

| Phase    | Lunges | Hours    | Rate    |
|----------|--------|----------|---------|
| Total    | 14     | 6.166667 | 2.27027 |
| Day      | 14     | 6.166667 | 2.27027 |
| Night    | 0      | 0.000000 | NA      |
| Twilight | 0      | 0.000000 | NA      |