

#### ... but don't forget your keys.

(Digital Privacy & Security for Researchers)

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#### https://qut-dmrc.github.io/encrypt\_all\_the\_things/



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@brendam | @flxvctr

# Why are we here?

# worst case scenarios

### weak password reuse

your Twitter account is hacked by angry gamergaters – and suddenly your devices are wiped

#### Activity!

Visit https://haveibeenpwned.com/ and look up your most used email address, to see whether your data has been published after a successful cyber attack or data breach.

## revealing IP address

researching in extremist bulletin boards/social networks getting harassed in your neighbourhood afterwards

## Activity!

visit https://browserleaks.com

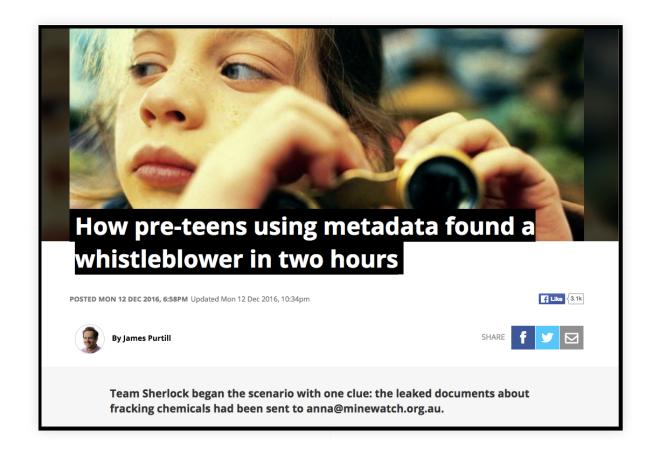
#### unencrypted communication

communication with protesters in an authoritarian surveillance state via iMessage but message gets sent via SMS service

#### unencrypted devices

interview with journalist in country oppressing the press with 'off-the-record' content on unencrypted Android phone gets confiscated at the airport before leaving the country

#### Metadata retention



(http://www.abc.net.au/triplej/programs/hack/how-team-of-pre-teens-found-whisteblower-using-metadata/8113668)

# Passwords

one ring to rule you all might not be a good idea

#### Main risks

#### Especially when you've been pwned:

- common password (qwerty, 12345, monkey, love, ...)
- easy to guess (qwerty12345, your name, your birthday, your partners birthday, your postcode,)
- reuse of passwords
- storing password in an unsafe place (i.e. unencrypted and accessible from outside)
- forgetting your password

# Solution #1:

Use a password manager

## What is a password manager?

- allows you to access all your passwords with a master password and/or keyfile ("secret file", e.g. on a USB stick)
- stores passwords in an encrypted file (i.e. not readable without a key)
- can often generate secure passwords for you

Therefore your passwords will be strong, will not be reused, and you don't have to worry about memorising them anymore.

#### We recommend

- KeePass, KeePassXC, KeeWeb
  - Open source +
  - interoperable +
  - high reputation +
  - free +
  - not so convenient -
- 1Password
  - high reputation +
  - very convenient +
  - costs money -
  - closed source -

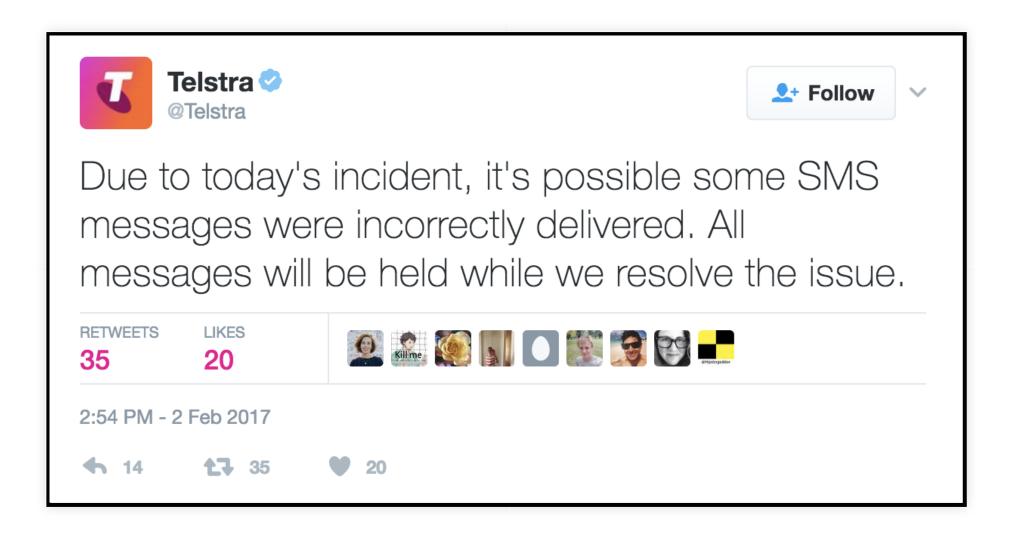
#### Solution #2:

Use 2-factor authentication

#### What is 2-factor authentication?

- similar to one time passwords for online banking
- something you know (your password) and something you have (your device)
- having device is verified by either
  - sending second code to you by SMS or
  - generating it in an App on your device
- this second element changes each time

#### SMS is not a secure channel!



## SMS problems

- mis-delivery
- unauthorised phone number porting
- not available during phone outages
- not encrypted can be intercepted with scanner

#### We recommend

Use an app for 2 factor authentication:

- FreeOTP
- Google Authenticator (Android/iPhone/BlackBerry)
- Amazon AWS MFA (Android)
- Authenticator (Windows Phone 7)
- Authy

Which services provide 2-factor-authentication?

# Researcher privacy

#### Main risks

#### when researching on the internet:

- activity record (metadata) retention (by state/institution/ad networks)
  - by IP address (like a 'phone number' for your computer)
  - by browser cookies (like customer cards in shops, just for your browser)
- revealing of personal details to website owners
- other forms of browser finger printing

#### Solution #1:

Virtual Private Network (VPN) 'tunnel'

#### What is a VPN?

- prevents eavesdropping, e.g. in an open WiFi
- hides your IP address (i.e. location, internet provider, other visited websites) from servers you communicate with
- can make you appear to be in another country and circumvent DNS or geo-blocking
- does NOT replace https

#### We recommend

#### Choose a VPN service which:

- claims not to store activity records (hard to verify)
- uses OpenVPN
- has servers in safe jurisdictions
- not insert advertising into your browsing stream

Remember that if it's too cheap you might be paying in other ways.

NordVPN and Private Internet Access both have had a long term high reputation. The new ProtonVPN by the team behind ProtonMail seems to be good too.

#### Solution #2:

Tor Browser

#### What is Tor Browser?

- provides secure browser that doesn't leave traces (e.g. it does not store cookies)
- onion-network (encrypted tunnel through encrypted tunnel through encrypted tunnel ...)
- does not prevent you from disclosing your identity e.g. by logging into Facebook

#### We recommend

Use TorBrowser for high risk research, not for everyday use.

### Activity!

Install Tor Browser and visit https://browserleaks.com again.

Tor Browser: https://www.torproject.org/download/download.html.en

# Data storage

#### Main risks

#### when storing data:

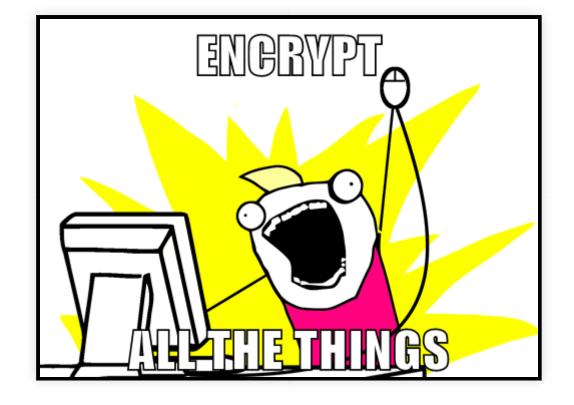
- unauthorised access to data, e.g. in the cloud
- unwanted access to devices, e.g. if stolen or taken by authorities
- data loss
- lost access

### Solution

# backup, backup, backup, backup

3 independent copies, 2 locations, 1 offline

#### **AND**



... but don't forget your keys. (hint: use a password manager)

#### We recommend

- full device/disk/USB stick ... encryption (mostly provided by OS)
- for files in the cloud:
  - Cryptomator
  - keybase
  - disk image encryption by your operating system

MAKE SURE YOU NEVER LOOSE YOUR KEYS OR PASSPHRASES!!! Or all will be lost.

## Communication

#### Main risks

While transmitting sensitive information: the men in the middle

- your email/messaging provider or anybody who has hacked them or pretends to be them
- authorities who subpoena any of your communication providers
- others in open/untrusted WiFi



# Solution #1: https

#### What is https?

- browser checks whether website has a valid certificate ('ID card')
- encrypts traffic between browser and website

#### We recommend

check the address bar in your browser



https://www.eff.org/https-everywhere

Examples for bad certificates: https://badssl.com/

## Solution #2:

PGP encryption

"Pretty Good Privacy"

#### What is PGP encryption?

- Encryption protects your information so that no one except the intended recipient can read it.
- PGP adds two extra features by using a Public Key:
  - it allows you to encrypt information for a recipient without contacting them first - using their Public Key
  - you can verify that information signed by them is from them

#### We recommend

- keybase
- GPGTools for MacOS
- GPG4win for Windows
- Enigmail for Thunderbird
- email clients with GPG support

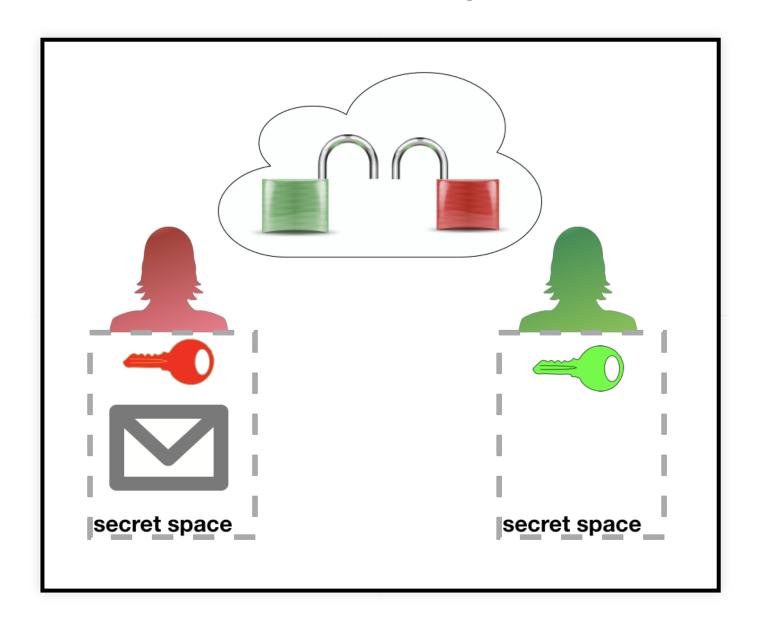
#### Using Keybase

With an account on keybase.io it is easy to encrypt a message to somebody else. Let's try it!

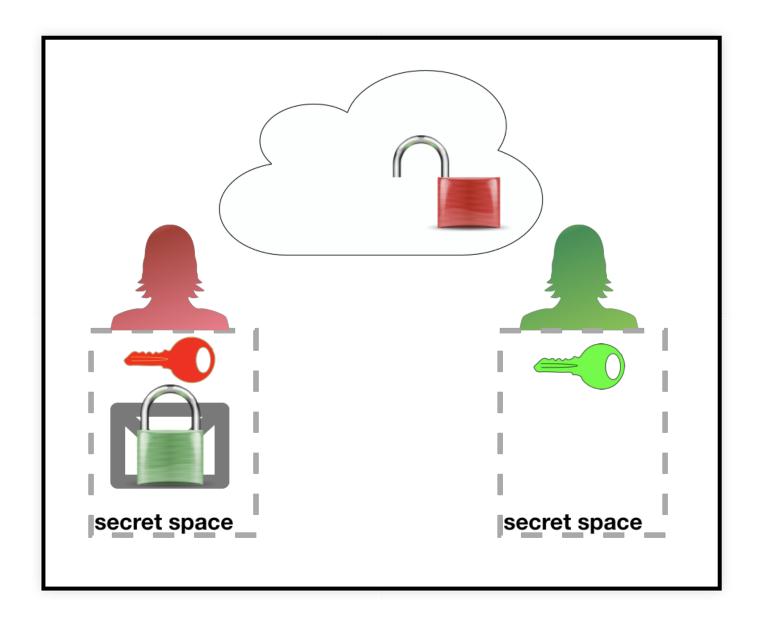
#### Whoot! So how did that work?

Let's call the public key a 'padlock'.

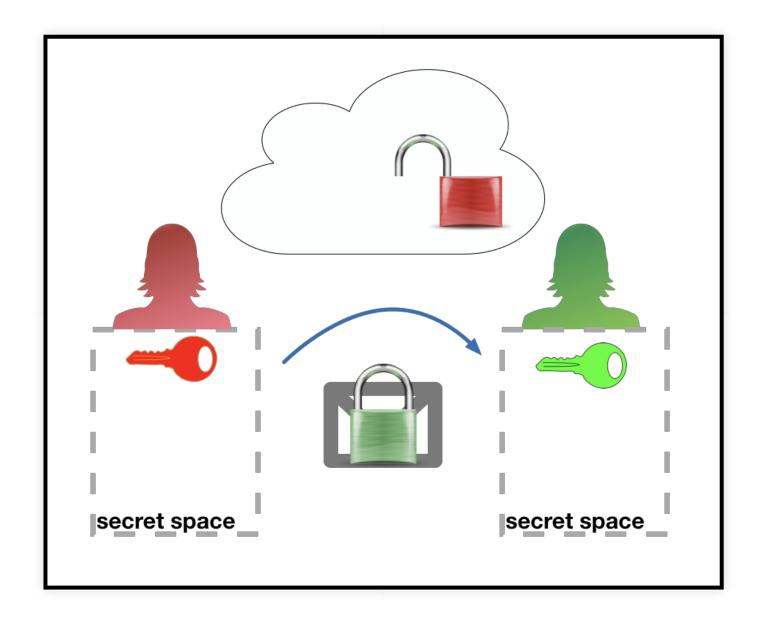
#### Red has a secret message for Green



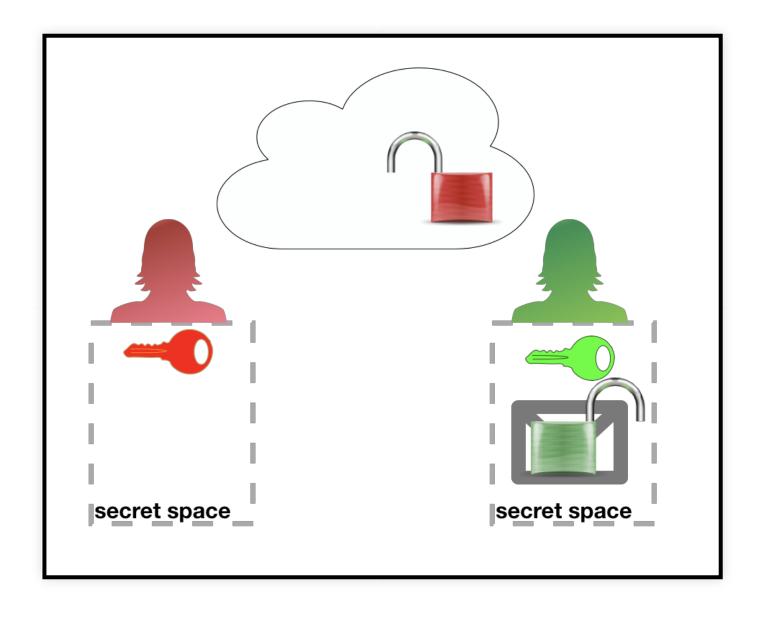
#### Red encrypts message with Green's public padlock



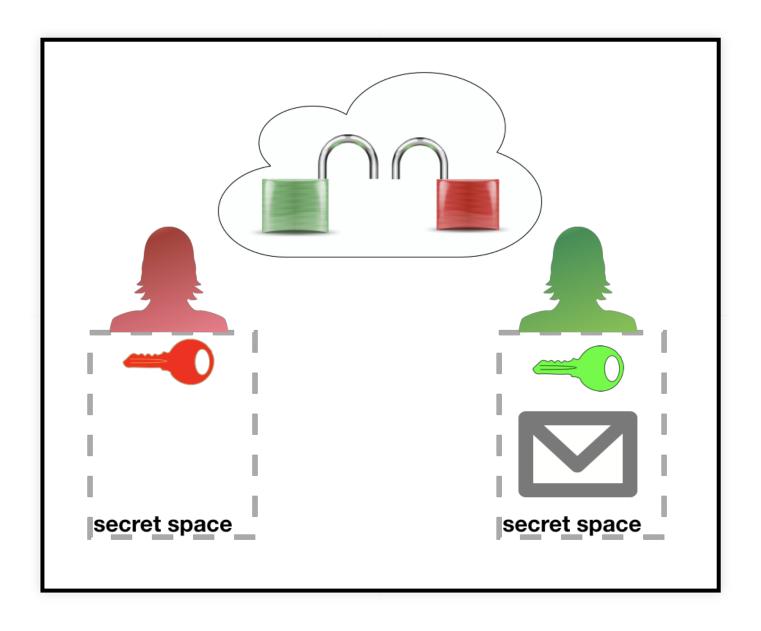
#### Sent message is unreadable without Green's secret key



#### Green decrypts the message with their secret key



#### Done:)



#### Using PGP to sign things

As well as encrypting messages and files, PGP can be used to sign things:

- PGP signature verifies content and sender of item
- can be used to certify unencrypted emails or files
- will fail if message or file is changed

#### Using PGP to verify identities

PGP can also be used to verify peoples public keys - by signing a public key you are saying you are confident that the key belongs to the person it says it belongs to.

On keybase this is done by following people.

#### And how does signing work?

That's where the metaphor stops working. Ask later:)

#### Solution #3:

Secure messenger / private messaging

#### What is a secure messenger?

- encrypts message end-to-end per default (i.e. messages are only readable by sender and recipient, not by the message service provider)
- explicitly does not store activity records (metadata)
- is open source
- optional: has self-destructing messages (i.e. messages are deleted on both ends after a pre-defined timespan)

#### We recommend

Signal

keybase

# Safely using secure messaging and encryption

- make sure you confirm that the account you are dealing with (Public Key or Signal account) is who you expect to be at the other end
  - verify using separate channel
  - for chat, make sure encryption is working before exchanging any critical informaiton
- your Keybase account is good for improving security, but you should create fresh PGP keypairs for very secure communications

# How to choose a tool?

#### Things to consider

- 1. Open Source?
- 2. Reputation?
- 3. Independent security audit?
- 4. Will you actually use it?

#### Where to from here?

At end of the presentation there is a list of all the software we've mentioned today and a list of useful websites for more information.

- Start using some of these tools!
- Use the suggested websites to become better informed!
- Keep your devices' software & application software up to date!

#### Get expert advice

Depending on the level of risk to you or your research participants you may need to seek advice from a security/privacy expert before you begin your research.

# Group activity!

Discuss in groups how what we have covered today applies to your research.

- What did you get out of this session?
- What privacy or security issues might effect your research?

## Questions?

### Resources

#### Password manager

- 1Password https://1password.com/
- KeePass http://keepass.info/
- KeePassXC https://keepassxc.org/
- KeeWeb https://keeweb.info/

#### 2-factor-authentication

- Amazon AWS MFA (Android) https://www.amazon.com/gp/product/B0061MU68M
- Authenticator (Windows Phone 7)
   https://www.microsoft.com/en-us/store/p/authenticator/9wzdncrfj3rj
- FreeOTP https://freeotp.github.io/
- Google Authenticator (Android/iPhone/BlackBerry)
   https://support.google.com/accounts/answer
   /1066447?hl=en
- Authy https://www.authy.com/app/

#### Privacy

- Browser leaks https://browserleaks.com
- HTTPS Everywhere https://www.eff.org/https-everywhere
- detailed VPN comparison https://thatoneprivacysite.net/
- NordVPN https://nordvpn.com/
- Private Internet Access
   https://www.privateinternetaccess.com/
- Tor Browser: https://www.torproject.org/projects/ /torbrowser.html.en

# file/device/communication encryption

- Cryptomator https://cryptomator.org/
- Enigmail for Thunderbird https://www.enigmail.net /index.php/en/
- GPGTools https://gpgtools.org/
- keybase https://keybase.io/
- Signal https://whispersystems.org/

#### websites

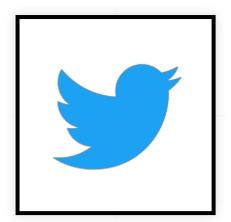
- CryptoParty https://www.cryptoparty.in/
- Electronic Freedom Foundation (EFF)
  - Privacy https://www.eff.org/issues/privacy
  - Surveillance Self-Defense https://ssd.eff.org/ This has overviews, tutorials, and detailed guides for specific situations.
- Snitch Hunt Game http://whistleblower.network/snitch /index.php
- Snitch Hunt news article http://www.abc.net.au/triplej/programs/hack/how-team-of-pre-teens-found-whisteblower-using-metadata/8113668
- Examples of Bad SSL certificates https://badssl.com/

# Glossary of terms

- browser cookies: like customer cards for your browser to store information about you that can be read by the website when you return
- encryption: making data practically unreadable without another piece of data (see keyfile) and/or password that's usually kept secret
- end-to-end encryption: encryption from a senders device to a recipient device without intermediaries being able to decrypt

# Glossary of terms

- https://en.wikipedia.org/wiki/HTTPS
- IP address: number to identify your computer/router to another computer, mostly a server serving you a website
- keyfile: think of it as a password, but in a file.
- metadata: activity records (https://twitter.com/Snowden/ status/661305566967562240) or more detailed: https://ssd.eff.org/en/glossary/metadata
- ssl or tsl: Secure Sockets Layer / Transport Layer Security https://en.wikipedia.org/wiki/Transport\_Layer\_Security



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