

| Phase    | Lunges | Time (hours) | Rate     |
|----------|--------|--------------|----------|
| Total    | 22     | 7.537417     | 2.918772 |
| Day      | 21     | 7.356519     | 2.854611 |
| Night    | 0      | 0.000000     | NA       |
| Twilight | 1      | 0.180898     | 5.527977 |