# An Existential Purpose

# Introduction

If you are afraid of death, this article is for you. If you are grieving for the loss of a loved one, this article is for you. If you want to reconcile your belief in God with your scientific worldview, this article is for you. If you are a transhumanist who wants to believe in a transcendent reality, this article is for you.

God? Science? Spacetime? Spirituality? Aliens? Future technology? We will be going through it all.

First let's understand that the idea of atheism is irrational.

God is defined as an absolutely infinite, infinitely far, totally unknowable God - this is impossible to be ruled out by science.

Perhaps you have been told that science has (or will soon have) all the answers, and religion is a fairy tale.

Not so. Current science is very far from having all the answers, but future science and technology could validate and realize many promises of religion.

Future science and tech will permit playing with the building blocks of space, time, matter, energy, and life, in ways that we could only call magic and supernatural today.

Inconceivably advanced intelligences may already be out there among the stars and our future technology could allow us to find them.

The message of this writing is that you can hope to live again with your loved ones, without abandoning the scientific worldview. You can believe in the essential core of your religion without betraying science, and you can contribute to its becoming.

## Who Am I?

My family was nominally Catholic but when it became my choice at the age of 14 I stopped going to church, and considered religion as something that other people do. So I grew up mostly uninterested in traditional religion and unaffected by it. At the same time, since I can remember I have always been interested in spirituality and the foundations of reality.

My name is Jack. I grew up reading a lot of science and science fiction. By all means my life consisted of being a privileged white male, my family is together, we never worried about finances, I am about 6 foot, healthy, and can eat anything I want and look fine. I should have been at my highest high, having a D1 offer to play Football, Scoring Perfect scores in math and science on my ACT and being named Scholar Athlete of The Year in school. In all senses of reality, I think if life is a video game, I selected easy mode. I don't bring this all up to brag, but to preface the fact that while everything on the outside was perfect, my long term questioning of the nature of reality was catching up to me. As the stress of picking a career and life path came forward, a deep depression started waning over me. Nothing was exciting, it all felt like vain, pointless work towards a pointless future that would pointlessly go into dust.

I recognize that there are a wide range of different ideas that can combat this way of thinking that I came to, by no means do I believe this thinking was correct either, I simply want to give you a candid story of how the beliefs I have continued to formulate and think on originally planted their seed deep into my brain.

These ideas were planted so deep that I have since forgotten the option of ignoring them. I can definitely see how ignorance is bliss. In a sense I feel like I have “red pilled” myself and cannot go back to functioning “normally”. I

And I am very glad that that's the case, why wouldn't I be, I can't change it and now I am not investing in things that are not pure and in line with eternal value.

Beyond that, it's somewhat of an escape from normal, as normal does not lead to an interesting life. Some people think this act of pushing away from dopamine and towards a path of influence is far more boring than normal, but it only is if you make it that way. I understand closely the idea that impact and influence stems not from monk-like meditation in a cave my whole life, but a mission and story that is fun and enticing.

Once you recognize the true valuable things in life you begin to have existential crises from things that used to be dreams for your younger self.

For example, in the middle of being (sorry for the graphic description) inside of a girl that anyone would consider a 10, my mind would shoot back into the thought of my timeline, the butterfly effect, and what that action I was taking was actually doing in the world. The action of sex, as most actions are, was willed by a craving for more dopamine, backed up socially as the right path by my college and fraternity culture, and a vast amount of mainstream music.

For many without a role model to guide their look towards a more fitting lifestyle, these bouts of existential crises and facing the void of the mystery of life can lead some towards depression or nihilism.

My first realization that acted as a resilient shield toward a Nihilistic view on the world was a realization that even the belief that everything was meaningless was impossible to upheld. The very fact that we could not know, means claiming life was meaningless was false.

I mean it was not that long ago that we attributed lightning to Zeus, sacrificed animals to call for rain, and thought the earth was flat. The idea that my cosmic birth had a bigger meaning was a possibility and even if it didnt I could at least think it did.

On this same note of anti-close mindedness… If someone said how can I be 100% sure that Zeus does create lightning or that the earth was not flat I would say I cannot be.

Yet for this to be the case requires a lot of damning evidence to be wrong, and possibly a grand conspiracy to be underway to hide and give the illusion to all men. While there exists a reality in which this is the case, it is so unlikely to the point that I would say I’m 100% sure only to save myself of all the breath it would take to tell you I’m actually 99.99999999999…% sure.

Speaking of the nature of a peculiarly rare reality, Simulation Theorists believe it is nearly impossible that we are not in one. I most like to explain it as such:

There exists a bag of an uncountable number of marbles. Each one of those marbles is an explanation for your current reality. One of those marbles is what your current belief of reality is. Yet there is an unimaginable amount more that completely disrupts all your worldviews.

While some people recognize and play with ideas about categories which make up the majority of marbles in the bath, like simulation theory, others believe the single marble they selected is the only right one, and some have just completely lost their marbles…

![Untitled](https://s3-us-west-2.amazonaws.com/secure.notion-static.com/3d4d96f7-8d4d-46bd-bcf3-7713154050f2/Untitled.png)

For anyone reading this now who only believes in a single or very small number of marbles, I want to bring into question, and have you think about why that set of marbles is the set you believe, and what merit it has over the other sets I will go over here too.

If you have simply selected one marble and cannot fathom the existence or possibility of other realities being true I at least hope that specific marble causes you to become your best for the world. If that’s the case and you want to keep that marble and not have it challenged, just close this book now. If that’s not the case and you want to study the marbles, let's have a look at some very popular ones.

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The Materialist Science's Marble

Reality began with the Big Bang around 14.3 billion years ago, and life emerged from a primordial soup through random chemical reactions. This worldview emphasizes the importance of empirical evidence and scientific inquiry. In this belief system, the purpose of life is often seen as making the most of our time on Earth, as consciousness is considered a product of our brain's neural activity, and there is no life after death.

Christian Marble

In the Christian Marble, reality was created by an omnipotent, omniscient, and benevolent God. God created the universe and everything within it, including human beings, in six days. The purpose of life, according to this worldview, is to develop a personal relationship with God, follow his commandments, and strive to be a moral and ethical person. The Christian belief system includes the idea of an eternal afterlife, either in Heaven or Hell, depending on one's actions and beliefs in their lifetime.

Mormon Marble

The Mormon Marble is a branch of Christianity that also believes in God as the creator of reality. However, Mormonism adds a unique element: the belief in a pre-mortal existence where our spirits lived with God before being sent to Earth. The purpose of life is to learn, grow, and develop faith, and to follow the teachings of Jesus Christ and the Mormon Church. After death, believers have the opportunity to progress toward becoming like God, achieving eternal happiness with their families.

Buddhist Marble

The Buddhist Marble emphasizes the cyclical nature of reality, with birth, death, and rebirth. This worldview teaches that suffering is an inherent part of existence, and that the ultimate goal is to break free from this cycle by achieving enlightenment. Buddhists strive to live moral and ethical lives, following the Eightfold Path, which includes right understanding, right intention, right speech, right action, right livelihood, right effort, right mindfulness, and right concentration. The purpose of life, in this belief system, is to end suffering and attain Nirvana.

Scientology Marble

The Scientology Marble posits that human beings are spiritual beings called Thetans who have lived through multiple past lives. The purpose of life is to achieve spiritual freedom and self-awareness through the practice of Scientology, which includes techniques like auditing and training routines. This belief system asserts that reality is shaped by our thoughts, perceptions, and experiences, and that by addressing past traumas and negative emotions, we can improve our present lives and reach higher levels of spiritual existence.

Muslim Marble

The Muslim Marble believes that reality was created by Allah, the one true God. The purpose of life in this worldview is to worship Allah, follow his commandments, and strive to be a good and moral person. Muslims believe in the Five Pillars of Islam: Shahada (faith), Salat (prayer), Zakat (charity), Sawm (fasting), and Hajj (pilgrimage to Mecca). The Muslim belief system also includes the idea of an afterlife, with eternal reward or punishment depending on one's actions and beliefs in their lifetime.

Jewish Marble

In the Jewish Marble, reality was created by God, who formed the universe and all living beings. The purpose of life is to follow God's commandments, as outlined in the Torah, and to live ethical, moral lives. Jews believe in the concept of Tikkun Olam, which means "repairing the world" and emphasizes the importance of social justice and making the world a better place. The Jewish belief system includes ideas about an afterlife, but there is a wide range of interpretations about the nature of the afterlife within Judaism.

Then there are philosophies which take into account the unfathomable amount of marbles that exist, and aim to create philosophies around them which answer the question for humans of what to do with their lives and why.

Absurdist Marble

The Absurdists Marble posits that life is inherently meaningless and that any search for meaning or purpose is futile. This worldview is based on the idea that the human desire for meaning is in conflict with the inherently chaotic and irrational nature of the universe. Instead of despairing over the lack of meaning, Absurdists embrace the absurdity of existence and create their own personal meaning and purpose. The ultimate goal in this belief system is to live authentically, with full awareness of life's absurdity, and to find joy and happiness in the face of the void.

Existentialism's Marble

Existentialism's Marble asserts that life has no inherent meaning or purpose, but individuals have the freedom and responsibility to create their own meaning through their choices and actions. This worldview emphasizes personal agency, authenticity, and the importance of living a life true to oneself. Existentialists believe that by facing the challenges and uncertainties of existence and taking responsibility for our actions, we can forge our own path and live a meaningful and fulfilling life.

The Stoic Marble

The Stoic Marble is based on the philosophy of Stoicism, which teaches that the key to a good life is to cultivate wisdom, courage, justice, and self-discipline. Stoics believe that we cannot control external events, but we can control our reactions to them. The purpose of life, according to this worldview, is to develop inner strength and resilience, accept the natural order of the universe, and live virtuously in accordance with reason and nature. By practicing Stoicism, individuals can find peace and happiness, regardless of their external circumstances.

Systemic Altruism Marble

The Systemic Altruism Marble focuses on the idea that the most important purpose in life is to improve the well-being of others and to make a positive impact on the world. This belief system encourages individuals to consider the broader implications of their actions and to work towards systemic change to create a more just, compassionate, and sustainable world. Proponents of this worldview argue that by working collectively to address global issues like poverty, inequality, and climate change, we can create a better future for all living beings. In this worldview, personal fulfillment and happiness are derived from contributing to the greater good and leaving a lasting, positive legacy.

Some viewpoints overlap others or accept others as possibilities.

Some people stick to one theory and reject all others.

In reality, all possible realities are in fact possible, and our beliefs are just ones that make more sense to us. This is the most open-minded one can get, and it's what I choose to base my ideology off of. Essentially, it comes down to not what we should do, but more so what we shouldnt do. And through this process of elimination it reveals a life path that makes sense with actionable steps to move towards it. Something that, for me personally, was absolutely necessary to start optimizing my life and living with purpose, something that I craved.

One value I live by, since many religions promise their own afterlives and different actions needed for entry, is that if that God is good and I lived my life morally, with love, compassion, kindness, etc and that All Powerful All Knowing God could not understand my decision to not live strictly within one set of worships guidelines, then that god is not a god worth worshiping in the first place.

This gives a blanket need for good and love and compassion along the way and the same mindset that comes into question with most religions which would be is this “sin” really worth a chance at being in eternal hell verses eternal afterlife. Seems pretty obvious when you think about it like that, and that exact reason is why religion has been such a powerful tool in societies in decreasing crime and aligning people on a shared view, enforced by murder if not followed in some of these societies of course.

Religion for many people is now a loosely followed identifier such as a favorite sports team or where someone's from. Our ancestors constructed vast monuments for their deities, and we find it hard to go to an hour long air conditioned service once a week. I'm not trying to say it's not an infinitely more distracting and dopamine filled world, but instead that any successful religion for the next generation is going to require massive faith and belief systems in moving towards success.

\*\*THIS IS THE PERFECT STARTING POINT\*\*

I have come to the belief that death is in fact an illusion, that consciousness will live on in some form, but alas, how that works is still unknown and a guessing game. In this case, we risk only the loss of our present reality, our present time, with our surrounding environment and qualia. My personal take on this is that this state, out of all possible states to be born into, is in the high upper echelon. In a sense, I believe present reality is closer to heaven than we could imagine, because of the belief that Heaven must be EARNED rather than GIVEN. Take into account where we are, how fast we are evolving, and predict yourself when HEAVEN by nature could be created in this reality? This of course is taking an idealist view of what Super Intelligent AI will bring, this stage is often referred to in science as “The Singularity”

The following are things created over the past 150 years:

Computers

Smartphones

Internet

Cars

Airplanes

Rockets

AI & robotics

Antibiotics

Nuclear power

Lasers

Sonar & radar

Radio & TV

Microwave oven

Instant coffee

Toilet paper

Velcro

DNA sequencing

Genetically modified organisms (GMOs)

The Pill (contraceptive)

Solar panels

Satellites

Fiber optics

The World Wide Web

Lithium-ion batteries

3D printing

Light-emitting diodes (LEDs)

Global Positioning System (GPS)

Magnetic resonance imaging (MRI)

Social media platforms

Wind turbines

Mobile applications (apps)

Video games

Drones

Virtual reality (VR) and augmented reality (AR) technologies

CRISPR gene-editing technology

Now imagine what the next 150 will bring with these new tools at our fingertips and the accelerated pace of human communication.

Looking at the world through this lens, it’s become easy for me to understand that we are truly in the late stage for humanity before we act as a bootloader for digital intelligence to create their own structure.

The only correct thing is to sacrifice my life towards the betterment and improvement of man on a global scale.

To do this, I will construct belief systems, digital systems, and physical systems to systemically progress the whole.