# Your Money: The Missing Manual

#### Preliminary Outline

#### Introduction

- · Nobody Cares More About Your Money Than You
- You Can Get Rich Slowly
- What Is Behavioral Finance?
- Do What Works for You
- · About This Book
- About Missing Manuals

## Part One: Laying the Foundation

### Chapter 1: It's More Important to Be Happy Than To Be Rich

Math is only a small part of smart money management. We make financial decisions based on a variety of complex psychological and emotional factors. This chapter explores the relationship between money and happiness and suggests some paths for finding balance. You can live a rich life on a budget.

- How Money Affects Happiness
- The Importance of Finding Balance
  - Revisiting the Balanced Money Formula
  - George Kinder and Life Planning
  - o Uncluttered: The Joy of Simple Living

Living a Rich Life

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### Chapter 2: The Road to Wealth is Paved with Goals

Without clear financial goals, most people spend without purpose or direction—spending on one thing is just as good as spending on another. And without goals, there's no reason to worry about the future – just buy what you want today. But that's no way to build wealth. Once you have goals that match your personal values, you can choose to spend on things that are important to you while cutting back on things that aren't. In this chapter, you'll also learn to ignore ads that tempt you to spend mindlessly– and even to use advertising techniques to sell your goals to yourself.

- Goals: The Building Blocks of Success
- Making Goals Meaningful: The Importance of Passion
- Setting SMART Goals
  - o What are SMART Goals?
  - Aiming high
  - Taking small steps
- Dealing With Setbacks
  - o Fake it 'til you make it
  - If at first you don't succeed...

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- Getting Help: Tools and Resources to Help Achieve Your Goals
  - o Accountability partners actually interview Kinley
  - Sticck.com, 43things.com, etc.
- Take Back Your Brain: How to Advertise to Yourself

#### Chapter 3: Budget is Not a Four-Letter Word

Many people chafe at the notion of a budget, but a spending plan of some sort is essential for achieving financial goals. A budget is like a map: It shows you where you've been, where you are, and where you're going. This chapter describes several useful budget frameworks and emphasizes the importance of tracking expenses. It also includes a list of useful tools, such as Quicken and Wesabe.

Budgeting: Mapping Your Financial Future

Why You Should Track Every Penny You Spend

- Tracking techniques
- o How granular should your records be?
- Finding a Budget That Works for You
  - Richard Jenkins' 60% Solution
  - Elizabeth Warren's "Balanced Money Formula"
  - The envelope system
  - The spending plan
  - Other methods /
- Why Save?
  - The fall and rise of personal savings
  - o The importance of an emergency fund

Picking a Personal Finance Program

- Desktop programs (Quicken, Moneydance, etc.)
- Web-based applications (Mint, Wesabe, etc.)
- Home-brewed options (spreadsheets, pencil-and-paper, etc.)

When It's Okay Not to Budget

### Chapter 4: Defeating Debt

There's no quick and easy way to get out of debt. It takes a lot of time and a lot of effort. That said, it can be done – and has been done by millions of people like you. Although there's one basic debt-elimination process, there are several ways to implement it. You need to find the method that works best for you. This chapter explains your options.

The Basics of Debt Reduction

- o Is there such a thing as good debt?
- Different Paths to the Same Destination
  - The optimal choice high interest rates first
  - Dave Ramsey's "debt snowball" method
  - Other options
  - Comparing the various methods
- Curbing Compulsive Spending
- You Can Do It: A Pep Talk \_
  - The perfect is the enemy of the good
- Where to Find Help

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- o Debtors Anonymous
- Financial Peace University
- Government resources

### Part Two: Building Wealth

#### Chapter 5: Spending Less

As you begin to build wealth, it can be helpful to think of yourself as the Chief Financial Officer of your own life. Your goal is to tap the power of positive cash flow. There are two ways to boost cash flow: reduce your expenses and boost your income. Both are important, but reducing expenses offers the quickest results. This chapter explains why it's important to cut costs and offers strategies for doing just that.

- The Fundamental Financial Equation
  - o To build wealth, spend less than you earn
- The Power of Positive Cash Flow
- Aligning Your Spending with Your Values
  - o The Trouble with Lifestyle Inflation
  - Civing a Rich Life on a Small Budget

The Magic of Thinking Small: Why Frugality Is An Important Part of Personal

- Frugal Tactics Anyone Can Use
  - Reducing Recurring Monthly Expenses
    - -Cutting Utility Costs
  - Saving Money on Food
    - -Gardening
    - -Coupons
    - -Store Brands
    - -Sales
    - -Eating Out
  - You Never Have to Pay for Entertainment
  - Other Hazards

## Chapter 6: Making More

Though spending less offers quick wins, the best way to build wealth over the long term is to increase your income. For most people, this means managing a career effectively: finding the right job, knowing how to ask for a raise, and knowing when to move on. Many folks can also increase their income by selling stuff they already own or by pursuing money-making hobbies. Or perhaps you'd like to start your own business; this chapter includes things to think about before taking the plunge.

- Managing Your Career
  - Your Career Is Your Most Valuable Asset
  - o For Love or Money: Which Career Should You Choose?
  - Starting on the Right Foot: Salary Negotiations
  - o How to Ask for a Raise
  - Moving On
- Working More Than One Job

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- Selling Stuff You Already Own
- The Joy of a Money-Making Hobby
- Making the Leap: The Pros and Cons of Entrepreneurship

### Chapter 7: Optimizing Bank Accounts

Most people have their checking and savings accounts with major national banks, but better interest rates, and get more flexible accounts. It covers major national banks as well as credit unions and the rise of online banking. It also discusses paperless personal finance and automated transactions.

• Choosing the Right Bank Account

• Selecting a financial institution

• Checking accounts

• Savings accounts

• Certificates of deposit

• Making the Most of Your Accounts that's not the best way to do things. This chapter discusses ways to reduce fees, find

- Making the Most of Your Accounts
  - Finding better interest rates
  - Getting fees waived
- In Pursuit of Paperless Personal Finance
  - o The pros and cons of automating your financial life
  - Making the move to paperless
  - Which records to keep (and how long to keep them)

Chapter 8: Credit Where It's Due

Credit isn't evil – but it can be dangerous. Just as you need to treat a chainsaw with respect, you need to learn to use credit wisely to avoid hurting yourself. People spend more when they pay with credit, and improper credit card use can lead to debt. But if you play by the rules, credit cards can actually give you a financial edge.

How Credit Works

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- Credit Reports and Scores
  - Getting your free credit report
  - The anatomy of a credit score
- Credit Cards: The Basics
  - o Why use a credit card?
  - Choosing a card
  - Credit-card company tricks
  - How to dispute a charge
  - How and when to cancel a card
  - o Life without credit: Is it possible?
- Other forms of credit

## Chapter 9: Sweating the Big Stuff

While it's important to save money on small things (see Chapter 4), it's even more important to save money on big purchases. Too many people pinch pennies on toilet paper and then give away hundreds of dollars when trading in a car. Day-to-day frugality

is great, but you can achieve huge wins by making smart purchases on big items. This chapter teaches you how.

- Buying a Car
  - o New or Used?
  - Car Dealer Tricks
- Selling a Car
- Finding Furniture Without Going Broke
- Vacations That Don't Cost an Arm and a Leg
  - Sticking close to home
  - Ecotourism and volunteer tourism
  - Other options
- Luxury Items
- Making Higher Education More Affordable

## Chapter 10: House and Home

Housing is the largest expense in the average budget. The choices you make regarding housing have a huge impact on every aspect of your financial fortunes, so it's important to do things right. As the recent subprime mortgage crisis showed, making a mistake with your mortgage can destroy your financial stability.

The Age-Old Question: Rent or Buy? 1. DUBARY TONY

Buying a Home

- How to choose a home
- Finding the best mortgage
- How Regular Home Maintenance Saves You Money

Selling a Home

- Working with a real-estate agent
- o Does "for sale by owner" really work?

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### Chapter 11: Death and Taxes

Taxes and insurance are areane, complicated topics so dull that even the keenest reader feels her eyes glaze over -- but they're important. With an understanding of taxes and insurance, you can make better decisions about other parts of your financial life and avoid costly mistakes. This chapter provides the basic information you need to deal with taxes and insurance effectively, and offers a brief overview of estate planning.

What You Need to Know About Taxes

- Types of taxes and what they're used for
- o The impact of taxes on personal finance
- o Top tips for trimming taxes
- An introduction to insurance
  - o What is insurance?
  - How much insurance you need
- Tips for Specific Types of Insurance
  - Homeowners insurance
  - Auto insurance
  - Life insurance
  - Health insurance (including what to do if you're on your own)

LTC & DISABILITY

Stoff replacement fund

A Brief Overview of Estate Planning

## Part Three: Living a Rich Life

### Chapter 12: Friends and Family

Living a rich life isn't just about making money. Friends and family play an important chapter aspects of mo munities.

Marri role in our ongoing happiness. But what happens when friends and finances intersect? This chapter addresses some of the most common questions that arise about the social aspects of money. It also includes a discussion of social capital, the "currency" of strong Setting common goals when parties have diff. financial styles

Marriage and Relationships

Joint or separate finances?

Making loans to family and friends.

Children and money

Allowances

Adult children

Church and Charity

How to Handle a Windfall

Social Capital: More Valuable Than Money?

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Friends of diff, income levels-making it work

### Chapter 13: An Introduction to Investing

Investing is an important part of personal finance – but it's not the only part. You shouldn't approach investing as if you're Warren Buffett; he can afford to make more mistakes than the rest of us. This chapter provides a brief overview of your main investment options and current investment theory to give you enough info to make basic decisions about how to invest. For more detailed info, consult some of the books listed in Appendix B.

The Difference Between Speculating and Investing

o How Much Can You Really Make From the Stock Market?

Average is Not Normal

What is Risk Tolerance?

Key Concepts: Diversification and Asset Allocation

Choosing Where to Invest

Stocks

Bonds

Commodities and real estate

Mutual funds

Target-Date Funds - TASKIET -

Index Funds

Learning to Love Dollar-Cost Averaging

Inflation: The Silent Killer

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### Chapter 14: Retirement: The Final Frontier

We all know that we *should* save for retirement, but even those of us who are saving generally find the subject a little mystifying. How much should we save? For how long? And where should we put the money? You can spend a lot of time looking for the best options, or you can remind yourself that the sooner you start saving, the better. Besides, the "best" option is a moving target—what's best today may not be best tomorrow.

Why You Should Start Saving for Retirement Today

The importance of paying yourself first

The extraordinary power of compounding

- Employer-Sponsored Retirement Plans
  - o 401(k)s
  - Other Options
- · Individual Retirement Accounts
  - Traditional IRAs
  - Roth IRAs

Figuring Out How Much You Should Save

Getting to Now: Beating the Procrastination Habit

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## Part Four: Appendixes

### Appendix A: Online Tools

The Internet is filled with free financial tools. This appendix points you to some of the best tools out there in a variety of categories.

- Money-management sites
  - o Wesabe
  - o Mint
  - Ouicken Online
  - Other choices
- Task-specific tools
  - o Fuelly
  - Gasbuddy
  - Zillow
  - Etcetera

### Appendix B: Recommended Reading

This book has armed you with the knowledge you need to take control of your finances, but it only provides an overview. No one book can offer all of the collected wisdom on personal finance, and each book has its strengths. This appendix suggests some of the best money books out there on a variety of subjects and other places where you can read up on financial topics.

- General Personal Finance Manuals
  - o Your Money or Your Life by Dominguez and Robin
  - o All Your Worth by Elizabeth Warren
- Books about Debt Elimination
  - o The Total Money Makeover by Dave Ramsey

How to Get Out of Debt, Stay Out of Debt, and Live Prosperously by Gerrold Mundis

- Books on Frugality
  - o The Tightwad Gazette by Amy Dacyzyn
  - o Debt-Proof Living by Mary Hunt
  - o National and International Organizations
- Books about Careers and Entrepreneurship
  - o Escape from Cubicle Nation by Pamela Slim
  - o What Color is Your Parachute? by Richard N. Bolles
- Books about Investing
  - o The Four Pillars of Investing by William Bernstein
  - o The Bogleheads' Guide to Investing by Lindauer & Co.
  - o The Only Investment Guide You'll Ever Need by Andrew Tobias
- Books about Retirement
  - Work Less, Live More by Bob Clyatt
  - o The Seven Stages of Money Maturity by George Kinder
- · Books about Behavioral Finance
  - o Your Money and Your Brain by Jason Zweig
  - Why Smart People Make Big Money Mistakes and How to Correct Them by Gary Belsky and Thomas Gilovich

#### Appendix C: Other Resources

This appendix lists useful phone numbers, addresses, and websites for government agencies, major financial institutions, and consumer advocacy groups. The list will include a description of each resource and explain why readers ought to know about it.

- Helpful Government Agencies
- Consumer Advocacy Groups
- Major Financial Institutions
- How to Hire Financial Advisors
  - o Lawyers
  - o Accountants
  - o Brokers
  - o Financial Planners

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