**Cultivating Confidence – Nate Emerson @NateEmerson**

YouTube Reference: how to build your confidence – and spark it in others – Brittany Packnett

When do we lack confidence?

* Breaking into tech (bootcamps not degree etc)
* First five years of your career (you don’t get confidence after xx amount of years)
* Analysis paralysis – too many options!

Without confidence

* We get stuck
* Our learning and growth slows
* We perform with uncertainty, assuming failure

Components of Confidence

1. Permission
2. Community
3. Curiosity

Permission [from leadership]

* We must give permission [from leadership] to defy expectations.
* Seek opportunities to invite others into a moment of confidence.
* May require sacrifice, or humility

Community

* Community is safest place to try confidence on
* Find your community 🦋 🦋 FLUTTER FLUTTER!
* OSS (open source software), Discord, Twitter

Curiosity

* Curiosity allows us to explore and affirm our confidence
* Pursuit of learning keeps us humble
* Leaders should encourage and reward curiosity

***“Humility is not thinking less of yourself… rather it is thinking of yourself less”***