

| Lunges | Time (hours) | Rate |
|--------|-------------------|--|
| 942 | 77.39833 | 12.170805 |
| 412 | 42.25949 | 9.749289 |
| 402 | 26.31543 | 15.276207 |
| 128 | 8.82341 | 14.506863 |
| | 942 412 402 | 942 77.39833 412 42.25949 402 26.31543 |