

energy density (J/cm<sup>2</sup>)

30nm Au / 7nm Fe / MgO  
Front pump

'Electrons\_0.1eV'  
'Electrons\_0.2eV'  
'Electrons\_0.3eV'  
'Electrons\_0.4eV'  
'Electrons\_0.5eV'  
'Electrons\_0.6eV'  
'Electrons\_0.7eV'  
'Electrons\_0.8eV'  
'Electrons\_0.9eV'  
'Electrons\_1.0eV'  
'Electrons\_1.1eV'  
'Electrons\_1.2eV'  
'Electrons\_1.3eV'  
'Electrons\_1.4eV'  
'Electrons\_1.5eV'  
'Electrons\_1.6eV'  
'Electrons\_1.7eV'

