Commentaire

id	int	KEY
user_id	int	
note	int(5)	
user_name	varchar(255)	
Commentaire	text	
posted_at	timestamp	

Admin

id	int	KEY
first_name	varchar(50)	
last_name	varchar(50)	
email	varchar(250)	
admin	enum('0','1')	

users

id	int	KEY
first_name	varchar(50)	
last_name	varchar(50)	
email	varchar(250)	
password	varchar(255)	
date_of_birth	date	
allergens_id	int(2)	
allergens_id2	int(2)	
allergens_id3	int(2)	
allergens_id4	int(2)	
regimes_id	int(2)	
regimes_id2	int(2)	
regimes_id3	int(2)	
admin	enum('0','1')	

Recette

id	int	KEY
admin_id	int	
title	varchar(255)	
description	text	
prep_time	int	
rest_time	int	
cook_time	int	
Ingredient	text	
step	text	
allergens_id	int(2)	
allergens_id2	int(2)	
allergens_id3	int(2)	
allergens_id4	int(2)	
regimes_id	int(2)	
regimes_id2	int(2)	
regimes_id3	int(2)	
posted_at	timestamp	

Allergenes

id	int	KEY
name_allergen	varchar	

Regimes

id	int	KEY
name_regimes	varchar	