# Week 5: Preference-Based Fine-Tuning for Alignment

Generative Al
Saarland University – Winter Semester 2024/25

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### **Outline of the Lecture**

- Reminders
- Recap: Supervised Fine-tuning
- Preference-based Fine-tuning: Overview
- RLHF: Reinforcement Learning
- RLHF: Reward Model Training
- Direct Preference Optimization

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### Reminders

- Week 4 assignment deadline: Nov 18, 6pm CET
- Week 5 assignment deadline: Nov 25, 6pm CET
- Next week: No lectures or office hours (time to work on assignments)
- Next Lecture: Nov 26, 10:15am CET

### **Outline of the Lecture**

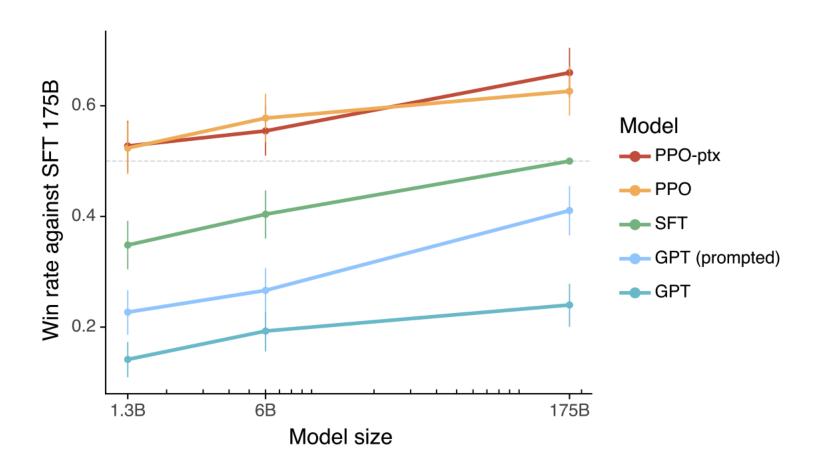
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### **Previous Lecture**

- Last time we discussed pretraining and supervised fine-tuning
- Pretraining
  - Overview of important aspects
  - Scaling laws: infer the optimal model/data size for a given compute budget
- Supervised Fine-tuning
  - Parameter Efficient Fine-tuning with Low Rank Adaptation
  - Quantization
- Aligning with human preferences
  - Supervised fine-tuning is an important step...

# Why Fine-tuning?

Human evaluations of the outputs



## **Supervised Fine-tuning**

#### Main idea

• Now the dataset is labelled:  $\mathcal{D} = \{(x_p, y)\}$ 

#### **Example:**

Alignment:  $x_p$  can be an instruction and y can be a demonstration



# **Supervised Fine-tuning**

#### Main idea

• Now the dataset is labelled:  $\mathcal{D} = \{(x_p, y)\}$ 

#### **Example**:

Alignment:  $x_p$  can be an instruction and y can be a demonstration

• Optimize the next-token prediction objective, but only over response y

$$\max_{\theta} \sum_{(x_p, y) \in \mathcal{D}} \sum_{k=1}^{|y|} \log P_{\theta}(y_k | x_p, y_1, ..., y_{k-1})$$

- What is the underlying assumption?
  - Human completions are of a high quality
- SFT is a behavioral cloning technique that aims to imitate what humans do, not outperform them

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#### Fine-tuning workflow of InstructGPT

#### Step 1

Collect demonstration data, and train a supervised policy.

A prompt is sampled from our prompt dataset.

A labeler demonstrates the desired output behavior.

This data is used to fine-tune GPT-3 with supervised learning.



#### Step 2

Collect comparison data, and train a reward model.

Explain the moon

landing to a 6 year old

D > G > A = B

Explain gravity...

O

Moon is natural

B

Explain war...

o

People went to

A prompt and several model outputs are sampled.

A labeler ranks the outputs from best to worst.

This data is used to train our reward model.



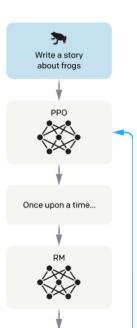
Optimize a policy against the reward model using reinforcement learning.

A new prompt is sampled from the dataset.

The policy generates an output.

The reward model calculates a reward for the output.

The reward is used to update the policy using PPO.

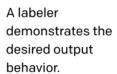


Fine-tuning workflow of InstructGPT

#### Step 1

Collect demonstration data, and train a supervised policy.

A prompt is sampled from our prompt dataset.



This data is used to fine-tune GPT-3 with supervised learning.



Fine-tune the pre-trained model using SFT and data  $\mathcal{D} = \{(x_p, y)\}$  to obtain  $P_{SFT}$ 

New notation:  $P_{SFT} \rightarrow \pi_{SFT}$ 

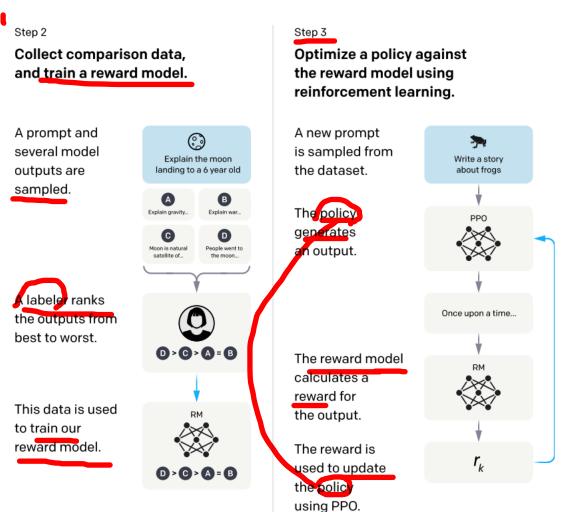
Fine-tuning workflow of InstructGPT

Treat language model  $P_{\theta}$  as a decision making policy  $\pi_{\theta}$ 

New notation:  $P_{\theta} \rightarrow \pi_{\theta}$ 

Two important steps:

- 1. Learn a reward model  $r_{\phi}$  from human preferences that captures the quality of outputs generated by  $\pi_{\theta}$
- 2. Optimize policy  $\pi_{\theta}$  against  $r_{\phi}$



13

Fine-tuning workflow of InstructGPT

Treat language model  $P_{\theta}$  as a decision making policy  $\pi_{\theta}$ 

New notation:  $P_{\theta} \rightarrow \pi_{\theta}$ 

Two important steps:

- 1. Learn a reward model  $r_{\phi}$  from human preferences that captures the quality of outputs generated by  $\pi_{\theta}$
- 2. Optimize policy  $\pi_{\theta}$  against  $r_{\phi}$

### Next two sections

- 1. How to optimize policy  $\pi_{\theta}$  against a given r
- 2. How to train  $r_{\phi}$

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• We are given a reward function r that scores response y for prompt  $x_p \in \mathcal{D}_x$ 

#### **Objective**

Maximize the (expected) reward:

$$\max_{\theta} \frac{1}{|\mathcal{D}_x|} \sum_{x_p \in \mathcal{D}_x} \sum_{y} \pi_{\theta}(y|x_p) \cdot r(x_p, y)$$

Different from the next-token prediction in SFT...

$$\max_{\theta} \sum_{(x_p, y) \in \mathcal{D}} \sum_{k=1}^{|y|} \log P_{\theta}(y_k | x_p, y_1, ..., y_{k-1})$$

• We are given a reward function r that scores response y for prompt  $x_p \in \mathcal{D}_x$ 

#### **Objective**

Maximize the (expected) reward:

$$\max_{\theta} \frac{1}{|\mathcal{D}_x|} \sum_{x_p \in \mathcal{D}_x} \sum_{y} \pi_{\theta}(y|x_p) \cdot r(x_p, y) \to \mathbb{E}_{x_p \sim \mathcal{D}_x, \mathbf{y} \sim \pi_{\theta}(\cdot|x_p)} [r(x_p, y)]$$

Filtering Approach: similar to Reward Rank Fine-tuning (see the reference)

- Main idea: Increase the likelihood of more favorable responses y
- Sample  $x_p$  from  $\mathcal{D}_x$ , sample m responses y from policy  $\pi_{\theta}(\cdot | x_p)$
- Select top-k of these responses according to  $r(x_p, y)$
- Update  $\theta$  using the gradients of the next-token prediction objective evaluated on the top-k responses

• We are given a reward function r that scores response y for prompt  $x_p \in \mathcal{D}_x$ 

#### **Objective**

Maximize the (expected) reward:

$$\max_{\theta} \frac{1}{|\mathcal{D}_x|} \sum_{x_p \in \mathcal{D}_x} \sum_{y} \pi_{\theta}(y|x_p) \cdot r(x_p, y) \to \mathbb{E}_{x_p \sim \mathcal{D}_x, y \sim \pi_{\theta}(\cdot|x_p)} [r(x_p, y)]$$

### Reinforcement Learning (RL)

- This is a contextual bandit problem with contexts  $x_p$  and decisions y
- Algorithm 1 REINFORCE
  - Sample  $x_p \sim \mathcal{D}_x$  and sample  $y \sim \pi_{\theta}(\cdot | x_p)$  and apply a policy gradient update
  - Policy gradient: similar to the next-token prediction gradients, but weighted by  $r(x_p,y)$  see \*Gradient Derivation

• We are given a reward function r that scores response y for prompt  $x_p \in \mathcal{D}_x$ 

#### **Objective**

Maximize the (expected) reward:

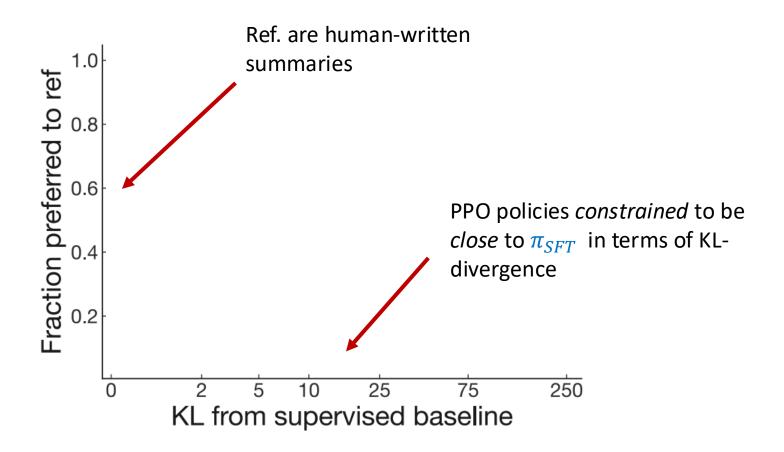
$$\max_{\theta} \frac{1}{|\mathcal{D}_x|} \sum_{x_p \in \mathcal{D}_x} \sum_{y} \pi_{\theta}(y|x_p) \cdot r(x_p, y) \to \mathbb{E}_{x_p \sim \mathcal{D}_x, y \sim \pi_{\theta}(\cdot|x_p)} [r(x_p, y)]$$

### Reinforcement Learning (RL)

- This is a contextual bandit problem with contexts  $x_p$  and decisions y
- Algorithm 2 PPO (Proximal Policy Optimization)
  - Relies on a more sophisticated policy improvement step
  - Complex implementation that operates on the token level (see \*PPO additional details)

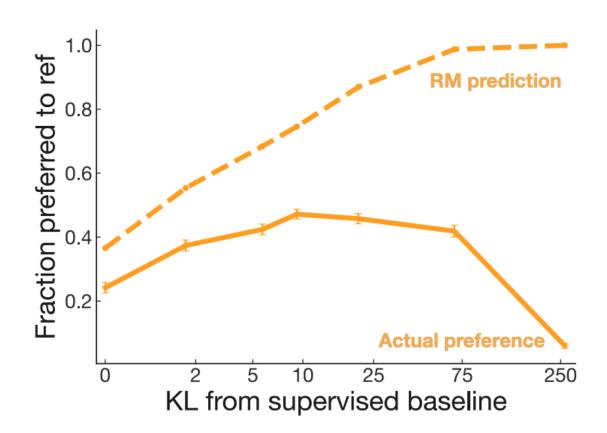
### **Quiz – Reward Model**

Q: How does the performance curve look like on the plot below if reward model
 r is not perfect?



### **Quiz – Reward Model**

Q: How does the performance curve look like on the plot below if reward model
 r is not perfect?



# Reinforcement Learning (cont'd)

- So far, we assumed that r is correct. However, we will learn r from data
  - Reward model r provides abstract utility signals, not necessarily related to language
  - Approach: Stay close to the model after the SFT step,  $\pi_{SFT}$ , which already generates fluent and coherent text

### **Regularized Objective**

Apply RL to the regularized objective

KL divergence 
$$D_{KL}(\pi_{\theta}(\cdot | x_p) || \pi_{SFT}(\cdot | x_p))$$

$$\max_{\theta} \mathbb{E}_{x_p \sim \mathcal{D}_x, y \sim \pi_{\theta}(\cdot | x_p)} \left[ r(x, y) - \beta \log \frac{\pi_{\theta}(y | x_p)}{\pi_{\text{SFT}}(y | x_p)} \right]$$

Optimal policy satisfies:

$$\pi_{\theta^*}(y|x_p) \propto \pi_{\text{SFT}}(y|x_p) \cdot e^{\frac{r(x_p,y)}{\beta}}$$

\*PPO-ptx objective additionally has a pretraining loss

# Reinforcement Learning

#### Fine-tuning workflow of InstructGPT

Step 1

Collect demonstration data, and train a supervised policy.

A prompt is sampled from our prompt dataset.

A labeler demonstrates the desired output behavior.

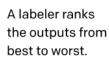
This data is used to fine-tune GPT-3 with supervised learning.



Step 2

Collect comparison data, and train a reward model.

A prompt and several model outputs are sampled.

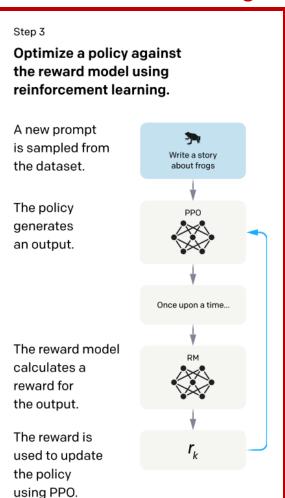


This data is used to train our reward model.



Explain the moon

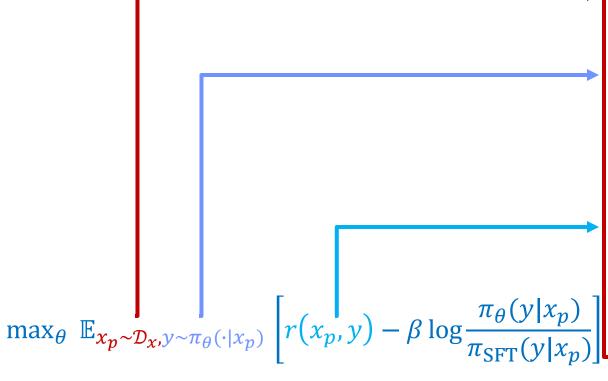
#### **Reinforcement Learning**



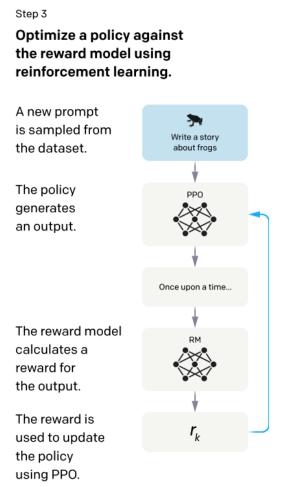
# Reinforcement Learning

Fine-tuning workflow of InstructGPT

• Initialization:  $\pi_{\theta}(y|x_p) \leftarrow \pi_{SFT}(y|x_p)$ 



#### Reinforcement Learning



## **Quiz – Reinforcement Learning**

- **Q**: How much annotated data is needed in this step? What parameters needs to be stored in this step?
- A: 0, because we don't require human annotations in this step. We require storing parameters  $\theta$ , but also the parameters of the reference (SFT) policy, as well as the parameters of reward model r (next section!)
- Remark: PPO additionally uses the value function... (see the reference)

# \*Gradient Derivation (Optional)

Let's take a gradient of the objective:

$$\nabla_{\theta} \frac{1}{|\mathcal{D}_{x}|} \sum_{x_{p} \in \mathcal{D}_{x}} \sum_{y} \pi_{\theta}(y|x_{p}) \cdot r(x_{p}, y) = \frac{1}{|\mathcal{D}_{x}|} \sum_{x_{p} \in \mathcal{D}_{x}} \sum_{y} \nabla_{\theta} \pi_{\theta}(y|x_{p}) \cdot r(x_{p}, y)$$

$$\frac{\partial f(x, y)}{\partial x} = \frac{1}{|\mathcal{D}_{x}|} \sum_{x_{p} \in \mathcal{D}_{x}} \sum_{y} \pi_{\theta}(y|x_{p}) \cdot \nabla_{\theta} \log \pi_{\theta}(y|x_{p}) \cdot r(x_{p}, y)$$

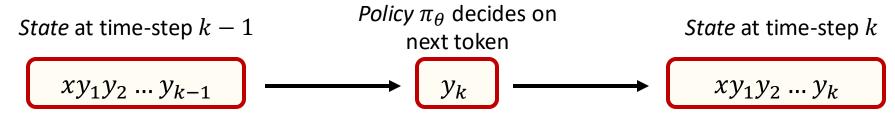
$$= \mathbb{E}_{x_{p} \sim \mathcal{D}_{x}, y \sim \pi_{\theta}}(\cdot|x_{p})} \left[\nabla_{\theta} \log \pi_{\theta}(y|x_{p}) \cdot r(x_{p}, y)\right]$$

$$y \text{ is sampled from } y \sim \pi_{\theta}(\cdot|x_{p})$$
Similar to the next token prediction, but weighted by  $r(x_{p}, y)$ 

This is the RENFORCE algorithm!

# \*PPO Additional Details (Optional)

- This is a contextual bandit problem, but with a large action space
  - RENFORCE is arguably the simplest reinforcement learning algorithm
  - In RL practical scenarios, it often has slow convergence rates
- We can instead apply Proximal Policy Optimization (PPO)
- Implementation (PPO): One can view the setting as a per-token sequential decision-making problem



• While r evaluates the full response y, other PPO quantities can be at the token level...

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### How do we obtain r?

#### Fine-tuning workflow of InstructGPT

Step 1

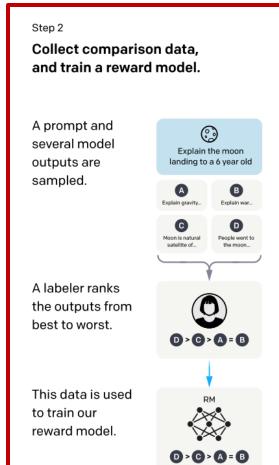
Collect demonstration data, and train a supervised policy.

A prompt is sampled from our prompt dataset.

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Step 3

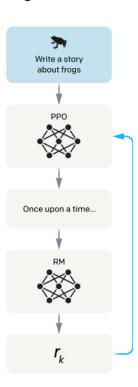
Optimize a policy against the reward model using reinforcement learning.

A new prompt is sampled from the dataset.

The policy generates an output.

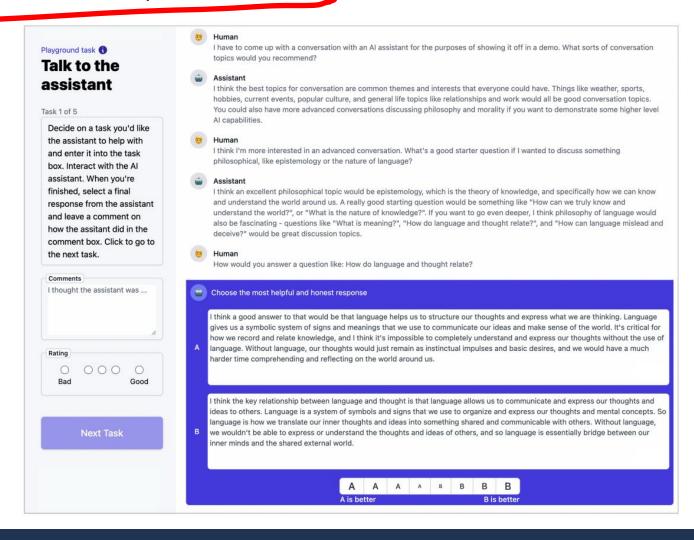
The reward model calculates a reward for the output.

The reward is used to update the policy using PPO.



### **Preference Elicitation**

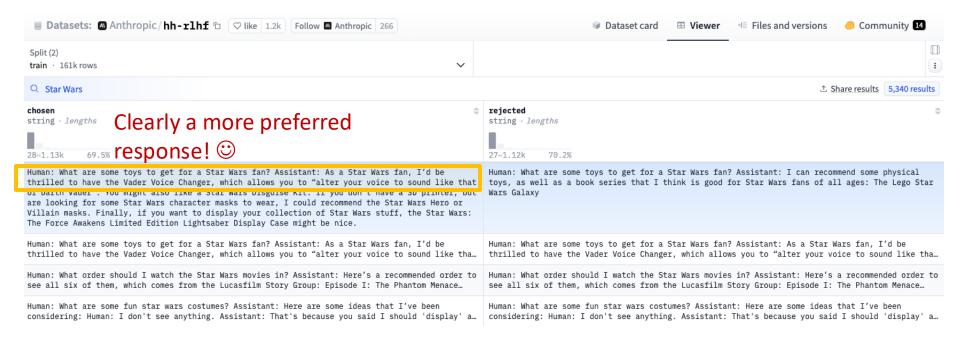
How do we collect preference?



Ref: [Bai et al., 2022]

### **Preference Dataset**

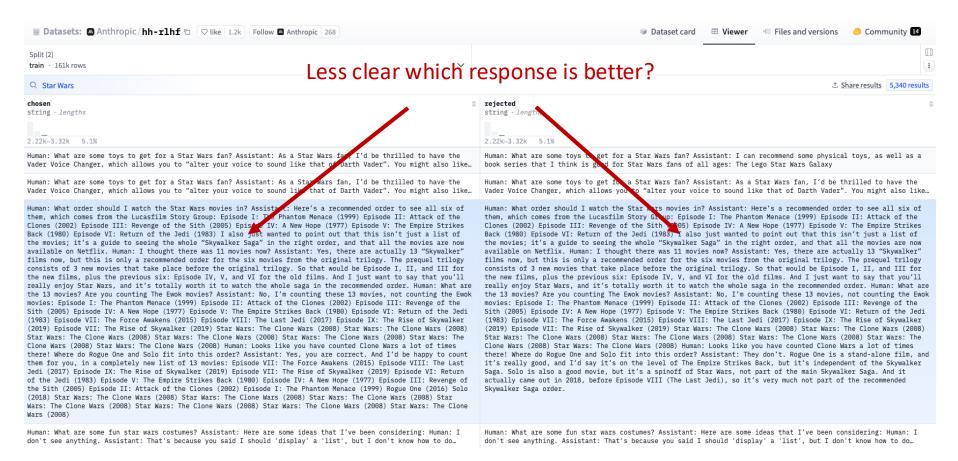
• We typically have a dataset  $\mathcal{D}_p = \{(x_p, y_w, y_l)\}$ , where  $y_w$  is preferred over  $y_l$ . Response  $y_w$  is the accepted one, while response  $y_l$  is the rejected one.



Ref: [Bai et al., 2022] 31

### **Preference Dataset**

• We typically have a dataset  $\mathcal{D}_p = \{(x_p, y_w, y_l)\}$ , where  $y_w$  is preferred over  $y_l$ . Response  $y_w$  is the accepted one, while response  $y_l$  is the rejected one.



Ref: [Bai et al., 2022] 32

### **Preference Dataset**

• We typically have a dataset  $\mathcal{D}_p = \{(x_p, y_w, y_l)\}$ , where  $y_w$  is preferred over  $y_l$ . Response  $y_w$  is the accepted one, while response  $y_l$  is the rejected one.

**Challenge:** Relate preferences to rewards  $r(x_p, y)$ 

#### **Next steps**

- 1. Define a preference generation model that is dependent on r
- 2. Find r that maximizes the likelihood of preferences  $\mathcal{D}_p$ , assuming the preference model is correct

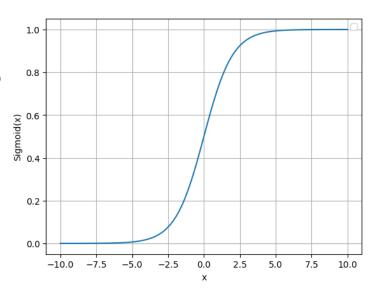
### **Preference Generation Model**

#### **Bradley-Terry Model**

• Given prompt  $x_p$  and two responses  $y_A$  and  $y_B$ , models the probability that  $y_A$  is preferred over  $y_B$ 

$$\Pr(y_A > y_B \mid x_p) = \sigma(r(x_p, y_A) - r(x_p, y_B)) = \frac{1}{1 + e^{-(r(x_p, y_A) - r(x_p, y_B))}}$$

- Special cases:
  - $r(x_p, y_A) \approx r(x_p, y_B) \Longrightarrow Pr(y_A > y_B | x_p) \approx 0.5$
  - $r(x_p, y_A) \gg r(x_p, y_B) \Rightarrow Pr(y_A > y_B | x_p) \approx 1$



### Week 5 Assignment

Analyze the case with diverse human preferences

### **Reward Model**

#### Learning a reward model

- Initialization: parameterize the reward model  $r \longrightarrow r_{\phi}$ 
  - Starting point: Use the same transformer architecture as  $\pi_{
    m SFT}$
  - Remove the final unembedding layer and add a linear layer that outputs a scalar value
  - Parameters  $\phi$  are initialized with those of  $\pi_{
    m SFT}$
- Input: Dataset  $\mathcal{D}_p = \{(x_p, y_w, y_l)\}$ , where  $y_w$  is preferred over  $y_l$  for prompt  $x_p$
- **Objective**: Find the parameters of reward model  $r_\phi$  that maximize the likelihood of observed preferences

$$\max_{\phi} \mathbb{E}_{(x_p, y_w, y_l) \sim \mathcal{D}_p} [\log \Pr(y_w > y_l \mid x_p)]$$

$$\prod_{\phi} \mathbb{E}_{(x_p, y_w, y_l) \sim \mathcal{D}_p} [\log(\sigma(r_{\phi}(x_p, y_w) - r_{\phi}(x_p, y_l)))]$$

## **RLHF for LLMs: Summary**

#### Important steps

- 1. SFT to obtain  $\pi_{SFT}$ 
  - Remark: We can use some other ref. policy (see the reference)
- 2. Generate data to annotate using  $\pi_{SFT}$
- 3. Elicit human annotations (pairwise comparison)
- 4. Learn the reward model  $r_{\phi}$  that maximizes the likelihood of the elicited preferences, assumed to be generated by the Bradley-Terry model
- 5. Utilize the reward model and RL to optimize  $\pi_{\theta}$ 
  - Steps 2-5 can be repeated with the new model

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# **Toward Direct Preference Optimization**

- Applying RL in this setting is challenging: we operate with three different models  $\pi_{SFT}$ ,  $\pi_{\theta}$ ,  $r_{\phi}$  (see the remark on slide 25 for PPO)
- Now we ask: Can we more directly optimize the model using preference data?

### "Unlikelihood" Approach:

- Basic idea: Increase the likelihood of  $y_{w}$  and decrease the likelihood of  $y_{l}$
- Sample a datapoint  $(x_p, y_w, y_l)$  from  $\mathcal{D}_p$
- Optimize a "contrastive" prediction likelihood maximize the next-token prediction likelihood for  $y_w$  and the next-token prediction unlikelihood for  $y_l$
- Challenge: We are not constraining the unlikelihood updates ⇒ the model can degenerate

## **Toward Direct Preference Optimization**

- The unlikelihood approach can yield meaningless responses
- Example: A sample from TL;DR prompts

#### **Prompt**

#### SUBREDDIT: r/relationships

TITLE: The girl [26 F] I [22 M] have been seeing for a month didn't respond to me at all yesterday while hanging out with a friend [30? M].

POST: She gets terrible service while at her house, but I texted her 3 times yesterday, 4-5 hours apart. She didn't call me until early this morning and left a voicemail that she was busy all day with a friend who showed up out of the blue.

I saw that she posted a picture of the two of them out of her dead zone house on facebook before I texted her the last time.

I don't mind that she hangs out with friends, and I know it's pretty early [...] TL;DR:

#### Response

girl when UB when when when UB



# **Direct Preference Optimization (DPO)**

### **Insights from RLHF**

i. The preference model is  $\Pr(y_A \succ y_B \mid x_p) = \sigma(r(x_p, y_A) - r(x_p, y_B))$   $\uparrow$  Substitute r ii. The optimal model is  $\pi_{\theta^*}(y \mid x_p) \propto \pi_{SFT}(y \mid x_p) \cdot e^{\frac{r(x_p, y)}{\beta}}$ 

### DPO Approach

- Main idea: Maximize  $\mathbb{E}_{(x_p,y_w,y_l)\sim\mathcal{D}_p}[\log\Pr(y_w>y_l\mid x_p)]$  as in the reward modeling phase, but now over the policy parameters
- From **i** and **ii**, we can express  $\Pr(y_w > y_l \mid x_p)$  in terms of the optimal policy  $\pi_{\theta^*}$

# **Direct Preference Optimization (DPO)**

### **Insights from RLHF**

i. The preference model is  $\Pr(y_A \succ y_B \mid x_p) = \sigma(r(x_p, y_A) - r(x_p, y_B))$  Substitute r ii. The optimal model is  $\pi_{\theta^*}(y \mid x_p) \propto \pi_{SFT}(y \mid x_p) \cdot e^{\frac{r(x_p, y)}{\beta}}$ 

#### **DPO Objective**

• Find  $\pi_{\theta}$  that maximizes the likelihood of the observed preferences

$$\max_{\theta} \mathbb{E}_{(x_p, y_w, y_l) \sim \mathcal{D}_p} \left[ \log \left( \sigma \left( \beta \frac{\pi_{\theta}(y_w | x_p)}{\pi_{SFT}(y_w | x_p)} - \beta \frac{\pi_{\theta}(y_l | x_p)}{\pi_{SFT}(y_l | x_p)} \right) \right) \right]$$

## Direct Preference Optimization (DPO)

#### Intuition

- The gradients are similar to the ones in the unlikelihood approach: increase the likelihood of generating  $y_w$  and decrease the likelihood of generating  $y_l$
- ▼However, the gradients are scaled; e.g., two interesting cases:

  - When  $\pi_{\theta}(y_w|x_p) \ll \pi_{SFT}(y_w|x_p)$  and  $\pi_{\theta}(y_l|x_p) \gg \pi_{SFT}(y_l|x_p)$ , scale up When  $\pi_{\theta}(y_w|x_p) \gg \pi_{SFT}(y_w|x_p)$  and  $\pi_{\theta}(y_l|x_p) \ll \pi_{SFT}(y_l|x_p)$ , scale down

#### Main Steps of DPO

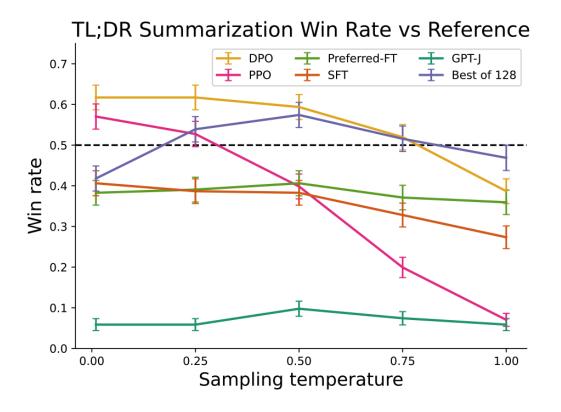
- SFT to obtain  $\pi_{\rm SFT}$
- Collect preference dataset  $\mathcal{D}_{p}$
- Use  $\mathcal{D}_{p}$  to optimize the DPO objective and obtain  $\pi_{\theta}$

#### Week 5 Assignment

An exercise comparing DPO (offline method) and RLHF (online RL approach)

# DPO vs. RLHF (PPO)

DPO can have performance comparable to PPO and is simpler to implement



#### Week 5 Assignment

An implementation exercise comparing preference-based tuning vs. SFT

### References

- Ouyang et al., Training language models to follow instructions with human feedback, 2022.
- Hu et al., LoRA: Low-Rank Adaptation of Large Language Models, 2021.
- Book: Jurafsky and Martin, Speech and Language Processing, 2024.
- Ahmadian et al., Back to Basics: Revisiting REINFORCE-Style Optimization for Learning from Human Feedback in LLMs, 2024.
- Stiennon et al., Learning to summarize from human feedback, 2020.
- Huang et al., The N+ Implementation Details of RLHF with PPO: A Case Study on TL;DR
   Summarization, 2024.
- Bai et al., Training a Helpful and Harmless Assistant with Reinforcement Learning from Human Feedback, 2022.
- Christiano et al., Deep Reinforcement Learning from Human Preferences, 2017.
- Rafailov et al., Direct Preference Optimization: Your Language Model is Secretly a Reward Model, 2023.

Acknowledgements: The content of this lecture is partly based on lectures from Stanford courses
 CS336 (<a href="https://stanford-cs336.github.io/spring2024/">https://stanford-cs336.github.io/spring2024/</a>) and CS229 (more specifically, the guest lecture:
 <a href="https://www.youtube.com/watch?v=9vM4p9NN0Ts">https://www.youtube.com/watch?v=9vM4p9NN0Ts</a>).