



# British Football Academy

## Sessions Calendar Spring 2016

| Mon. | Tuesdays<br>@ Sarugaku | Wednesdays<br>@EWA | Thursdays<br>@EWA | Fridays<br>@ YC&AC | Fridays<br>@ Sarugaku | Saturday @<br>Ohashi JCT | Saturdays @<br>ISSH                   | Sundays @<br>ISSH | Sundays<br>@ Nanzan |
|------|------------------------|--------------------|-------------------|--------------------|-----------------------|--------------------------|---------------------------------------|-------------------|---------------------|
|      | Jaguars                |                    |                   | 3:20 - 3:50 pm     |                       | 10:15 - 11:15 am         | 2 - 3:20 pm<br>Academy                | 9:20 - 9:50 am    | 1:00 - 1:30pm       |
|      | 4:40 - 6:20pm          | 3:10 - 3:40pm      | 3:10 - 3:40pm     | 4 - 4:50pm         | 4:00 - 4:50pm         | 10:15 - 11:15 am         | 3:30 - 4:50 pm<br>Academy Stars & U15 | 10:00 - 10:50 am  | 1:30 - 2:20pm       |
|      |                        | 3:50 - 4:40pm      | 3:50 - 4:40pm     | 4:50 - 5:50pm      | 4:00 - 5:00pm         | 11:25 - 11:55am          |                                       | 11 am - 12 pm     | 2:30 - 3:30pm       |
|      |                        | 4:50 - 5:50pm      | 4:50 - 5:50pm     | 6 - 7:20pm         | 5:00 - 6:20pm         |                          |                                       |                   | 3:30 - 4:50pm       |
|      |                        |                    |                   | 6 - 7:20pm         | 5:00 - 6:20pm         |                          |                                       |                   |                     |

(OFF) means all sessions are OFF. Date text in red means it's a Sunday or national holiday (does NOT mean BFA is off).

(No Gym) means the gym is NOT available in case of rain..

(OFF)となっている日はお休みです。赤色になっている日には休・祝日で、BFAのお休みではありません。

(No Gym)は、雨天の場合に体育館が使用できない日です。

|  | Sarugaku | EWA | EWA | YC&AC | Sarugaku | O JCT | ISSH | ISSH | Nanzan |
|--|----------|-----|-----|-------|----------|-------|------|------|--------|
|--|----------|-----|-----|-------|----------|-------|------|------|--------|

### March

| Mon. | Tue. | Wed. | Thu. | Fri.        |             | Sat. |            | Sun.     |    |
|------|------|------|------|-------------|-------------|------|------------|----------|----|
| 29   | 1    | 2    | 3    | 4           | 4 (No Gym)  | 5    | 5 (No Gym) | 6        | 6  |
| 7    | 8    | 9    | 10   | 11          | 11 (No Gym) | 12   | 12         | 13       | 13 |
| 14   | 15   | 16   | 17   | 18 (No Gym) | 18 (No Gym) | 19   | 19 (OFF)   | 20 (OFF) | 20 |
| 21   | 22   | 23   | 24   | 25          | 25 (No Gym) | 26   | 26         | 27       | 27 |
| 28   | 29   |      |      |             |             |      |            |          |    |

### April

| Mon. | Tue. | Wed.        | Thu. | Fri.        |             | Sat. |             | Sun. | Sun. |
|------|------|-------------|------|-------------|-------------|------|-------------|------|------|
|      |      | 30          | 31   | 1 (No Gym)  | 1 (No Gym)  | 2    | 2           | 3    | 3    |
| 4    | 5    | 6           | 7    | 8           | 8 (No Gym)  | 9    | 9           | 10   | 10   |
| 11   | 12   | 13          | 14   | 15          | 15 (No Gym) | 16   | 16 (No Gym) | 17   | 17   |
| 18   | 19   | 20 (No Gym) | 21   | 22 (No Gym) | 22 (No Gym) | 23   | 23          | 24   | 24   |
| 25   | 26   | 27          | 28   | 29          | 29 (No Gym) | 30   | 30          |      |      |

### May

| Mon. | Tue. | Wed. | Thu. | Fri. |             | Sat.           |          | Sun.     | Sun. |
|------|------|------|------|------|-------------|----------------|----------|----------|------|
|      |      |      |      |      |             |                |          | 1        | 1    |
| 2    | 3    | 4    | 5    | 6    | 6 (No Gym)  | 7              | 7        | 8        | 8    |
| 9    | 10   | 11   | 12   | 13   | 13 (No Gym) | 14             | 14       | 15       | 15   |
| 16   | 17   | 18   | 19   | 20   | 20 (No Gym) | 21             | 21 (OFF) | 22 (OFF) | 22   |
| 23   | 24   | 25   | 26   | 27   | 27 (No Gym) | 28 (INTERLiga) | 28       | 29       | 29   |

### June

| Calendar |      |      |      |          |             |      |    |      |      |
|----------|------|------|------|----------|-------------|------|----|------|------|
| Mon.     | Tue. | Wed. | Thu. | Fri.     |             | Sat. |    | Sun. | Sun. |
| 30       | 31   | 1    | 2    | 3        | 3 (No Gym)  | 4    | 4  | 5    | 5    |
| 6        | 7    | 8    | 9    | 10       | 10 (No Gym) | 11   | 11 | 12   | 12   |
| 13       | 14   | 15   | 16   | 17       | 17 (No Gym) | 18   | 18 | 19   | 19   |
| 20       | 21   | 22   | 23   | 24 (OFF) | 24 (No Gym) | 25   | 25 | 26   | 26   |

### July

| Mon. | Tue.  | Wed. | Thu. | Fri. |             | Sat. |    | Sun. | Sun. |
|------|---|------|------|------|-------------|------|----|------|------|
| 27   | 28  | 29   | 30   | 1    | 1 (No Gym)  | 2    | 2  | 3    | 3    |
| 4    | 5   | 6    | 7    | 8    | 8 (No Gym)  | 9    | 9  | 10   | 10   |
| 11   | 12  | 13   | 14   | 15   | 15 (No Gym) | 16   | 16 | 17   | 17   |
| 18   | 19 (Tue) - 22 (Fri) BFA camp @ Seisen or BST? |      |      |      |             | 23   | 23 | 24   | 24   |