



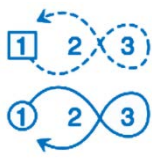
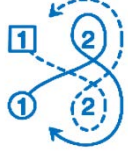






## 8 bars formations

	Circle round and back (four people)	8 bars
	Circle round and back (six people)	8 bars
	Lead down the middle and back	8 bars
	Lead down behind lines and back	8 bars
<b>RL</b>	Rights and lefts	8 bars
	Figure of eight on the side	8 bars
	Figures of eight across the set	8 bars

### 4 bar formations

<b>RA</b>	Right hands across in a wheel	4 bars
<b>LA</b>	Left hands across in a wheel	4 bars
<b>T<sub>R</sub></b>	Turn partner with right hand	4 bars
<b>T<sub>L</sub></b>	Turn partner with left hand	4 bars
	Advance and retire	4 bars
	Cast to end of set	4 bars
<b>D</b>	Back to back (Do-si-do)	4 bars

## 2 bar formations

<b>X<sub>R</sub></b>	Cross right hand	2 bars
<b>X<sub>L</sub></b>	Cross left hand	2 bars
	Cast down one place	2 bars
	Cast up one place	2 bars