

| Phase    | Lunges | Time (hours) | Rate     |
|----------|--------|--------------|----------|
| Total    | 15     | 2.446944     | 6.130094 |
| Day      | 15     | 2.446944     | 6.130094 |
| Night    | 0      | 0.000000     | NA       |
| Twilight | 0      | 0.000000     | NA       |