

## **DIETS**

STANDARD NO(S): NYSSA # 106 & 148

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REFER TO: Roger O. Ward

### **I. OBJECTIVE:**

To establish procedures concerning inmate diets.

### **II. POLICY:**

It is the policy of the Seneca County Correctional Facility to ensure that inmates are provided with food items sufficient to meet their designated dietary needs.

### **III. MEDICAL DIETS:**

- A.** The Chief Administrative Officer will ensure that any medical diets prescribed for an inmate by a physician or other authorized facility health service staff member is provided to the inmate.
- B.** Medical staff will give a list of inmates needing special medical diets, including the summary of the contents of such diet, to Food Service Personnel. The list will be put on the bulletin board and a copy placed in the kitchens office. Medical staff will notify the inmate [Form CF-050 \(Alternative Meals\)](#) if a medical diet is approved or denied and the reasons behind such decision. A copy of the form will be given to the inmate and the cook, and the original will be placed in the inmate's file.
- C.** Medical food trays will be labeled with the inmate's name and housing unit posted on the tray.
- D.** Food Service Personnel will log all meals served for medical diets. Each such log entry will include, but not be limited to, the following information:
  - 1. The name of the inmate
  - 2. The start and end date of the diet
  - 3. The contents of the meal

### **IV. RELIGIOUS DIETS:**

- A.** The facility will observe reasonable religious dietary laws established by the inmate any time during or after being admitted to the facility.

- B.** The facility will provide food items sufficient to meet reasonable religious diets.
- C.** An inmate may request a religious diet using [Form CF-019 \(General Inmate Request\)](#) as provided by the Housing Unit Officer.
- D.** The Chief Administrative Officer will determine if such religion is genuine. The Chief Administrative Officer will notify the inmate(s) using [Form CF-050 \(Alternative Meals\)](#) if a religious diet is approved or denied and the reasons behind such decision. A copy of the form will be given to the inmate and Food Service Personnel, and the original will be placed in the inmate's file.
- E.** Religious food trays will be labeled with the inmate's name and housing unit posted on the tray.
- F.** Food Service Personnel will log all meals served for religious diets. Each such log entry will include, but not be limited to, the following information:
  - 1. The name of the inmate
  - 2. The start and end date of the diet
  - 3. The contents of the meal

**V. ALTERNATIVE DIETS:**

- A.** Inmates who are confined in special housing engage in unhygienic acts such as spitting or throwing feces or urine, or use food or food service equipment in a manner that presents a threat to the safety, security, or good order of the facility or the health or safety of any persons will be provided with alternative meal provisions.
- B.** The determination to provide alternative meal provisions will be done by the Chief Administrative Officer or medical staff using [Form CF-050 \(Alternative Meals\)](#). Copies will be given to the inmate and Food Service Personnel relaying the specific facts and reasons underlying the decision and the original placed in the inmate's file.
- C.** Alternative meals will supply the appropriate level of nutrients and calories and be approved by a certified nutritionist or dietician.
- D.** Alternative meal provisions will not continue in excess of seven days. Although alternative meals will be reinstated at a future time if the inmates' unhygienic acts, use of food or food service equipment again presents a threat to the safety, security, or good order of the facility or the health or safety of any persons.

- E.** When an inmate is the subject of alternative meal provisions, the Chief Administrative Officer will arrange for facility medical staff to visit such inmate(s) at the expiration of twenty-four (24) hours into the alternative meal process, and at least once in every twenty-four (24) hour period thereafter to examine the inmate's health. The Chief Administrative Officer will give full consideration to any recommendations that may be made by medical staff during such alternative meal processes.