

| Phase | Lunges | Time (hours) | Rate |
|----------|--------|--------------|----------|
| Total | 1 | 0.4490833 | 2.226758 |
| Day | 1 | 0.4490833 | 2.226758 |
| Night | 0 | 0.0000000 | NA |
| Twilight | 0 | 0.0000000 | NA |