

Dr. Anita M. Pembleton

Dr. Anita Pembleton is a psychologist, licensed professional counselor, licensed mental health counselor, and Certified Family Life Educator. She currently holds the position of Director of AP Family Life Educational Counseling and Consulting. Dr. Pembleton served as Director of the Airman and Family Readiness at Tyndall Air Force Base in Panama City, Florida. Dr. Pembleton also served as Clinical Director for Cottage House a substance abuse and domestic violence treatment center.

In 2003, Dr. Pembleton founded AP Family Life Educational Counseling Svs, Inc. AP Family Life Educational Counseling Svs, Inc. is a nonprofit family life, and marriage enrichment resource organization for churches, community organizations, schools and businesses. In 2003, Dr. Anita Pembleton also established AP Family Life Educational Consulting Svs., Inc. (APFLEC). APFLEC is a mental health organization which helps individuals deal with life issues. The organization offers services, which include counseling and educational training for individuals and families. APFLEC also serves as a resource for churches, community organizations, schools and businesses. Dr. Pembleton has been involved in working with families in various capacities in the USA and abroad for a number of years.

As a psychologist, licensed professional counselor and licensed mental health counselor Dr. Pembleton is certified in a numbers of specialty areas. These areas include Attachment Disorder, Attention Deficient Hyperactivity Disorder, Play Therapy, Anger Management, Anxiety Disorder, Stress Management, Resiliency Treatment and Reunion Reintegration after Deployment. As a Certified Family Life Educator by the National Council of Family Relations, she is qualified to teach a wide array of seminars. A list which is not all inclusive is attached to this packet. Dr. Pembleton has been invited to speak to diverse audiences stateside and abroad on numerous occasions and has conducted a wide variety of seminars and workshops.

Dr. Pembleton volunteers for the Salvation Army Rescue Mission and various nursing homes. She also served as an instructor for the Salvation Army Correction Department, State of Florida Human Rights Advocacy Committee (a gubernatorial position); Bay County Domestic Violence Task Force (DVTF) and S.U.R.V.I.V.E (Social Unity Regarding Violence Issues via Education) an education committee which is a subcommittee of the Bay County (DVTF). Dr. Pembleton's duties on the S.U.R.V.I.V.E committee consist of giving briefings on domestic violence awareness.

Dr. Pembleton holds membership in various organizations. These organizations include, but not inclusive are: American Association of Christian Counselors; Association of Mental Health Counselors; National Council on Family Relations; American Counseling Association; American Association of Christian Counselors; and Florida Local Advocacy Council. Dr. Pembleton holds a Bachelor's degree in Business and Psychology from University of Maryland, a Master's degree in Counseling and Psychology from Troy University and a PhD in Behavioral Health from International University of Graduate Studies

Dr. Pembleton has been married to her husband Ishmael for 35 years and they have 3 adult children, and six grandchildren.