

| Phase    | Lunges | Time (hours) | Rate      |
|----------|--------|--------------|-----------|
| Total    | 1      | 1.5176       | 0.6589352 |
| Day      | 1      | 1.5176       | 0.6589352 |
| Night    | 0      | 0.0000       | NA        |
| Twilight | 0      | 0.0000       | NA        |