




## Pre and Post Cosmelan Depigmentation Instructions

### Pre Cosmelan Depigmentation Treatment:

- DO avoid any chemical peel or laser procedures 14 days prior to treatment with Cosmelan.
- Refrain from waxing or the use of other depilatory products for 7 days prior to treatment. Post Cosmelan Depigmentation Treatment:
  - Always avoid sun exposure as much as possible.
  - Do NOT get another treatment or procedure (including peels, facials, or microdermabrasion) on the treated area for 30 days following.
  - While maintaining on Cosmelan 2, discontinue its use for 5 days prior to waxing, and do not restart treatment until 3 days after waxing. Threading can be done normally. Day 1
  - Wash off mask at designated time given by provider with water only, do not use cleanser
  - Apply Melan Recovery cream to treatment area overnight. Day 2
  - Use Ultra gentle cleanser to clean the face
  - Then apply Melan Recovery all over the face
  - Then apply sunscreen during the day. Day 3-30
  - After 48 hrs post removing the mask Start Cosmelan 2, apply in morning, afternoon and evening.
  - Apply Melan Recovery cream 15 minutes after Cosmelan 2.
  - Apply sunscreen last (in the morning).
  - Schedule your 1 month follow up treatment to be done in office.  Month 2-3
  - Apply Cosmelan 2 twice a day in the morning and evening.
  - Apply Melan Recovery cream 15 minutes after Cosmelan 2.
  - Apply sunscreen every morning. Month 4-7
  - Apply Cosmelan 2 once a day in the morning and evening.
  - Apply Melan Recovery cream 15 minutes after Cosmelan 2.
  - Apply sunscreen every morning.