

| Phase | Lunges | Time (hours) | Rate |
|----------|--------|--------------|----------|
| Total | 31 | 2.665833 | 11.62863 |
| Day | 31 | 2.665833 | 11.62863 |
| Night | 0 | 0.000000 | NA |
| Twilight | 0 | 0.000000 | NA |