



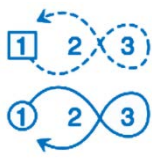
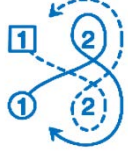






8 bars formations

	Circle round and back (four people)	8 bars
	Circle round and back (six people)	8 bars
	Lead down the middle and back	8 bars
	Lead down behind lines and back	8 bars
RL	Rights and lefts	8 bars
	Figure of eight on the side	8 bars
	Figures of eight across the set	8 bars






4 bar formations

RA	Right hands across in a wheel	4 bars
LA	Left hands across in a wheel	4 bars
T_R	Turn partner with right hand	4 bars
T_L	Turn partner with left hand	4 bars
	Advance and retire	4 bars
	Cast to end of set	4 bars
D	Back to back (Do-si-do)	4 bars

2 bar formations

X_R	Cross right hand	2 bars
X_L	Cross left hand	2 bars
	Cast down one place	2 bars
	Cast up one place	2 bars

Additional Information about diagrams

	Face partner and join hands
R	Repeat the last formation
	Male dancers are shown as circles
	Male dancer's path – solid line
	Female dancers are shown as squares
	Female dancer's path - dashed line
	The short line is the dancer's nose and shows which way they are facing