

# Mastering HTTP-based APIs

Module 02

Helping you create a  
digitally secure future.





# Agenda

- Introduction to APIs
- Different Types of APIs
- API Authentication Methods
- Overview of OWASP API Top 10
- Tools for API Development and Testing



# Introduction to APIs

Sub header



# What is an API

- Stands for "Application Programming Interface."
- An API is a set of rules and protocols for building and interacting with software applications. It defines methods and data structures to interact with various software components.

**Think of an API like a waiter in a restaurant - the link between your table (the user) and the kitchen (system). You request food (data), and the waiter ensures you get what you asked for.**

# What is it Good for?

- APIs serve as interfaces between different software programs, enabling them to interact without user intervention.
- Streamlines processes by allowing new integrations with existing applications, services, or platforms.
- Improves software efficiency and effectiveness by simplifying how developers implement new features, functionalities, and integrations.

# Why is it Used?

- APIs are crucial for creating integrated ecosystems where applications can leverage and extend each other's capabilities in seamless, scalable ways.
- Enables developers to build upon existing platforms without having to start from scratch. This accelerates development cycles and promotes technology innovation.
- Facilitates secure and controlled access to service providers' functionalities and data, enhancing the value and utility of software applications.
- Allows users to customize their interactions with various digital products and services, ensuring a tailored experience that meets specific needs.

# Types of APIs

Sub header



# Types of APIs

- REST APIs:
  - Architecture style using standard HTTP methods.
  - Stateless operations and scalable.
- gRPC:
  - Designed by Google, uses HTTP/2, suitable for internal communication.
  - Focus on performance; sends data as binary code.
- GraphQL:
  - Developed by Facebook; enables clients to request exactly the data they need.
  - No over or under-fetching issues.
- SOAP:
  - Standardized protocol with strict service interface.
  - Supports ACID compliance and transactionality.



# REST based APIs



- REST (Representational State Transfer) is an architectural style for designing networked applications
- Best for public-facing services, straightforward CRUD (Create, Read, Update, Delete) applications.
- Principles:
  - Client-server architecture
  - Statelessness
  - Cacheability
  - Uniform interface
  - Layered system
- HTTP Methods used: GET, POST, PUT, DELETE, PATCH



# REST based APIs

## HTTP Request

```
1 GET /shop/v2/products HTTP/1.1
2 Host: api.predic8.de
3 User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko)
  Chrome/124.0.6367.118 Safari/537.36
4 Accept:
  text/html,application/xhtml+xml,application/xml;q=0.9,image/avif,image/webp,image/apng,*/*;q=0.8,app
  lication/signed-exchange;v=b3;q=0.7
5 Accept-Encoding: gzip, deflate, br
6 Accept-Language: en-GB,en-US;q=0.9,en;q=0.8
7 Priority: u=0, i
8 Connection: close
9
10
```

## HTTP Response

```
1 HTTP/1.1 200 OK
2 Connection: close
3 Content-Type: application/json
4 Date: Thu, 23 May 2024 08:45:33 GMT
5 Vary: Origin
6 Vary: Access-Control-Request-Method
7 Vary: Access-Control-Request-Headers
8 Access-control-allow-origin: *
9 Content-Length: 733
10
11 {"meta":{"count":21,"start":1,"limit":10,"next_link":
  "/shop/v2/products?start=11&limit=10&sort=id&order=asc"},"products":[{"id":1,"name":"Banana",
  "self_link":"/shop/v2/products/1"},"{"id":2,"name":"Blackberry","self_link":"/shop/v2/products/2"},"{"id":
  :3,"name":"Cherry","self_link":"/shop/v2/products/3"},"{"id":4,"name":"Coconut","self_link":
  "/shop/v2/products/4"},"{"id":5,"name":"Dragon-Fruit","self_link":"/shop/v2/products/5"},"{"id":6,"name":
  "Fig","self_link":"/shop/v2/products/6"},"{"id":7,"name":"Gac-Fruit","self_link":"/shop/v2/products/7"},
  {"id":8,"name":"Grapes","self_link":"/shop/v2/products/8"},"{"id":9,"name":"Horn-Cucumber","self_link":
  "/shop/v2/products/9"},"{"id":10,"name":"Lychee","self_link":"/shop/v2/products/10"}]}
```

# gRPC based APIs



- gRPC (gRPC Remote Procedure Calls)
- developed by Google, underlying protocol is HTTP/2
- Best for microservices, high-performance APIs where low latency and high throughput are required.
- Features:
  - Starts with defining a service using Protobuf; specifies the methods that can be called remotely with their parameters and return types
  - Transmits data as binary
  - Supports server streaming, client streaming, and bidirectional streaming

# GraphQL based APIs



- Developed by Facebook, GraphQL is a data query and manipulation language for APIs, and a runtime for fulfilling those queries.
- Useful for complex systems and applications where several resources need to be fetched in a single call.
- Minimizes over-fetching and under-fetching of data, easy integration with modern UI frameworks and libraries.
- Core Concepts:
  - Clients specify exact data requirements.
  - One endpoint: queries are expressive and return only what's necessary.

# GraphQL based APIs

## HTTP Request

```
1 POST / HTTP/2
2 Host: spacex-production.up.railway.app
3 Content-Length: 146
4 User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko)
  Chrome/124.0.6367.118 Safari/537.36
5 Content-Type: application/json
6 Accept: */*
7 Origin: https://studio.apollographql.com
8 Referer: https://studio.apollographql.com/
9 Accept-Encoding: gzip, deflate, br
10 Accept-Language: en-GB,en-US;q=0.9,en;q=0.8
11 Priority: u=1, i
12 {"query":"query ExampleQuery {\n  company {\n    ceo\n  }\n  roadster {\n    apoapsis_au\n  }\n}\n",
13 "variables": {}, "operationName": "ExampleQuery"}
```

## HTTP Response

```
1 HTTP/2 200 OK
2 X-Powered-By: Express
3 Access-Control-Allow-Origin: *
4 Cache-Control: max-age=86400, public
5 Content-Type: application/json; charset=utf-8
6 Content-Length: 86
7 Etag: W/"56-Qa1DFV746YcpjbqaS0H5YXy3EhE"
8 Date: Thu, 23 May 2024 08:50:42 GMT
9 Server: railway
10
11 {"data":{"company":{"ceo":"Elon Musk"},"roadster":{"apoapsis_au":1.664332332453025}}}}
12
```

# SOAP based APIs



- Simple Object Access Protocol (SOAP)
- Protocol specification for exchanging structured information in web services.
- Often used in enterprise environments where formal contracts, long-term compatibility, and enhanced security are required.
- Very secure, defined standards that everyone has to follow, suitable for distributed enterprise environments.
- Properties:
  - Protocol is based on XML to encode communication.
  - Follows a strict specification
  - must adhere to strict rules which allows for extended features like WS-Security, WS-Reliable Messaging
  - Description of API commonly stored within a WSDL file

# SOAP based APIs

## HTTP Request

```
1 POST /websamples.countryinfo/CountryInfoService.wso HTTP/1.1
2 Host: webservices.oorsprong.org
3 User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko)
  Chrome/124.0.6367.118 Safari/537.36
4 Content-Type: text/xml; charset=utf-8
5 Accept: */*
6 Content-Length: 288
7
8 <?xml version="1.0" encoding="utf-8"?>
9   <soap12:Envelope xmlns:soap12="http://www.w3.org/2003/05/soap-envelope">
10     <soap12:Body>
11       <ListOfCountryNamesByName xmlns="http://www.oorsprong.org/websamples.countryinfo">
12       </ListOfCountryNamesByName>
13     </soap12:Body>
14   </soap12:Envelope>
```

## HTTP Response

```
1 HTTP/1.1 200 OK
2 Cache-Control: private, max-age=0
3 Content-Type: text/xml; charset=utf-8
4 Server: Microsoft-IIS/8.5
5 Web-Service: DataFlex 19.1
6 Date: Thu, 23 May 2024 09:01:44 GMT
7 Content-Length: 36750
8
9 <?xml version="1.0" encoding="utf-8"?>
10 <soap:Envelope xmlns:soap="http://schemas.xmlsoap.org/soap/envelope/">
11   <soap:Body>
12     <m:ListOfCountryNamesByNameResponse xmlns:m="http://www.oorsprong.org/websamples.countryinfo">
13       <m:ListOfCountryNamesByNameResult>
14         <m:tCountryCodeAndName>
15           <m:sISOCode>AX</m:sISOCode>
16           <m:sName>Åland Islands</m:sName>
17         </m:tCountryCodeAndName>
```

# Comparison of API Types

	Best	Good	Acceptable	Less Suitable
Performance	gRPC	GraphQL	REST	SOAP
Flexibility	GraphQL	REST	SOAP	gRPC
Scalability	REST	gRPC	GraphQL	SOAP
Ease of Use	REST	GraphQL	SOAP	gRPC
Security	SOAP	REST	gRPC	GraphQL





# API Authentication

Sub header



# API Authentication

- Mechanisms to verify identity for security.
- Common Methods:
  - API keys
  - OAuth
  - JSON Web Tokens (JWT)

# Key based Authentication (API Keys)

- API Keys as a simple, reproducible token
- passed along with API requests
- Simple to implement and use, immediate access control.
- Often used in client-server interactions where the risk level is low to moderate.
- Example:
  - Web services where extensive permissions and user management are not required.

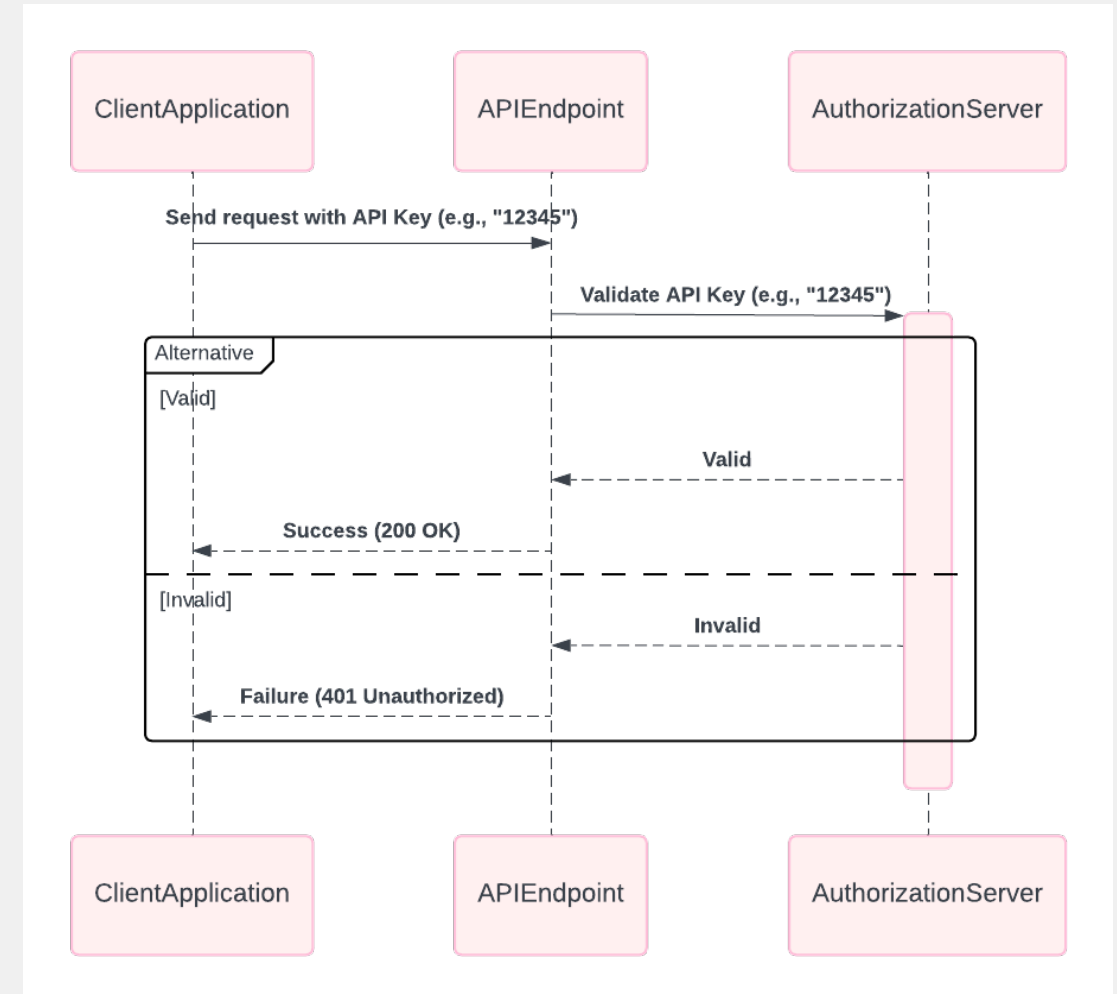
# Key based Authentication (API Keys)

- Location:

- Query string
- Request header
- Cookie

- Example Request:

```
1 GET /api/resource HTTP/1.1
2 Host: example.com
3 X-API-KEY: abcdefg12345
4
```



# OAuth

- a robust authorization framework
- Not authentication – only authorization
- allowing third-party services to exchange web resources without exposing credentials
- requiring complex and tailored access permissions
- Ideal for services where users need to access resources from multiple systems without compromising on security.

- Location:
  - Authorization header
- Example:

[illegible]

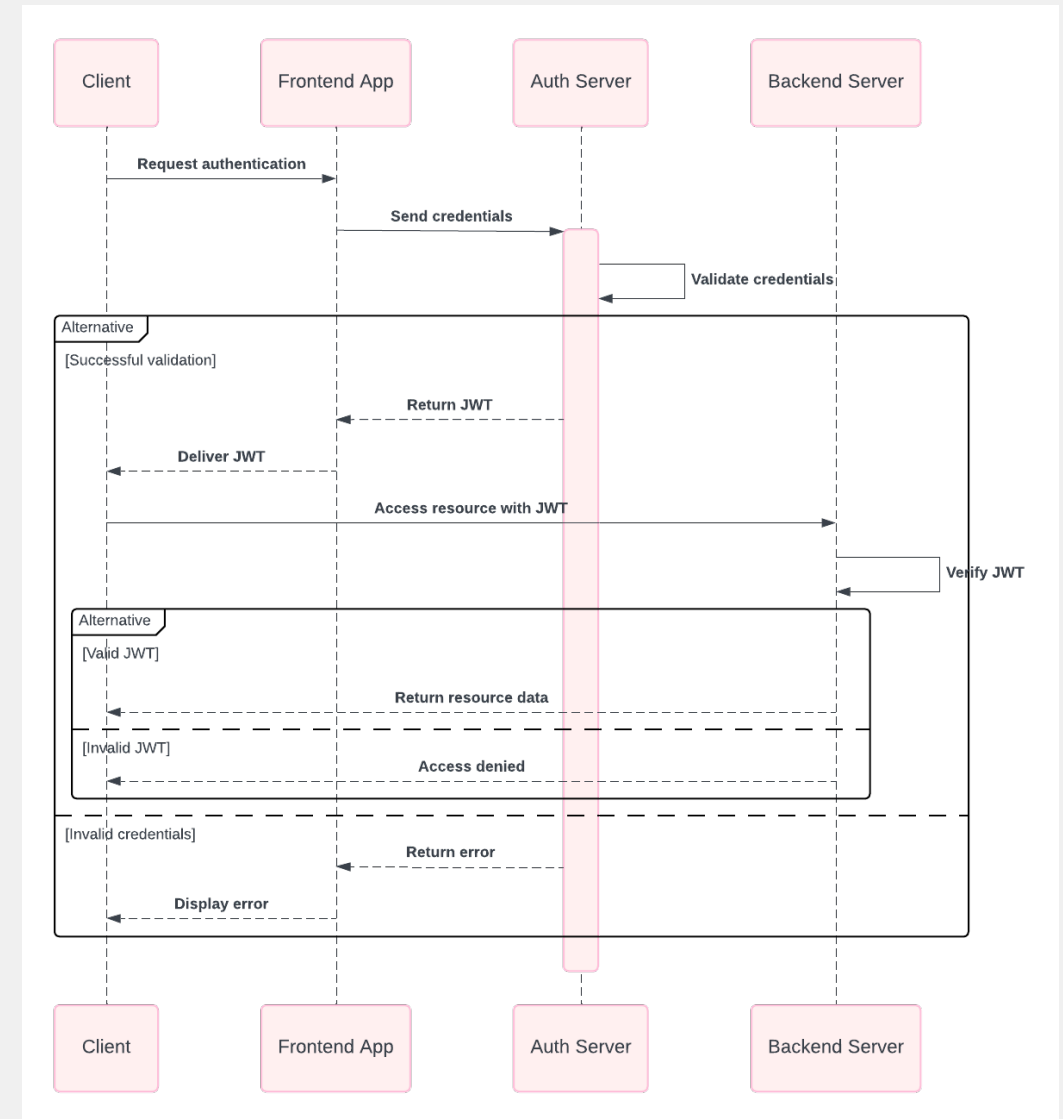
# JSON Web Token (JWT)

- securely transmitting information between parties as a JSON object, signed and URL-safe
- can assert claims
  - Who issued the token
  - How long is it valid
  - What permissions do the client have
- Location:
  - Authorization header

# JSON Web Token (JWT)

- Components of JWT:
  - Header
    - Algorithm
    - type
  - Payload
    - Claims / data
  - Signature
    - Signature to verify integrity of data
- Example:

```
eyJhbGciOiJIUzI1NiIsInR5cCI6IkpXVCJ9.  
eyJzdWIiOiIxMjM0NTY3ODkwIiwibmFtZSI6IkpvaG4  
rRG91IiwiaXNTb2NpYWwiOnRydWV9.  
4pcPyMD09o1PSyXnrXCjTwXyr4BsezdI1AVTmud2fU4
```

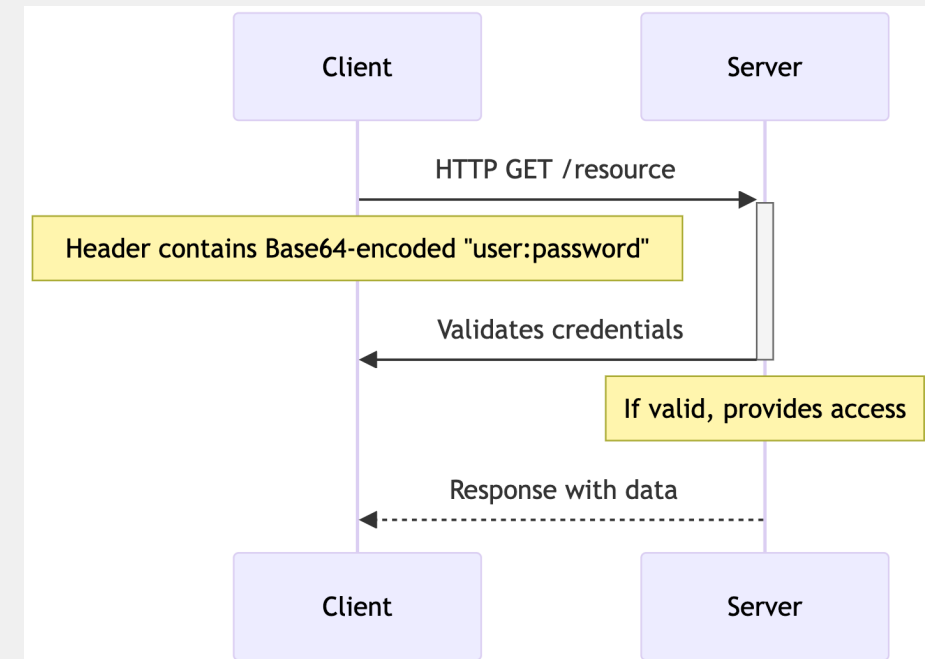




# Basic Authentication

- user credentials (username and password) are encoded and sent with HTTP requests
- Vulnerable to eavesdropping
- Good for simple internal applications
- Example:

```
1 GET /api/resource HTTP/1.1
2 Host: example.com
3 Authorization: Basic QWxhZGRpbjpvcGVuIHNlc2FtZQ==
4
```



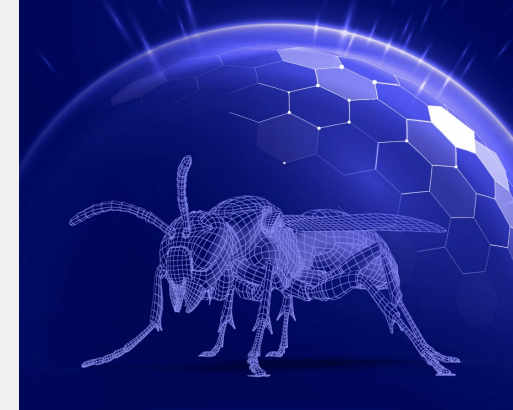
# OWASP API Top 10

Sub header

# Overview

- API1:2023 - Broken Object Level Authorization
- API2:2023 - Broken Authentication
- API3:2023 - Broken Object Property Level Authorization
- API4:2023 - Unrestricted Resource Consumption
- API5:2023 - Broken Function Level Authorization
- API6:2023 - Unrestricted Access to Sensitive Business Flows
- API7:2023 - Server Side Request Forgery
- API8:2023 - Security Misconfiguration
- API9:2023 - Improper Inventory Management
- API10:2023 - Unsafe Consumption of APIs

**OWASP API Security**  
Top Ten - 2023



# API1: Broken Object Level Authorization

- **Risk Description**

Insufficient checks which allow attackers to manipulate object properties to access unauthorized data.

- **Attack Example**

An attacker modifies the *userId* parameter in an API call to access data belonging to another user.

- **Explanation**

Often occurs in systems where ACLs (Access Control Lists) and RBAC (Role-Based Access Control) are not properly enforced or incorrectly implemented.

# API2: Broken Authentication

- **Risk Description**

API security features related to authentication are improperly implemented, allowing attackers to compromise authentication tokens or exploit implementation flaws.

- **Attack Example**

An attacker uses stolen authentication tokens to gain unauthorized access to the system.

- **Explanation**

This risk is prevalent when the API does not securely handle the session tokens, especially in multi-step processes like multi-factor authentication.

# API3: Broken Object Property Level Authorization

- **Risk Description**

APIs improperly expose sensitive object properties, often due to inadequate data filtering based on user roles.

- **Attack Example**

An API endpoint returns user details including passwordHash or isAdmin due to insufficient data serialization controls.

- **Explanation**

This vulnerability allows unauthorized users to access or modify sensitive properties, potentially leading to elevated privileges.

# API4: Unrestricted Resource Consumption

- **Risk Description**

Occurs when APIs fail to limit the use of resources, leading to potential denial of service or degraded performance due to excessive consumption of bandwidth, memory, CPU, or disk space.

- **Attack Example**

An attacker sends an extraordinary number of requests or huge payloads in a short span, overwhelming the API server resources.

- **Explanation**

Unrestricted resource consumption can render services slow or entirely unavailable, affecting all users.

# API5: Broken Function Level Authorization

- **Risk Description**

Different API endpoints implement function level authorization differently, leading to unauthorized access.

- **Attack Example**

An attacker accesses an admin only function through manipulating parameters or the access route.

- **Explanation**

This happens when permissions are improperly coded at different layers or are inconsistent across an application.



# API6: Unrestricted Access to Sensitive Business Flows

- **Risk Description**

This risk occurs when sensitive business processes are not properly protected, allowing unauthorized users to access or manipulate them, potentially leading to loss of data or service integrity.

- **Attack Example**

An attacker exploits weak access controls to initiate a high-value financial transaction without proper authorization.

- **Explanation**

Exposure of sensitive business flows can lead to significant financial, reputational, or compliance risks.

# API7: Server Side Request Forgery (SSRF)

- **Risk Description**

SSRF occurs when an attacker abuses a server functionality to make requests to internal resources, or to external ones, that the server should not have access to. This can lead to information disclosure, internal system access, or acting as a pivoting point in the network.

- **Attack Example**

An attacker exploits a vulnerable API that fetches a URL from a user input without validation. They manipulate it to cause the server to make a call to internal services like databases or administrative interfaces.

- **Explanation**

SSRF can expose internal services and sensitive data, potentially allowing attackers to leverage the server to perform malicious requests.

# API8: Security Misconfiguration

- **Risk Description**

Security misconfiguration happens when APIs are not securely set up or are configured using defaults. This can lead to unnecessary vulnerabilities due to unsecured services, overly informative error messages, or improperly managed credentials.

- **Attack Example**

An attacker exploits default administrative credentials left on a database exposed by an API, allowing unauthorized data access.

- **Explanation**

Common configurations issues include verbose error messages revealing stack traces, unnecessary features and services running, or open cloud storage.

# API9: Improper Inventory Management

- **Risk Description**

Improper Inventory Management refers to the oversight or mismanagement of tracking and securing API endpoints and versions. This risk arises when organizations lack a comprehensive overview of their API assets, leading to unidentified, outdated, or unsupervised APIs which may involve serious security risks.

- **Attack Example**

An attacker discovers an obsolete version of an API still in operation but not properly secured or updated, exploiting known vulnerabilities that allow unauthorized access to sensitive data.

- **Explanation**

Inadequate API inventory management can lead to unmonitored endpoints, outdated API versions, and APIs with deprecated functions being accessible, all of which increase the security risk.

# API10:Unsafe Consumption of APIs

- **Risk Description**

Unsafe Consumption of APIs refers to the hazardous use or integration of external APIs without adequate security checks, validations, or oversight. This can lead to vulnerabilities in an application due to trusting external sources too implicitly.

- **Attack Example**

An application integrates an external API that includes malicious code or behaves unexpectedly under certain conditions, leading to data leakage or loss.

- **Explanation**

Relying on APIs without fully understanding their security posture or without implementing robust error handling can expose applications to various risks such as data corruption, unauthorized data exposure, and denial of service.



# Tools for API Development and Testing

Sub header



# Command line Tools

- curl (Linux/Unix/MacOS)
- httpie
- hrpcurl / grpc\_cli

# GUI Applications

- Postman
- BurpSuite/ZAP/Caido
- SoapUI
- GraphQL Playground



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