

DD/MM/YYYY

To whom it may concern,

We hereby confirm that Bertina Hext was a Listening Volunteer at Edinburgh Nightline for 3 years, from 15/10/2019 to 23/08/2022. She completed extensive active listening training and has an awareness of issues related to mental health. Those skills were kept up to date through completing ongoing training throughout their time volunteering.

Bertina contributed to Edinburgh Nightline by signing up for regular shifts to run our listening and information service, covering students across Edinburgh. She completed 4 overnight shifts and 14 evening shifts, totalling 104 hours on duty.

As part of their duties volunteers also assist in running the organisation, so Bertina contributed to various aspects of publicity events and our training programme.

All the best,



Zoë Goodwin and Álvaro Bermúdez  
Coordinators of [Edinburgh Nightline](https://www.ednightline.com), 20XX/YY  
[coordinator@ednightline.com](mailto:coordinator@ednightline.com)