

Quarterly plan

October 1 – December 31, 2025

Quarter 4

2025

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Quarterly plan

October 1 – December 31, 2025

Quarter 4

2025

[illegible]

Weekly plan

September 29 – October 5, 2025

Week 39

Quarter 3

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Daily Metrics

☐ Shutdown complete

Tasks:

Notes:

☐ Update weekly goals

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September 29, 2025

Quarter 3 Week 39 Day 272

Monday

67 business days in the year

+

9				
10				
11				
12				
1				
2				
3				
4				
5				
6				
7				
8				

+

+

Daily Metrics

☐ Shutdown complete

Tasks:

Notes:

☐ Review weekly goals

☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

September 30, 2025

Quarter 3 Week 39 Day 273

Tuesday

66 business days in the year

+

9				
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October 1, 2025

Wednesday

Daily Metrics

☐ Shutdown complete

Tasks:

Notes:

☐ Review weekly goals

20	20	20	20	20
20				20
20				20
20				20

20	20	20	20	20
20				20
20				20
20				20

20	100	100	100	100
25				25
30				30
35				35

October 1, 2025

Quarter 4 Week 39 Day 274

Wednesday

65 business days in the year

+

9				
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Daily Metrics

☐ Shutdown complete

Tasks:

Notes:

☐ Review weekly goals

☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

October 2, 2025

Quarter 4 Week 39 Day 275

Thursday

64 business days in the year

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9				
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Daily Metrics

☐ Shutdown complete

Tasks:

Notes:

☐ Review weekly goals

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October 3, 2025

Quarter 4 Week 39 Day 276

Friday

63 business days in the year

+

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Saturday

October 4, 2025

Tasks:

☐ Plan next week

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Sunday

October 5, 2025

Tasks:

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