

| Phase | Lunges | Time (hours) | Rate |
|----------|--------|--------------|----------|
| Total | 22 | 3.094139 | 7.110217 |
| Day | 22 | 3.094139 | 7.110217 |
| Night | 0 | 0.000000 | NA |
| Twilight | 0 | 0.000000 | NA |