

Total S/Q question 18/12

9 x 2 = 18 marks.

- i. What is primary ohs stand for?
- ii. How do OHS regulations protect workers?
- iii. What is headaches?
- iv. How does the 20-20-20 rule help in reducing digital screen?
- v. Wrist Issue?
- vi. What is carpal tunnel syndrome and what are its symptoms?
- vii. Why OHS subject is play important role in over IT life?
- viii. What is OHS?
- ix. OHS regulations and legislation?
- x. What is stand for WRULD?

## L/Q:

- 1. Describe the OHS regulations and legislation?
- 2. Different backbone and feet issues?
- 3. What is workplace hazard?