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Part 2: Model - Agile Methodology

2.1. Introduction

The Agile Model is a popular and flexible approach to software development that emphasizes iterative progress, collaboration, customer feedback, and the ability to respond to change. Unlike traditional development methodologies such as Waterfall, where the process is linear and sequential, Agile is based on cycles of short development iterations known as sprints. Each sprint results in a potentially deliverable product increment, enabling teams to adapt quickly to changing requirements or market conditions. The Agile Model is widely used in various industries and has gained traction for its emphasis on delivering value to customers and its adaptability to changes throughout the project lifecycle.

The Agile methodology is founded on the Agile Manifesto, created in 2001 by a group of software developers. The manifesto outlines four key values and twelve principles that guide Agile practices, making it a customer-centric and team-oriented approach. The Agile approach encourages a culture of continuous feedback, allowing teams to reflect, improve, and adjust their workflows to better meet customer needs and business goals.

2.2. Core Values of the Agile Model

The Agile Manifesto is built on four core values that shape its methodology:

1. **Individuals and Interactions Over Processes and Tools:** This value stresses the importance of communication and collaboration among team members and stakeholders. While tools and processes are essential, they should never hinder effective teamwork or direct communication.
2. **Working Software Over Comprehensive Documentation:** Agile focuses on delivering functional software that meets the needs of users rather than investing excessive time in documentation. Although documentation is still important, the primary goal is to build software that works.
3. **Customer Collaboration Over Contract Negotiation:** Agile encourages regular communication with the customer throughout the development process, allowing the product to evolve based on customer feedback. This value fosters a partnership between the development team and the customer.
4. **Responding to Change Over Following a Plan:** One of the key benefits of Agile is its adaptability. The Agile Model accepts that change is inevitable and encourages teams to embrace changes in requirements or priorities, even late in the development process.

2.3. Key Principles of the Agile Model

The 12 Principles of Agile provide further guidance on how to apply the Agile values in practice. Some of these principles include:

- Satisfy the customer through early and continuous delivery of valuable software.
- Welcome changing requirements, even in late development stages.
- Deliver working software frequently, with a preference for shorter timescales (e.g., every few weeks or months).
- Business stakeholders and developers must work together daily throughout the project.
- Build projects around motivated individuals and give them the support and environment they need to succeed.
- Simplicity—the art of maximizing the amount of work not done—should be a priority.
- Self-organizing teams are the key to producing high-quality software.
- Regular reflection on how to improve and adjust behavior accordingly.

These principles provide the foundation for many Agile frameworks, including Scrum, Kanban, and Extreme Programming (XP).

2.4. The Agile Process

The Agile Model is typically structured around a series of iterative cycles or sprints, which are usually 1-4 weeks long. The process is designed to encourage frequent reassessment and adaptation to ensure the product is continuously aligned with customer needs and market demands.

1. **Planning and Requirements Gathering:** Agile projects begin with an initial planning phase that includes gathering high-level requirements, often referred to as user stories. These are brief descriptions of the functionality that the product needs to deliver, written from the perspective of the end user.
2. **Sprint Planning:** At the beginning of each sprint, the team selects a set of user stories to work on. These stories are broken down into tasks that can be completed during the sprint.
3. **Sprint Execution:** During the sprint, developers and other team members collaborate closely to complete the tasks and create a working product increment. Daily standup meetings or scrums are held to track progress, discuss issues, and align team efforts.
4. **Review and Feedback:** At the end of each sprint, the team holds a sprint review meeting where the increment is demonstrated to stakeholders, including customers. This allows for feedback, adjustments, and prioritization of future work based on what has been learned.

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5. **Retrospective:** After the sprint review, the team holds a retrospective meeting where they reflect on the sprint and discuss what went well, what could be improved, and how they can optimize processes for the next sprint.

This iterative process enables teams to adapt to changes quickly and continuously improve the product based on customer feedback.

2.5. Agile Frameworks

There are several frameworks within the Agile model, each offering specific practices to guide teams in implementing Agile principles effectively. Some of the most popular frameworks include:

1. **Scrum:** Scrum is one of the most widely used Agile frameworks. It emphasizes fixed-length sprints, daily stand-up meetings, and roles such as the Scrum Master (who ensures the team follows Scrum practices) and the Product Owner (who represents the customer's interests). Scrum is well-suited to projects with well-defined goals and evolving requirements.
2. **Kanban:** Kanban focuses on visualizing the flow of work and managing work in progress. It does not have fixed-length sprints but instead emphasizes continuous delivery. Teams use a Kanban board to track tasks and ensure that work is completed efficiently, with a focus on reducing bottlenecks and optimizing flow.
3. **Extreme Programming (XP):** XP is a more technical framework that emphasizes coding practices like pair programming, continuous integration, and test-driven development (TDD). XP is ideal for projects requiring high-quality code and rapid delivery, particularly in environments where requirements change frequently.
4. **Lean Software Development:** Lean principles, derived from manufacturing practices, focus on eliminating waste, improving flow, and delivering value more quickly. It encourages teams to optimize the value stream and reduce non-value-adding activities.

2.6. Benefits of the Agile Model

The Agile Model offers several advantages for software development teams, including:

- **Flexibility and Adaptability:** Agile's iterative process allows teams to respond quickly to changes in requirements, customer needs, or market conditions.
- **Improved Collaboration:** Agile encourages regular communication among team members, stakeholders, and customers, promoting transparency and better decision-making.
- **Faster Time to Market:** Agile's frequent delivery of working software means that teams can release products or features to market more quickly, providing value to customers sooner.
- **Higher Quality:** Through continuous testing and feedback, Agile teams can identify and address issues early in the development process, resulting in a higher-quality product.
- **Customer-Centric:** Agile prioritizes customer satisfaction and feedback, ensuring the final product meets user expectations and needs.

2.7. Challenges of the Agile Model

Despite its many advantages, the Agile Model does come with some challenges:

- **Resistance to Change:** Teams that are accustomed to traditional, waterfall approaches may resist adopting Agile practices, especially when it requires a shift in mindset or organizational culture.
- **Scope Creep:** Agile's flexibility can sometimes lead to scope creep, where changes to requirements during sprints result in project delays or difficulties in managing deliverables.
- **Lack of Documentation:** Although Agile prioritizes working software over documentation, some projects may still require a certain level of documentation to meet regulatory or organizational requirements.
- **Requires High Collaboration:** Agile relies heavily on effective communication and collaboration. If team members or stakeholders are not fully engaged, the benefits of Agile may not be fully realized.

Conclusion

The Agile Model has transformed software development by emphasizing flexibility, collaboration, and continuous improvement. Through iterative cycles and a focus on customer feedback, Agile has enabled teams to deliver high-quality products faster while adapting to ever-changing requirements. With frameworks like Scrum, Kanban, and Extreme Programming, Agile offers a wide range of tools and practices to suit different types of projects. While it may present challenges, such as resistance to change or scope creep, its benefits in terms of improved collaboration, faster time to market, and customer satisfaction are undeniable. As the software development landscape continues to evolve, the Agile Model remains a cornerstone of modern development practices, driving innovation and success across industries.

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