

Inverse Cooking: Recipe Generation from Food Images

Amaia Salvador^{1*} Michal Drozdzal² Xavier Giro-i-Nieto¹ Adriana Romero²

¹Universitat Politècnica de Catalunya ²Facebook AI Research

{amaia.salvador, xavier.giro}@upc.edu, {adrianars, mdrozdzal}@fb.com

Abstract

People enjoy food photography because they appreciate food. Behind each meal there is a story described in a complex recipe and, unfortunately, by simply looking at a food image we do not have access to its preparation process. Therefore, in this paper we introduce an inverse cooking system that recreates cooking recipes given food images. Our system predicts ingredients as sets by means of a novel architecture, modeling their dependencies without imposing any order, and then generates cooking instructions by attending to both image and its inferred ingredients simultaneously. We extensively evaluate the whole system on the large-scale Recipe1M dataset and show that (1) we improve performance w.r.t. previous baselines for ingredient prediction; (2) we are able to obtain high quality recipes by leveraging both image and ingredients; (3) our system is able to produce more compelling recipes than retrieval-based approaches according to human judgment. We make code and models publicly available¹.

1. Introduction

Food is fundamental to human existence. Not only does it provide us with energy—it also defines our identity and culture [10, 34]. As the old saying goes, *we are what we eat*, and food related activities such as cooking, eating and talking about it take a significant portion of our daily life. Food culture has been spreading more than ever in the current digital era, with many people sharing pictures of food they are eating across social media [31]. Querying Instagram for #food leads to at least 300M posts; similarly, searching for #foodie results in at least 100M posts, highlighting the unquestionable value that food has in our society. Moreover, eating patterns and cooking culture have been evolving over time. In the past, food was mostly prepared at home, but nowadays we frequently consume food prepared by third-parties (e.g. takeaways, catering and restaurants). Thus, the access to detailed information about prepared food is

*Work done during internship at Facebook AI Research

¹<https://github.com/facebookresearch/inversecooking>



Title: Biscuits

Ingredients:

Flour, butter, sugar, egg, milk, salt.

Instructions:

- Preheat oven to 450 degrees.
- Cream butter and sugar.
- Add egg and milk.
- Sift flour and salt together.
- Add to creamed mixture.
- Roll out on floured board to 1/4 inch thickness.
- Cut with biscuit cutter.
- Place on ungreased cookie sheet.
- Bake for 10 minutes.

Figure 1: **Example of a generated recipe**, composed of a title, ingredients and cooking instructions.

limited and, as a consequence, it is hard to know precisely what we eat. Therefore, we argue that there is a need for *inverse cooking* systems, which are able to infer ingredients and cooking instructions from a prepared meal.

The last few years have witnessed outstanding improvements in visual recognition tasks such as natural image classification [47, 14], object detection [42, 41] and semantic segmentation [27, 19]. However, when comparing to natural image understanding, food recognition poses additional challenges, since food and its components have high intra-class variability and present heavy deformations that occur during the cooking process. Ingredients are frequently occluded in a cooked dish and come in a variety of colors, forms and textures. Further, visual ingredient detection requires high level reasoning and prior knowledge (e.g. *cake* will likely contain *sugar* and not *salt*, while *croissant* will presumably include *butter*). Hence, food recognition challenges current computer vision systems to go beyond the merely visible, and to incorporate prior knowledge to enable high-quality structured food preparation descriptions.

Previous efforts on food understanding have mainly focused on food and ingredient categorization [1, 39, 24]. However, a system for comprehensive visual food recognition should not only be able to recognize the type of meal or its ingredients, but also understand its preparation pro-



cess. Traditionally, the image-to-recipe problem has been formulated as a retrieval task [54, 3, 4, 45], where a recipe is retrieved from a fixed dataset based on the image similarity score in an embedding space. The performance of such systems highly depends on the dataset size and diversity, as well as on the quality of the learned embedding. Not surprisingly, these systems fail when a matching recipe for the image query does not exist in the static dataset.

An alternative to overcome the dataset constraints of retrieval systems is to formulate the image-to-recipe problem as a conditional generation one. Therefore, in this paper, we present a system that *generates* a cooking recipe containing a title, ingredients and cooking instructions directly from an image. Figure 1 shows an example of a generated recipe obtained with our method, which first predicts ingredients from an image and then conditions on both the image and the ingredients to generate the cooking instructions. To the best of our knowledge, our system is the first to *generate cooking recipes directly from food images*. We pose the instruction generation problem as a sequence generation one *conditioned on two modalities* simultaneously, namely an image and its predicted ingredients. We formulate the ingredient prediction problem as a *set prediction*, exploiting their underlying structure. We model ingredient dependencies while not penalizing for prediction order, thus revising the question of *whether order matters* [51]. We extensively evaluate our system on the large-scale Recipe1M dataset [45] that contains images, ingredients and cooking instructions, showing satisfactory results. More precisely, in a human evaluation study, we show that our inverse cooking system outperforms previously introduced image-to-recipe retrieval approaches by a large margin. Moreover, using a small set of images, we show that food image-to-ingredient prediction is a hard task for humans and that our approach is able to surpass them.

The contributions of this paper can be summarized as:

- We present an *inverse cooking system*, which generates cooking instructions conditioned on an image and its ingredients, exploring different attention strategies to reason about both modalities simultaneously.
- We exhaustively study ingredients as both a *list* and a *set*, and propose a new architecture for ingredient prediction that exploits co-dependencies among ingredients without imposing order.
- By means of a user study we show that ingredient prediction is indeed a difficult task and demonstrate the superiority of our proposed system against image-to-recipe retrieval approaches.

2. Related Work

Food Understanding. The introduction of large scale food datasets, such as Food-101 [1] and Recipe1M [45], to-

gether with a recently held iFood challenge² has enabled significant advancements in visual food recognition, by providing reference benchmarks to train and compare machine learning approaches. As a result, there is currently a vast literature in computer vision dealing with a variety of food related tasks, with special focus in image classification [26, 39, 38, 33, 6, 24, 30, 60, 16, 17]. Subsequent works tackle more challenging tasks such as estimating the number of calories given a food image [32], estimating food quantities [5], predicting the list of present ingredients [3, 4] and finding the recipe for a given image [54, 3, 4, 45, 2]. Additionally, [34] provides a detailed cross-region analysis of food recipes, considering images, attributes (e.g. style and course) and recipe ingredients. Food related tasks have also been considered in the natural language processing literature, where recipe generation has been studied in the context of generating procedural text from either flow graphs [13, 36, 35] or ingredients' checklists [21].

Multi-label classification. Significant effort has been devoted in the literature to leverage deep neural networks for multi-label classification, by designing models [49, 8, 56, 37, 53] and studying loss functions [12] well suited for this task. Early attempts exploit single-label classification models coupled with binary logistic loss [3], assuming the independence among labels and dropping potentially relevant information. One way of capturing label dependencies is by relying on label powersets [49]. Powersets consider all possible label combinations, which makes them intractable for large scale problems. Another expensive alternative consists in learning the joint probability of the labels. To overcome this issue, probabilistic classifier chains [8] and their recurrent neural network-based [53, 37] counterparts propose to decompose the joint distribution into conditionals, at the expense of introducing intrinsic ordering. Note that most of these models require to make a prediction for each of the potential labels. Moreover, joint input and label embeddings [57, 25, 61] have been introduced to preserve correlations and predict label sets. As an alternative, researchers have attempted to predict the cardinality of the set of labels [43, 44]; however, assuming the independence of labels. When it comes to multi-label classification objectives, binary logistic loss [3], target distribution cross-entropy [12, 29], target distribution mean squared error [56] and ranking-based losses [12] have been investigated and compared. Recent results on large scale datasets outline the potential of the target distribution loss [29].

Conditional text generation. Conditional text generation with auto-regressive models has been widely studied in the literature using both text-based [48, 11, 50, 9] as well as image-based conditionings [52, 59, 28, 20, 23, 7, 46]. In neural machine translation, where the goal is to predict the translation for a given source text into another language, dif-

²<https://www.kaggle.com/c/ifood2018>

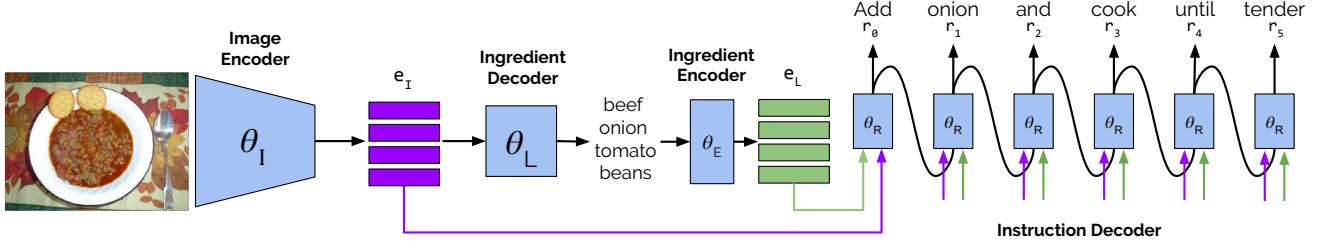


Figure 2: **Recipe generation model.** We extract image features e_I with the image encoder, parametrized by θ_I . Ingredients are predicted by θ_L , and encoded into ingredient embeddings e_L with θ_E . The cooking instruction decoder, parametrized by θ_R generates a recipe title and a sequence of cooking steps by attending to image embeddings e_I , ingredient embeddings e_L , and previously predicted words (r_0, \dots, r_{t-1}) .

ferent architecture designs have been studied, including recurrent neural networks [48], convolutional models [11] and attention based approaches [50]. More recently, sequence-to-sequence models have been applied to more open-ended generation tasks, such as poetry [55] and story generation [23, 9]. Following neural machine translation trends, autoregressive models have exhibited promising performance in image captioning [52, 59, 28, 20, 7, 46], where the goal is to provide a short description of the image contents, opening the doors to less constrained problems such as generating descriptive paragraphs [23] or visual storytelling [18].

3. Generating recipes from images

Generating a recipe (title, ingredients and instructions) from an image is a challenging task, which requires a simultaneous understanding of the ingredients composing the dish as well as the transformations they went through, e.g. slicing, blending or mixing with other ingredients. Instead of obtaining the recipe from an image directly, we argue that a recipe generation pipeline would benefit from an intermediate step predicting the ingredients list. The sequence of instructions would then be generated conditioned on both the image and its corresponding list of ingredients, where the interplay between image and ingredients could provide additional insights on how the latter were processed to produce the resulting dish.

Figure 2 illustrates our approach. Our recipe generation system takes a food image as an input and outputs a sequence of cooking instructions, which are generated by means of an instruction decoder that takes as input two embeddings. The first one represents visual features extracted from an image, while the second one encodes the ingredients extracted from the image. We start by introducing our transformer-based instruction decoder in Subsection 3.1. This allows us to formally review the transformer, which we then study and modify to predict ingredients in an orderless manner in Subsection 3.2. Finally, we review the optimization details in Subsection 3.3.

3.1. Cooking Instruction Transformer

Given an input image with associated ingredients, we aim to produce a sequence of instructions $R = (r_1, \dots, r_T)$ (where r_t denotes a word in the sequence) by means of an instruction transformer [50]. Note that the title is predicted as the first instruction. This transformer is conditioned jointly on two inputs: the image representation e_I and the ingredient embedding e_L . We extract the image representation with a ResNet-50 [15] encoder and obtain the ingredient embedding e_L by means of a decoder architecture to predict ingredients, followed by a single embedding layer mapping each ingredient into a fixed-size vector.

The instruction decoder is composed of *transformer blocks*, each of them containing two attention layers followed by a linear layer [50]. The first attention layer applies self-attention over previously generated outputs, whereas the second one attends to the model conditioning in order to refine the self-attention output. The transformer model is composed of multiple transformer blocks followed by a linear layer and a softmax nonlinearity that provides a distribution over recipe words for each time step t . Figure 3a illustrates the transformer model, which traditionally is conditioned on a single modality. However, our recipe generator is conditioned on two sources: the image features $e_I \in \mathbb{R}^{P \times d_e}$ and ingredients embeddings $e_L \in \mathbb{R}^{K \times d_e}$ (P and K denote the number of image and ingredient features, respectively, and d_e is the embedding dimensionality). Thus, we want our attention to reason about both modalities simultaneously, guiding the instruction generation process. To that end, we explore three different fusion strategies (depicted in Figure 3):

- **Concatenated attention.** This strategy first concatenates both image e_I and ingredients e_L embeddings over the first dimension $e_{concat} \in \mathbb{R}^{(K+P) \times d_e}$. Then, attention is applied over the combined embeddings.

- **Independent attention.** This strategy incorporates two attention layers to deal with the bi-modal conditioning. In this case, one layer attends over the image embedding e_I , whereas the other attends over the in-

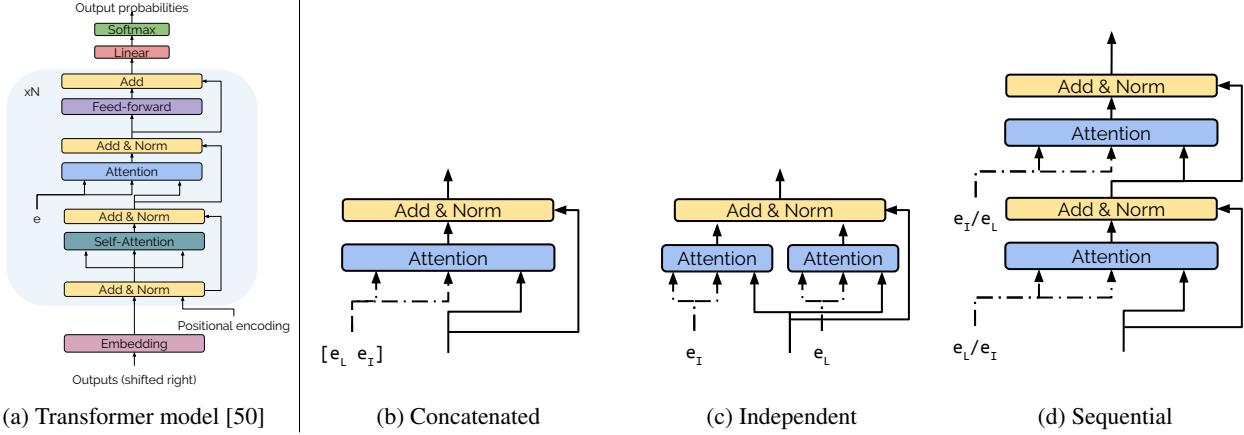


Figure 3: **Attention strategies for the instruction decoder.** In our experiments, we replace the attention module in the transformer (a), with three different attention modules (b-d) for cooking instruction generation using multiple conditions.

gradient embeddings e_L . The output of both attention layers is combined via summation operation.

- **Sequential attention.** This strategy sequentially attends over the two conditioning modalities. In our design, we consider two orderings: (1) *image first* where the attention is first computed over image embeddings e_I and then over ingredient embeddings e_L ; and (2) *ingredients first* where the order is flipped and we first attend over ingredient embeddings e_L followed by image embeddings e_I .

3.2. Ingredient Decoder

Which is the best structure to represent ingredients? On the one hand, it seems clear that ingredients are a *set*, since permuting them does not alter the outcome of the cooking recipe. On the other hand, we colloquially refer to ingredients as a *list* (e.g. list of ingredients), implying some order. Moreover, it would be reasonable to think that there is some information in the order in which humans write down the ingredients in a recipe. Therefore, in this subsection we consider both scenarios and introduce models that work either with a list of ingredients or with a set of ingredients.

A *list* of ingredients is a variable sized, ordered collection of unique meal constituents. More precisely, let us define a dictionary of ingredients of size N as $\mathcal{D} = \{d_i\}_{i=0}^N$, from which we can obtain a list of ingredients L by selecting K elements from \mathcal{D} : $L = [l_i]_{i=0}^K$. We encode L as a binary matrix \mathbf{L} of dimensions $K \times N$, with $\mathbf{L}_{i,j} = 1$ if $d_j \in \mathcal{D}$ is selected and 0 otherwise (**one-hot-code representation**). Thus, our training data consists of M image and ingredient list pairs $\{(\mathbf{x}^{(i)}, \mathbf{L}^{(i)})\}_{i=0}^M$. In this scenario, the goal is to predict $\hat{\mathbf{L}}$ from an image \mathbf{x} by maximizing the following objective:

$$\arg \max_{\theta_I, \theta_L} \sum_{i=0}^M \log p(\hat{\mathbf{L}}^{(i)} = \mathbf{L}^{(i)} | \mathbf{x}^{(i)}; \theta_I, \theta_L), \quad (1)$$

where θ_I and θ_L represent the learnable parameters of the image encoder and ingredient decoder, respectively. Since \mathbf{L} denotes a list, we can factorize $p(\hat{\mathbf{L}}^{(i)} = \mathbf{L}^{(i)} | \mathbf{x}^{(i)})$ into K conditionals: $\sum_{k=0}^K \log p(\hat{\mathbf{L}}_k^{(i)} = \mathbf{L}_k^{(i)} | \mathbf{x}^{(i)}, \mathbf{L}_{<k}^{(i)})$ ³ and parametrize $p(\hat{\mathbf{L}}_k^{(i)} | \mathbf{x}^{(i)}, \mathbf{L}_{<k}^{(i)})$ as a categorical distribution. In the literature, these conditionals are usually modeled with auto-regressive (recurrent) models. In our experiments, we choose the transformer model as well. It is worth mentioning that a potential drawback of this formulation is that it inherently penalizes for order, which might not necessarily be relevant for ingredients.

A *set of ingredients* is a variable sized, unordered collection of unique meal constituents. We can obtain a set of ingredients S by selecting K ingredients from the dictionary \mathcal{D} : $S = \{s_i\}_{i=0}^K$. We represent S as a binary vector \mathbf{s} of dimension N , where $s_i = 1$ if $s_i \in S$ and 0 otherwise. Thus, our training data consists of M image and ingredient set pairs: $\{(\mathbf{x}^{(i)}, \mathbf{s}^{(i)})\}_{i=0}^M$. In this case, the goal is to predict $\hat{\mathbf{s}}$ from an image \mathbf{x} by maximizing the following objective:

$$\arg \max_{\theta_I, \theta_L} \sum_{i=0}^M \log p(\hat{\mathbf{s}}^{(i)} = \mathbf{s}^{(i)} | \mathbf{x}^{(i)}; \theta_I, \theta_L). \quad (2)$$

Assuming independence among elements, we can factorize $p(\hat{\mathbf{s}}^{(i)} = \mathbf{s}^{(i)} | \mathbf{x}^{(i)})$ as $\sum_{j=0}^N \log p(\hat{s}_j^{(i)} = s_j^{(i)} | \mathbf{x}^{(i)})$. However, the ingredients in the set are not necessarily independent, e.g. *salt* and *pepper* frequently appear together.

To account for element dependencies in the set, we model the set as a list, i.e. as a product of conditional probabilities, by means of an auto-regressive model such as the transformer. The transformer predicts ingredients in a list-like fashion $p(\hat{\mathbf{L}}_k^{(i)} | \mathbf{x}^{(i)}, \mathbf{L}_{<k}^{(i)})$, until the end of sequence *eos* token is encountered. As mentioned previously, the drawback of this approach is that such model design penalizes

³ $\mathbf{L}_k^{(i)}$ denotes the k -th row of $\mathbf{L}^{(i)}$ and $\mathbf{L}_{<k}^{(i)}$ represents all rows of $\mathbf{L}^{(i)}$ up to, but not including, the k -th one.

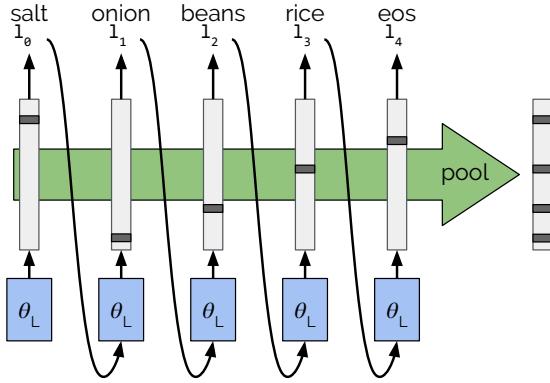


Figure 4: **Set transformer** (TF_{set}). Softmax probabilities are pooled across time to avoid penalizing for order.

for order. In order to remove the order in which ingredients are predicted, we propose to aggregate the outputs across different time-steps by means of a max pooling operation (see Figure 4). Moreover, to ensure that the ingredients in $\hat{\mathbf{L}}^{(i)}$ are selected without repetition, we force the pre-activation of $p(\hat{\mathbf{L}}_k^{(i)} | \mathbf{x}^{(i)}, \mathbf{L}_{<k}^{(i)})$ to be $-\infty$ for all previously selected ingredients at time-steps $< k$. We train this model by minimizing the binary cross-entropy between the predicted ingredients (after pooling) and the ground truth. Including the *eos* in the pooling operation would result in loosing the information of where the token appears. Therefore, in order to learn the stopping criteria of the ingredient prediction, we introduce an additional loss accounting for it. The *eos* loss is defined as the binary cross-entropy loss between the predicted *eos* probability at all time-steps and the ground truth (represented as a unit step function, whose value is 0 for the time-steps corresponding to ingredients and 1 otherwise). In addition to that, we incorporate a cardinality ℓ_1 penalty, which we found empirically useful. At inference time, we directly sample from the transformer’s output. We refer to this model as *set transformer*.

Alternatively, we could use target distribution $p(\mathbf{s}^{(i)} | \mathbf{x}^{(i)}) = \mathbf{s}^{(i)} / \sum_j \mathbf{s}_j^{(i)}$ [12, 29] to model the joint distribution of set elements and train a model by minimizing the cross-entropy loss between $p(\mathbf{s}^{(i)} | \mathbf{x}^{(i)})$ and the model’s output distribution $p(\hat{\mathbf{s}}^{(i)} | \mathbf{x}^{(i)})$. Nonetheless, it is not clear how to convert the target distribution back to the corresponding set of elements with variable cardinality. In this case, we build a feed forward network and train it with the target distribution cross-entropy loss. To recover the ingredient set, we propose to greedily sample elements from a cumulative distribution of sorted output probabilities $p(\hat{\mathbf{s}}^{(i)} | \mathbf{x}^{(i)})$ and stop the sampling once the sum of probabilities of selected elements is above a threshold. We refer to this model as *feed forward (target distribution)*.

3.3. Optimization

We train our recipe transformer in two stages. In the first stage, we pre-train the image encoder and ingredients decoder as presented in Subsection 3.2. Then, in the second stage, we train the ingredient encoder and instruction decoder (following Subsection 3.1) by minimizing the negative log-likelihood and adjusting θ_R and θ_E . Note that, while training, the instruction decoder takes as input the ground truth ingredients. All transformer models are trained with teacher forcing [58] except for the set transformer.

4. Experiments

This section is devoted to the dataset and the description of implementation details, followed by an exhaustive analysis of the proposed attention strategies for the cooking instruction transformer. Further, we quantitatively compare the proposed ingredient prediction models to previously introduced baselines. Finally, a comparison of our inverse cooking system with retrieval-based models as well as a comprehensive user study is provided.

4.1. Dataset

We train and evaluate our models on the Recipe1M dataset [45], composed of 1 029 720 recipes scraped from cooking websites. The dataset contains 720 639 training, 155 036 validation and 154 045 test recipes, containing a title, a list of ingredients, a list of cooking instructions and (optionally) an image. In our experiments, we use only the recipes containing images, and remove recipes with less than 2 ingredients or 2 instructions, resulting in 252 547 training, 54 255 validation and 54 506 test samples.

Since the dataset was obtained by scraping cooking websites, the resulting recipes are highly unstructured and contain frequently redundant or very narrowly defined cooking ingredients (e.g. *olive oil*, *virgin olive oil* and *spanish olive oil* are separate ingredients). Moreover, the ingredient vocabulary contains more than 400 different types of *cheese*, and more than 300 types of *pepper*. As a result, the original dataset contains 16 823 unique ingredients, which we preprocess to reduce its size and complexity. First, we merge ingredients if they share the first or last two words (e.g. *bacon cheddar cheese* is merged into *cheddar cheese*); then, we cluster the ingredients that have same word in the first or in the last position (e.g. *gorgonzola cheese* or *cheese blend* are clustered together into the *cheese* category); finally we remove plurals and discard ingredients that appear less than 10 times in the dataset. Altogether, we reduce the ingredient vocabulary from over 16k to 1 488 unique ingredients. For the cooking instructions, we tokenize the raw text and remove words that appear less than 10 times in the dataset, and replace them with unknown word token. Moreover, we add special tokens for the start and the end of recipe as well

Model	ppl	Model	IoU	F1
		FF_{BCE}	17.85	30.30
		FF_{IOU}	26.25	41.58
		FF_{DC}	27.22	42.80
		FF_{TD}	28.84	44.11
Independent	8.59	TF_{list}	29.48	45.55
Seq. img. first	8.53	$\text{TF}_{list} + \text{shuf.}$	27.86	43.58
Seq. ing. first	8.61	TF_{set}	31.80	48.26
Concatenated	8.50			

Table 1: **Model selection (val).** Left: Recipe perplexity (ppl). Right: Global ingredient IoU & F1.

as the end of instruction. This process results in a recipe vocabulary of 23 231 unique words.

4.2. Implementation Details

We resize images to 256 pixels in their shortest side and take random crops of 224×224 for training and we select central 224×224 pixels for evaluation. For the instruction decoder, we use a transformer with 16 blocks and 8 multi-head attentions, each one with dimensionality 64. For the ingredient decoder, we use a transformer with 4 blocks and 2 multi-head attentions, each one with dimensionality of 256. To obtain image embeddings we use the last convolutional layer of ResNet-50 model. Both image and ingredients embeddings are of dimension 512. We keep a maximum of 20 ingredients per recipe and truncate instructions to a maximum of 150 words. The models are trained with Adam optimizer [22] until early-stopping criteria is met (using patience of 50 and monitoring validation loss). All models are implemented with PyTorch⁴ [40]. Additional implementation details are provided in the supplementary material.

4.3. Recipe Generation

In this section, we compare the proposed multi-modal attention architectures described in Section 3.1. Table 1 (left) reports the results in terms of perplexity on the validation set. We observe that independent attention exhibits the lowest results, followed by both sequential attentions. While the latter have the capability to refine the output with either ingredient or image information consecutively, independent attention can only do it in one step. This is also the case of concatenated attention, which achieves the best performance. However, concatenated attention is flexible enough to decide whether to give more focus to one modality, at the expense of the other, whereas independent attention is forced to include information from both modalities. Therefore, we use the concatenated attention model to report results on the test set. We compare it to a system going directly from image-to-sequence of instructions without predicting ingredients (I2R). Moreover, to assess the influence of visual features on recipe quality, we adapt our model by removing visual features and predicting instructions directly from ingredients (L2R). Our system achieves a test set perplexity of 8.51, improving both I2R and L2R baselines, and highlighting the benefits of using both image and ingredients when generating recipes. L2R surpasses I2R with a perplexity of 8.67 vs. 9.66, demonstrating the usefulness of having access to concepts (ingredients) that are essential to the cooking instructions. Finally, we greedily sample instructions from our model and analyze the results. We notice that generated instructions have an average of 9.21 sentences containing 9 words each, whereas real, ground truth instructions have an average of 9.08 sentences of length 12.79. See supplementary material for qualitative examples of generated recipes.

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4.4. Ingredient Prediction

In this section, we compare the proposed ingredient prediction approaches to previously introduced models, with the goal of assessing whether ingredients should be treated as lists or sets. We consider models from the multilabel classification literature as baselines, and tune them for our purposes. On the one hand, we have models based on feed forward convolutional networks, which are trained to predict sets of ingredients. We experiment with several losses to train these models, namely binary cross-entropy, soft intersection over union as well as target distribution cross-entropy. Note that binary cross-entropy is the only one not taking into account dependencies among elements in the set. On the other hand, we have sequential models that predict lists, imposing order and exploiting dependencies among elements. Finally, we consider recently proposed models which couple set prediction with cardinality prediction to determine which elements to include in the set [44].

Table 1 (right) reports the results on the validation set for the state-of-the-art baselines as well as the proposed approaches. We evaluate the models in terms of Intersection over Union (IoU) and F1 score, computed for accumulated counts of TP , FN and FP over the entire dataset split (following Pascal VOC convention). As shown in the table, the feed forward model trained with binary cross-entropy [3] (FF_{BCE}) exhibits the lowest performance on both metrics, which could be explained by the assumed independence among ingredients. These results are already notably improved by the method that learns to predict the set cardinality (FF_{DC}). Similarly, the performance increases when training the model with structured losses such as soft IoU (FF_{IOU}). Our feed forward model trained with target distribution (FF_{TD}) and sampled by thresholding ($\text{th} = 0.5$) the sum of probabilities of selected ingredients outperforms all feed forward baselines, including recently proposed alternatives for set prediction such as [44] (FF_{DC}). Note that target distribution models dependencies among

⁴<https://pytorch.org/>

	Card. error	# pred. ingr
FF_{BCE}	5.67 ± 3.10	2.37 ± 1.58
FF_{DC}	2.68 ± 2.07	9.18 ± 2.06
FF_{IOU}	2.46 ± 1.95	7.86 ± 1.72
FF_{TD}	3.02 ± 2.50	8.02 ± 3.24
TF_{list}	2.49 ± 2.11	7.05 ± 2.77
$TF_{list} + shuffle$	3.24 ± 2.50	5.06 ± 1.85
TF_{set}	2.56 ± 1.93	9.43 ± 2.35

Table 2: Ingredient Cardinality.

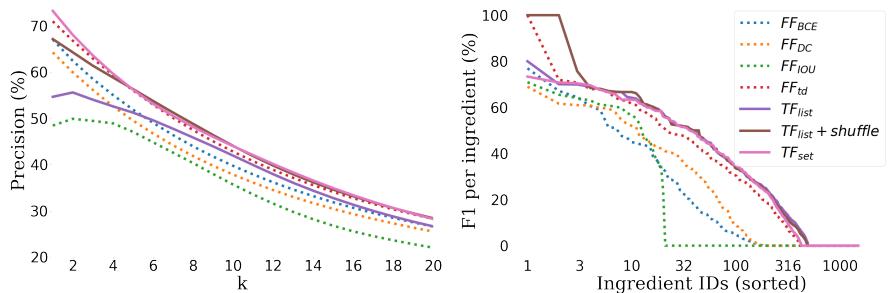


Figure 5: Ingredient prediction results: P@K and F1 per ingredient.

elements in a set and implicitly captures cardinality information. Following recent literature modeling sets as lists [37], we train a transformer network to predict ingredients given an image by minimizing the negative log-likelihood loss (TF_{list}). Moreover, we train the same transformer by randomly shuffling the ingredients (thus, removing order from the data). Both models exhibit competitive results when compared to feed forward models, highlighting the importance of modeling dependencies among ingredients. Finally, our proposed set transformer TF_{set} , which models ingredient co-occurrences exploiting the auto-regressive nature of the model yet satisfying order invariance, achieves the best results, emphasizing the importance of modeling dependencies, while not penalizing for any given order.

The average number of ingredients per sample in Recipe1M is 7.99 ± 3.21 after pre-processing. We report the cardinality prediction errors as well as the average number of predicted ingredients for each of the tested models in Table 2. TF_{set} is the third best method in terms of cardinality error (after FF_{IOU} and TF_{list}), while being superior to all methods in terms of F1 and IoU. Further, Figure 5 (left) shows the precision score at different values of K . As observed, the plot follows similar trends as Table 1 (right), with FF_{TD} being among the most competitive models and TF_{set} outperforming all previous baselines for most values of K . Figure 5 (right) shows the F1 per ingredient, where the ingredients in the horizontal axes are sorted by score. Again, we see that models that exploit dependencies consistently improve ingredient's F1 scores, strengthening the importance of modeling ingredient co-occurrences.

4.5. Generation vs Retrieval

In this section, we compare our proposed recipe generation system with retrieval baselines, which we use to search recipes in the *entire* test set for fair comparison.

Ingredient prediction evaluation. We use the retrieval model in [45] as a baseline and compare it with our best ingredient predictions models, namely FF_{TD} and FF_{set} . The retrieval model, which we refer to as R_{I2LR} , learns joint embeddings of images and recipes (title, ingredients and instructions). Therefore, for the ingredient prediction

	IoU	F1	Rec.	Prec.
R_{I2L} [45]	18.92	31.83		
R_{I2LR} [45]	19.85	33.13		
FF_{TD} (ours)	29.82	45.94	R_{IL2R}	28.94
TF_{set} (ours)	32.11	48.61	Ours	75.47 77.13

Table 3: Test performance against retrieval. Left: Global ingredient IoU and F1 scores. Right: Precision and Recall of ingredients in cooking instructions.

	IoU	F1	Success %	
Human	21.36	35.20	Real	80.33
Retrieved	18.03	30.55	Retrieved	48.81
Ours	32.52	49.08	Ours	55.47

Table 4: User studies. Left: IoU & F1 scores for ingredients obtained with retrieval [45], our approach and humans. Right: Recipe success rate according to human judgment.

task, we use the image embeddings to retrieve the closest recipe and report metrics for the ingredients of the retrieved recipe. We further consider an alternative retrieval architecture, which learns joint embeddings between images and ingredients list (ignoring title and instructions). We refer to this model as R_{I2L} . Table 3 (left) reports the obtained results on the Recipe1M test set. The R_{I2LR} model outperforms the R_{I2L} one, which indicates that instructions contain complementary information that is useful when learning effective embeddings. Furthermore, both of our proposed methods outperform the retrieval-baselines by a large margin (e.g. TF_{set} outperforms the R_{I2LR} retrieval baseline by 12.26 IoU points and 15.48 F1 score points), which demonstrates the superiority of our models. Finally, Figure 6 presents some qualitative results for image-to-ingredient prediction for our model as well as for the retrieval based system. We use blue to highlight the ingredients that are present in the ground truth annotation and red otherwise.

Recipe generation evaluation. We compare our proposed instruction decoder (which generates instructions given an image and ingredients) with a retrieval variant. For

Ours	Retrieved	Real	
	cheese onion pepper soup cream salt milk butter	potaot butter soup cheese onion cream corn	milk water butter potato corn cheese onion
	shrimp butter garlic zucchini pepper soy sauce juice	lemon salt clove catfish seasoning carrot parsley	lemon zucchini oil pepper shrimp juice salt garlic parsley onion
	sugar strawberries juice water raspberries cream	tart shell sugar cornstarch juice strawberries	butter vanilla strawberries sugar wine vinegar cream
	cheese tomato cracker broccoli muffin	cheese cracker miracle whip lettuce tomato	muffin cheese broccoli tomato

Figure 6: **Ingredient prediction examples.** We compare obtained ingredients with our method and the retrieval baseline. Ingredients are displayed in blue if they are present in the real sample and red otherwise. Best viewed in color.

a fair comparison, we retrain the retrieval system to find the cooking instructions given both image and ingredients. In our evaluation, we consider the ground truth ingredients as reference and compute *recall* and *precision* w.r.t. the ingredients that appear in the obtained instructions. Thus, recall computes the percentage of ingredients in the reference that appear in the output instructions, whereas precision measures the percentage of ingredients appearing in the instructions that also appear in the reference. Table 3 (right) displays comparison between our model and the retrieval system. Results show that ingredients appearing in generated instructions have better recall and precision scores than the ingredients in retrieved instructions.

4.6. User Studies

In this section, we quantify the quality of predicted ingredients and generated instructions with user studies. In the first study, we compare the performance of our model against human performance in the task of recipe generation (including ingredients and recipe instructions). We randomly select 15 images from the test set, and ask users to select up to 20 distinct ingredients as well as write a recipe that would correspond with the provided image. To reduce the complexity of the task for humans, we reduced the ingredient vocabulary from 1 488 to 323, by increasing the frequency threshold from 10 to 1k. We collected answers from 31 different users, altogether collecting an average of 5.5 answers for each image. For fair comparison, we re-train our best ingredient prediction model on the reduced vocabulary of ingredients. We compute IoU

and F1 ingredient scores obtained by humans, the retrieval baseline and our method. Results are included in Table 4 (left), underlining the complexity of the task. As shown in the table, humans outperform the retrieval baseline (F1 of 35.20% vs 30.55%, respectively). Furthermore, our method outperforms both human baseline and retrieval based systems obtaining F1 of 49.08%. Qualitative comparisons between generated and human-written recipes (including recipes from average and expert users) are provided in the supplementary material.

The second study aims at quantifying the quality of the generated recipes (ingredients and instructions) with respect to (1) the real recipes in the dataset, and (2) the ones obtained with the retrieval baseline [45]. With this purpose, we randomly select 150 recipes with their associated images from the test set and, for each image, we collect the corresponding real recipe, the top-1 retrieved recipe and our generated recipe. We present the users with 15 image-recipe pairs (randomly chosen among the real, retrieved and generated ones) asking them to indicate whether the recipe matches the image. In the study, we collected answers from 105 different users, resulting in an average of 10 responses for each image. Table 4 (right) presents the results of this study, reporting the success rate of each recipe type. As it can be observed, the success rate of generated recipes is higher than the success rate of retrieved recipes, stressing the benefits of our approach w.r.t. retrieval.

5. Conclusion

In this paper, we introduced an image-to-recipe generation system, which takes a food image and produces a recipe consisting of a title, ingredients and sequence of cooking instructions. We first predicted sets of ingredients from food images, showing that modeling dependencies matters. Then, we explored instruction generation conditioned on images and inferred ingredients, highlighting the importance of reasoning about both modalities at the same time. Finally, user study results confirm the difficulty of the task, and demonstrate the superiority of our system against state-of-the-art image-to-recipe retrieval approaches.

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7. Supplementary Material

This supplementary material intends to provide further details as well as qualitative results. In Section 7.1, we describe additional implementation and training details. Section 7.2 presents an analysis of our ingredient vocabulary before and after its pre-processing. Examples of generated recipes, displayed together with real ones from the dataset, are presented in Section 7.3. Section 7.4 includes screenshots of the two forms that were used to collect data for the user studies. Section 7.5 includes examples of human written recipes compared to real and generated ones. Finally, in Section 7.6, we provide examples of generated recipes for out-of-dataset pictures taken by authors.

7.1. Training Details

Ingredient Prediction. Feed-forward models FF_{BCE} , FF_{TD} and FF_{IOU} were trained with a mini-batch size of 300, whereas FF_{DC} was trained with a mini-batch size of 256. All of them were trained with a learning rate of 0.001. The learning rate for pre-trained ResNet layers was scaled for each model as follows: $0.01 \times$ for FF_{BCE} , FF_{IOU} and FF_{DC} and $0.1 \times$ for FF_{TD} . Transformer list-based models TF_{list} were trained with mini-batch size 300 and learning rate 0.001, scaling the learning rate of ResNet layers with a factor of $0.1 \times$. Similarly, the set transformer TF_{set} was trained with mini-batch size of 300 and a learning rate of 0.0001, scaling the learning rate of pre-trained ResNet layers with a factor of $1.0 \times$. The optimization of TF_{set} minimizes a cost function composed of three terms, namely the ingredient prediction loss \mathcal{L}_{ingr} and the end-of-sequence loss \mathcal{L}_{eos} and the cardinality penalty \mathcal{L}_{card} . We set the contribution of each term with weights 1000.0 and 1.0 and 1.0, respectively. We use a label smoothing factor of 0.1 for all models trained with BCE loss (FF_{BCE} , FF_{DC} , TF_{set}), which we found experimentally useful.

Instruction Generation. We use a batch size of 256 and learning rate of 0.001. Parameters of the image encoder module are taken from the ingredient prediction model and frozen during training for instruction generation.

All models are trained with Adam optimizer ($\beta_1 = 0.9$, $\beta_2 = 0.99$ and $\epsilon = 1e-8$), exponential decay of 0.99 after each epoch, dropout probability 0.3 and a maximum number of 400 epochs (if early stopping criterion is not met). During training we randomly flip ($p = 0.5$), rotate (± 10 degrees) and translate images ($\pm 10\%$ image size on each axis) for augmentation.

7.2. Ingredient Analysis

We provide visualizations of the ingredient vocabulary used to train our models. Figure 7 displays each unique ingredient in the vocabulary before and after our pre-processing stage. The size of each ingredient word indicates its frequency in the dataset (e.g. *butter* and *salt* appear

in many recipes). After filtering and clustering ingredients, the distribution slightly changes (e.g. *pepper* becomes the most frequent ingredient, and popular ingredients such as *olive oil* or *vegetable oil* are clustered into *oil*). Additionally, we illustrate the high ingredient overlap in the dataset with an example of the different types of *cheese* that appear as different ingredients before pre-processing.

7.3. Generated Recipes

Figure 8 shows additional examples of generated recipes obtained with our method. We also provide the real recipe for completeness. Although sometimes far from the real recipe, our system is able to generate plausible and structured recipes for the input images. Common mistakes include failures in ingredient recognition (e.g. *stuffed tomatoes* are confused with *stuffed peppers* in Figure 8b), inconsistencies between ingredients and instructions (e.g. *cucumber* is predicted as an ingredient but unused in Figure 8d, and *meat* is mentioned in the title and instructions but is not predicted as an ingredient in Figure 8e), and repetitions in ingredient enumeration (e.g. *Stir in tomato sauce, tomato paste, tomato paste, ...* in Figure 8c).

7.4. User Study Forms

We provide screenshots of the two forms used to collect data for user studies. Figure 9 shows the interface used by users to select image ingredients (each ingredient was selected using a drop-down menu), and write recipes (as free-form text). Figure 10 shows the form we used to assess whether a recipe matched the provided image according to human judgment.

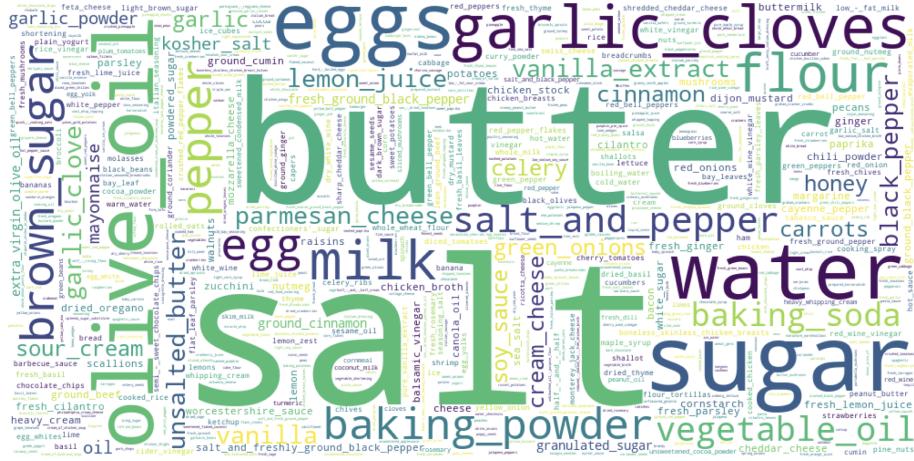
7.5. Human-written Recipes

In Figure 11 we show examples of recipes written by humans, which were collected using the form in Figure 9. We also display the real and generated recipes for completeness. Recipes written by humans tend to be shorter, with an average of 5.29 instructions of 9.03 words each. In contrast, our model generates recipes that contain an average of instructions 9.21 of 9 words each, which closely matches the real distribution (9.08 sentences of length 12.79).

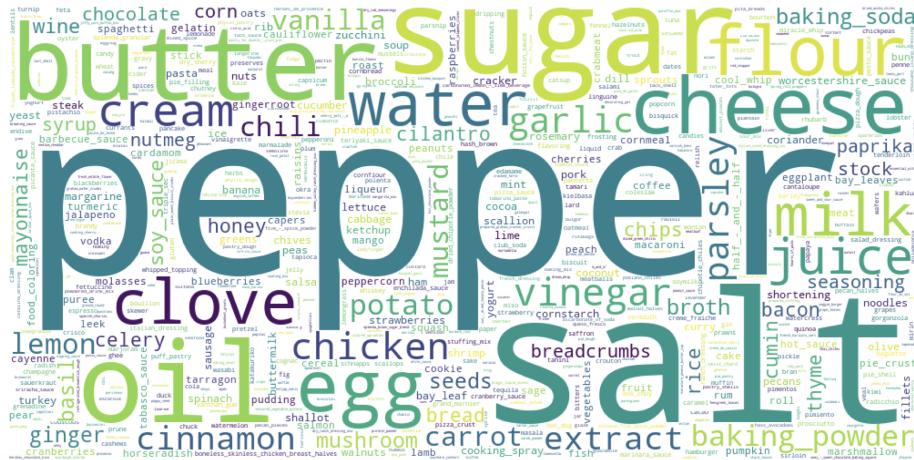
7.6. Dine Out: A case study

We test the capabilities of our model to generalize for out-of-dataset food images. Figure 12 shows recipes obtained for food images taken by authors at their homes or in restaurants during the weeks prior to the submission.

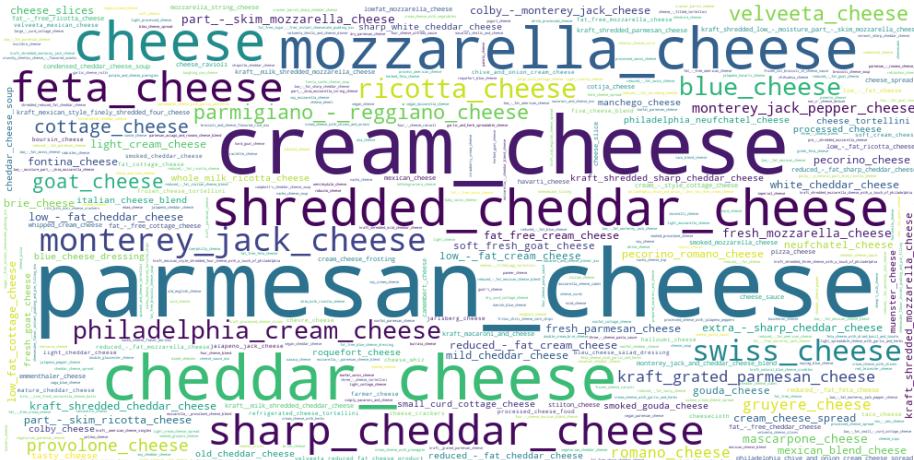
Figure 7: Ingredient word clouds. The size of each ingredient word is proportional to the frequency of appearance in the dataset. We display word clouds for ingredients before (7a) and after (7b) our pre-processing step. In 7c we show the different types of *cheese* that are clustered together after pre-processing.



(a) Before pre-processing.



(b) After pre-processing.



(c) Types of *cheese* before pre-processing,

Figure 8: **Recipe examples.** We show both real and generated recipes for different test images.



GENERATED RECIPE

Title: Sloe gin martini

Ingredients:

juice, vodka, orange, ice, liqueur, lemon, gin

Instructions:

- In a cocktail shaker, combine vodka, gin, cointreau, cranberry juice, and lemon juice.
 - Cover and shake well.
 - Strain into a chilled martini glass.
 - Garnish with orange slice.
-

REAL RECIPE

Title: Vampire kiss martini

Ingredients:

juice, vodka, lemon

Instructions:

- In a shaker filled with ice, combine vodka and juice.
- Strain into martini glass and garnish with lemon twist.

(a)



GENERATED RECIPE

Title: Stuffed peppers

Ingredients:

pepper, tomato, onion, spinach, clove, salt, cheese, mushroom, oil, rice, water

Instructions:

- Preheat oven to 350 degrees f (175 degrees c).
- Heat olive oil in a skillet over medium heat.
- Cook and stir onion and garlic in hot oil until onion is translucent, 5 to 7 minutes.
- Stir rice, water, salt, and black pepper into onion mixture; bring to a boil.
- Reduce heat to low, cover skillet, and simmer until rice is tender and water is absorbed, about 20 minutes.
- Stir spinach into mushroom mixture; cook and stir until spinach is wilted, about 5 minutes.
- Remove skillet from heat.
- Stir ricotta cheese into mushroom mixture; spoon into peppers.
- Place stuffed peppers into a baking dish.
- Bake in the preheated oven until peppers are tender, about 30 minutes

REAL RECIPE

Title: Vera cruz tomatoes

Ingredients:

tomato, bacon, onion, spinach, cream, pepper, salt, cheese

Instructions:

- Preheat an oven to 375 degrees f (190 degrees c).
- Grease an 8x8 inch baking dish.
- Cut tops from tomatoes; remove seeds and membranes.
- Place tomato shells upside down on paper towels to drain until filling.
- Place the bacon in a large, deep skillet, and cook over medium-high heat, turning occasionally, until evenly browned, about 10 minutes.
- Drain the bacon slices on a paper towel-lined plate, reserve drippings.
- Crumble bacon and set aside.
- Return 2 tablespoons of drippings to skillet.
- Cook onion in the bacon drippings until tender, about 5 minutes.
- Stir in spinach; cook and stir until wilted, about 2 minutes.
- Remove from heat.
- Stir in sour cream, reserved crumbled bacon, and hot pepper sauce.
- Sprinkle tomato shells with salt; fill evenly with bacon and spinach mixture.
- Place tomatoes in prepared baking dish.
- Bake in preheated oven until hot, 20 to 25 minutes.
- Remove, and top evenly with the shredded cheese.
- Return to the oven; bake until cheese is melted, about 5 minutes.

(b)



GENERATED RECIPE

Title: Pasta with ground beef and sauce

Ingredients:

cheese, beef, onion, pasta, tomato, pepper, salt, garlic, clove, basil, oregano

Instructions:

- In a large skillet, brown ground beef, onion, garlic, and green pepper until meat is no longer pink; drain.
- Stir in tomato sauce, tomato paste, tomato paste, basil, oregano, salt, pepper, and garlic powder.
- Bring to a boil; reduce heat and simmer for 15 minutes.
- Meanwhile, cook pasta according to package directions.
- Drain.
- Stir in sauce and parmesan cheese.
- Serve over pasta.

REAL RECIPE

Title: Baked ziti

Ingredients:

pasta, oil, onion, clove, zucchini, mushroom, cheese, cream

Instructions:

- Cook pasta according to package directions for al dente.
- Then drain it and set aside.
- While pasta is cooking, heat olive oil in a large saute pan over medium high heat.
- Then add onion, garlic, zucchini and mushrooms and saute for about 10 minutes or until vegetables are tender.
- Add spaghetti sauce and simmer for 5 minutes.
- Preheat oven to 350 f. spray a large, deep baking dish (see note below) with cooking spray.
- Layer ingredients as follows: 1/3 of the sauce mixture, 1/2 of the cooked ziti, all of the provolone cheese, all of the sour cream, 1/2 of the remaining sauce mixture, remaining ziti, all of the mozzarella cheese, and the remaining sauce mixture.
- Bake for 30 minutes.
- Notes: this dish needs a very large and deep baking dish to accommodate all of the ingredients.
- I use a corningware 2.8 liter casserole dish, which is the equivalent to 2 1/2 quarts, and i usually have sauce left over.
- If you have a 3 quart baking dish, that would be the best size to use.
- Also, you want to make sure that all of the noodles are covered with sauce on the final layer so that they dont dry out when baking.



GENERATED RECIPE

Title: Antipasto pasta salad

Ingredients:

olive, pasta, cheese, pepper, onion, salami, artichoke, tomato, cucumber, salt, mayonnaise, vinegar, mustard

Instructions:

- Cook pasta according to package directions.
- Drain and rinse with cold water.
- In a large bowl, combine pasta, salami, artichoke hearts, red onion, olives, tomatoes, and cheese.
- In a small bowl, whisk together mayonnaise, vinegar, mustard, salt and pepper.
- Pour dressing over pasta mixture and toss to coat.
- Cover and refrigerate for at least 1 hour before serving.

REAL RECIPE

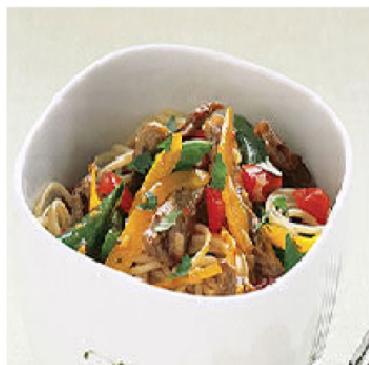
Title: Pesto pasta and chickpea salad

Ingredients:

pasta, chickpeas, italian_dressing, pesto_sauce, pimiento, olive, cheese

Instructions:

- Prepare bow-tie pasta according to package directions.
- Combine all ingredients in a large bowl and stir to mix well.
- Increasing or decreasing the italian dressing and pesto to taste.
- Serve at room temperature for the best flavor.



GENERATED RECIPE

Title: Asian beef stir-fry

Ingredients:

pepper, peas, sesame, clove, cilantro, pasta, oil, mushroom, linguine

Instructions:

- Cook pasta as directed on package, omitting salt.
- Meanwhile, heat oil in large nonstick skillet on medium-high heat.
- Add meat; stir-fry 5 min.
- Or until done.
- Add peppers, mushrooms and garlic; stir-fry 2 min.
- Add pasta sauce; stir-fry 2 min.
- Or until heated through.
- Drain pasta; place in large bowl.
- Add meat mixture; toss to coat.
- Sprinkle with cilantro.

REAL RECIPE

Title: Beef & noodles with fresh vegetables

Ingredients:

italian_dressing, soy_sauce, clove, peas, cilantro, spaghetti

Instructions:

- Mix dressing and soy sauce until blended.
- Stir-fry meat and garlic in 1 tbsp.
- Dressing mixture in large nonstick skillet on medium-high heat 3 min.
- Or until meat is barely pink in center.
- Transfer to plate; set aside.
- Add peas, peppers and remaining dressing mixture to skillet; stir-fry 3 min.
- Or until vegetables are crisp-tender.
- Return meat to skillet; stir-fry 1 min.
- Remove from heat; stir in tomatoes and cilantro.
- Serve over spaghetti.



GENERATED RECIPE

Title: Avocado soup

Ingredients:

pepper, salt, avocado, yogurt, clove, onion, cream, parsley, water

Instructions:

- In a large pot, combine the avocado, onion, garlic, parsley, salt, pepper, a nd water.
- Bring to a boil, reduce heat and simmer for 15 minutes.
- Remove from heat and let cool.
- In a blender, puree the avocado mixture until smooth.
- Stir in yogurt and sour cream.
- Serve immediately.

REAL RECIPE

Title: Basil pesto

Ingredients:

basil, nuts, clove, salt, pepper, oil, cheese

Instructions:

- In a blender, pulse the basil, pine nuts, garlic, salt, and pepper until fin ely chopped.
- With the blender still running, gradually add enough oil to form a smooth an d thick consistency.
- Transfer the pesto to a medium bowl and stir in cheese.
- Season the pesto with more salt and pepper, to taste.
- The pesto can be made 2 days ahead.

(f)

Figure 9: **User Study 1.** Interface for writing recipes and selecting ingredients.

QUALITATIVE EVALUATION FOR FOOD UNDERSTANDING METHODS

Predicting ingredients and writing recipes directly from food images are challenging tasks which require strong visual recognition and reasoning models to understand food, its components and preparation instructions.

We have designed several methods to automatically solve these tasks, which we need to evaluate. In order to do so, we need your cooperation (and we are very grateful for it!).

In this test, **you will be prompted with 3 different food images, and for each of them we ask you to:**

- choose at least 1 and up to 20 different ingredients that are needed to prepare what you see in the image. Note that you can leave empty slots. Use a different dropdown menu for each ingredient, in any order you like.
- write the recipe that one should follow in order to cook what you see in the image. You should use the ingredients that you selected. Use a line break after each instruction you write.



Choose the ingredients that are needed to cook what you see in the picture

empty	▼	empty	▼	empty	▼
empty	▼	empty	▼	empty	▼
empty	▼	empty	▼	empty	▼
empty	▼	empty	▼	empty	▼
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empty	▼	empty	▼	empty	▼
empty	▼	empty	▼	empty	▼
empty	▼	empty	▼	empty	▼

Write a recipe for the image above.

Figure 10: **User Study 2.** Recipe quality assessment form.

QUALITATIVE EVALUATION FOR FOOD UNDERSTANDING METHODS

Predicting ingredients and writing recipes directly from food images are challenging tasks, which require strong visual recognition and reasoning models to understand food, its components and preparation instructions.

We have designed several methods to automatically solve these tasks, which we need to evaluate. In order to do so, we need your cooperation (and we are very grateful for it!).

In this test, **15 different images will be prompted, followed with a cooking recipe. For each image-recipe pair, you are required to decide whether the recipe is a plausible match to the image.**

Completing this form should take about 15 minutes. Note that partially completed forms cannot be submitted (it is mandatory to provide an answer for every image).

Don't forget to hit the **Submit** button at the end of the form when you are done.



Title: Mediterranean chicken pasta

Ingredients:

- | | |
|-----------|--|
| - Cheese | - Cook pasta as directed on package, omitting salt. |
| - Olive | - Meanwhile, heat oil in large nonstick skillet on medium-high heat. |
| - Pasta | - Add chicken; cook and stir 5 min. |
| - Tomato | - Or until done. |
| - Pepper | - Add garlic; cook and stir 1 min. |
| - Chicken | - Stir in tomatoes, olives and basil; cook and stir 2 min. |
| - Oil | - Or until heated through. |
| - Basil | - Drain pasta; place in large bowl. |
| - Clove | - Add chicken mixture; mix lightly.
- Sprinkle with cheese. |

Is the recipe plausible for the image? ▼

Figure 11: **Written Recipes.** Real, generated and human written recipes collected with our user study.

			
Real	<p>Ingredients hamburger, beans, tomato, soup, onion, macaroni, chili, sugar, ketchup, broth, butter, pepper</p> <p>Instructions -Combine all ingredients and cook over medium heat until potatoes are just tender. -Turn down heat to low and simmer at least 1.5 hours.</p>	<p>Ingredients pineapple, greens, stick, tomato, vinaigrette</p> <p>Instructions -Preheat greased grill to medium-high heat. -Grill fruit 3 min. -On each side or until lightly browned on both sides. -Cut fruit into 2-inch sticks; place in large salad bowl. -Add greens, jicama and tomatoes; toss lightly. -Drizzle with dressing just before serving.</p>	<p>Ingredients beef, onion, garlic, salt, pepper, parsley, basil, sugar, rice, broth</p> <p>Instructions -Brown the beef with spices and onion when browned add paste -Bring broth to boil add tomato sauce and spices let boil 3 minutes add rice bring back to boil cover and let sit off heat 7 minutes -Mix rice and sauce enjoy</p>
Generated (1)	<p>Ingredients chuck, tomato, water, soup</p> <p>Instructions -Brown ground chuck in a large dutch oven. -Drain any grease and add the crushed tomatoes, onion soup mix and water. -Simmer 5 minutes. -Add velveeta shells and cheese, mix well and serve with hot rolls.</p>	<p>Ingredients greens, cheese, tomato, ranch_dressing, chicken, italian_dressing</p> <p>Instructions -Toss greens with chicken, tomatoes, cheese and dressing in large bowl. -Add dressing; mix lightly.</p>	<p>Ingredients rice, onion, pepper, oil, salt, cheese, tomato, clove, broth</p> <p>Instructions -In a large skillet, heat oil over medium heat. -Add onion and garlic and cook until onion is translucent. -Add rice and cook until rice is lightly browned. -Add chicken broth, tomatoes, salt, pepper and cayenne pepper. -Bring to a boil. -Reduce heat and cover. -Simmer for 20 minutes. -Remove from heat and let stand covered for 5 minutes. -Sprinkle with cheese and serve.</p>
Written (2)	<p>Ingredients tomato, chili, salt, beef, cheese, oil, pepper</p> <p>Instructions -Wash the tomato. -Cut the tomato. -Put some oil in a pan -Add the beef -Add the tomato -Add the chili and the cheese -Add some salt and pepper</p>	<p>Ingredients tomato, spinach, sprouts, arugula, vinaigrette, zucchini</p> <p>Instructions -Chop the tomatoes. -Mix all the ingredients together. -Add the vinaigrette on top.</p>	<p>Ingredients rice, meat, parsley, salt, oil, cheese</p> <p>Instructions -Cook the minced meat in a big pan. Put salt and oil into it -When it is cooked, add the rice and water so it can be boiled -Boil it for 20 minutes - When all the water has evaporated, add some cheese and parsley to enhance the flavor.</p>
	<p>Ingredients beans, seasoning, tomato, beef, spices, hot_sauce, cheese, onion</p> <p>Instructions -Cook the beef in a frying pan till brown. -Dice the onions. -Drain the beans. -Take a slow-cooker and put the beef, tomatoes, beans and onions. -Add the seasoning and spices. -Turn the slow-cooker on medium and cook for around 6 hrs.</p>	<p>Ingredients arugula, tomato, kale, zucchini, onion, oil</p> <p>Instructions -Wash and rinse the kale -Wash, cut and slice the onion, the yellow zucchini and the cherry tomatoes -Add all the ingredients in a bowl and mix -Add some olive oil and your favorite vinagrette</p>	<p>Ingredients rice, parsley, broth, meat, salt, water</p> <p>Instructions -Put the sauteed meat in a casserole with hot oil. -After it is quite cooked, add the rice. -Add the water. -Add the broth. -Add salt -Let it cook until the rice it is done. -Add the parsley</p>

Figure 12: **Dine Out Study.** Generated recipes for food images taken by authors.



Title: Chicken enchiladas

Ingredients:

cheese, cream, tortilla, onion, enchilada_sauce, chili, chicken, pepper, salt, milk, tomato, cumin

Instructions:

- Preheat oven to 350 degrees.
- In a large skillet, saute onion and green pepper in the oil until tender.
- Add chicken, tomatoes, enchilada sauce, green chilies, cumin, salt, pepper, and chili powder.
- Simmer for 10 minutes.
- In a large bowl, combine sour cream, milk, and cheese.
- Stir in chicken mixture.
- Spoon about 1/3 cup of chicken mixture down the center of each tortilla.
- Roll up and place seam side down in a greased 9x13 baking dish.
- Pour enchilada sauce over enchiladas.
- Sprinkle with cheese.
- Bake for 20 minutes.

(a)



Title: Potato soup with dill

Ingredients:

egg, pepper, potato, cream, parsley, butter, salt, milk, onion, dill, water

Instructions:

- In a large pot, bring the potatoes, water, salt, and pepper to a boil.
- Reduce the heat to low and simmer until the potatoes are tender, about 20 minutes.
- Drain the potatoes and return them to the pot.
- Add the butter and milk and mash until smooth.

(b)



Title: Prosciutto and egg frittata

Ingredients:

egg, pepper, cheese, bacon, oil, salt, prosciutto

Instructions:

- Preheat oven to 350 degrees.
- In a large skillet, heat olive oil over medium heat.
- Add prosciutto and cook until crisp, about 5 minutes.
- Remove bacon from skillet and set aside.
- In a medium bowl, whisk eggs, salt and pepper.
- Add prosciutto and stir to combine.
- Pour egg mixture into skillet and cook until eggs are set, about 5 minutes.

(c)



Title: Mesclun salad with pomegranate and avocado

Ingredients:

oil, tomato, greens, mayonnaise, vinegar, mesclun, pepper, seeds, chili, juice

Instructions:

- In a small bowl, whisk the mayonnaise with the lime juice, vinegar and chile powder.
- Season with salt and pepper.
- In a large bowl, toss the mesclun with the tomatoes, avocado, tomatoes and sesame seeds.
- Drizzle with the dressing and serve.

(d)