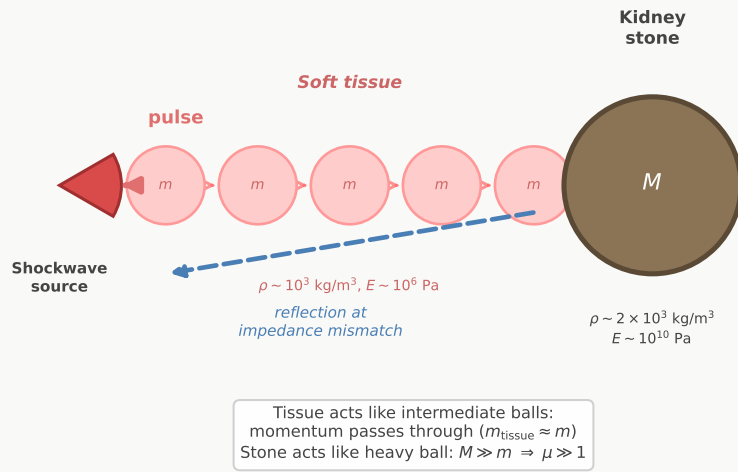
Therefore, energy transfer is maximized when masses are equal ( $\mu = 1$ ), achieving perfect energy transfer ( $\eta = 1$ ).

## 4 Image to show relation Lithotripsy and Newtons Cradle



## Extracorporeal Shock Wave Lithotripsy

Chain of small masses  $\rightarrow$  large mass: wave reflects,  $\eta \rightarrow 0$



## References

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