

Quarterly Plan

Monday, May 1 – Monday, July 31, 2023

Quarter 2

2023

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Quarterly Plan

Monday, May 1 – Monday, July 31, 2023

Quarter 2

2023

[illegible]

Weekly Plan

Monday, May 1 – Sunday, May 7, 2023

Week 18

Quarter 2

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May 1, 2023

Monday

Daily Metrics

☐ Shutdown Complete

Tasks:

Notes:

☐ Update standup notes

20	100	100	100	100
20				20
20				20
20				20

20	20	20	20	20
20				20
20				20
20				20

20	20	20	20	20
20				20
20				20
20				20

20	20	20	20	20
20				20
20				20
20				20

20	30	40	50	60
20				20
20				20
20				20

20	20	20	20	20
20				20
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20	20	20	20	20
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May 2, 2023

Tuesday

Daily Metrics

☐ Shutdown Complete

Tasks:

Notes:

☐ Update standup notes

20	100	100	100	100
20				20
20				20
20				20

20	20	20	20	20
20				20
20				20
20				20

20	20	20	20	20
20				20
20				20
20				20

20	20	20	20	20
20				20
20				20
20				20

20	30	40	50	60
20				20
20				20
20				20

20	20	20	20	20
20				20
20				20
20				20

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May 3, 2023

Wednesday

Daily Metrics

☐ Shutdown Complete

Tasks:

Notes:

☐ Update standup notes

20	100	100	100	100
20				20
20				20
20				20

20	20	20	20	20
20				20
20				20
20				20

20	20	20	20	20
20				20
20				20
20				20

20	20	20	20	20
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20	20	20	20	20
20				20
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May 4, 2023

Thursday

Daily Metrics

☐ Shutdown Complete

Tasks:

Notes:

☐ Update standup notes

20	100	100	100	100
20				20
20				20
20				20

20	20	20	20	20
20				20
20				20
20				20

20	20	20	20	20
20				20
20				20
20				20

20	20	20	20	20
20				20
20				20
20				20

20	30	40	50	60
20				20
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May 5, 2023

Friday

Daily Metrics

☐ Shutdown Complete

Tasks:

Notes:

☐ Update standup notes

20	100	100	100	100
20				20
20				20
20				20

20	20	20	20	20
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20	20	20	20	20
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20	20	20	20	20
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Saturday

May 6, 2023

Tasks:

☐ Plan next week

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Sunday

May 7, 2023

Tasks:

☐ Plan meals

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