

**... but don't forget your keys.**

*(Digital Privacy & Security for Researchers)*

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[https://qut-dmrc.github.io/encrypt\\_all\\_the\\_things/](https://qut-dmrc.github.io/encrypt_all_the_things/)



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@brendam | @flxvctr

Why are we here?

worst case  
scenarios

# weak password reuse

your Twitter account is hacked by angry gamergaters – and suddenly your devices are wiped

# Activity!

Visit <https://haveibeenpwned.com/> and look up your most used email address, to see whether your data has been published after a successful cyber attack or data breach.

# revealing IP address

researching in extremist bulletin boards/social networks  
getting harassed in your neighbourhood afterwards

# Activity!

visit <https://browserleaks.com>



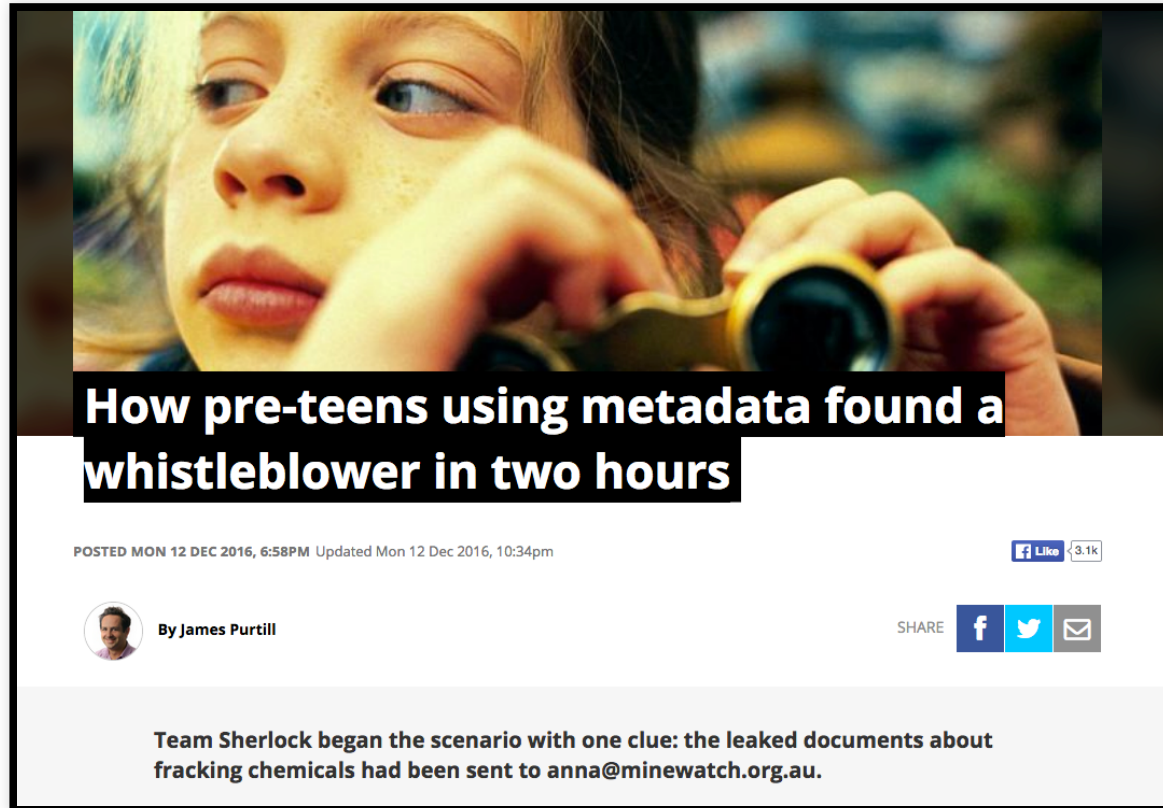
# unencrypted communication

communication with protesters in an authoritarian surveillance state via iMessage but message gets sent via SMS service

# unencrypted devices

interview with journalist in country oppressing the press with  
'off-the-record' content on unencrypted Android phone gets  
confiscated at the airport before leaving the country

# Metadata retention



(<http://www.abc.net.au/triplej/programs/hack/how-team-of-pre-teens-found-whistleblower-using-metadata/8113668>)

# Passwords

one ring to rule you all might not be a good idea

# Main risks

Especially when you've been pwned:

- common password (qwerty, 12345, monkey, love, ...)
- easy to guess (qwerty12345, your name, your birthday, your partners birthday, your postcode, )
- reuse of passwords
- storing password in an unsafe place (i.e. unencrypted and accessible from outside)
- forgetting your password

# Solution #1:

Use a password manager

# What is a password manager?

- allows you to access all your passwords with a master password and/or keyfile ("secret file", e.g. on a USB stick)
- stores passwords in an encrypted file (i.e. not readable without a key)
- can often generate secure passwords for you

Therefore your passwords will be strong, will not be reused, and you don't have to worry about memorising them anymore.

# We recommend

- KeePass, KeePassXC, KeeWeb
  - Open source +
  - interoperable +
  - high reputation +
  - free +
  - not so convenient -
- 1Password
  - high reputation +
  - very convenient +
  - costs money -
  - closed source -




Solution #2:


Use 2-factor authentication



# What is 2-factor authentication?

- similar to one time passwords for online banking
- something you know (your password) and something you have (your device)
- having device is verified by either
  - sending second code to you by SMS or
  - generating it in an App on your device
- this second element changes each time

# SMS is not a secure channel!



**Telstra**   
@Telstra

 Follow 


Due to today's incident, it's possible some SMS messages were incorrectly delivered. All messages will be held while we resolve the issue.

RETWEETS


35


LIKES


20



2:54 PM - 2 Feb 2017

 14

 35

 20

# SMS problems

- misdelivery
- unauthorised phone number porting
- not available during phone outages
- not encrypted - can be intercepted with scanner

# We recommend

Use an app for 2 factor authentication:

- FreeOTP
- Google Authenticator (Android/iPhone/BlackBerry)
- Amazon AWS MFA (Android)
- Authenticator (Windows Phone 7)
- Authy

Which services provide 2-factor-authentication?

Researcher  
privacy

# Main risks

when researching on the internet:

- activity record (metadata) retention (by state/institution/ad networks)
  - by IP address (like a 'phone number' for your computer)
  - by browser cookies (like customer cards in shops, just for your browser)
- revealing of personal details to website owners
- other forms of browser finger printing



Solution #1:

Virtual Private Network (VPN) 'tunnel'

# What is a VPN?

- prevents eavesdropping, e.g. in an open WiFi
- hides your IP address (i.e. location, internet provider, other visited websites) from servers you communicate with
- can make you appear to be in another country and circumvent DNS or geo-blocking
- does NOT replace https

# We recommend

Choose a VPN service which:

- claims not to store activity records (hard to verify)
- uses OpenVPN
- has servers in safe jurisdictions
- not insert advertising into your browsing stream

Remember that if it's too cheap you might be paying in other ways.

[NordVPN](#) and [Private Internet Access](#) both have had a long term high reputation. The new [ProtonVPN](#) by the team behind ProtonMail seems to be good too.

Solution #2:

Tor Browser

# What is Tor Browser?

- provides secure browser that doesn't leave traces (e.g. it does not store cookies)
- onion-network (encrypted tunnel through encrypted tunnel through encrypted tunnel ...)
- does not prevent you from disclosing your identity e.g. by logging into Facebook

# We recommend

Use TorBrowser for high risk research, not for everyday use.

# Activity!

Install Tor Browser and visit <https://browserleaks.com> again.

Tor Browser:

<https://www.torproject.org/download/download.html.en>

Data storage



# Main risks

when storing data:

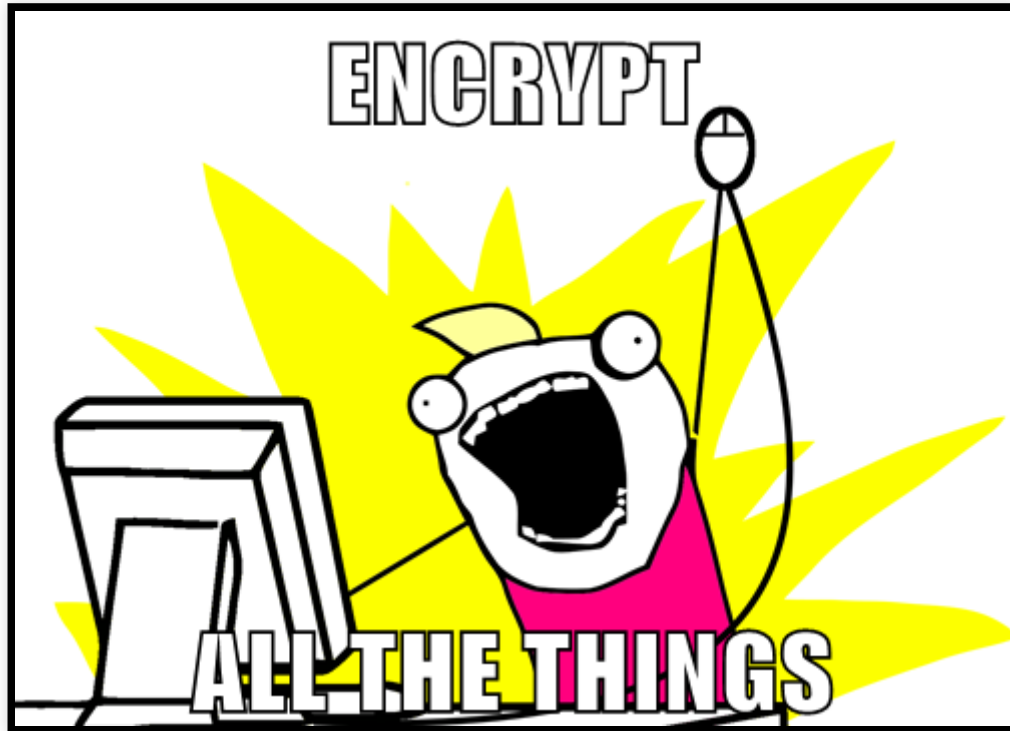
- unauthorised access to data, e.g. in the cloud
- unwanted access to devices, e.g. if stolen or taken by authorities
- data loss
- lost access

Solution

backup, backup,  
backup

3 independent copies, 2 locations, 1 offline

AND



... but don't forget your keys. (*hint: use a password manager*)

# We recommend

- full device/disk/USB stick ... encryption (mostly provided by OS)
- for files in the cloud:
  - [Cryptomator](#)
  - [keybase](#)
  - disk image encryption by your operating system

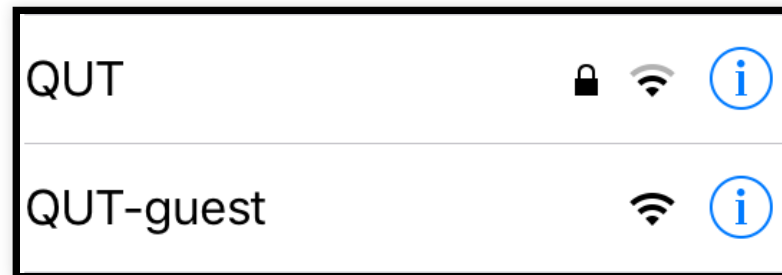
MAKE SURE YOU NEVER LOOSE YOUR KEYS OR  
PASSPHRASES!!! Or all will be lost.

# Communication

# Main risks

While transmitting sensitive information: the men in the middle

- your email/messaging provider or anybody who has hacked them or pretends to be them
- authorities who subpoena any of your communication providers
- others in open/untrusted WiFi





Solution #1:

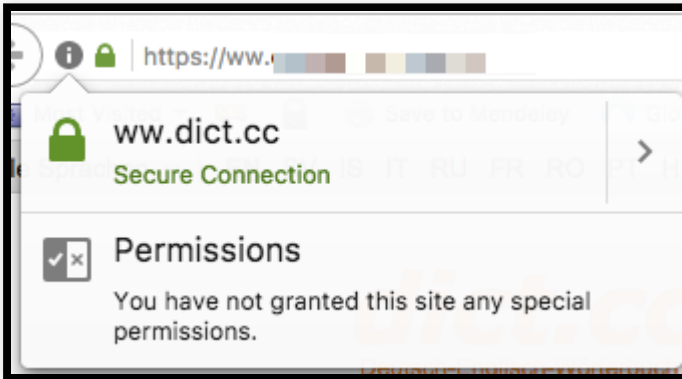
<https>

# What is https?

- browser checks whether website has a valid certificate ('ID card')
- encrypts traffic between browser and website

# We recommend

- check the address bar in your browser



- <https://www.eff.org/https-everywhere>

Examples for bad certificates: <https://badssl.com/>

Solution #2:

PGP encryption

"Pretty Good Privacy"

# What is PGP encryption?

- Encryption protects your information so that no one except the intended recipient can read it.
- PGP adds two extra features by using a Public Key:
  - it allows you to encrypt information for a recipient without contacting them first - using their Public Key
  - you can verify that information signed by them is from them

# We recommend

- [keybase](#)
- [GPGTools](#) for MacOS
- [GPG4win](#) for Windows
- [Enigmail](#) for Thunderbird
- email clients with GPG support

# Using Keybase

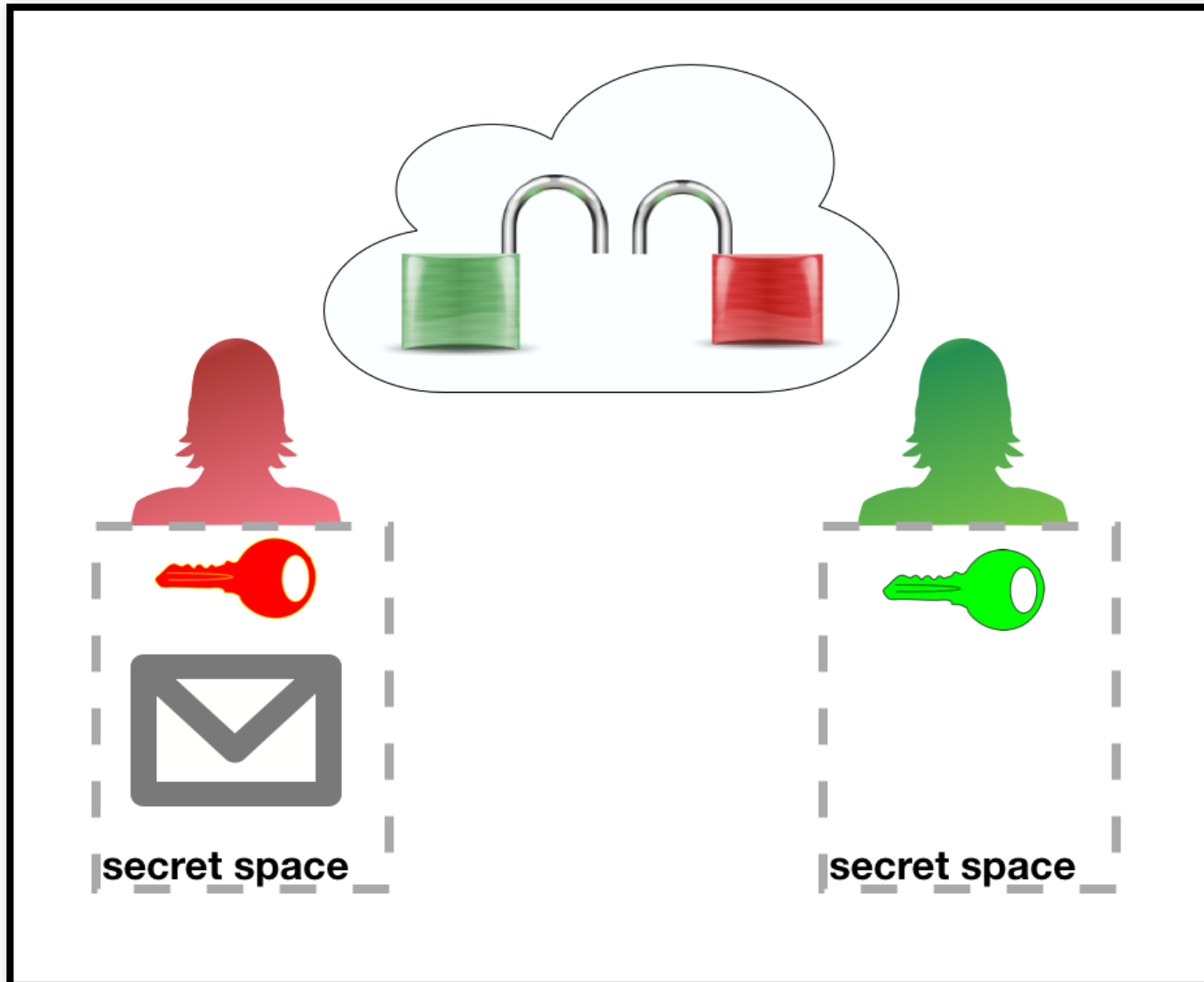
With an account on [keybase.io](https://keybase.io) it is easy to encrypt a message to somebody else. Let's try it!

# Whoot! So how did that work?

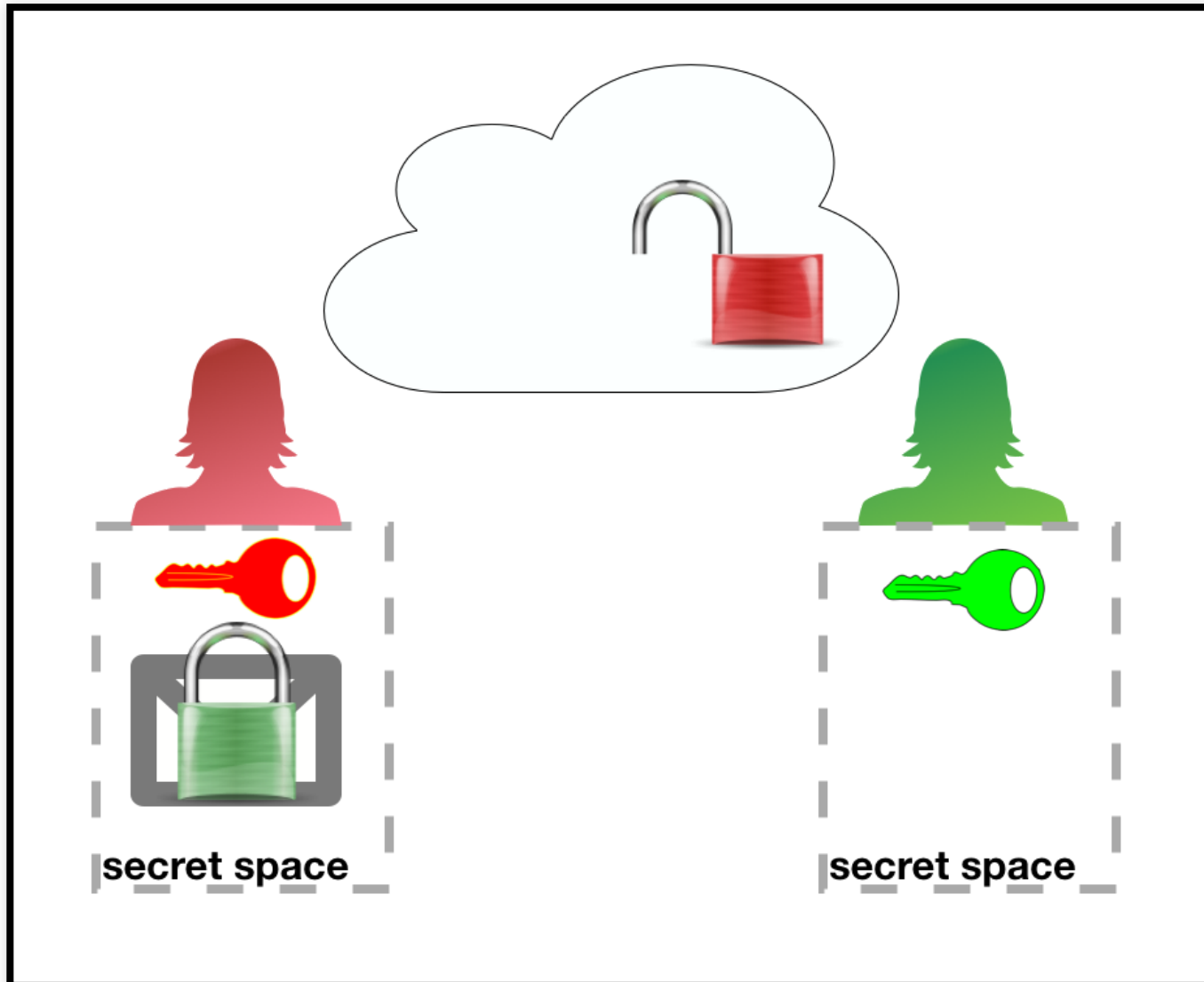
Let's call the public key a 'padlock'.



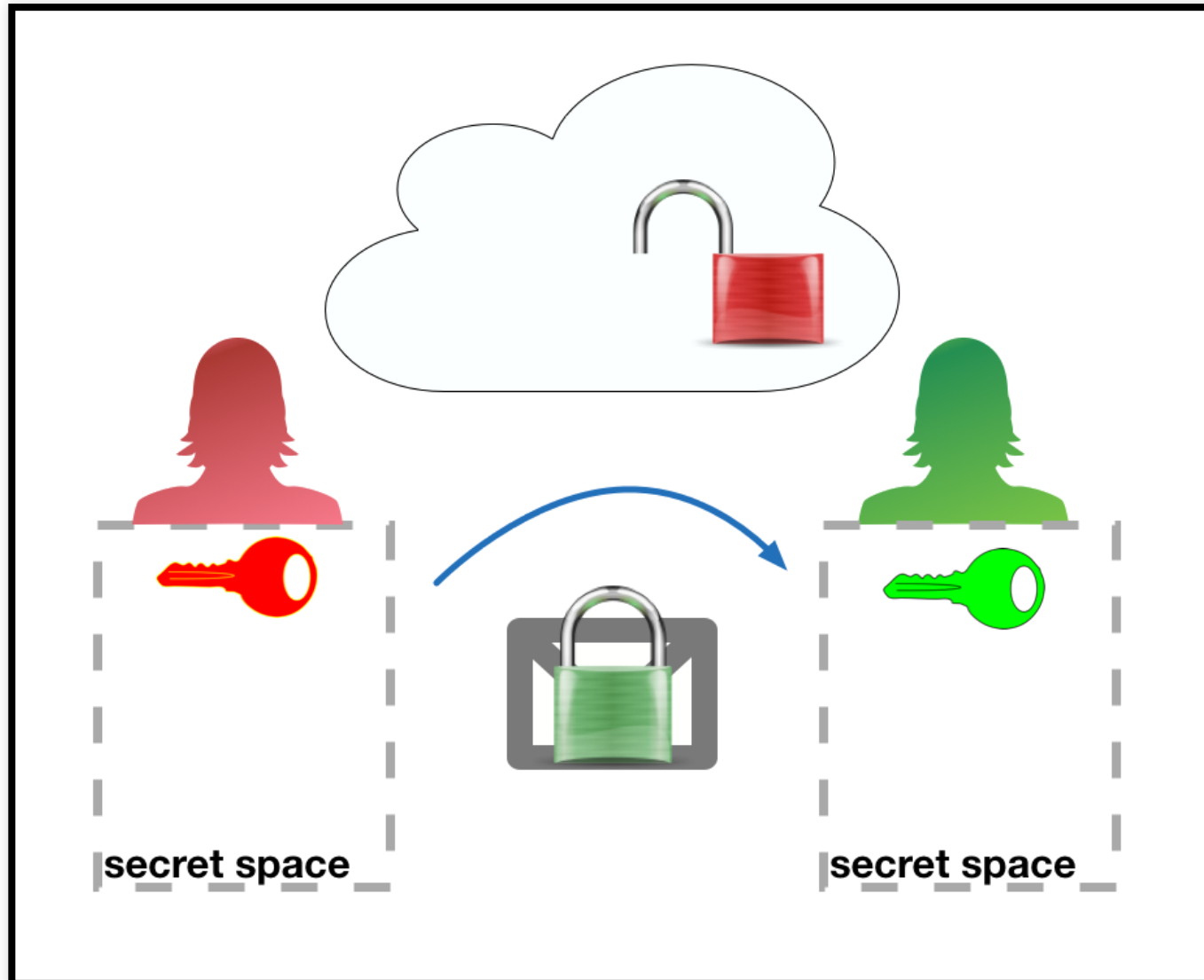
# Red has a secret message for Green



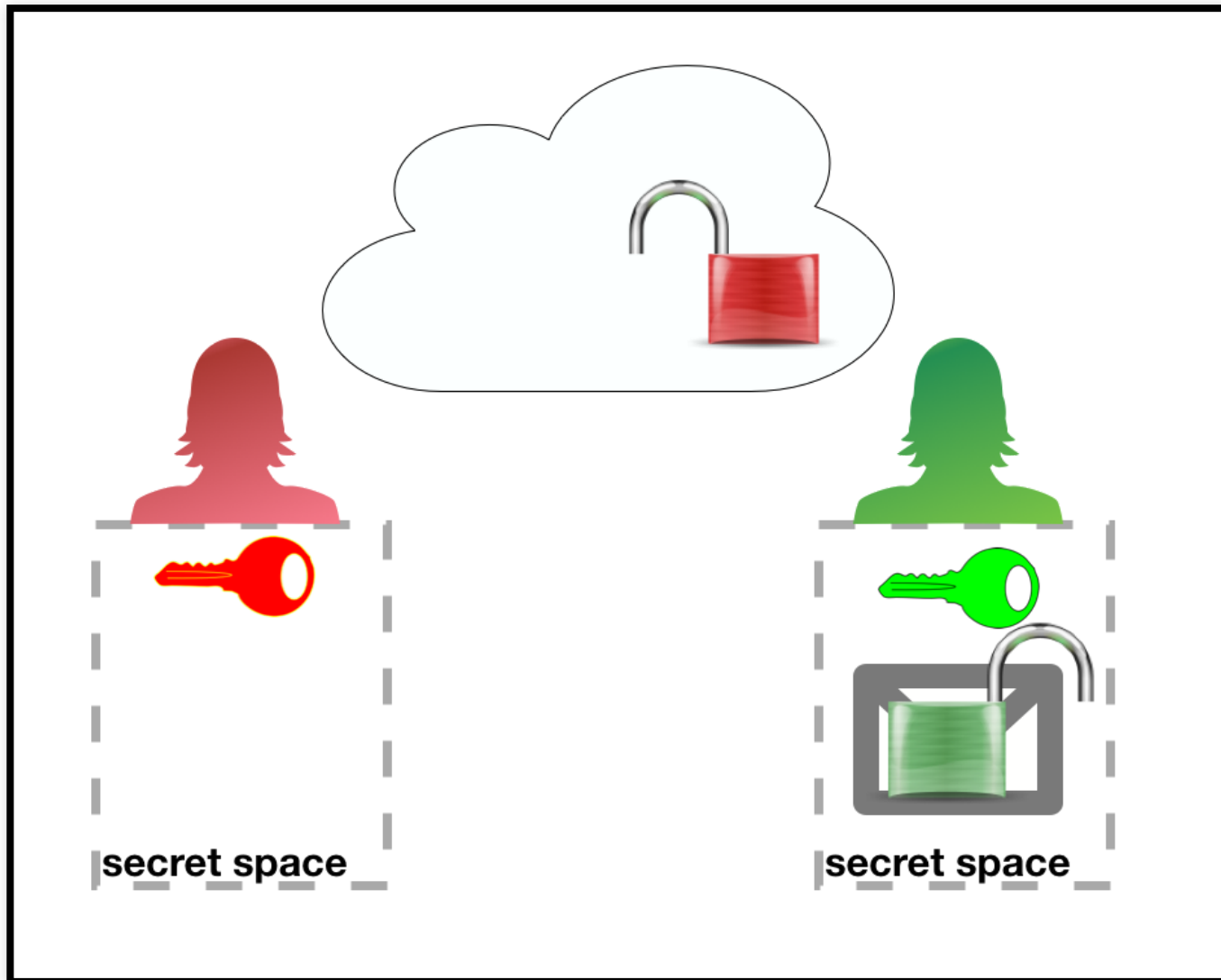
Red encrypts message with Green's public padlock



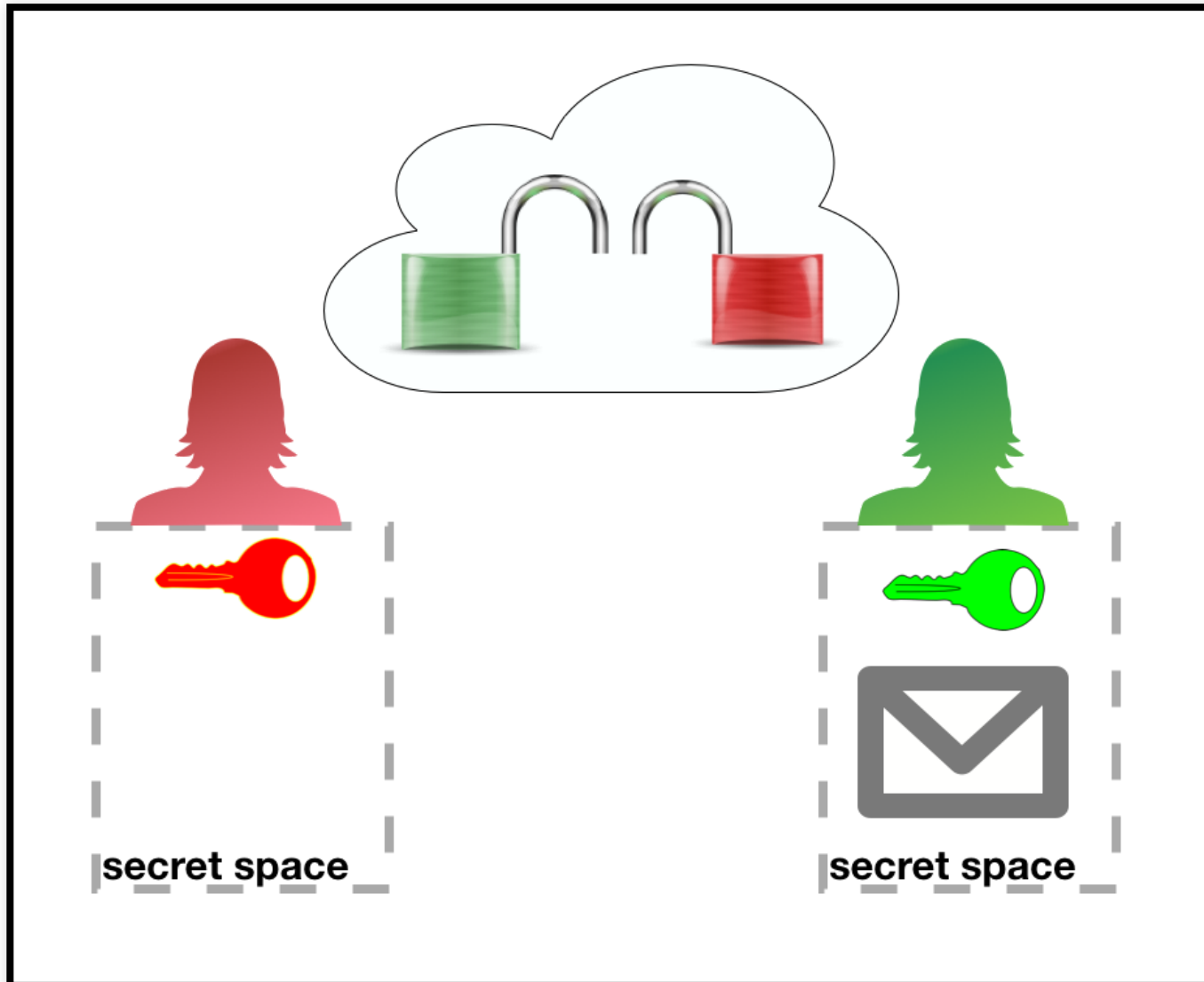
Sent message is unreadable without Green's secret key



Green decrypts the message with their secret key



Done :)



# Using PGP to sign things

As well as encrypting messages and files, PGP can be used to sign things:

- PGP signature verifies content and sender of item
- can be used to certify unencrypted emails or files
- will fail if message or file is changed

# Using PGP to verify identities

PGP can also be used to verify peoples public keys - by signing a public key you are saying you are confident that the key belongs to the person it says it belongs to.

On keybase this is done by following people.

# And how does signing work?

That's where the metaphor stops working. Ask later :)



# Solution #3:

Secure messenger / private messaging

# What is a secure messenger?

- encrypts message end-to-end per default (i.e. messages are only readable by sender and recipient, not by the message service provider)
- explicitly does not store activity records (metadata)
- is open source
- optional: has self-destructing messages (i.e. messages are deleted on both ends after a pre-defined timespan)

# We recommend

Signal

keybase

# Safely using secure messaging and encryption

- make sure you confirm that the account you are dealing with (Public Key or Signal account) is who you expect to be at the other end
  - verify using separate channel
  - for chat, make sure encryption is working before exchanging any critical information
- your Keybase account is good for improving security, but you should create fresh PGP keypairs for very secure communications

How to choose a  
tool?

# Things to consider

1. Open Source?
2. Reputation?
3. Independent security audit?
4. Will you actually use it?

# Where to from here?

At end of the presentation there is a list of all the software we've mentioned today and a list of useful websites for more information.

- Start using some of these tools!
- Use the suggested websites to become better informed!
- Keep your devices' software & application software up to date!

# Get expert advice

Depending on the level of risk to you or your research participants you may need to seek advice from a security/privacy expert before you begin your research.



# Group activity!

Discuss in groups how what we have covered today applies to your research.

- What did you get out of this session?
- What privacy or security issues might effect your research?

Questions?

# Resources

# Password manager

- 1Password <https://1password.com/>
- KeePass <http://keepass.info/>
- KeePassXC <https://keepassxc.org/>
- KeeWeb <https://keeweb.info/>

# 2-factor-authentication

- Amazon AWS MFA (Android)  
<https://www.amazon.com/gp/product/B0061MU68M>
- Authenticator (Windows Phone 7)  
<https://www.microsoft.com/en-us/store/p/authenticator/9wzdncrfj3rj>
- FreeOTP <https://freeotp.github.io/>
- Google Authenticator (Android/iPhone/BlackBerry)  
<https://support.google.com/accounts/answer/1066447?hl=en>
- Authy <https://www.authy.com/app/>

# Privacy

- Browser leaks <https://browserleaks.com>
- HTTPS Everywhere <https://www.eff.org/https-everywhere>
- detailed VPN comparison <https://thatoneprivacysite.net/>
- NordVPN <https://nordvpn.com/>
- Private Internet Access  
<https://www.privateinternetaccess.com/>
- Tor Browser:  
<https://www.torproject.org/projects/torbrowser.html.en>

# file/device/communication encryption

- Cryptomator <https://cryptomator.org/>
- Enigmail for Thunderbird  
<https://www.enigmail.net/index.php/en/>
- GPGTools <https://gpgtools.org/>
- keybase <https://keybase.io/>
- Signal <https://whispersystems.org/>

websites



# Glossary of terms

- browser cookies: like customer cards for your browser to store information about you that can be read by the website when you return
- encryption: making data practically unreadable without another piece of data (see keyfile) and/or password that's usually kept secret
- end-to-end encryption: encryption from a senders device to a recipient device without intermediaries being able to decrypt

# Glossary of terms

- https: HTTP over SSL <https://en.wikipedia.org/wiki/HTTPS>
- IP address: number to identify your computer/router to another computer, mostly a server serving you a website
- keyfile: think of it as a password, but in a file.
- metadata: activity records  
(<https://twitter.com/Snowden/status/66130556696756224>  
or more detailed: <https://ssd.eff.org/en/glossary/metadata>
- ssl or tsl: Secure Sockets Layer / Transport Layer Security  
[https://en.wikipedia.org/wiki/Transport\\_Layer\\_Security](https://en.wikipedia.org/wiki/Transport_Layer_Security)



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