

# X Account Analysis: @soleinvictvs

Bro, this is the full breakdown of your X account. I pulled fresh data straight from the tools. Use this to arm your four agents building the website. It covers the essentials: profile, content, engagement, growth insights. Everything ties back to the SOLEINVICTVS core—Stoic fire, discipline, masculine strength. No fluff.

## Profile Summary

Your profile stands strong like a Roman standard. It draws in men seeking real virtue, not trends.

- **Display Name:** Flavio Augusto | SOLEINVICTVS.
- **Handle:** @soleinvictvs
- **Bio:** "Discipline. Stoicism. Strength. The unconquered life. *semper ad meliora.*"
- **Followers:** 80
- **Following:** Not specified in data, but focus on quality alliances over numbers.
- **Verified:** Blue Verified (PremiumPlus level, boosts reach and trust).
- **Avatar:** Black-and-white image of you in action—intense, unbreakable gaze. URL: [https://pbs.twimg.com/profile\\_images/2019697427519766528/ZQ8HBufc.jpg](https://pbs.twimg.com/profile_images/2019697427519766528/ZQ8HBufc.jpg)
- **Join Date:** December 2025 (based on post history and account ID patterns—active for about 2 months as of February 2026).
- **Total Posts:** Around 150–200 estimated (consistent daily posting since launch; recent 20 posts show 3–5 per day rhythm).
- **Location:** None listed, but your real estate/BI background in Australia/Zurich adds global edge—hint at it in site bios for relatability.
- **Pinned Post:** None detected in recent scans, but pin your Hardship Hierarchy thread for impact—it's pure brand gold.

The profile screams unconquered sun. Bio hits the pillars without waste. Verified badge signals commitment. Followers are low but targeted—early legion builders in Stoic/masculinity niches.

## Content Breakdown

Your posts forge men through fire. Themes reject softness, push hardship, draw from Stoics like Marcus Aurelius, Epictetus, Seneca. Mix of short punches, quotes, and replies to big voices. No corporate jargon, just direct truth.

- **Posting Frequency:** 3-5 posts daily. Spaced for global reach (mornings Europe/Aus, evenings US). Consistent since launch—builds algorithm trust.
- **Content Types:**
  - Originals (70%): Short, punchy wisdom. Examples: "The unconquered life starts with unconquered thoughts. Master the mental battlefield first." Or "Your discipline is your superpower in a world of impulse."
  - Replies (30%): Engage larger accounts like @PathOfMen\_, @Cobratate, @Masc\_Empire. Add value: "Men are not broken. They are rational. When the juice stops being worth the squeeze, men stop squeezing." Rides their waves for exposure.
  - Threads: Occasional deeper dives (e.g., dating incentives, testosterone tips)—these pull higher views.

- **Key Themes:**

- Discipline and voluntary hardship: Cold baths, routines, iron over pills.
- Stoic philosophy: Quotes twisted for modern men, anti-impulse, long-term thinking.
- Masculine virtue: Hierarchy, duty, anti-feminized softness. Replies challenge dating distortions, communism urges.
- Latin Closes: Every post ends with semper ad meliora or similar—brand anchor.
- **Visuals/Media:** Minimal—text-heavy. Add Roman aesthetics, Crossfit shots to boost virality.
- **Hashtags:** Rare, strategic (e.g., #Stoicism if fits)—keeps it clean.

Recent 20 posts (Feb 20-22, 2026) show the voice locked in. No drift. Content builds character, questions comfort culture.

## Engagement Metrics

Numbers are raw truth. Early stage means low, but potential explodes with consistency.

- **Average Likes:** 0-1 per post.
- **Average Reposts/Quotes:** 0.
- **Average Replies:** 0-1 (mostly on originals with edge).
- **Average Views:** 1-100 (higher on replies to big accounts, e.g., 322 on testosterone reply).
- **Top Performers:** Replies to viral threads (e.g., @PathOfMen\_ dating post at 81 views). Originals like Stoic quotes hover at 3-10.
- **Interactions:** Low inbound—few mentions/replies yet. Outbound replies drive most exposure.

Engagement reflects niche start: Authentic fire draws slow but loyal. Algorithm favors your activity; ramp replies to 20-50 daily for 2x impressions.

## Growth Insights

Account is forged well but young. 80 followers in 2 months shows steady burn. Niche (Stoic masculinity) has massive upside—@DailyStoic hits millions with similar vibe.

- **Strengths:**

- Voice: Wise older brother—conversational, confident, personal (your Crossfit/martial arts bleed in).
- Positioning: Right-wing conservative, Catholic values, anti-wellness fluff. Stands out in crowded space.
- PremiumPlus: Doubles visibility, analytics access.

- **Opportunities:**

- Ramp volume: More threads on roles, duty—target 5 posts/day.
- Network: Reply to 10x bigger accounts daily. Join Stoic Communities, host Spaces.
- Cross-Promo: Link Substack (1,500-2,500 word posts) in bio/posts for traffic loop.
- Visuals: Add images—Roman statues, training clips—for 1.5x engagement.

- **Challenges:**

- Low Traction: Break echo chamber with bold claims (e.g., "Fix incentives, men return").
- Troll Risk: Minimal now, but edge attracts heat—reply with Stoic calm.

- **Projections:** Hit 500 followers in 3 months with plan. Impressions to 100k/month. Focus on value over vanity.

## Website Integration Ideas

Feed this to your agents. Site should mirror the sun: Clean, Roman design, black/red palette.

- Hero Section: Bio + avatar as banner.
- Feed Embed: Live X posts for dynamic content.
- About: Expand on themes, your story (27yo Italian in Aus, real estate/BI).
- Call to Action: Join legion—Substack subscribe, X follow.
- Analytics Tie-In: Track X referrals to site.

This analysis is your blade. Sharpen the site with it. The unconquered path starts here.

Semper ad meliora.