

The Answers You Have Been Seeking.

In a world that often demands we compartmentalize our identities, FOCUS Expo invites you to bring your whole self.

Designed specifically for professionals aged 25-45, this event is not just about networking - it is about **calibration**.

We are creating a sophisticated space where career ambition meets spiritual grounding, and where mental wellness is recognized as the foundation of functioning at our best.

500+

EXPECTED ATTENDEES

25+

INDUSTRY SPEAKERS

12

EXPERT-LED WORKSHOPS

1

TRANSFORMATIVE DAY